Health Status of New Mexico 2020

Released March 2022
New Mexico Health Regions

Northwest

Northeast

Metro

Southeast

Southwest
NM Urban-Rural County Classification

Metropolitan Counties
Small Metro Counties
Mixed Urban/Rural Counties
Rural Counties
Highlights

• Health status is strongly inversely associated with poverty at the community level.
  • Exceptions to this include suicide, older adult falls deaths, and Alzheimer’s disease deaths

• Indicators with greater than twice the risk for persons living in high poverty areas include:
  • teen birth, deaths due to chronic liver disease, cirrhosis, diabetes, alcohol, infectious disease, and influenza and pneumonia
Highlights

• In general, chronic disease mortality rates continue to decrease in New Mexico.

• In general, injury and substance abuse death rates are stable or increasing.

• Vaccination continues to reduce infectious disease rates and disparities.

• The infant mortality rate reduction in NM is a major success but disparities remain.

• Geographic, particularly unfavorable to rural areas, socioeconomic and racial/ethnic disparities persist in NM.
Percentage of NM Adults Living in Households with Annual Income of Less Than $20,000, by Health Region, New Mexico, 2017-2019

36.7%  
Northeast Region

23.1%  
Northwest Region

19.8%  
Metro Region

24.3%  
Southeast Region

32.4%  
Southwest Region

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Age 65+ Living in Households with Annual Income of Less Than $20,000, by Health Region, New Mexico, 2017-2019

- Northwest Region: 31.6%
- Northeast Region: 21.9%
- Metro Region: 21.2%
- Southeast Region: 28.1%
- Southwest Region: 35.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Living in Households with Annual Income of Less Than $20,000, by Age Group, New Mexico, 2017-2019

- Age 18 - 64: 24.6%
- Age 65+: 25.7%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Living in Households with Annual Income of Less Than $20,000, by Urban and Rural Counties, New Mexico, 2017-2019

- Metropolitan: 19.9%
- Small Metro: 26.7%
- Mixed Urban/Rural: 31.2%
- Rural: 29.1%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Less Than a High School Education by Health Region, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>18.4%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>14.2%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>12.8%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>21.2%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>19.3%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System

Investing for tomorrow, delivering today.
Percentage of NM Adults Age 65+ with Less Than a High School Education, by Health Region, New Mexico, 2017-2019

17.0% 10.1% 13.0% 24.2% 25.4%

Northwest Region  Northeast Region  Metro Region  Southeast Region  Southwest Region

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Less Than a High School Education, by Age Group, New Mexico, 2017-2019

- **Age 18 - 64**: 15.7%
- **Age 65+**: 16.5%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Less Than a High School Education, by Urban and Rural Counties, New Mexico, 2017-2019

- Metropolitan: 13.0%
- Small Metro: 18.3%
- Mixed Urban/Rural: 19.3%
- Rural: 14.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System.
Percentage of NM Adults without Health Care Coverage, by Health Region, New Mexico, 2017-2019

- Northwest Region: 10.5%
- Northeast Region: 11.3%
- Metro Region: 10.8%
- Southeast Region: 14.0%
- Southwest Region: 9.4%

Source: NMDOH, Behavioral Risk Factor Surveillance System

Investing for tomorrow, delivering today.
Percentage of NM Adults Age 65+ without Health Care Coverage, by Health Region, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>2.7%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>2.8%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>1.5%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>1.5%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>2.5%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System

Note: statewide, 98.0% of adults age 65+ had coverage.

Investing for tomorrow, delivering today.
Percentage of NM Adults Ages 18-64 without Health Care Coverage, by Health Region, New Mexico, 2017-2019

12.4% 14.6% 13.4% 17.3% 11.6%
Northwest Region Northeast Region Metro Region Southeast Region Southwest Region

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults without Health Care Coverage, by Age Group, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 18 - 64</td>
<td>13.7%</td>
</tr>
<tr>
<td>Age 65+</td>
<td>2.0%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults without Health Care Coverage, by Urban and Rural Counties, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural</td>
<td>8.3%</td>
</tr>
<tr>
<td>Mixed Urban/Rural</td>
<td>11.7%</td>
</tr>
<tr>
<td>Small Metro</td>
<td>11.1%</td>
</tr>
<tr>
<td>Metropolitan</td>
<td>10.8%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status, New Mexico and U.S., 1997-2019

* Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status by Household Income, New Mexico, 2019

- < $15,000: 40.7%
- $15,000 - < $25,000: 28.3%
- $25,000 - < $50,000: 17.7%
- $50,000 - < $75,000: 16.2%
- $75,000+: 6.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status, by Educational Attainment, New Mexico, 2019

- Below High School: 42.6%
- High School or GED: 21.5%
- Some College or Tech: 18.5%
- College Graduate: 10.4%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults in Fair or Poor General Health Status, by Age Group, New Mexico, 2019

- Age 18 - 64: 18.3%
- Age 65+: 30.9%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status, by Race/Ethnicity, New Mexico, 2019

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>25.9%</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>**</td>
</tr>
<tr>
<td>Black, African American</td>
<td>25.9%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>23.8%</td>
</tr>
<tr>
<td>White</td>
<td>17.2%</td>
</tr>
</tbody>
</table>

** Suppressed due to a denominator <50

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status, by Health Region, New Mexico, 2019

- Northwest Region: 22.7%
- Northeast Region: 18.0%
- Metro Region: 19.9%
- Southeast Region: 23.8%
- Southwest Region: 24.1%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults in Fair or Poor General Health Status, by Urban and Rural Counties, New Mexico, 2019

- Metropolitan: 20.4%
- Small Metro: 19.5%
- Mixed Urban/Rural: 24.4%
- Rural: 23.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Current Smoking, New Mexico and U.S., 2004-2019

*Addition of Cellular Telephones & New Weighting Process
Current Smoking, by Household Income, New Mexico, 2019

- < $15,000: 21.9%
- $15,000 - < $25,000: 20.4%
- $25,000 - < $50,000: 18.6%
- $50,000 - < $75,000: 11.3%
- $75,000+: 9.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System.
Current Smoking by Educational Attainment, New Mexico, 2019

- Below High School: 25.7%
- High School or GED: 18.5%
- Some College or Tech: 16.9%
- College Graduate: 6.1%

Source: NMDOH, Behavioral Risk Factor Surveillance System

Investing for tomorrow, delivering today.
Current Smoking by Age Group, New Mexico, 2019

- Age 18 - 64: 18.3%
- Age 65+: 9.0%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Current Smoking by Race/Ethnicity, New Mexico, 2019

- American Indian,...: 12.2%
- Asian, Pacific Islander: suppressed due to a denominator <50
- Black, African...: 25.8%
- Hispanic: 17.0%
- White: 15.2%

** Suppressed due to a denominator <50

Source: NMDOH, Behavioral Risk Factor Surveillance System
Current Smoking by Health Region, New Mexico, 2019

Percentage

Northwest Region: 15.4%
Northeast Region: 15.1%
Metro Region: 15.7%
Southeast Region: 18.6%
Southwest Region: 16.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Current Smoking by Urban and Rural Counties, New Mexico, 2019

- Metropolitan: 15.9%
- Small Metro: 14.8%
- Mixed Urban/Rural: 16.9%
- Rural: 22.9%

Source: NMDOH, Behavioral Risk Factor Surveillance
Oral Health Visit within Past Year, New Mexico and U.S., 2002-2018 (Even Years Only)

* Addition of Cellular Telephones & New Weighting Process
Source: NMDOH, Behavioral Risk Factor Surveillance System

* Investing for tomorrow, delivering today.
Percentage of Adults with an Oral Health Visit within the Past Year, by Annual Household Income, New Mexico, 2018 (Even Years Only)

Source: NMDOH, Behavioral Risk Factor Surveillance System

*Investing for tomorrow, delivering today.*
Percentage of Adults with an Oral Health Visit within the Past Year, by Educational Attainment, New Mexico, 2018 (Even Years Only)

<table>
<thead>
<tr>
<th>Educational Attainment</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below High School</td>
<td>49.6%</td>
</tr>
<tr>
<td>High School or GED</td>
<td>59.7%</td>
</tr>
<tr>
<td>Some College or Tech</td>
<td>66.8%</td>
</tr>
<tr>
<td>College Graduate</td>
<td>78.9%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year, by Age Group, New Mexico, 2018 (Even Years Only)

- Age 18 - 64: 64.1%
- Age 65+: 67.6%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year, by Race/Ethnicity, New Mexico, 2018 (Even Years Only)

- **American Indian, Alaska Native**: 58.1%
- **Asian, Pacific Islander**: 67.4%
- **Black, African American**: 77.9%
- **Hispanic**: 61.3%
- **White**: 70.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year, by Health Region New Mexico, 2018 (Even Years Only)

- Northwest Region: 56.4%
- Northeast Region: 70.3%
- Metro Region: 69.1%
- Southeast Region: 57.2%
- Southwest Region: 61.3%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year, by Urban and Rural Counties, New Mexico, 2018 (Even Years Only)

- **Metropolitan**: 68.9%
- **Small Metro**: 64.6%
- **Mixed Urban/Rural**: 58.8%
- **Rural**: 60.0%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30), New Mexico and U.S., 1998-2019

Source: NMDOH, Behavioral Risk Factor Surveillance System; BMI=Body Mass Index

* Addition of Cellular Telephones & New Weighting Process
Percentage of NM Adults Who Were Obese (BMI ≥ 30), by Household Income, New Mexico, 2019

Source: NMDOH, Behavioral Risk Factor Surveillance System
## Percentage of NM Adults Who Were Obese (BMI ≥ 30), by Educational Attainment, New Mexico, 2019

<table>
<thead>
<tr>
<th>Educational Attainment</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below High School</td>
<td>32.6%</td>
</tr>
<tr>
<td>High School or GED</td>
<td>35.4%</td>
</tr>
<tr>
<td>Some College or Tech</td>
<td>33.1%</td>
</tr>
<tr>
<td>College Graduate</td>
<td>25.3%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI $\geq 30$) by Age Group, New Mexico, 2019

Age 18 - 64: 33.8%
Age 65+: 24.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30), by Race/Ethnicity, New Mexico, 2019

- American Indian, Alaska Native: 45.8%
- Asian, Pacific Islander: **
- Black, African American: 37.4%
- Hispanic: 34.6%
- White: 24.4%

Source: NMDOH, Behavioral Risk Factor Surveillance System

** Insufficient Sample Size
Percentage of NM Adults Who Were Obese (BMI $\geq$ 30), by Health Region, New Mexico, 2019

- Northwest Region: 42.1%
- Northeast Region: 27.1%
- Metro Region: 29.9%
- Southeast Region: 36.0%
- Southwest Region: 31.4%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30), by Urban and Rural Counties, New Mexico, 2019

- Metropolitan: 29.4%
- Small Metropolitan: 33.4%
- Mixed Urban/Rural: 34.7%
- Rural: 28.9%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days, New Mexico and U.S., 2006-2019

Definition of Binge Drinking:
Males: 5+ drinks on an occasion, at least once in the past 30 days.
Females: 4+ drinks on an occasion, at least once in the past 30 days.

Source: NMDOH, Behavioral Risk Factor Surveillance System

* Addition of Cellular Telephones & New Weighting Process
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days, by Gender and Household Income, New Mexico, 2019

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days, by Gender and Educational Attainment, New Mexico, 2019

Below High School | Below High School
---|---
Males: 19.2% | Females: 8.8%

High School or GED | High School or GED
---|---
Males: 22.6% | Females: 6.9%

Some College or Tech | Some College or Tech
---|---
Males: 21.7% | Females: 12.1%

College Graduate | College Graduate
---|---
Males: 15.4% | Females: 10.0%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days, by Gender and Age Group, New Mexico, 2019

- **Age 18 - 64**
  - Males: 24.1%
  - Females: 12.5%

- **Age 65+**
  - Males: 5.3%
  - Females: 1.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days, by Gender and Race/Ethnicity
New Mexico, 2019

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>17.8%</td>
<td>10.7%</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>**</td>
<td>**</td>
</tr>
<tr>
<td>Black, African American</td>
<td>**</td>
<td>**</td>
</tr>
<tr>
<td>Hispanic</td>
<td>24.2%</td>
<td>10.6%</td>
</tr>
<tr>
<td>White</td>
<td>16.1%</td>
<td>8.5%</td>
</tr>
</tbody>
</table>

** Insufficient Sample Size for Individuals Identifying as Asian, Pacific Islanders and Black, African Americans

Source: NMDOH, Behavioral Risk Factor Surveillance System

Investing for tomorrow, delivering today.
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days, by Gender and Health Region, New Mexico, 2019

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days, by Gender and Urban/Rural Counties
New Mexico, 2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metropolitan</td>
<td>20.4%</td>
<td>11.2%</td>
</tr>
<tr>
<td>Small Metro</td>
<td>20.0%</td>
<td>8.9%</td>
</tr>
<tr>
<td>Mixed Urban/Rural</td>
<td>19.8%</td>
<td>7.9%</td>
</tr>
<tr>
<td>Rural</td>
<td>21.9%</td>
<td>12.1%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Diagnosed Diabetes, New Mexico and U.S., 1999-2019

Source: NMDOH, Behavioral Risk Factor Surveillance System

* Addition of Cellular Telephones & New Weighting Process
Percentage of NM Adults with Diagnosed Diabetes by Household Income, New Mexico, 2019

- < $15,000: 19.0%
- $15,000 - < $25,000: 15.0%
- $25,000 - < $50,000: 10.2%
- $50,000 - < $75,000: 10.7%
- $75,000+: 8.0%

Source: NMDOH, Behavioral Risk Factor Surveillance System

Investing for tomorrow, delivering today.
Percentage of NM Adults with Diagnosed Diabetes, by Educational Attainment, New Mexico, 2019

<table>
<thead>
<tr>
<th>Educational Attainment</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below High School</td>
<td>19.1%</td>
</tr>
<tr>
<td>High School or GED</td>
<td>13.5%</td>
</tr>
<tr>
<td>Some College or Tech</td>
<td>10.8%</td>
</tr>
<tr>
<td>College Graduate</td>
<td>8.3%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System

Investing for tomorrow, delivering today.
Percentage of NM Adults with Diagnosed Diabetes by Age Group, New Mexico, 2019

- Age 18 - 64: 9.1%
- Age 65+: 23.0%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Diagnosed Diabetes, by Race/Ethnicity, New Mexico, 2019

- **American Indian, Alaska Native**: 16.5%
- **Asian, Pacific Islander**: **
- **Black, African American**: 22.7%
- **Hispanic**: 13.9%
- **White**: 9.4%

** Suppressed due to a denominator <50

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults With Diagnosed Diabetes by Health Region, New Mexico, 2019

- Northwest Region: 15.4%
- Northeast Region Metro: 11.5%
- Region Southeast Region: 10.4%
- Southwest Region: 13.4%
- South Central Region: 14.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System

Investing for tomorrow, delivering today.
Percentage of NM Adults with Diagnosed Diabetes, by Urban and Rural Counties, New Mexico, 2019

- Metropolitan: 10.7%
- Small Metro: 12.6%
- Mixed Urban/Rural: 14.9%
- Rural: 14.0%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress, New Mexico and U.S., 2003-2019

* Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress, by Household Income, New Mexico, 2019

<table>
<thead>
<tr>
<th>Income</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;$15,000</td>
<td>35.5%</td>
</tr>
<tr>
<td>$15,000 - &lt; $25,000</td>
<td>26.9%</td>
</tr>
<tr>
<td>$25,000 - &lt; $50,000</td>
<td>20.2%</td>
</tr>
<tr>
<td>$50,000 - &lt; $75,000</td>
<td>18.6%</td>
</tr>
<tr>
<td>$75,000+</td>
<td>13.5%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System

*Investing for tomorrow, delivering today.*
Percentage of Adults with Mental Distress, by Educational Attainment, New Mexico, 2019

- Below High School: 23.1%
- High School or GED: 22.3%
- Some College or Tech: 26.9%
- College Graduate: 14.7%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress by Age Group, New Mexico, 2019

- Age 18 - 64: 24.7%
- Age 65+: 14.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress, by Race/Ethnicity, New Mexico, 2019

American Indian, Alaska Native: 25.4%
Asian, Pacific Islander: **
Black, African American: 13.3%
Hispanic: 24.0%
White: 20.1%

** Suppressed due to a denominator <50

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress, by Health Region, New Mexico, 2019

- Northwest Region: 21.3%
- Northeast Region: 19.8%
- Metro Region: 22.2%
- Southeast Region: 21.3%
- Southwest Region: 25.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System

Investing for tomorrow, delivering today.
Percentage of Adults with Mental Distress, by Urban and Rural Counties, New Mexico, 2019

- Metropolitan: 21.9%
- Small Metro: 23.2%
- Mixed Urban/Rural: 20.3%
- Rural: 23.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress, by Number of Chronic Health Conditions, New Mexico, 2019

Chronic Health Conditions include: history of myocardial infarction (MI), history of stroke, heart disease, asthma, COPD, cancer, chronic kidney disease, arthritis

Source: NMDOH, Behavioral Risk Factor Surveillance System
Alcohol and Drug Use, Grades 9 – 12, New Mexico and U.S., 2017

- Binge drinking*: 10.9% (New Mexico) vs. 13.5% (U.S.)
- First alcohol use before age 13*: 20.7% (New Mexico) vs. 15.5% (U.S.)
- Current marijuana use*: 27.3% (New Mexico) vs. 19.8% (U.S.)
- Lifetime cocaine use*: 9.4% (New Mexico) vs. 4.8% (U.S.)

* Statistically significant difference

Source: NM Youth Risk and Resiliency Survey (YRRS).

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Current Drinking, by Health Region, Grades 9-12
New Mexico, 2017

Source: NM Youth Risk and Resiliency Survey (YRRS)
Current Drinking, by Urban and Rural Status, Grades 9-12
New Mexico, 2017

- Metropolitan: 26.5%
- Small Metro: 27.8%
- Mixed Urban/Rural: 29.2%
- Rural: 30.2%

Source: NM Youth Risk and Resiliency Survey (YRRS).
Binge Drinking, by Health Region, Grades 9-12
New Mexico, 2017

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest</td>
<td>8.5%</td>
</tr>
<tr>
<td>Northeast</td>
<td>12.8%</td>
</tr>
<tr>
<td>Metro</td>
<td>10.1%</td>
</tr>
<tr>
<td>Southeast</td>
<td>13.8%</td>
</tr>
<tr>
<td>Southwest</td>
<td>14.5%</td>
</tr>
</tbody>
</table>

Source: NM Youth Risk and Resiliency Survey (YRRS).
Binge Drinking by Urban and Rural Status, Grades 9-12, New Mexico, 2017

- Metropolitan: 10.1%
- Small Metro: 11.9%
- Mixed Urban/Rural: 12.9%
- Rural: 13.5%

Source: NM Youth Risk and Resiliency Survey (YRRS).
Current Cigarette Smoking, Grades 9-12, New Mexico and U.S., 2005 - 2017

Source: NM Youth Risk and Resiliency Survey (YRRS).
Current Cigarette Smoking by Health Region, Grades 9-12
New Mexico, 2017

Percentage

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>12.1%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>13.0%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>10.1%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>10.3%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>12.6%</td>
</tr>
</tbody>
</table>

Source: NM Youth Risk and Resiliency Survey (YRRS)
Any Tobacco Use* by Health Region, Grades 9-12
New Mexico, 2017

*Any tobacco use: past 30-day use of cigarettes, cigars, spit tobacco, or hookah.

Source: NM Youth Risk and Resiliency Survey (YRRS)
Any Tobacco Use, Grades 9-12, New Mexico, 2003 - 2017

Source: NM Youth Risk and Resiliency Survey (YRRS).

Investing for tomorrow, delivering today.
Current Marijuana Use by Health Region, Grades 9-12, New Mexico, 2017

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>30.4%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>32.0%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>28.7%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>21.0%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>28.2%</td>
</tr>
</tbody>
</table>

Source: NM Youth Risk and Resiliency Survey (YRRS)
Current Marijuana Use by Urban and Rural Status, Grades 9-12
New Mexico, 2017

- Metropolitan: 28.7%
- Small Metro: 28.8%
- Mixed Urban/Rural: 27.7%
- Rural: 23.2%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Current Cocaine Use by Health Region, Grades 9-12, New Mexico, 2017

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>4.2%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>4.7%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>4.8%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>4.1%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>6.6%</td>
</tr>
</tbody>
</table>

Source: NM Youth Risk and Resiliency Survey (YRRS)
Current Cocaine Use by Urban and Rural Counties, Grades 9-12, New Mexico, 2017

Source: NM Youth Risk and Resiliency Survey (YRRS)
Suicide Attempts and Suicidal Ideation, by Gender and Grades 9 – 12, New Mexico and U.S., 2017

- Persistent feelings of sadness and hopelessness: Girls 45.1%, Boys 26.6%
- Seriously considered suicide: Girls 22.7%, Boys 13.0%
- Made a suicide plan: Girls 18.6%, Boys 12.1%
- Suicide attempt: Girls 11.9%, Boys 7.7%
- Suicide attempt resulting in injury: Girls 3.7%, Boys 3.0%

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Suicide Attempts by Health Region and Gender, Grades 9-12, New Mexico, 2017

Source: NM Youth Risk and Resiliency Survey (YRRS)
Suicide Attempts by Urban and Rural Counties, Grades 9-12, New Mexico, 2017

- **Metropolitan**
  - Girls: 10.9%
  - Boys: 8.0%

- **Small Metro**
  - Girls: 8.3%
  - Boys: 7.0%

- **Mixed Urban/Rural**
  - Girls: 15.5%
  - Boys: 8.3%

- **Rural**
  - Girls: 11.7%
  - Boys: 7.4%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Forced Sexual Intercourse, Grades 9-12, New Mexico and U.S., 2005 - 2017

Source: NM Youth Risk and Resiliency Survey (YRRS)

Investing for tomorrow, delivering today.
Forced Sexual Intercourse, by Health Region, Grades 9-12
New Mexico, 2017

6.6%  8.6%  7.0%  8.7%  9.7%
Northwest Region  Northeast Region  Metro Region  Southeast Region  Southwest Region

Source: NM Youth Risk and Resiliency Survey (YRRS)
Forced Sexual Intercourse, by Urban and Rural Counties, Grades 9-12
New Mexico, 2017

- Metropolitan: 7.0%
- Small Metro: 9.0%
- Mixed Urban/Rural: 8.0%
- Rural: 8.1%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Selected Risk Behaviors by Sexual Identity, Grades 9-12
New Mexico, 2017

- Physical fighting: 32.4% (LGB), 25.1% (Straight)
- Bullied at school: 28.8% (LGB), 16.9% (Straight)
- Skipped school due to safety issues: 16.9% (LGB), 9.9% (Straight)
- Current cigarette smoking: 19.2% (LGB), 8.7% (Straight)
- Binge drinking: 14.4% (LGB), 10.3% (Straight)
- Used painkiller to get high: 17.3% (LGB), 4.6% (Straight)

Source: NM Youth Risk and Resiliency Survey (YRRS)

Investing for tomorrow, delivering today.
Selected Risk Behaviors
by Sexual Identity, Grades 9-12
New Mexico, 2017

Forced sexual intercourse
- Straight: 5.9%
- LGB: 19.9%

In a physical fight
- Straight: 25.1%
- LGB: 32.4%

Bullied on school property
- Straight: 16.9%
- LGB: 28.8%

Skipped school because safety concerns
- Straight: 9.9%
- LGB: 16.9%

Current smoking
- Straight: 8.7%
- LGB: 19.2%

Binge drinking
- Straight: 10.3%
- LGB: 14.4%

Took a pain killer to get high
- Straight: 4.6%
- LGB: 17.3%

Current heroin use
- Straight: 0.9%
- LGB: 10.0%

Percentage at risk of selected behavior

Source: NM Youth Risk and Resiliency Survey (YRRS)
Selected Risk Behaviors by Country of Birth, Grades 9-12, New Mexico, 2017

- Used painkiller to get high: 5.7% (Born in US), 18.6% (Foreign born)
- Binge drinking: 10.7% (Born in US), 14.8% (Foreign born)
- Current cigarette smoking: 10.0% (Born in US), 15.6% (Foreign born)
- Skipped school because of safety concerns: 10.7% (Born in US), 21.4% (Foreign born)
- Forced sexual intercourse: 7.4% (Born in US), 15.3% (Foreign born)
- In a physical fight: 25.7% (Born in US), 33.6% (Foreign born)

Source: NM Youth Risk and Resiliency Survey (YRRS).
Selected Risk Behaviors by Family Relationships, Grades 9-12, New Mexico, 2017

In my home, a parent or other adult is interested in my school work.

<table>
<thead>
<tr>
<th>Risk Behavior</th>
<th>Not true/Little bit true</th>
<th>Very/Pretty much true</th>
</tr>
</thead>
<tbody>
<tr>
<td>In a physical fight</td>
<td>34.1%</td>
<td>23.4%</td>
</tr>
<tr>
<td>Bullied on school property</td>
<td>23.3%</td>
<td>17.0%</td>
</tr>
<tr>
<td>Skipped school because of safety concerns</td>
<td>16.9%</td>
<td>9.7%</td>
</tr>
<tr>
<td>Current cigarette smoking</td>
<td>15.7%</td>
<td>8.6%</td>
</tr>
<tr>
<td>Binge drinking</td>
<td>16.5%</td>
<td>9.1%</td>
</tr>
<tr>
<td>Used a pain killer to get high</td>
<td>11.5%</td>
<td>5.1%</td>
</tr>
<tr>
<td>Sexually active</td>
<td>34.0%</td>
<td>25.2%</td>
</tr>
</tbody>
</table>

Percent engaging in risk behavior

Source: NM Youth Risk and Resiliency Survey (YRRS).

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Academic Success (Got mostly A’s in school) by Selected Risk Behaviors, Grades 9-12, New Mexico, 2017

<table>
<thead>
<tr>
<th>Risk Behavior</th>
<th>Without risk behavior</th>
<th>With risk behavior</th>
</tr>
</thead>
<tbody>
<tr>
<td>In a physical fight</td>
<td>28.9%</td>
<td>43.1%</td>
</tr>
<tr>
<td>Bullied on school property</td>
<td>34.6%</td>
<td>40.1%</td>
</tr>
<tr>
<td>Skipped school because of safety concerns</td>
<td>27.6%</td>
<td>40.5%</td>
</tr>
<tr>
<td>Current cigarette smoking</td>
<td>17.5%</td>
<td>41.7%</td>
</tr>
<tr>
<td>Binge drinking</td>
<td>22.2%</td>
<td>42.4%</td>
</tr>
<tr>
<td>Used a pain killer to get high</td>
<td>19.1%</td>
<td>40.7%</td>
</tr>
<tr>
<td>Sexually active</td>
<td>30.9%</td>
<td>43.0%</td>
</tr>
</tbody>
</table>

Percent earning mostly A’s in school

Source: NM Youth Risk and Resiliency Survey (YRRS)
Academic Success by Parent’s Education, Grades 9-12
New Mexico, 2017

Percentage who got mostly A's

<table>
<thead>
<tr>
<th>Level</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than high school</td>
<td>28.5%</td>
</tr>
<tr>
<td>High school graduate</td>
<td>38.3%</td>
</tr>
<tr>
<td>College or professional school</td>
<td>53.7%</td>
</tr>
</tbody>
</table>

Source: NM Youth Risk and Resiliency Survey (YRRS).

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Used Painkillers to Get High, by Parent’s Education, Grades 9-12
New Mexico, 2017

- Less than high school: 8.7%
- High school graduate: 7.4%
- College or professional school: 4.2%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Unstable Housing by Health Region, Grades 9-12, New Mexico, 2017

Percentage

- Northwest Region: 5.6%
- Northeast Region: 7.2%
- Metro Region: 6.5%
- Southeast Region: 6.3%
- Southwest Region: 9.1%

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Unstable Housing
by Urban and Rural Counties, Grades 9-12, New Mexico, 2017

- Metropolitan: 6.5%
- Small Metro: 7.5%
- Mixed Urban/Rural: 7.2%
- Rural: 6.1%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Selected Risk Behaviors by Housing Stability, Grades 9-12
New Mexico, 2017

- Forced sexual intercourse
  - Stable housing: 6.8%
  - Unstable housing: 23.0%
- In a physical fight
  - Stable housing: 24.6%
  - Unstable housing: 52.1%
- Bullied on school property
  - Stable housing: 17.9%
  - Unstable housing: 29.1%
- Skipped school because safety concerns
  - Stable housing: 10.0%
  - Unstable housing: 31.3%
- Current smoking
  - Stable housing: 8.9%
  - Unstable housing: 32.2%
- Binge drinking
  - Stable housing: 9.7%
  - Unstable housing: 32.1%
- Took a pain killer to get high
  - Stable housing: 4.6%
  - Unstable housing: 35.2%
- Current heroin use
  - Stable housing: 0.7%
  - Unstable housing: 28.4%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Pregnancy Intention among Women with Live Births
New Mexico, 2009-2018

*The pregnancy intention question changed in 2012 (forward), by including a new response option, ‘I wasn’t sure what I wanted’.

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)
Daily Preconception Multivitamin/Folic Acid Use among Women with Live Births, New Mexico, 2009-2018

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

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Diabetes among Women with Live Births
New Mexico, 2009-2018

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

Investing for tomorrow, delivering today.
Smoking among Women with Live Births, New Mexico, 2009-2018

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)
Teeth Cleaned During Pregnancy by Insurance, New Mexico, 2012-2018

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

Investing for tomorrow, delivering today.
Postpartum Depression among Women with Live Births, New Mexico, 2005-2008 and 2012-2018

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)
Breastfeeding Initiation and Early Duration among Women with Live Births, New Mexico, 2009-2018

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

Investing for tomorrow, delivering today.
Leave Used by Mothers Who Returned or Planned to Return to Work, New Mexico 2016-2018

<table>
<thead>
<tr>
<th>Type of Leave</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paid Leave Only</td>
<td>26.0%</td>
</tr>
<tr>
<td>Paid and Unpaid Leave</td>
<td>15.1%</td>
</tr>
<tr>
<td>Unpaid Leave Only</td>
<td>54.6%</td>
</tr>
<tr>
<td>No Leave</td>
<td>4.3%</td>
</tr>
</tbody>
</table>

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

Investing for tomorrow, delivering today.
Aggregate* Healthcare Provider (HP) Influenza Vaccination Rates, New Mexico, 2011-2012 through 2017-2018

Source: NMDOH Healthcare-associated Infections Program – * 33 inpatient healthcare facilities in New Mexico; reporting is voluntary. Healthy People 2020 goal is 90%.
The standardized infection ratio (SIR) is a summary measure used to track infections at the national, state or local level over time. The SIR compares the actual number of infections to the number expected given the standard population (national baseline). A SIR greater than 1.0 indicates more infections than predicted and a SIR of less than 1.0 indicates fewer infections than predicted.
Measles, New Mexico, 1985-2018

- 1989 - Two dose schedule approved
- 1991 & 1995 - Documented outbreaks
- 1991 – 1 imported case at Intel International Science Fair
- 2007 – 1 imported case at Intel International Science Fair
- 2011 – 4 sporadic cases (3 were imported)
- 2012 – 2 siblings in Rio Arriba County with unknown exposure source

Includes confirmed and probable cases, Source: NMDOH Infectious Disease Epidemiology Bureau

Sources: New Mexico – NMDOH Infectious Disease Epidemiology Bureau, Active Bacterial Core Surveillance Program (ABCs); U.S. Estimate – Centers for Disease Control and Prevention, Active Bacterial Core Surveillance Report.
Burden of Invasive Bacterial* Disease by Race/Ethnicity,† New Mexico, 2014–2018

Bacterial Pathogens: Group A Streptococcus (GAS) and group B Streptococcus (GBS), Streptococcus pneumoniae (SPN), Haemophilus influenzae (HFLU), Neisseria meningitidis (NMEN), †10% of cases missing race/ethnicity information;
Source: New Mexico – NMDOH Infectious Disease Epidemiology Bureau, Active Bacterial Core Surveillance Program (ABCs)

Rate per 100,000 population

- **NM Rate**
- **US Rate**

Sources: New Mexico – NMDOH Infectious Disease Epidemiology Bureau, Active Bacterial Core Surveillance Program (ABCs); U.S. Estimate – Centers for Disease Control and Prevention, Active Bacterial Core Surveillance Report, Emerging Infections Program Network
Invasive *Streptococcus pneumoniae* Rates by Urban-Rural Areas, New Mexico, 2013–2018

<table>
<thead>
<tr>
<th>Category</th>
<th>Rate/100,000 population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td>11.5</td>
</tr>
<tr>
<td>Mixed Urban/Rural Counties</td>
<td>15.9</td>
</tr>
<tr>
<td>Small Metro Counties</td>
<td>10.9</td>
</tr>
<tr>
<td>Metropolitan Counties</td>
<td>10.1</td>
</tr>
</tbody>
</table>

Source: NMDOH Infectious Disease Epidemiology Bureau, Active Bacterial Core Surveillance Program (ABCs)
Hepatitis A Rates, New Mexico and United States, 1995-2018

1996 - Targeted Vaccination Program

Includes confirmed and probable cases, Sources: New Mexico – NMDOH Infectious Disease Epidemiology Bureau; United States – Centers for Disease Control & Prevention, Summary of Notifiable Diseases, United States

Investing for tomorrow, delivering today.
Pertussis Rates per 100,000 Population, New Mexico and U.S., 2000-2018

Sources: NM Electronic Disease Surveillance System (confirmed and probable cases) and United States – Centers for Disease Control & Prevention, Summary of Notifiable Diseases, United States.

Investing for tomorrow, delivering today.
Pertussis Rates in Infants 0-6 Months of Age, New Mexico, 2006-2018

Source: NM Electronic Disease Surveillance System (confirmed and probable pertussis cases) and New Mexico Indicator-Based Information System (NM-IBIS)
Influenza-related Hospitalization Rates by Age Group, New Mexico, 2011-2018

Source: Influenza Hospitalization Network (FluSurv-NET)
Influenza and Pneumonia Death Rates, New Mexico, 2005-2019 and U.S., 2005-2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

Investing for tomorrow, delivering today.
Influenza and Pneumonia Death Rates by Race/Ethnicity, New Mexico, 2019

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>28.9</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>12.2</td>
</tr>
<tr>
<td>Black, African American</td>
<td>10.6</td>
</tr>
<tr>
<td>Hispanic</td>
<td>11.8</td>
</tr>
<tr>
<td>White</td>
<td>12.3</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Influenza and Pneumonia Death Rates by Health Region, New Mexico, 2019

Deaths per 100,000 Population

Northwest Region: 18.9
Northeast Region: 10.6
Metro Region: 9.9
Southeast Region: 16.2
Southwest Region: 17.7

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Influenza and Pneumonia Death Rates by Urban and Rural Counties, New Mexico, 2017-2019

Deaths per 100,000 Population

- Rural Counties: 16.6
- Mixed Urban/Rural Counties: 16.3
- Small Metro Counties: 13.2
- Metropolitan Counties: 11.7

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Influenza-like Illness (ILI) Visits, New Mexico* and United States**, 2014-2019

*Data Sources: Sentinel Site Surveillance ILI Net  & **CDC FluView

Investing for tomorrow, delivering today.
Influenza-like Illness (ILI) Visits
New Mexico* and United States**, 2018-2019 Season

% of Visits for ILI

- New Mexico
- U.S.
- National Baseline

*Data Sources: Sentinel Site Surveillance ILI Net & **CDC FluView

Investing for tomorrow, delivering today.
Human Plague Cases, New Mexico, 1949-2017

Number of Cases
N = 283

Source: NMDOH Infectious Disease Epidemiology Bureau
Rate of Acute Hepatitis B Infection by Year
New Mexico and U.S., 2004 – 2018

*New Mexico rates are based on less than 20 cases per year and should be interpreted with caution as events based on small numbers can be unstable. Includes confirmed cases only. 2018 U.S. acute hepatitis B rate is not available.

Sources: NM cases, New Mexico Electronic Disease Surveillance System (NM-EDSS); NM population estimates, NMDOH Indicator-Based Information System (NM IBIS). U.S., Centers for Disease Control & Prevention, Division of Viral Hepatitis.
Number of Newly Reported Chronic Hepatitis C Infections by Case Status and Year* in New Mexico, 2006-2018

*Year of first reported positive laboratory test result
Source: New Mexico Electronic Disease Surveillance System (NM-EDSS)

Specimen collection year

Number of persons with HCV
Rate of Chronic Hepatitis C Infection by Age Group and Year,*
New Mexico, 2006-2018

Rate per 100,000 population

Specimen collection year

*Year of first reported positive laboratory test result
Source: New Mexico Electronic Disease Surveillance System (NM-EDSS)
Number of Hospital Discharges with Any Diagnosis of Hepatitis C Infection, by Infection Status and Year, New Mexico, 2014-2018

Hospitalizations were defined using ICD-9-CM and ICD-10-CM codes in any diagnosis field. Includes non-federal hospitalizations for NM residents only.
Source: New Mexico Hospital Inpatient Discharge Data (HIDD)
New HIV Diagnosis Rate Among Adults and Adolescents, Ages 13 and Older, New Mexico, 2009-2018 and United States, 2009-2017

Rate per 100,000 population


Investing for tomorrow, delivering today.
New HIV Diagnosis Rate Among Adults and Adolescents, Ages 13 and Older, by Health Region
New Mexico, 2014-2018

<table>
<thead>
<tr>
<th>Region</th>
<th>Rate per 100,000 population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest</td>
<td>12.5</td>
</tr>
<tr>
<td>Northeast</td>
<td>5.7</td>
</tr>
<tr>
<td>Metro</td>
<td>8.4</td>
</tr>
<tr>
<td>Southeast</td>
<td>5.1</td>
</tr>
<tr>
<td>Southwest</td>
<td>6.0</td>
</tr>
</tbody>
</table>

Sources: NM incident cases, New Mexico Enhanced HIV/AIDS Reporting System (eHARS); NM population estimates, NMDOH Indicator-Based Information System (NM IBIS).

Investing for tomorrow, delivering today.
New HIV Distribution Among Adults and Adolescents, Ages 13 and Older, by Gender, New Mexico, 2014-2018

Source: NM incident cases, New Mexico Enhanced HIV/AIDS Reporting System (eHARS).
### Tuberculosis (TB) Rates, New Mexico and U.S., 2012 - 2019

<table>
<thead>
<tr>
<th>Year</th>
<th># of NM Cases</th>
<th>NM TB Rate</th>
<th>US TB Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>40</td>
<td>1.9</td>
<td>3.2</td>
</tr>
<tr>
<td>2013</td>
<td>50</td>
<td>2.4</td>
<td>3.0</td>
</tr>
<tr>
<td>2014</td>
<td>50</td>
<td>2.4</td>
<td>3.0</td>
</tr>
<tr>
<td>2015</td>
<td>47</td>
<td>2.2</td>
<td>3.0</td>
</tr>
<tr>
<td>2016</td>
<td>39</td>
<td>1.9</td>
<td>2.9</td>
</tr>
<tr>
<td>2017</td>
<td>37</td>
<td>1.8</td>
<td>2.8</td>
</tr>
<tr>
<td>2018</td>
<td>40</td>
<td>1.9</td>
<td>2.8</td>
</tr>
<tr>
<td>2019</td>
<td>41</td>
<td>1.9</td>
<td>2.7</td>
</tr>
</tbody>
</table>

Sources: U.S.: [https://www.cdc.gov/mmwr/volumes/69/wr/mm6911a3.htm](https://www.cdc.gov/mmwr/volumes/69/wr/mm6911a3.htm); New Mexico: New Mexico Electronic Disease Surveillance System

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Tuberculosis (TB) Cases by Age Group, New Mexico, 2019

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Number of Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-14 years</td>
<td>0</td>
</tr>
<tr>
<td>15-24 years</td>
<td>3</td>
</tr>
<tr>
<td>25-44 years</td>
<td>11</td>
</tr>
<tr>
<td>45-64 years</td>
<td>10</td>
</tr>
<tr>
<td>≥ 65 years</td>
<td>17</td>
</tr>
</tbody>
</table>

Source: New Mexico Electronic Disease Surveillance System

Source: New Mexico Electronic Disease Surveillance System
Country of Origin: Percentages of Non-U.S.-born Persons with TB, New Mexico, 2019

- Mexico: 70%
- Cuba: 3%
- Ecuador: 4%
- Guatemala: 4%
- Nicaragua: 4%
- Philippines: 7%
- Vietnam: 4%
- Uganda: 4%

Source: New Mexico Electronic Disease Surveillance System
Risk Factors per Report of Verified Case of Tuberculosis (RVCT) Form, New Mexico, 2019

- Diabetes: 27%
- Substance abuse: 14%
- Homeless: 14%
- Resident of Correctional Facility: 9%
- HIV-Infection: 9%
- Contact of Infectious TB Patient: 9%
- End-stage renal disease: 9%
- TNF antagonist therapy: 9%
Chlamydia Rates, New Mexico and U.S., 1989 - 2019

PRISM – Patient Reporting Investigation Surveillance Manager
Chlamydia Rates by Sex, New Mexico, 2000 - 2019

Source: PRISM – Patient Reporting Investigation Surveillance Manager
Chlamydia Rates by Age Group, New Mexico, 2018 - 2019

Source: PRISM – Patient Reporting Investigation Surveillance Manager
Chlamydia Rates by Race/Ethnicity, New Mexico, 2018 - 2019

Cases per 100,000 Population

- American Indian/Alaska Native
- Asian or Pacific Islander
- Black/African American
- Hispanic
- White, non-Hispanic

Source: PRISM – Patient Reporting Investigation Surveillance Manager
Gonorrhea Rates, New Mexico and U.S., 1972 - 2019

Gonorrhea Rates by Age Group, New Mexico, 2018 - 2019

Source: PRISM – Patient Reporting Investigation Surveillance Manager
Gonorrhea Rates* by Race/Ethnicity, New Mexico, 2018 - 2019

*Similar to national level data, gonorrhea rates show health disparities: Gonorrhea disproportionately affects African American, American Indian, and Hispanic populations in New Mexico.

Source: PRISM – Patient Reporting Investigation Surveillance Manager

Primary and Secondary Syphilis Cases by Sex, New Mexico, 2000-2019

Case Rate per 100,000 Population

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Primary, Secondary, Early Syphilis Rates by Age Group
New Mexico, 2018 - 2019

Source: PRISM – Patient Reporting Investigation Surveillance Manager
Primary, Secondary, and Early Latent Syphilis Rates by Race/Ethnicity, New Mexico, 2018 - 2019

Source: PRISM – Patient Reporting Investigation Surveillance Manager
Percentage of Obese Students by Grade, New Mexico, 2010-2018

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System

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Percentage of Students Overweight and Obese by Gender, New Mexico, 2018

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System

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**Percentage of Kindergarten Students Overweight and Obese by Race/Ethnicity, New Mexico, 2017-2018**

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Overweight</th>
<th>Obese</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian</td>
<td>12.4%</td>
<td>22.5%</td>
<td>34.9%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>14.1%</td>
<td>14.0%</td>
<td>28.1%</td>
</tr>
<tr>
<td>White</td>
<td>12.5%</td>
<td>7.0%</td>
<td>19.5%</td>
</tr>
<tr>
<td>African American*</td>
<td>11.6%</td>
<td>9.7%</td>
<td>21.3%</td>
</tr>
<tr>
<td>Asian*</td>
<td>7.0%</td>
<td>11.6%</td>
<td>18.6%</td>
</tr>
</tbody>
</table>

*Data collected through annual surveillance continue to be inadequate for the systematic study of disparities faced by African Americans and Asians. Due to small sample sizes, 2017 and 2018 data have been aggregated.*

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System

*Investing for tomorrow, delivering today.*
Percentage of Third Grade Students Overweight and Obese by Race/Ethnicity, New Mexico, 2018

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Overweight</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian</td>
<td>14.1</td>
<td>28.2</td>
</tr>
<tr>
<td></td>
<td>42.3</td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>15.4</td>
<td>22.3</td>
</tr>
<tr>
<td></td>
<td>37.7</td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>12.4</td>
<td>14.9</td>
</tr>
<tr>
<td></td>
<td>27.3</td>
<td></td>
</tr>
<tr>
<td>African American*</td>
<td>16.3</td>
<td>15.6</td>
</tr>
<tr>
<td></td>
<td>31.9</td>
<td></td>
</tr>
<tr>
<td>Asian*</td>
<td>12.1</td>
<td>11.5</td>
</tr>
<tr>
<td></td>
<td>23.6</td>
<td></td>
</tr>
</tbody>
</table>

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System
*Data collected through annual surveillance continue to be inadequate for the systematic study of disparities faced by African Americans and Asians. Due to small sample sizes, 2017 and 2018 data have been aggregated.

Notes: Includes asthma as first-listed ICD-9 diagnosis (493-493.92) and ICD-10 codes J45 starting September 2015. This series does not include Indian Health Service data.

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Child Asthma Hospitalization Rates by Health Region, Ages 0-17 Years, New Mexico, 2014-2018

Note: Asthma as first-listed ICD-9 diagnosis (493-493.92) from 2012 to September 2015. ICD-10 codes J45 for September 2015 and after. This series does not include Indian Health Service data.
Source: New Mexico Department of Health (data via http://ibis.health.state.nm.us).

Investing for tomorrow, delivering today.
Child Asthma Hospitalization Rates by Urban and Rural Counties, Ages 0-17 Years, New Mexico, 2014-2018

<table>
<thead>
<tr>
<th>Category</th>
<th>Hospitalizations per 10,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td>8.6</td>
</tr>
<tr>
<td>Mixed Urban/Rural Counties</td>
<td>14.7</td>
</tr>
<tr>
<td>Small Metro Counties</td>
<td>10.5</td>
</tr>
<tr>
<td>Metropolitan Counties</td>
<td>16.5</td>
</tr>
</tbody>
</table>

Note: Includes asthma as first-listed ICD-9 diagnosis (493-493.92) until September 2015 and ICD-10 codes J45 starting September 2015. This series does not include Indian Health Service data. Source: New Mexico Department of Health (data via http://ibis.health.state.nm.us).

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Elevated Blood Lead Levels* in Children under Age 6 Years, New Mexico, 2006-2017

*Elevated blood lead levels: >=10 µg/dL (prior to 2016) & >= 5 µg/dL (lowered in 2016) by venous test or 2 capillary tests within 12 weeks.

SOURCE: NMDOH, Environmental Public Health Tracking (EPHT) and Childhood Lead Poisoning Prevention Program

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Heat-related Illness Hospitalizations and Emergency Department Visit Rates by Health Region, New Mexico, May 1 - September 30, 2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, New Mexico Emergency Department and Hospital Inpatient Discharge Data
Heat-related Illness Emergency Department Visits by Month and Year, New Mexico 2008-2018

Source: NMDOH, NM Emergency Department Data

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Rate per 10,000 Live Births

US Rate vs NM Rate


NOTE: Spina bifida is a neural tube defect, which can be prevented through a woman’s intake of folic acid during reproductive years.

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Cleft Lip with or without Cleft Palate by Health Region, New Mexico, 2011-2018

Source: NMDOH, Environmental Health Epidemiology Bureau’s Birth Defects Prevention and Surveillance System

Rate per 1,000 live births

Sources: U.S.: Weighted national estimates from Healthcare Cost and Utilization Project (HCUP) Nationwide Inpatient Sample (NIS), 2000, Agency for Healthcare Research and Quality (AHRQ), based on data collected by individual states and provided to AHRQ by the states. New Mexico: Hospital Inpatient Discharge Data (HIDD).
Occupational Injury Fatalities Per 100,000 Full-Time Equivalent Workers, New Mexico and U.S., 2001-2017

Note: FTE Rates for the United States are not available prior to 2006


Investing for tomorrow, delivering today.
<table>
<thead>
<tr>
<th>Region</th>
<th>Female</th>
<th>Male</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest</td>
<td>693.8</td>
<td>704.5</td>
<td>711.5</td>
</tr>
<tr>
<td>Northeast</td>
<td>626.6</td>
<td>693.8</td>
<td>704.5</td>
</tr>
<tr>
<td>Metro</td>
<td>704.5</td>
<td>579.9</td>
<td>711.5</td>
</tr>
<tr>
<td>Southeast</td>
<td>579.9</td>
<td>626.6</td>
<td>704.5</td>
</tr>
<tr>
<td>Southwest</td>
<td>711.5</td>
<td>693.8</td>
<td>711.5</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population.

Source: NMDOH, NM Hospital Inpatient Discharge Data.

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Hospitalization Rate of Discharge Deaths by Health Region, New Mexico, 2018

Rates have been age-adjusted to the standard U.S. 2000 population.
Source: NMDOH, NM Hospital Inpatient Discharge Data

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Hospitalization Rate of Discharges by Primary Payer Category, New Mexico, 2018

Note: Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, NM Hospital Inpatient Discharge Data
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Ambulatory Care Sensitive Condition Hospitalization Rates by Region, New Mexico, 2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, NM Hospital Inpatient Discharge Data

Chart showing hospitalization rates per 10,000 population for different regions in New Mexico in 2018, with rates for acute and chronic conditions. The rates are as follows:

- **Northwest**
  - Acute: 18.5
  - Chronic: 33.7
- **Northeast**
  - Acute: 16.7
  - Chronic: 25.1
- **Metro**
  - Acute: 17.2
  - Chronic: 32.7
- **Southeast**
  - Acute: 27.8
  - Chronic: 31.4
- **Southwest**
  - Acute: 28.2
  - Chronic: 33.0

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Top Five Ambulatory Care Sensitive Condition Hospitalization Rates, New Mexico, 2018

<table>
<thead>
<tr>
<th>Condition</th>
<th>Rate per 10,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>*CHF &amp; UTI</td>
<td>16.6</td>
</tr>
<tr>
<td>Bacterial Pneumonia</td>
<td>9.9</td>
</tr>
<tr>
<td>*UTI</td>
<td>5.9</td>
</tr>
<tr>
<td>Diabetes Long-Term Complications</td>
<td>5.3</td>
</tr>
<tr>
<td>Dehydration</td>
<td>4.9</td>
</tr>
</tbody>
</table>

*Congestive Heart Failure (CHF) & Urinary Tract Infection (UTI) Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, NM Hospital Inpatient Discharge Data
Diabetes Hospitalization Rates by Region, New Mexico, 2000-2002 and 2016-2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, NM Hospital Inpatient Discharge Data-Diabetes as primary diagnosis

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Diabetes Hospitalization Rates by Urban and Rural Counties, New Mexico, 2000-2002 and 2015-2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, NM Hospital Inpatient Discharge Data -Diabetes as primary diagnosis

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Emergency Department Visit Rates by Age and Sex, New Mexico, 2018

Note: Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, NM Emergency Department Data

Rates per 10,000 Population

- **<15**
  - Female: 3266.9
  - Male: 4264.7
  - Total: 3674.1

- **15-44**
  - Female: 4264.7
  - Male: 3674.1
  - Total: 4509.4

- **45-64**
  - Female: 3674.1
  - Male: 3266.9
  - Total: 3972.3

- **65+**
  - Female: 4509.4
  - Male: 3972.3

**All Ages**
- Female: 3972.3
- Male: 3972.3
- Total: 3972.3

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Emergency Department Visit Rates by Region and Sex, New Mexico, 2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, NM Emergency Department Data

Rates per 10,000 Population

- **Northwest**
  - Female: 4222.9
  - Male: 3338.3
  - Total: 4210.9

- **Northeast**
  - Female: 4210.9
  - Male: 4210.9
  - Total: 4210.9

- **Metro**
  - Female: 3338.3
  - Male: 4210.9
  - Total: 4222.9

- **Southeast**
  - Female: 4918.6
  - Male: 4918.6
  - Total: 4918.6

- **Southwest**
  - Female: 4594.1
  - Male: 4594.1
  - Total: 4594.1

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Ambulatory Care Sensitive Condition
Emergency Department Visit Rates by Health Region, New Mexico, 2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, NM Emergency Department Data

Investing for tomorrow, delivering today.
Top Five Ambulatory Care Sensitive Condition Emergency Department Visit Rates, New Mexico, 2018

Note: Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, NM Emergency Department Data

<table>
<thead>
<tr>
<th>Condition</th>
<th>Rate per 10,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>UTI</td>
<td>84.0</td>
</tr>
<tr>
<td>Hypertension</td>
<td>29.5</td>
</tr>
<tr>
<td>Bacterial Pneumonia</td>
<td>22.3</td>
</tr>
<tr>
<td>CHF</td>
<td>19.9</td>
</tr>
<tr>
<td>Dehydration</td>
<td>17.4</td>
</tr>
</tbody>
</table>

Births per 1,000 female teens

Source: NMDOH, Bureau of Vital Records and Health Statistics; National Center for Health Statistics

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Teen Birth Rates by Health Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Births per 1,000 female teens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>30.3</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>17.5</td>
</tr>
<tr>
<td>Metro Region</td>
<td>17.2</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>40.8</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>28.0</td>
</tr>
</tbody>
</table>

Ages 15-19

Ages 15-17

Source: NMDOH, Bureau of Vital Records and Health Statistics
Teen Birth Rates by Urban and Rural Counties, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>Category</th>
<th>Births per 1,000 female teens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural</td>
<td>13.5</td>
</tr>
<tr>
<td>Mixed Urban-Rural</td>
<td>16.4</td>
</tr>
<tr>
<td>Small Metropolitan</td>
<td>12.6</td>
</tr>
<tr>
<td>Metropolitan</td>
<td>8.4</td>
</tr>
<tr>
<td>Metropolitan</td>
<td>18.4</td>
</tr>
<tr>
<td>Total</td>
<td>29.5</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics

Source: NMDOH, Bureau of Vital Records and Health Statistics; National Center for Health Statistics

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Percentage of Births to Single Women by Health Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>64.7</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>52.8</td>
</tr>
<tr>
<td>Metro Region</td>
<td>47.0</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>50.5</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>52.8</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics
Life Expectancy at Birth by Sex, 
New Mexico, 2019

Total Male Female
77.8 74.6 81.0

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)

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Life Expectancy at Birth by Race/Ethnicity, New Mexico, 2019

- American Indian, Alaska Native: 71.8
- Asian, Pacific Islander: 89.0
- Black, African American: 75.6
- Hispanic: 78.4
- White: 78.8

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)

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Life Expectancy at Birth by Urban and Rural Counties, New Mexico, 2017-2019

- Rural Counties: 77.5
- Mixed Urban/Rural Counties: 76.3
- Small Metro Counties: 79.6
- Metropolitan Counties: 78.4

Expected Number of Years of Life

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)

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Life Expectancy at Birth, New Mexico, 2005-2019 and U.S., 2005-2018

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)
Life Expectancy at Birth by Health Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Life Expectancy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>74.1</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>79.5</td>
</tr>
<tr>
<td>Metro Region</td>
<td>78.1</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>75.9</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>78.8</td>
</tr>
</tbody>
</table>

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)
Life Expectancy Trend by Sex, New Mexico, 2005-2019

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)

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Life Expectancy Trend by Race/Ethnicity, New Mexico, 2005 - 2019

Expected Number of Years of Life

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)

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Source: NMDOH, Bureau of Vital Records and Health Statistics; NCHS

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Source: NMDOH, Bureau of Vital Records and Health Statistics; NCHS

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Infant Mortality Rates by Health Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Health Region</th>
<th>Infant Deaths per 1,000 live births</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>6.0</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>7.7</td>
</tr>
<tr>
<td>Metro Region</td>
<td>5.2</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>6.3</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>5.0</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics
Infant Mortality Rates by Urban and Rural Counties, New Mexico, 2017-2019

- Rural Counties: 7.5
- Mixed Urban/Rural Counties: 6.6
- Small Metro Counties: 4.4
- Metropolitan Counties: 5.7

Infant Deaths per 1,000 Live Births

Source: NMDOH, Bureau of Vital Records and Health Statistics

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**Infant Mortality Rates by Race/Ethnicity, New Mexico, 2019**

- **American Indian, Alaska Native**: 7.2
- **Asian, Pacific Islander**: 3.8
- **Black, African American**: 18.9
- **Hispanic**: 5.9
- **White**: 4.0

*Infant Deaths per 1,000 Live Births*

*Source: NMDOH, Bureau of Vital Records and Health Statistics*
Total Death Rates
New Mexico, 2005-2019 and U.S., 2005-2018

Deaths per 100,000 Population


New Mexico U.S.

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER
Total Death Rates by Health Region, New Mexico, 2019

- Northwest Region: 917.7
- Northeast Region: 659.3
- Metro Region: 749.3
- Southeast Region: 875.3
- Southwest Region: 727.5

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Total Death Rates by Urban and Rural Counties, New Mexico, 2017-2019

- Rural Counties: 778.9 deaths per 100,000 population
- Mixed Urban/Rural Counties: 835.1 deaths per 100,000 population
- Small Metro Counties: 676.1 deaths per 100,000 population
- Metropolitan Counties: 740.2 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Total Death Rates by Race/Ethnicity and Sex, New Mexico, 2019

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>AIAN</td>
<td>775.6</td>
<td>1279.3</td>
</tr>
<tr>
<td>API</td>
<td>330.8</td>
<td>464.1</td>
</tr>
<tr>
<td>Black or AA</td>
<td>684.5</td>
<td>969.3</td>
</tr>
<tr>
<td>Hispanic</td>
<td>585.2</td>
<td>896.1</td>
</tr>
<tr>
<td>White</td>
<td>617.8</td>
<td>847.7</td>
</tr>
</tbody>
</table>

 Deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Total Death Rates by Race/Ethnicity, Ages 0-24 Years, New Mexico, 2019

- **American Indian, Alaska Native**: 140.0 deaths per 100,000 population
- **Asian, Pacific Islander**: 39.3 deaths per 100,000 population
- **Black, African American**: 170.0 deaths per 100,000 population
- **Hispanic**: 67.6 deaths per 100,000 population
- **White**: 60.2 deaths per 100,000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Total Death Rates by Race/Ethnicity, Ages 25-64 Years, New Mexico, 2019

- American Indian, Alaska Native: 840.7 deaths per 100,000 population
- Asian, Pacific Islander: 155.6 deaths per 100,000 population
- Black, African American: 516.3 deaths per 100,000 population
- Hispanic: 472.3 deaths per 100,000 population
- White: 521.1 deaths per 100,000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>3,595.1</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>2,065.7</td>
</tr>
<tr>
<td>Black, African American</td>
<td>3,503.9</td>
</tr>
<tr>
<td>Hispanic</td>
<td>3,480.9</td>
</tr>
<tr>
<td>White</td>
<td>3,645.7</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics
### Top 10 Leading Causes of Death, New Mexico, 2019 and U.S., 2018

<table>
<thead>
<tr>
<th>New Mexico</th>
<th>Rank</th>
<th>United States</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart disease</td>
<td>1</td>
<td>Heart disease</td>
</tr>
<tr>
<td>Cancer</td>
<td>2</td>
<td>Cancer</td>
</tr>
<tr>
<td>Unintentional injuries</td>
<td>3</td>
<td>Unintentional injuries</td>
</tr>
<tr>
<td>Chronic lower respiratory diseases</td>
<td>4</td>
<td>Chronic lower respiratory diseases</td>
</tr>
<tr>
<td>Cerebrovascular disease (stroke)</td>
<td>5</td>
<td>Cerebrovascular disease (stroke)</td>
</tr>
<tr>
<td>Diabetes mellitus</td>
<td>6</td>
<td>Alzheimer’s disease</td>
</tr>
<tr>
<td><strong>Chronic liver disease and cirrhosis</strong></td>
<td>7</td>
<td>Diabetes mellitus</td>
</tr>
<tr>
<td>Alzheimer's disease</td>
<td>8</td>
<td>Influenza and pneumonia</td>
</tr>
<tr>
<td>Suicide</td>
<td>9</td>
<td>Kidney disease</td>
</tr>
<tr>
<td>Influenza and pneumonia</td>
<td>10</td>
<td>Suicide</td>
</tr>
</tbody>
</table>

Source, New Mexico: Vital Records and Health Statistics
United States: National Center for Health Statistics (NCHS)
Rates of 5 Leading Causes of Death, New Mexico, 2019 and U.S., 2018

<table>
<thead>
<tr>
<th>Cause</th>
<th>New Mexico</th>
<th>United States</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart disease</td>
<td>158.1</td>
<td>163.6</td>
</tr>
<tr>
<td>Cancer</td>
<td>131.5</td>
<td>149.1</td>
</tr>
<tr>
<td>Unintentional injuries</td>
<td>78.2</td>
<td></td>
</tr>
<tr>
<td>Chronic lower respiratory diseases</td>
<td>40.1</td>
<td>39.7</td>
</tr>
<tr>
<td>Cerebrovascular diseases</td>
<td>33.2</td>
<td>37.1</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population.
Source: NMDOH, Bureau of Vital Records and Health Statistics.
Rates of 5 Leading Causes of Death, Northwest Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Cause</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart disease</td>
<td>144.1</td>
</tr>
<tr>
<td>Cancer</td>
<td>135.0</td>
</tr>
<tr>
<td>Unintentional injury</td>
<td>117.7</td>
</tr>
<tr>
<td>Chronic liver disease and cirrhosis</td>
<td>58.9</td>
</tr>
<tr>
<td>Diabetes</td>
<td>49.9</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Rates of 5 Leading Causes of Death, Northeast Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Cause</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td>119.9</td>
</tr>
<tr>
<td>Heart disease</td>
<td>118.4</td>
</tr>
<tr>
<td>Unintentional injuries</td>
<td>80.9</td>
</tr>
<tr>
<td>Chronic liver disease and cirrhosis</td>
<td>33.0</td>
</tr>
<tr>
<td>Cancer and other CLRDs</td>
<td>27.4</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Rates of 5 Leading Causes of Death, Metro Region, New Mexico, 2019

- Heart Disease: 166.1
- Unintentional injuries: 129.6
- Stroke: 73.9
- Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Rates of 5 Leading Causes of Death, Southeast Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Cause</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart disease</td>
<td>204.0</td>
</tr>
<tr>
<td>Cancer</td>
<td>149.1</td>
</tr>
<tr>
<td>Unintentional injuries</td>
<td>78.6</td>
</tr>
<tr>
<td>CLRD</td>
<td>53.0</td>
</tr>
<tr>
<td>Alzheimer's disease</td>
<td>35.4</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Rates of 5 Leading Causes of Death, Southwest Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Cause</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart disease</td>
<td>154.9</td>
</tr>
<tr>
<td>Cancer</td>
<td>134.9</td>
</tr>
<tr>
<td>Unintentional injuries</td>
<td>62.6</td>
</tr>
<tr>
<td>CLRD</td>
<td>37.4</td>
</tr>
<tr>
<td>Stroke</td>
<td>33.6</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Heart Disease Death Rates, New Mexico, 2005-2019 and U.S., 2005-2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

Investing for tomorrow, delivering today.
Heart Disease Death Rates by Race/Ethnicity, New Mexico, 2019

- American Indian, Alaska Native: 126.1
- Asian, Pacific Islander: 79.8
- Black, African American: 177.9
- Hispanic: 144.0
- White: 168.7

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Heart Disease Death Rates by Health Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>144.1</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>118.4</td>
</tr>
<tr>
<td>Metro Region</td>
<td>166.1</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>204.0</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>154.9</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Heart Disease Death Rates by Urban and Rural Counties, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>Category</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td>166.3</td>
</tr>
<tr>
<td>Mixed Urban/Rural Counties</td>
<td>172.4</td>
</tr>
<tr>
<td>Small Metro Counties</td>
<td>120.9</td>
</tr>
<tr>
<td>Metropolitan Counties</td>
<td>154.3</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Cancer Death Rates,
New Mexico, 2005-2019 and U.S., 2005-2018

Death per 100,000 population

New Mexico  U.S.

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC Wonder

Investing for tomorrow, delivering today.
Cancer Death Rates by Race/Ethnicity, New Mexico, 2019

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Rate per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>120.6</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>67.8</td>
</tr>
<tr>
<td>Black, African American</td>
<td>139.2</td>
</tr>
<tr>
<td>Hispanic</td>
<td>129.0</td>
</tr>
<tr>
<td>White</td>
<td>135.1</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Cancer Death Rates by Health Region
New Mexico, 2019

Deaths per 100,000 Population

<table>
<thead>
<tr>
<th>Region</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>135.0</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>119.9</td>
</tr>
<tr>
<td>Metro Region</td>
<td>129.6</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>149.1</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>134.9</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Cancer Death Rates by Urban and Rural Counties, New Mexico, 2017-2019

- Rural Counties: 132.4 deaths per 100,000 population
- Mixed Urban/Rural Counties: 143.4 deaths per 100,000 population
- Small Metro Counties: 123.4 deaths per 100,000 population
- Metropolitan Counties: 136.3 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population.
Source: NMDOH, Bureau of Vital Records and Health Statistics
Chronic Lower Respiratory Disease Death Rates, New Mexico, 2005-2019 and U.S., 2005-2018

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Chronic Lower Respiratory Disease Death Rates, by Health Region, New Mexico, 2019

36.6 33.0 41.9 53.0 37.4

Northwest Region  Northeast Region  Metro Region  Southeast Region  Southwest Region

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Chronic Lower Respiratory Disease Death Rates, by Urban and Rural Counties, New Mexico, 2017-2019

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

Deaths per 100,000 Population

- Rural Counties: 53.1
- Mixed Urban/Rural Counties: 45.4
- Small Metro Counties: 34.4
- Metropolitan Counties: 43.1
Cerebrovascular Disease Death Rates, New Mexico, 2005-2019 and U.S., 2005-2018

Death per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC Wonder

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Cerebrovascular Disease Death Rates by Health Region, New Mexico, 2019

Deaths per 100,000 Population

- Northwest Region: 39.1
- Northeast Region: 23.5
- Metro Region: 36.1
- Southeast Region: 31.2
- Southwest Region: 33.6

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Cerebrovascular Disease Death Rates, by Urban and Rural Counties, New Mexico, 2017-2019

- Rural Counties: 30.1
- Mixed Urban/Rural Counties: 30.1
- Small Metro Counties: 31.6
- Metropolitan Counties: 36.6

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Death per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC Wonder

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Diabetes Death Rates by Health Region, New Mexico, 2019

Deaths per 100,000 Population

- Northwest Region: 49.9
- Northeast Region: 22.0
- Metro Region: 18.3
- Southeast Region: 34.4
- Southwest Region: 27.9

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Diabetes Death Rates by Urban and Rural Counties, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>Category</th>
<th>Rate per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td>24.5</td>
</tr>
<tr>
<td>Mixed Urban/Rural Counties</td>
<td>33.9</td>
</tr>
<tr>
<td>Small Metro Counties</td>
<td>26.7</td>
</tr>
<tr>
<td>Metropolitan Counties</td>
<td>20.5</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Deaths per 100,000 Population


Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WISQARS

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Suicide Death Rates, New Mexico, 2005-2019 and U.S., 2005-2018

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

Investing for tomorrow, delivering today.
Suicide Death Rates by Age Group, New Mexico, 2019

<table>
<thead>
<tr>
<th>Age</th>
<th>Rate per 100,000 population</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt; 15</td>
<td>2.3</td>
</tr>
<tr>
<td>15-24</td>
<td>30.1</td>
</tr>
<tr>
<td>25-34</td>
<td>34.1</td>
</tr>
<tr>
<td>35-44</td>
<td>29.4</td>
</tr>
<tr>
<td>45-54</td>
<td>30.5</td>
</tr>
<tr>
<td>55-64</td>
<td>28.5</td>
</tr>
<tr>
<td>65-74</td>
<td>22.2</td>
</tr>
<tr>
<td>75-84</td>
<td>27.7</td>
</tr>
<tr>
<td>85+</td>
<td>45.7</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics
Suicide Death Rates by Urban and Rural Counties, New Mexico, 2017-2019

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

Investing for tomorrow, delivering today.
Youth (Ages 15-19) Suicide Death Rates by Health Region, New Mexico, 2015-2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>27.0</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>15.3</td>
</tr>
<tr>
<td>Metro Region</td>
<td>23.6</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>19.0</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>14.8</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics

Deaths per 100,000 Population

New Mexico  
U.S.

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

Investing for tomorrow, delivering today.
Unintentional Injury Death Rates by Race/Ethnicity, New Mexico, 2019

Deaths per 100,000 Population

- American Indian, Alaska Native: 135.4
- Asian, Pacific Islander: 12.5
- Black, African American: 72.2
- Hispanic: 77.6
- White: 65.3

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Unintentional Injury Death Rates by Health Region, New Mexico, 2019

Deaths per 100,000 Population

Northwest Region: 117.7
Northeast Region: 80.9
Metro Region: 73.9
Southeast Region: 78.6
Southwest Region: 62.6

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Unintentional Injury Death Rates by Urban and Rural Counties, New Mexico, 2017-2019

- Rural Counties: 73.6 per 100,000 Population
- Mixed Urban/Rural Counties: 84.4 per 100,000 Population
- Small Metro Counties: 63.5 per 100,000 Population
- Metropolitan Counties: 68.1 per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Fall-related Death Rates Among Older Adults by Age Group, New Mexico, 2005-2019

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Fall-related Death Rates Among Older Adults 65+, by Race/Ethnicity, New Mexico, 2015-2019

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>66.3</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>53.2</td>
</tr>
<tr>
<td>Black, African American</td>
<td>23.4</td>
</tr>
<tr>
<td>Hispanic</td>
<td>85.5</td>
</tr>
<tr>
<td>White</td>
<td>103.7</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics
Fall-related Death Rates Among Older Adults 65+, by Health Region, New Mexico, 2015-2019

Deaths per 100,000 Population

- Northwest Region: 70.0
- Northeast Region: 72.5
- Metro Region: 108.8
- Southeast Region: 93.9
- Southwest Region: 93.6

Source: NMDOH, Bureau of Vital Records and Health Statistics
Fall-related Death Rates Among Older Adults 65+, by Urban and Rural Counties, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>Category</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td>59.6</td>
</tr>
<tr>
<td>Mixed Urban/Rural Counties</td>
<td>89.4</td>
</tr>
<tr>
<td>Small Metro Counties</td>
<td>76.9</td>
</tr>
<tr>
<td>Metropolitan Counties</td>
<td>106.2</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Deaths per 100,000 Population


New Mexico  U.S.

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Firearm Injury Death Rates by Race/Ethnicity, New Mexico, 2019

- American Indian, Alaska Native: 14.9
- Asian, Pacific Islander: 12.5
- Black, African American: 40.0
- Hispanic: 20.0
- White: 23.8

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Firearm Injury Death Rates by Health Region, New Mexico, 2019

<table>
<thead>
<tr>
<th>Health Region</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>16.2</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>20.9</td>
</tr>
<tr>
<td>Metro Region</td>
<td>22.7</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>31.2</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>19.6</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Firearm Injury Death Rates by Urban and Rural Counties, New Mexico, 2017-2019

<table>
<thead>
<tr>
<th>County Type</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td>28.3</td>
</tr>
<tr>
<td>Mixed Urban/Rural Counties</td>
<td>22.9</td>
</tr>
<tr>
<td>Small Metro Counties</td>
<td>14.8</td>
</tr>
<tr>
<td>Metropolitan Counties</td>
<td>21.1</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Chronic Liver Disease Death Rates, New Mexico, 2005-2019 and U.S., 2005-2018

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Chronic Liver Disease Death Rates by Race/Ethnicity, New Mexico, 2017 - 2019

- American Indian, Alaska Native: 90.7
- Asian or Pacific Islander: 0.0
- Black, African American: 6.2
- Hispanic: 28.1
- White: 13.7

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics
Chronic Liver Disease Death Rates by Health Region, New Mexico, 2019

Deaths per 100,000 Population

<table>
<thead>
<tr>
<th>Region</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>58.9</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>27.4</td>
</tr>
<tr>
<td>Metro Region</td>
<td>20.2</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>26.6</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>21.4</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Chronic Liver Disease Death Rates, by Urban and Rural Counties, New Mexico, 2017-2019

Deaths per 100,000 Population

- Rural Counties: 23.5
- Mixed Urban/Rural Counties: 34.8
- Small Metro Counties: 26.7
- Metropolitan Counties: 20.8

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics

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Rates are age-adjusted to the 2000 U.S. Standard Population
ICD-10 codes include X40-X44, X60-X64, X85, and Y10-Y14
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC Wonder

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Deaths per 100,000 Population

New Mexico United States

30.4
Drug Overdose Death Rates by Health Region, New Mexico, 2015-2019

Northwest Region: 17.7 deaths per 100,000 population
Northeast Region: 39.0 deaths per 100,000 population
Metro Region: 27.6 deaths per 100,000 population
Southeast Region: 23.4 deaths per 100,000 population
Southwest Region: 20.9 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; UNM-GPS; IBEB SAES

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Drug Overdose Death Rates by Urban and Rural Counties, New Mexico, 2015-2019

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; UNM-GPS; IBEB SAES
Years of Potential Life Lost (YPLL) Before Age 75, New Mexico, 2019

Unintentional Injury
Malignant Neoplasm
Heart Disease
Suicide
Chronic Liver Disease
Homicide
Diabetes Mellitus
Chronic Lower Respiratory
Cerebrovascular (Stroke)
Influenza and Pneumonia
All Others

Source: NMDOH, Bureau of Vital Records and Health Statistics.
Disability-Adjusted Life Years (DALYs): NM vs. U.S. Age-standardized Total DALYs, 1990-2019

Source: University of Washington, Institute for Health Metrics and Evaluation, GBD Compare.
*Value for 2019 is preliminary, value for 2018 is interpolated.

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DALYs: NM vs. U.S., Age 70+, Total DALYs, 1990-2019

Source: University of Washington, Institute for Health Metrics and Evaluation, GBD Compare
*Value for 2019 is preliminary, value for 2018 is interpolated.

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DALYs: Top 10 Conditions Age-standardized, New Mexico vs. U.S., 2017

Drug use disorders
Ischemic heart disease
Low back pain
Road injuries
Self-harm
Diabetes mellitus
Alcohol Use & Chronic Liver Disease
Chronic obstructive pulmonary disease
Depressive disorders
Headache disorders

Source: University of Washington, Institute for Health Metrics and Evaluation, GBD Compare

Investing for tomorrow, delivering today.
DALYs: Top 10 Conditions Age-Standardized
New Mexico vs. U.S., 2019

Drug use disorders
Low back pain
Ischemic heart disease
Diabetes mellitus
Other musculoskeletal disorders
Chronic obstructive pulmonary disease
Road injuries
Alcohol Use & Chronic Liver Disease
Depressive disorders
Self-harm

DALYs per 100K Population

Source: University of Washington, Institute for Health Metrics and Evaluation, GBD Compare 2019 data are preliminary.

Investing for tomorrow, delivering today.
DALYs: Top 10 Conditions Age 70+, New Mexico vs. U.S., 2017

Source: University of Washington, Institute for Health Metrics and Evaluation, GBD Compare

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DALYs: Top 10 Conditions Age 70+, New Mexico vs. U.S., 2019

- Drug use disorders
- Low back pain
- Ischemic heart disease
- Diabetes mellitus
- Other musculoskeletal disorders
- Chronic obstructive pulmonary disease
- Road injuries
- Alcohol Use & Chronic Liver Disease
- Depressive disorders
- Self-harm

Source: University of Washington, Institute for Health Metrics and Evaluation, GBD Compare 2019 data are preliminary

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Years of Potential Life Lost (YPLL) Before Age 75, New Mexico, 2018

- Unintentional Injury
- Malignant Neoplasm
- Heart Disease
- Suicide
- Chronic Liver Disease
- Homicide
- Diabetes Mellitus
- Chronic Lower Respiratory
- Cerebrovascular (Stroke)
- Influenza and Pneumonia
- All Others

Source: NMDOH, Bureau of Vital Records and Health Statistics.

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Conclusions

- Health status is strongly inversely associated with poverty at the community level.

- Exceptions to this include suicide, older adult falls deaths, and Alzheimer’s disease deaths.

- Indicators with greater than twice the risk for persons living in high poverty areas include: teen birth, deaths due to chronic liver disease, cirrhosis, diabetes, alcohol, infectious disease, and influenza and pneumonia.
Conclusions

• In general, chronic disease mortality rates continue to decrease in New Mexico.

• In general, injury and substance abuse death rates are stable or increasing.

• Vaccination continues to reduce infectious disease rates and disparities.

• The infant mortality rate reduction in NM is a major success but disparities remain.

• Geographic, socioeconomic and racial/ethnic disparities persist in NM, particularly in rural areas.
NM Health Status Resources

• NM IBIS (Indicator Based Information System) – http://ibis.health.state.nm.us

• NM Environmental Public Health Tracking System – https://nmtracking.org

• NM DOH health data presentations - https://nmhealth.org/about/erd/hdps/

• NM DOH health data resources and publications - https://nmhealth.org/data/

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