Note: Complete the first section of the online training, Introduction, before beginning the activities outlined in this handout.

1. Practice logging into the FIT-KIDS Training Website. Use the following URL (web address) for the FIT-KIDS Training Website:

   https://training.dohfit.maximus.com/FIT/Login.aspx

   If you see the following message, click on “Continue to this website (not recommended)”:

   ![Message]

   There is a problem with this website's security certificate.

   The security certificate presented by this website was issued for a different website's address.

   Security certificate problems may indicate an attempt to fool you or intercept any data you send to the server.

   We recommend that you close this webpage and do not continue to this website.

   🗑️ Click here to close this webpage.

   🗑️ Continue to this website (not recommended).

   🗑️ More information

2. Log into the FIT-KIDS Training Website using the User Name “FITProvider1” and the Password “FITProvider1”.

3. Try the various links on the Title and the Menu bars, and explore the website as much as you wish.

4. Do not enter any actual data at this time.

5. When you are done exploring the website, be sure to log out and close your browser.