Health Status of New Mexico 2020

Released July 2022
New Mexico Health Regions
Percentage of NM Adults Living in Households with Annual Income Less Than $20,000

By Health Region, New Mexico, 2018-2020

Northwest Region: 34.1%
Northeast Region: 21.9%
Metro Region: 18.3%
Southeast Region: 22.2%
Southwest Region: 32.1%

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults Age 65+ Living in Household Annual Incomes Less Than $20,000

By Health Region, New Mexico, 2018-2020

Northwest Region: 30.1%
Northeast Region: 20.8%
Metro Region: 20.0%
Southeast Region: 27.3%
Southwest Region: 34.7%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Living in Households with Annual Income of Less Than $20,000

By Age Group, New Mexico, 2018-2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Living in Households with Annual Income of Less Than $20,000

By Urban and Rural Counties, New Mexico, 2018-2020

- Metropolitan: 18.2%
- Small Metro: 26.0%
- Mixed Urban/Rural: 28.1%
- Rural: 32.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults with Less Than a High School Education

By Health Region, New Mexico, 2018-2020

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults Age 65+ with Less Than a High School Education

By Health Region, New Mexico, 2018-2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>18.2%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>10.3%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>10.0%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>25.5%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>25.8%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System

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nmhealth.org
Percentage of NM Adults with Less Than a High School Education

By Age Group, New Mexico, 2018-2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Less Than a High School Education

By Urban and Rural Counties, New Mexico, 2018-2020

- **Metropolitan**: 12.0%
- **Small Metro**: 19.1%
- **Mixed Urban/Rural**: 19.4%
- **Rural**: 15.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults without Health Care Coverage

By Health Region, New Mexico, 2018-2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>9.6%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>10.9%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>10.1%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>15.3%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>9.9%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Age 65+ without Health Care Coverage

By Health Region, New Mexico, 2018-2020

- Northwest Region: 3.2%
- Northeast Region: 1.7%
- Metro Region: 0.5%
- Southeast Region: 1.8%
- Southwest Region: 2.3%

Note: statewide, 98.0% of adults age 65+ had coverage.

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Ages 18-64 without Health Care Coverage

By Health Region, New Mexico, 2018-2020

- Northwest Region: 11.2%
- Northeast Region: 14.7%
- Metro Region: 13.0%
- Southeast Region: 19.0%
- Southwest Region: 12.4%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults without Health Care Coverage
By Age Group, New Mexico, 2018-2020

Statewide: 98.6% of adults age 65+ had coverage.

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of Adults without Health Care Coverage

By Urban and Rural Counties, New Mexico, 2018-2020

- Metropolitan: 10.2%
- Small Metro: 11.3%
- Mixed Urban/Rural: 12.0%
- Rural: 10.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status

New Mexico and U.S., 1997-2020

* Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status

By Household Income, New Mexico, 2020

<table>
<thead>
<tr>
<th>Income Range</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt; $15,000</td>
<td>34.3%</td>
</tr>
<tr>
<td>$15,000 - &lt; $25,000</td>
<td>21.1%</td>
</tr>
<tr>
<td>$25,000 - &lt; $50,000</td>
<td>11.8%</td>
</tr>
<tr>
<td>$50,000 - &lt; $75,000</td>
<td>8.7%</td>
</tr>
<tr>
<td>$75,000+</td>
<td>5.9%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status
By Educational Attainment, New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults in Fair or Poor General Health Status

By Age Group, New Mexico, 2020

- **Age 18 - 64**: 12.0%
- **Age 65+**: 24.4%

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of Adults with Fair or Poor General Health Status

By Race/Ethnicity, New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Fair or Poor General Health Status

By Health Region, New Mexico, 2020

Northwest Region: 17.9%
Northeast Region: 16.0%
Metro Region: 13.0%
Southeast Region: 16.4%
Southwest Region: 15.9%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults in Fair or Poor General Health Status
by Urban and Rural Counties, New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Current Smokers

New Mexico and U.S., 2004-2020

* = Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Current Smokers by Household Income

New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Current Smokers by Educational Attainment

New Mexico, 2020

<table>
<thead>
<tr>
<th>Educational Attainment</th>
<th>2020 Smoker Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below High School</td>
<td>27.1%</td>
</tr>
<tr>
<td>High School or GED</td>
<td>18.3%</td>
</tr>
<tr>
<td>Some College or Tech</td>
<td>16.3%</td>
</tr>
<tr>
<td>College Graduate</td>
<td>6.3%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Current Smokers by Age Group

New Mexico, 2020

- **Age 18 - 64**: 17.8%
- **Age 65+**: 10.7%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Current Smokers by Race/Ethnicity

New Mexico, 2020

- American Indian, Alaska Native: 9.6%
- Asian, Pacific Islander: 11.3%
- Black, African American: 26.0%
- Hispanic: 17.1%
- White: 15.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Current Smoking by Health Region

New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Current Smoking by Urban & Rural Counties

New Mexico, 2020

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metropolitan</td>
<td>16.5%</td>
</tr>
<tr>
<td>Small Metro</td>
<td>13.3%</td>
</tr>
<tr>
<td>Mixed Urban/Rural</td>
<td>17.3%</td>
</tr>
<tr>
<td>Rural</td>
<td>18.6%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Oral Health Visit within Past Year

New Mexico and U.S., 2002-2020 (Even Years Only)

* Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year

By Annual Household Income, NM, 2020 (Even Years Only)

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year

By Educational Attainment, NM, 2020 (Even Years Only)

- Below High School: 46.5%
- High School or GED: 62.3%
- Some College or Tech: 64.9%
- College Graduate: 74.1%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year

By Age Group, New Mexico, 2020 (Even Years Only)

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year

By Race/Ethnicity, New Mexico, 2020 (Even Years Only)

- American Indian, Alaska Native: 60.7%
- Asian, Pacific Islander: 56.4%
- Black, African American: 73.2%
- Hispanic: 61.8%
- White: 66.8%

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of Adults with an Oral Health Visit within the Past Year

By Health Region, New Mexico, 2020 (Even Years Only)

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>57.6%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>69.0%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>66.4%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>55.6%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>62.0%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with an Oral Health Visit within the Past Year
by Urban & Rural Counties, New Mexico, 2020 (Even Years Only)

- Metropolitan: 67.3%
- Small Metro: 65.4%
- Mixed Urban/Rural: 60.2%
- Rural: 51.1%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30)

New Mexico and U.S., 1998-2020

BMI=Body Mass Index
Note: * = Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults Who Were Obese (BMI ≥ 30), by Household Income

New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30), by Educational Attainment

New Mexico, 2020

- Below High School: 34.9%
- High School or GED: 32.0%
- Some College or Tech: 34.1%
- College Graduate: 22.9%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30) by Age Group

New Mexico, 2020

- Age 18 - 64: 33.0%
- Age 65+: 24.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30), By Race/Ethnicity

New Mexico, 2020

- **American Indian, Alaska Native**: 45.0%
- **Asian, Pacific Islander**: **Insufficient Sample Size**
- **Black, African American**: 36.8%
- **Hispanic**: 34.7%
- **White**: 24.0%

**Insufficient Sample Size**

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30), by Health Region

New Mexico, 2020

Northwest Region: 36.6%
Northeast Region: 23.4%
Metro Region: 29.7%
Southeast Region: 38.1%
Southwest Region: 31.4%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults Who Were Obese (BMI ≥ 30), by Urban and Rural Counties

New Mexico, 2020

- Metropolitan: 30.3%
- Small Metropolitan: 30.2%
- Mixed Urban/Rural: 34.9%
- Rural: 27.4%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days

New Mexico and U.S., 2006-2020

**Definition of Binge Drinking:**
- Males: 5+ drinks on an occasion, at least once in the past 30 days.
- Females: 4+ drinks on an occasion, at least once in the past 30 days.

* Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days

By Gender and Household Income, New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days

By Gender and Educational Attainment, New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days

By Gender and Age Group, New Mexico, 2020

- Age 18 - 64
  - Males: 10.9%
  - Females: 6.2%
  - Total: 24.6%

- Age 65+
  - Males: 1.2%
  - Females: 6.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days

By Gender and Race/Ethnicity, New Mexico, 2020

- **Insufficient Sample Size for Individuals Identifying as Asian, Pacific Islanders and Black, African Americans**

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days

By Gender and Health Region, New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults with Binge Drinking at Least Once in Past 30 Days

By Gender and Urban/Rural Counties, New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Diagnosed Diabetes

New Mexico and U.S., 1999-2020

* Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Diagnosed Diabetes by Household Income

New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Diagnosed Diabetes by Educational Attainment

New Mexico, 2020

- Below High School: 17.8%
- High School or GED: 13.9%
- Some College or Tech: 12.5%
- College Graduate: 7.5%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Diagnosed Diabetes by Age

New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults with Diagnosed Diabetes by Race/Ethnicity

New Mexico, 2020

- American Indian, Alaska Native: 15.8%
- Asian, Pacific Islander: 2.3%
- Black, African American: 9.8%
- Hispanic: 14.9%
- White: 9.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of NM Adults With Diagnosed Diabetes by Health Region

New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of NM Adults with Diagnosed Diabetes by Urban and Rural Counties

New Mexico, 2020

- Metropolitan: 11.9%
- Small Metro: 11.7%
- Mixed Urban/Rural: 13.8%
- Rural: 16.2%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress

New Mexico and U.S., 2003-2020

* Addition of Cellular Telephones & New Weighting Process

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of Adults with Mental Distress by Household Income

New Mexico, 2020

<table>
<thead>
<tr>
<th>Income Level</th>
<th>Percentage</th>
</tr>
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<td>33.7%</td>
</tr>
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<td>19.9%</td>
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<tr>
<td>$25,000 - &lt; $50,000</td>
<td>20.2%</td>
</tr>
<tr>
<td>$50,000 - &lt; $75,000</td>
<td>18.8%</td>
</tr>
<tr>
<td>$75,000+</td>
<td>14.6%</td>
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</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System

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Percentage of Adults with Mental Distress by Educational Attainment

New Mexico, 2020

- Below High School: 21.7%
- High School or GED: 18.5%
- Some College or Tech: 20.4%
- College Graduate: 19.0%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress by Age Group

New Mexico, 2020

Source: NMDOH, Behavioral Risk Factor Surveillance System

- Age 18 - 64: 22.1%
- Age 65+: 12.0%

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Percentage of Adults with Mental Distress by Race/Ethnicity

New Mexico, 2020

American Indian, Alaska Native: 20.9%
Asian, Pacific Islander: 15.5%
Black, African American: 23.7%
Hispanic: 19.1%
White: 19.9%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress by Health Region

New Mexico, 2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Northwest Region</td>
<td>18.5%</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>18.1%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>20.9%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>16.2%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>21.2%</td>
</tr>
</tbody>
</table>

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress by Urban and Rural Counties

New Mexico, 2020

- Metropolitan: 20.2%
- Small Metro: 19.9%
- Mixed Urban/Rural: 17.5%
- Rural: 20.3%

Source: NMDOH, Behavioral Risk Factor Surveillance System
Percentage of Adults with Mental Distress by Number of Chronic Health Conditions

New Mexico, 2020

Chronic Health Conditions include: history of myocardial infarction (MI), history of stroke, heart disease, asthma, COPD, cancer, chronic kidney disease, arthritis, or diabetes.

Source: NMDOH, Behavioral Risk Factor Surveillance System
Alcohol and Drug Use, Grades 9 – 12

New Mexico and U.S., 2019

- **Binge drinking***: 12.1% (NM) vs. 13.7% (U.S.)
- **First alcohol use before age 13***: 20.5% (NM) vs. 15.0% (U.S.)
- **Current marijuana use***: 27.7% (NM) vs. 21.7% (U.S.)
- **Lifetime cocaine use***: 8.4% (NM) vs. 3.9% (U.S.)

* Statistically significant difference

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Current Drinking, Grades 9-12 by Health Region

New Mexico, 2019

Northwest Region: 20.6%
Northeast Region: 30.2%
Metro: 27.0%
Southeast Region: 29.2%
Southwest Region: 30.6%

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Current Drinking, Grades 9-12 by Urban and Rural Status

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)
Binge Drinking, Grades 9-12 by Health Region

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)
Binge Drinking, Grades 9-12 by Urban and Rural Status

New Mexico, 2019

- **Metropolitan**: 10.5%
- **Small Metro**: 12.0%
- **Mixed Urban/Rural**: 12.3%
- **Rural**: 13.4%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Current Cigarette Smoking, Grades 9-12

New Mexico and U.S., 2005 - 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Current Cigarette Smoking, Grades 9-12
by Health Region, New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Any Tobacco Use*, Grades 9-12 by Health Region

New Mexico, 2019

*Any tobacco use: past 30-day use of cigarettes, cigars, spit tobacco, or hookah.

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Any Tobacco Use, Grades 9-12

New Mexico, 2003 - 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Current Marijuana Use, Grades 9-12 by Health Region

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Current Marijuana Use, Grades 9-12 by Urban and Rural Status

New Mexico, 2019

- Metropolitan: 29.2%
- Small Metro: 27.9%
- Mixed Urban/Rural: 27.5%
- Rural: 26.6%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Current Cocaine Use Grades 9-12 by Health Region

New Mexico, 2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
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<td>Northwest Region</td>
<td>3.3%</td>
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<tr>
<td>Northeast Region</td>
<td>4.7%</td>
</tr>
<tr>
<td>Metro Region</td>
<td>4.3%</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>4.3%</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>3.8%</td>
</tr>
</tbody>
</table>

Source: NM Youth Risk and Resiliency Survey (YRRS)
Current Cocaine Use, Grades 9-12 by Urban and Rural Counties

New Mexico, 2019

- Metropolitan: 4.3%
- Small Metro: 3.9%
- Mixed Urban/Rural: 4.0%
- Rural: 4.4%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Suicide Attempts and Suicidal Ideation, Grades 9 – 12, by Gender

New Mexico and U.S., 2019

- Persistent feelings of sadness and hopelessness:
  - Girls: 30.1%
  - Boys: 51.6%

- Simply considered suicide:
  - Girls: 13.6%
  - Boys: 24.1%

- Made a suicide plan:
  - Girls: 12.9%
  - Boys: 20.1%

- Suicide attempt:
  - Girls: 12.1%
  - Boys: 7.6%

- Suicide attempt resulting in injury:
  - Girls: 3.6%
  - Boys: 2.7%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Suicide Attempts, Grades 9-12 by Health Region and Gender

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)
Suicide Attempts, Grades 9-12 by Urban and Rural Counties

New Mexico, 2019

- Metropolitan: Girls 12.0%, Boys 7.9%
- Small Metro: Girls 11.3%, Boys 6.8%
- Mixed Urban/Rural: Girls 12.7%, Boys 7.2%
- Rural: Girls 10.5%, Boys 8.2%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Forced Sexual Intercourse, Grades 9-12

New Mexico and U.S., 2005 - 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)
Forced Sexual Intercourse, Grades 9-12 by Health Region

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Forced Sexual Intercourse, Grades 9-12, by Urban and Rural Counties

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Selected Risk Behaviors, Grades 9-12 by Sexual Identity

New Mexico, 2019

- Physical fighting
  - LGB: 30.2%
  - Straight: 24.7%
- Bullied at school
  - LGB: 29.1%
  - Straight: 14.9%
- Skipped school due to safety issues
  - LGB: 20.7%
  - Straight: 11.7%
- Current cigarette smoking
  - LGB: 15.9%
  - Straight: 6.6%
- Binge drinking
  - LGB: 15.3%
  - Straight: 10.7%
- Current misuse of pain medications
  - LGB: 20.8%
  - Straight: 8.7%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Selected Risk Behaviors, Grades 9-12 by Sexual Identity

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

- Current heroin use: LGB 1.1%, Straight 7.5%
- Current misuse of pain medications: LGB 8.7%, Straight 20.8%
- Binge drinking: LGB 10.7%, Straight 15.3%
- Current smoking: LGB 6.6%, Straight 15.9%
- Skipped school because safety concerns: LGB 11.7%, Straight 20.7%
- Bullied on school property: LGB 14.9%, Straight 29.1%
- In a physical fight: LGB 14.9%, Straight 24.7%
- Forced sexual intercourse: LGB 6.6%, Straight 20.9%

Source: NM Youth Risk and Resiliency Survey (YRRS)
Selected Risk Behaviors, Grades 9-12 by Country of Birth

New Mexico, 2019

- Current misuse of pain medications: Born in US (10.4%), Foreign born (21.2%)
- Binge drinking: Born in US (11.1%), Foreign born (14.4%)
- Current cigarette smoking: Born in US (7.7%), Foreign born (14.6%)
- Skipped school because of safety concerns: Born in US (12.9%), Foreign born (20.5%)
- Forced sexual intercourse: Born in US (8.8%), Foreign born (12.3%)
- In a physical fight: Born in US (24.9%), Foreign born (32.2%)

Source: NM Youth Risk and Resiliency Survey (YRRS)
### Selected Risk Behaviors, Grades 9-12 by Family Relationships

**New Mexico, 2019**

<table>
<thead>
<tr>
<th>Behavior</th>
<th>Low level</th>
<th>Medium level</th>
<th>High level</th>
</tr>
</thead>
<tbody>
<tr>
<td>In a physical fight</td>
<td>17.2%</td>
<td>27.3%</td>
<td>41.2%</td>
</tr>
<tr>
<td>Bullied on school property</td>
<td>13.0%</td>
<td>18.0%</td>
<td>25.6%</td>
</tr>
<tr>
<td>Skipped school because of safety concerns</td>
<td>9.2%</td>
<td>13.6%</td>
<td>26.1%</td>
</tr>
<tr>
<td>Current cigarette smoking</td>
<td>3.9%</td>
<td>8.6%</td>
<td>21.6%</td>
</tr>
<tr>
<td>Binge drinking</td>
<td>7.0%</td>
<td>12.5%</td>
<td>21.5%</td>
</tr>
<tr>
<td>Used a pain killer to get high</td>
<td>5.4%</td>
<td>11.5%</td>
<td>28.0%</td>
</tr>
<tr>
<td>Sexually active</td>
<td>20.8%</td>
<td>26.5%</td>
<td>35.4%</td>
</tr>
</tbody>
</table>

**Level of caring and supportive relationships in the family**

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Academic Success, Grades 9-12 by Selected Risk Behaviors
New Mexico, 2019

- In a physical fight: Without risk behavior (43.1%), With risk behavior (27.4%)
- Bullied on school property: Without risk behavior (40.4%), With risk behavior (38.2%)
- Skipped school because of safety concerns: Without risk behavior (29.4%), With risk behavior (20.7%)
- Current cigarette smoking: Without risk behavior (40.9%), With risk behavior (41.5%)
- Binge drinking: Without risk behavior (28.6%), With risk behavior (28.5%)
- Used a pain killer to get high: Without risk behavior (40.3%), With risk behavior (28.5%)
- Sexually active: Without risk behavior (42.0%), With risk behavior (28.9%)

Source: NM Youth Risk and Resiliency Survey (YRRS)
Academic Success, Grades 9-12 by Parent Education

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Used Painkillers to Get High, Grades 9-12 by Parent Education

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)
Unstable Housing, Grades 9-12, by Health Region

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Unstable Housing, Grades 9-12 by Urban and Rural Counties

New Mexico, 2019

Source: NM Youth Risk and Resiliency Survey (YRRS)

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Selected Risk Behaviors, Grades 9-12 by Housing Stability

New Mexico, 2019

Percentage at risk of selected behavior

Unstable housing
Stable housing

- Current heroin use: 31.6% (Unstable) vs. 0.8% (Stable)
- Current misuse of pain medication: 39.9% (Unstable) vs. 9.3% (Stable)
- Binge drinking: 30.5% (Unstable) vs. 10.5% (Stable)
- Current smoking: 28.7% (Unstable) vs. 7.1% (Stable)
- Skipped school because safety concerns: 33.3% (Unstable) vs. 12.3% (Stable)
- Bullied on school property: 27.1% (Unstable) vs. 16.8% (Stable)
- In a physical fight: 50.5% (Unstable) vs. 24.1% (Stable)
- Forced sexual intercourse: 22.2% (Unstable) vs. 8.2% (Stable)

Source: NM Youth Risk and Resiliency Survey (YRRS)

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NMDOH
NEW MEXICO DEPARTMENT OF HEALTH
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Pregnancy Intention among women with a live birth

New Mexico, 2012-2020

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

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Daily Preconception multivitamin or folic acid supplement among women with a live birth

New Mexico, 2012-2020

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

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Diabetes among women with a live birth

New Mexico, 2012-2020

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

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Cigarette Smoking among women with a live birth

New Mexico, 2012-2020

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)
Teeth Cleaning before or during pregnancy by prenatal insurance type

New Mexico, 2016-2020

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

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Postpartum Depression among women with a live birth

New Mexico, 2012-2020

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

Investing for tomorrow, delivering today.
Breastfeeding Initiation and duration among women with a live birth

New Mexico, 2012-2020

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)

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Leave from work* taken after birth of a child

New Mexico, 2012-2020

* = Among people working during pregnancy and returning to same job after delivery

Paid Leave: 42.0%
Unpaid Leave: 67.5%
No Leave: 5.0%

Source: NM Pregnancy Risk Assessment Monitoring System (PRAMS)
Aggregate* Healthcare Provider (HP)
Influenza Vaccination Rates
New Mexico and US, 2013-2021

* 33 inpatient healthcare facilities in New Mexico; reporting is voluntary. Healthy People 2030 goal is 90%.

Source: NMDOH Healthcare-associated Infections Program

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Healthcare Associated Infections Trends
New Mexico Standardized Infection Ratios*

New Mexico, 2015-2020

The standardized infection ratio (SIR) is a summary measure used to track infections over time. The SIR compares the actual number of infections to the number of expected infections given the standard population (national baseline). A SIR of greater than 1.0 indicates more infections than predicted and a SIR of less than 1.0 indicates fewer infections than predicted.

Source: NMDOH Infectious Disease Epidemiology Bureau.

* The standardized infection ratio (SIR) is a summary measure used to track infections over time. The SIR compares the actual number of infections to the number of expected infections given the standard population (national baseline). A SIR of greater than 1.0 indicates more infections than predicted and a SIR of less than 1.0 indicates fewer infections than predicted.

Source: NMDOH Infectious Disease Epidemiology Bureau.

CLABSI: central line associated
MRSA: methicillin resistant staph aureus
CDI: clostridium difficile infection
CAUTI: catheter associated urinary infection

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Measles

New Mexico, 1985-2020

Number of cases

Includes confirmed and probable cases

1989
Two dose schedule approved

1991 & 1995
Documented outbreaks

2007
1 imported case at Intel International Science Fair

2011
4 sporadic cases (3 imported)

2012
2 siblings in Rio Arriba County with unknown exposure source

Source: NMDOH Infectious Disease Epidemiology Bureau.

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Invasive Bacterial Infection Rates

- **Group A Streptococcus**: 12.7 per 100,000 population in New Mexico, 6.3 in the U.S.
- **Group B Streptococcus**: 10.9 in New Mexico, 9.4 in the U.S.
- **Streptococcus pneumoniae**: 13.9 in New Mexico, 9.5 in the U.S.
- **Haemophilus influenzae**: 2.3 in New Mexico, 2 in the U.S.
- **Neisseria meningitidis**: 0.06 in New Mexico, 0.1 in the U.S.

Sources: New Mexico – NMDOH Infectious Disease Epidemiology Bureau, Active Bacterial Core Surveillance Program (ABCs); U.S. Estimate – Centers for Disease Control and Prevention, Active Bacterial Core Surveillance Report.

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Burden of Invasive Bacterial* Disease by Race/Ethnicity†

New Mexico, 2014–2020

Bacterial Pathogens: Group A Streptococcus (GAS) and group B Streptococcus (GBS), Streptococcus pneumoniae (SPN), Haemophilus influenzae (HFLU), Neisseria meningitidis (NMEN)

† 10% of cases missing race/ethnicity information

Source: New Mexico – NMDOH Infectious Disease Epidemiology Bureau, Active Bacterial Core Surveillance Program (ABCs)

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Invasive Streptococcus pneumoniae Rates


Sources: New Mexico – NMDOH Infectious Disease Epidemiology Bureau, Active Bacterial Core Surveillance Program (ABCs); U.S. Estimate – Centers for Disease Control and Prevention, Active Bacterial Core Surveillance Report, Emerging Infections Program Network
Invasive Streptococcus pneumoniae Rates by Urban-Rural Areas

New Mexico, 2014–2020

- Rural Counties: 13.5
- Mixed Urban/Rural Counties: 18.1
- Small Metro Counties: 12.1
- Metropolitan Counties: 12.9

Sources: New Mexico – NMDOH Infectious Disease Epidemiology Bureau, Active Bacterial Core Surveillance Program (ABCs)

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Hepatitis A Rates

New Mexico and United States, 1995-2019

Includes confirmed and probable cases

Sources: New Mexico – NMDOH Infectious Disease Epidemiology Bureau; United States – Centers for Disease Control & Prevention, Summary of Notifiable Diseases, United States

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Pertussis Rates per 100,000 Population

New Mexico and U.S., 2000-2020

Sources: New Mexico – NMDOH Infectious Disease Epidemiology Bureau; United States – Centers for Disease Control & Prevention, Summary of Notifiable Diseases, United States

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Pertussis Rates in Infants 0-6 Months of Age

New Mexico, 2006-2020

Sources: NM Electronic Disease Surveillance System (confirmed and probable pertussis cases) and New Mexico Indicator-Based Information System (NM-IBIS)
Influenza-related Hospitalization Rates by Age Group

New Mexico, 2013-2020

Source: Influenza Hospitalization Network (FluSurv-NET)
Influenza and Pneumonia Death Rates

New Mexico, 2005-2020 and U.S., 2005-2018

Rates have been age-adjusted to the standard U.S. 2000 population

Sources: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Influenza and Pneumonia Death Rates by Race/Ethnicity

New Mexico, 2020

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>28.8</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>8.7</td>
</tr>
<tr>
<td>Black, African American</td>
<td>17.1</td>
</tr>
<tr>
<td>Hispanic</td>
<td>14.0</td>
</tr>
<tr>
<td>White</td>
<td>10.6</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Influenza and Pneumonia Death Rates by Health Region

New Mexico, 2020

Deaths per 100,000 Population

- Northwest Region: 18.0
- Northeast Region: 11.4
- Metro Region: 11.7
- Southeast Region: 20
- Southwest Region: 12.4

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Influenza and Pneumonia Death Rates by Urban and Rural Counties

New Mexico, 2017-2020

- Rural Counties: 13.1 deaths per 100,000 population
- Mixed Urban/Rural Counties: 18.2 deaths per 100,000 population
- Small Metro Counties: 10.4 deaths per 100,000 population
- Metropolitan Counties: 11.7 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Influenza-like Illness (ILI) Visits

New Mexico\(^1\) and United States\(^2\), 2015-2020

1. Source: Sentinel Site Surveillance ILI Net.  2. Source: CDC FluView.
Influenza-like Illness (ILI) Visits

New Mexico¹ and United States², 2019-2020 Season

1. Source: Sentinel Site Surveillance ILI Net. 2. Source: CDC FluView.

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Human Plague Cases

New Mexico, 1949-2020

Number of Cases (N=289)

Source: NMDOH Infectious Disease Epidemiology Bureau
Rate of Acute Hepatitis B Infection

New Mexico and U.S., 2004 – 2019

*New Mexico rates are based on less than 20 cases per year and should be interpreted with caution as events based on small numbers can be unstable. Includes confirmed cases only.

Sources: NM cases, New Mexico Electronic Disease Surveillance System (NM-EDSS); NM population estimates, NMDOH Indicator-Based Information System (NM IBIS). U.S., Centers for Disease Control & Prevention, Division of Viral Hepatitis.

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Number of Newly Reported Chronic Hepatitis C Infections by Case Status and Year*

New Mexico, 2006-2019

*Year of first reported positive laboratory test result

Source: New Mexico Electronic Disease Surveillance System (NM-EDSS)

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Rate of Chronic Hepatitis C Infection by Age Group at diagnosis and Year*

New Mexico, 2006-2019

* = Year of first reported positive laboratory test result

Source: New Mexico Electronic Disease Surveillance System (NM-EDSS)

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Number of Hospital Discharges with Any Diagnosis of Hepatitis C Infection

By Infection Status and Year, New Mexico, 2014-2019

Hospitalizations were defined using ICD-9-CM and ICD-10-CM codes in any diagnosis field. Includes non-federal hospitalizations for NM residents only.

Source: New Mexico Hospital Inpatient Discharge Data (HIDD)

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New HIV Diagnosis Rate Among Adults and Adolescents, Ages 13 and Older

New Mexico, 2011-2019 and United States, 2011-2020

New HIV Diagnosis Rate Among Adults and Adolescents, Ages 13 and Older

By Health Region, New Mexico, 2016-2020

Sources: NM incident cases, New Mexico Enhanced HIV/AIDS Reporting System (eHARS); NM population estimates, NMDOH Indicator-Based Information System (NM IBIS).
New HIV Distribution Among Adults and Adolescents, Ages 13 and Older, by Gender

New Mexico, 2016-2020

- Female: 86.9%
- Male: 10.6%
- Transgender Women: 2.4%
- Transgender Men: 0.1%

Source: NM incident cases, New Mexico Enhanced HIV/AIDS Reporting System (eHARS)
New HIV Diagnosis Rate Among Adults and Adolescents, Ages 13 and Older

By Race/Ethnicity, New Mexico, 2016-2020

Source: NM incident cases, New Mexico Enhanced HIV/AIDS Reporting System (eHARS).

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Tuberculosis (TB) Rates
New Mexico and U.S., 2012 - 2019

Sources: U.S.: https://www.cdc.gov/mmwr/volumes/69/wr/mm6911a3.htm; New Mexico: New Mexico Electronic Disease Surveillance System

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Tuberculosis (TB) Cases by Age Group

New Mexico, 2019

Number of Cases (n=3)

0-14 years: 0
15-24 years: 3
25-44 years: 11
45-64 years: 10
≥ 65 years: 17

Source: New Mexico Electronic Disease Surveillance System
Tuberculosis (TB) Rates Among U.S. born vs. Non-U.S. born Persons

New Mexico, 2013 - 2019

Source: New Mexico Electronic Disease Surveillance System

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Chlamydia Rates
New Mexico and U.S., 1989 - 2020


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Chlamydia Rates by Sex

New Mexico, 2000 - 2020

Case Rate per 100,000 Population

<table>
<thead>
<tr>
<th>Year</th>
<th>NM Male CT Rate</th>
<th>NM Female CT Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>2000</td>
<td>110.9</td>
<td>450.5</td>
</tr>
<tr>
<td>2001</td>
<td>135.3</td>
<td>521.8</td>
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<tr>
<td>2002</td>
<td>158.1</td>
<td>623.7</td>
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<tr>
<td>2003</td>
<td>158.5</td>
<td>621.9</td>
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<td>2004</td>
<td>226.7</td>
<td>707.3</td>
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<td>2005</td>
<td>220.9</td>
<td>643.8</td>
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<tr>
<td>2006</td>
<td>243.7</td>
<td>749.1</td>
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<td>2007</td>
<td>245.7</td>
<td>699.5</td>
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<td>2008</td>
<td>228.5</td>
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<tr>
<td>2009</td>
<td>248.5</td>
<td>834.5</td>
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<td>2010</td>
<td>292.6</td>
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<td>2011</td>
<td>297.7</td>
<td>832.2</td>
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<td>2012</td>
<td>307.7</td>
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<td>2013</td>
<td>309.5</td>
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<td>2014</td>
<td>300.7</td>
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<tr>
<td>2015</td>
<td>327.4</td>
<td>876.8</td>
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<td>2016</td>
<td>364.1</td>
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<td>2017</td>
<td>406.2</td>
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<td>2018</td>
<td>415.7</td>
<td>933.6</td>
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<tr>
<td>2019</td>
<td>421.9</td>
<td>778.2</td>
</tr>
<tr>
<td>2020</td>
<td>350.3</td>
<td></td>
</tr>
</tbody>
</table>

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Chlamydia Rates by Age Group

New Mexico, 2019 - 2020

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Chlamydia Rates by Race/Ethnicity

New Mexico, 2019 - 2020

Cases per 100,000 Population

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian/Alaska Native</td>
<td>774.1</td>
<td>617.6</td>
</tr>
<tr>
<td>Asian or Pacific Islander</td>
<td>275.5</td>
<td>128.3</td>
</tr>
<tr>
<td>Black/African American</td>
<td>982.3</td>
<td>738.3</td>
</tr>
<tr>
<td>Hispanic</td>
<td>486.3</td>
<td>429.3</td>
</tr>
<tr>
<td>White, non-Hispanic</td>
<td>257.5</td>
<td>227.9</td>
</tr>
</tbody>
</table>

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Gonorrhea Rates

New Mexico and U.S., 1972 - 2020

Cases per 100,000 Population

Year


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Gonorrhea Rates by Sex

New Mexico, 2000-2020

<table>
<thead>
<tr>
<th>Year</th>
<th>NM Male GC Rate</th>
<th>NM Female GC Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>2000</td>
<td>63.4</td>
<td>61.9</td>
</tr>
<tr>
<td>2001</td>
<td>60.7</td>
<td>50.4</td>
</tr>
<tr>
<td>2002</td>
<td>77.3</td>
<td>78.0</td>
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<tr>
<td>2003</td>
<td>60.5</td>
<td>62.3</td>
</tr>
<tr>
<td>2004</td>
<td>58.7</td>
<td>77.0</td>
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<tr>
<td>2005</td>
<td>71.7</td>
<td>89.9</td>
</tr>
<tr>
<td>2006</td>
<td>75.1</td>
<td>100.8</td>
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<tr>
<td>2007</td>
<td>83.6</td>
<td>96.7</td>
</tr>
<tr>
<td>2008</td>
<td>62.2</td>
<td>76.9</td>
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<tr>
<td>2009</td>
<td>50.9</td>
<td>55.3</td>
</tr>
<tr>
<td>2010</td>
<td>60.7</td>
<td>58.4</td>
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<tr>
<td>2011</td>
<td>89.1</td>
<td>87.8</td>
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<tr>
<td>2012</td>
<td>99.1</td>
<td>81.0</td>
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<tr>
<td>2013</td>
<td>106.4</td>
<td>78.5</td>
</tr>
<tr>
<td>2014</td>
<td>122.6</td>
<td>89.9</td>
</tr>
<tr>
<td>2015</td>
<td>134.8</td>
<td>102.4</td>
</tr>
<tr>
<td>2016</td>
<td>189.3</td>
<td>145.1</td>
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<tr>
<td>2017</td>
<td>231.9</td>
<td>195.5</td>
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<tr>
<td>2018</td>
<td>282.2</td>
<td>221.1</td>
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<tr>
<td>2019</td>
<td>260.3</td>
<td>205.6</td>
</tr>
<tr>
<td>2020</td>
<td>241.5</td>
<td>190.6</td>
</tr>
</tbody>
</table>

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Gonorrhea Rates by Age Group

New Mexico, 2019 - 2020

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Gonorrhea Rates by Race/Ethnicity

New Mexico, 2019 - 2020

Note: Similar to national level data, gonorrhea rates show health disparities: Gonorrhea disproportionately affects African American, American Indian, and Hispanic populations in New Mexico.

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Primary and Secondary Syphilis Rates

New Mexico and U.S., 1970 - 2020

Primary & Secondary Syphilis Cases

By Sex, New Mexico, 2000-2020

<table>
<thead>
<tr>
<th>Year</th>
<th>NM Male Rate</th>
<th>NM Female Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>2000</td>
<td>1.2</td>
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<td>2001</td>
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<td>2002</td>
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<td>2003</td>
<td>5.1</td>
<td>2.4</td>
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<td>2004</td>
<td>4.8</td>
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<td>2006</td>
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<td>3.8</td>
<td>0.6</td>
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<tr>
<td>2009</td>
<td>5.5</td>
<td>0.6</td>
</tr>
<tr>
<td>2010</td>
<td>5.0</td>
<td>0.3</td>
</tr>
<tr>
<td>2011</td>
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<td>2012</td>
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<td>2014</td>
<td>10.9</td>
<td>1.3</td>
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<tr>
<td>2015</td>
<td>10.3</td>
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<td>2016</td>
<td>15.6</td>
<td>2.5</td>
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<td>2017</td>
<td>16.8</td>
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<td>2018</td>
<td>24.9</td>
<td>4.3</td>
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<tr>
<td>2019</td>
<td>36.2</td>
<td>13.1</td>
</tr>
<tr>
<td>2020</td>
<td>30.7</td>
<td>12.8</td>
</tr>
</tbody>
</table>

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Primary, Secondary, Early Syphilis Rates

By Age Group, New Mexico, 2019 - 2020

Cases per 100,000 Population

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Primary, Secondary, and Early Latent Syphilis Rates by Race/Ethnicity

New Mexico, 2019 - 2020

Source: PRISM – Patient Reporting Investigation Surveillance Manager

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Percentage of Students Overweight and Obese by Gender

New Mexico, 2019

Girls
- Overweight: 14.0%
- Obese: 16.9%

Boys
- Overweight: 13.1%
- Obese: 21.4%

Note: Due to pandemic-related closures, childhood obesity data was not collected in 2020.

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System
Percentage of Kindergarten Students Overweight and Obese by Race/Ethnicity

New Mexico, 2019

- American Indian: 16.5% Overweight, 21.5% Obese
- Hispanic: 13.5% Overweight, 16.9% Obese
- White: 13.0% Overweight, 8.7% Obese
- African American*: 13.7% Overweight, 11.8% Obese
- Asian*: 9.5% Overweight, 14.7% Obese

*Data collected through annual surveillance continue to be inadequate for the systematic study of disparities faced by African Americans and Asians. Due to small sample sizes, 2018 and 2019 data have been aggregated.

Note: Due to pandemic-related closures, childhood obesity data was not collected in 2020.

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System
Percentage of Third Grade Students Overweight and Obese by Race/Ethnicity

New Mexico, 2019

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Overweight</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian</td>
<td>16.9</td>
<td>29.3</td>
</tr>
<tr>
<td>Hispanic</td>
<td>13.8</td>
<td>24.5</td>
</tr>
<tr>
<td>White</td>
<td>10.6</td>
<td>15.8</td>
</tr>
<tr>
<td>African American*</td>
<td>15.8</td>
<td>15.8</td>
</tr>
<tr>
<td>Asian*</td>
<td>9.6</td>
<td>16.5</td>
</tr>
</tbody>
</table>

*Data collected through annual surveillance continue to be inadequate for the systematic study of disparities faced by African Americans and Asians. Due to small sample sizes, 2018 and 2019 data have been aggregated. Note: Due to pandemic-related closures, childhood obesity data was not collected in 2020.

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System
Percentage of Kindergarten Students Overweight and Obese by Race/Ethnicity

New Mexico, 2017-2018

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Overweight</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian*</td>
<td>7.0</td>
<td>11.6</td>
</tr>
<tr>
<td>African American*</td>
<td>11.6</td>
<td>9.7</td>
</tr>
<tr>
<td>White</td>
<td>12.5</td>
<td>7.0</td>
</tr>
<tr>
<td>Hispanic</td>
<td>14.1</td>
<td>14.0</td>
</tr>
<tr>
<td>American Indian</td>
<td>12.4</td>
<td>22.5</td>
</tr>
</tbody>
</table>

*Data collected through annual surveillance continue to be inadequate for the systematic study of disparities faced by African Americans and Asians. Due to small sample sizes, 2018 and 2019 data have been aggregated.

Note: Due to pandemic-related closures, childhood obesity data was not collected in 2020.

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System
Percentage of Third Grade Students Overweight and Obese by Race/Ethnicity

New Mexico, 2018

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Overweight</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian*</td>
<td>12.1</td>
<td>11.5</td>
</tr>
<tr>
<td>African American*</td>
<td>16.3</td>
<td>15.6</td>
</tr>
<tr>
<td>White</td>
<td>12.4</td>
<td>14.9</td>
</tr>
<tr>
<td>Hispanic</td>
<td>15.4</td>
<td>22.3</td>
</tr>
<tr>
<td>American Indian</td>
<td>14.1</td>
<td>28.2</td>
</tr>
</tbody>
</table>

*Data collected through annual surveillance continue to be inadequate for the systematic study of disparities faced by African Americans and Asians. Due to small sample sizes, 2018 and 2019 data have been aggregated.

Note: Due to pandemic-related closures, childhood obesity data was not collected in 2020.

Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System

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Source: NMDOH, New Mexico Statewide Childhood Obesity Surveillance System

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Child Asthma Hospitalization Rates, Ages 0-17 Years

New Mexico, 1999-2020 and U.S., 2000-2018

NOTES: Includes asthma as first-listed ICD-9 diagnosis (493-493.92) and ICD-10 codes J45 starting September 2015. This series does not include Indian Health Service data.


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Child Asthma Hospitalization Rates by Health Region, Ages 0-17 Years

New Mexico, 2016-2020

NOTES: Includes asthma as first-listed ICD-9 diagnosis (493-493.92) and ICD-10 codes J45 starting September 2015. This series does not include Indian Health Service data.

Source: New Mexico Department of Health (data via http://ibis.health.state.nm.us).

Investing for tomorrow, delivering today.
Child Asthma Hospitalization Rates by Urban and Rural Counties

New Mexico, 2015-2019

<table>
<thead>
<tr>
<th>Category</th>
<th>Hospitalizations per 10,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td>9.1</td>
</tr>
<tr>
<td>Mixed Urban/Rural</td>
<td>13.3</td>
</tr>
<tr>
<td>Small Metro Counties</td>
<td>9.3</td>
</tr>
<tr>
<td>Metropolitan Counties</td>
<td>14.8</td>
</tr>
</tbody>
</table>

NOTES: Includes asthma as first-listed ICD-9 diagnosis (493-493.92) and ICD-10 codes J45 starting September 2015. This series does not include Indian Health Service data.

Source: New Mexico Department of Health (data via http://ibis.health.state.nm.us).

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Elevated Blood Lead Levels* in Children under Age 6 Years

New Mexico, 2006-2019

NOTES: *Elevated blood lead levels: >=10 µg/dL (prior to 2016) & >= 5 µg/dL (lowered in 2016) by venous test or 2 capillary tests within 12 weeks. In October of 2021 CDC lowered its recommended threshold to >3.5 (data not shown in this chart)

Source: NMDOH, NMEB Public Health Tracking and Childhood Lead Poisoning Prevention Program

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Heat-Related Illness Hospitalizations and Emergency Department Visit Rates by Region

New Mexico, May 1-September 30, 2022

Rates per 100,000 population

Northwest Region: 1.5 (10.0), Hospitalization: 0.4 (10.6)
Northeast Region: 1.9 (10.4), Hospitalization: 0.4 (1.5)
Metro Region: 2.8 (29.5), Hospitalization: 0.4 (0.4)
Southeast Region: 2.8 (29.5), Hospitalization: 0.4 (1.9)
Southwest Region: 3.2 (26.4), Hospitalization: 0.4 (1.9)

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, New Mexico Emergency Department and Hospital Inpatient Discharge Data
Heat-Related Illness Emergency Department Visits by Month and Year

New Mexico 2009-2019

Source: NMDOH, NM Emergency Department Data

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Spina Bifida without Anencephaly


![Graph showing the rate per 10,000 live births for Spina Bifida without Anencephaly in New Mexico and the U.S. from 2000 to 2019.]

**NOTES:** Spina bifida is a neural tube defect, which can be prevented through a woman’s intake of folic acid during reproductive years.

Cleft Lip with or without Cleft Palate

New Mexico, 2011-2019

Rate (per 10,000 live-births)

<table>
<thead>
<tr>
<th>Region</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest</td>
<td>16.4</td>
</tr>
<tr>
<td>Northeast</td>
<td>10.8</td>
</tr>
<tr>
<td>Metro</td>
<td>13.4</td>
</tr>
<tr>
<td>Southeast</td>
<td>10.1</td>
</tr>
<tr>
<td>Southwest</td>
<td>11.8</td>
</tr>
<tr>
<td>New Mexico</td>
<td>12.6</td>
</tr>
</tbody>
</table>

Source: NMDOH, Environmental Health Epidemiology Bureau’s Birth Defects Prevention and Surveillance System
Neonatal Abstinence Syndrome

Rate per 1,000 live births

Source: US: Weighted national estimates from Healthcare Cost and Utilization Project (HCUP) Nationwide Inpatient Sample (NIS), 2000, Agency for Healthcare Research and Quality (AHRQ), based on data collected by individual states and provided to AHRQ by the states. Rio Arriba County & New Mexico: Hospital Inpatient Discharge Data (HIDD).
Occupational Injury Fatalities Per 100,000 Full-Time Equivalent Workers

New Mexico and U.S., 2001-2020

FTE Rates for the United States are not available prior to 2006.


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Hospitalization Discharge Rates by Region and Sex

New Mexico, 2020

Age-adjusted Rate, per 10,000 Population

- Male
- Female
- Total

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, NM Hospital Inpatient Discharge Data

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Hospitalization Rate of Discharge Deaths by Health Region

New Mexico, 2016-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, NM Hospital Inpatient Discharge Data

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Hospitalization Rate of Discharges by Primary Payer Category

New Mexico, 2016-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, NM Hospital Inpatient Discharge Data

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Ambulatory Care Sensitive Condition Hospitalization Rates by Region

New Mexico, 2016-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, NM Hospital Inpatient Discharge Data

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Top Five Ambulatory Care Sensitive Condition Hospitalization Rates

New Mexico, 2020

Age-adjusted Rate, per 10,000 Population

2016 2017 2018 2019 2020

- PQI 08 Heart Failure
- PQI 11 Community-Acquired Pneumonia
- PQI 01 Diabetes Short-Term Complications
- PQI 03 Diabetes Long-Term Complications
- PQI 05 Chronic Obstructive Pulmonary Disease (COPD) or Asthma in Older Adults

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, NM Hospital Inpatient Discharge Data

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Count of All Hospitalizations vs Covid Hospitalizations

CY 2020 and CY 2021

Source: NMDOH, NM Hospital Inpatient Discharge Data

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Diabetes Hospitalization Rates by Region

New Mexico, 2016-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, NM Hospital Inpatient Discharge Data – Diabetes as primary diagnosis

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Emergency Department Visit Rates by Age

New Mexico, 2016-2020

Source: NMDOH, NM Emergency Department Data

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Source: NMDOH, NM Emergency Department Data
Number of Emergency Department Visits by Age and Quarter

New Mexico, 2020

Source: NMDOH, NM Emergency Department Data

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Teen Birth Rates


Births per 1,000 female teens

Source: NMDOH, Bureau of Vital Records and Health Statistics; National Center for Health Statistics

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Teen Birth Rates by Health Region

New Mexico, 2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Ages 15-19</th>
<th>Ages 15-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>24.6</td>
<td>13.0</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>14.4</td>
<td>8.4</td>
</tr>
<tr>
<td>Metro Region</td>
<td>15.7</td>
<td>7.4</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>34.3</td>
<td>17.2</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>27.8</td>
<td>13.8</td>
</tr>
</tbody>
</table>
Teen Birth Rates by Urban & Rural Counties

New Mexico, 2018-2020

- Rural: 13.5 (15-19), 28.9 (15-17)
- Mixed Urban-Rural: 16.4 (15-19), 33.7 (15-17)
- Small Metropolitan: 12.6 (15-19), 22.6 (15-17)
- Metropolitan: 8.4 (15-19), 17.1 (15-17)

Births per 1,000 female teens

Source: NMDOH, Bureau of Vital Records and Health Statistics
Percentage of Births to Single Women

New Mexico, 2005-2020 and U.S., 2005-2020

Source: NMDOH, Bureau of Vital Records and Health Statistics; National Center for Health Statistics
Percentage of Births to Single Women

By Health Region, New Mexico, 2020

Northwest Region: 67.3%
Northeast Region: 54.1%
Metro Region: 38.3%
Southeast Region: 51.1%
Southwest Region: 53.4%

Source: NMDOH, Bureau of Vital Records and Health Statistics
Life Expectancy at Birth

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)

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Life Expectancy at Birth by Health Region

New Mexico, 2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Expected Number of Years of Life</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>72.1</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>79.2</td>
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<tr>
<td>Metro Region</td>
<td>77.5</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>75.5</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>77.6</td>
</tr>
</tbody>
</table>

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)

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Life Expectancy Trend by Sex

New Mexico, 2005-2020

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)
Life Expectancy Trend by Race/Ethnicity

New Mexico, 2005 - 2020

Source: NMDOH, New Mexico Indicator-Based Information System (NM IBIS)
Infant Mortality Rates


Source: Bureau of Vital Records and Health Statistics; NCHS

Infant Deaths per 1,000 live births
Infant Mortality Rates by Health Region

New Mexico, 2019

<table>
<thead>
<tr>
<th>Region</th>
<th>Infant Deaths per 1,000 live births</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>6.0</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>7.7</td>
</tr>
<tr>
<td>Metro Region</td>
<td>5.2</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>6.3</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>5.0</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Infant Mortality Rates by Urban & Rural Counties

New Mexico, 2017-2019

- Rural Counties: 7.5
- Mixed Urban/Rural Counties: 6.6
- Small Metro Counties: 4.4
- Metropolitan Counties: 5.7

Source: NMDOH, Bureau of Vital Records and Health Statistics
Infant Mortality Rates

New Mexico, 1930 – 2020 and U.S., 1930-2019

Source: NMDOH, Bureau of Vital Records and Health Statistics; NCHS

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Infant Mortality Rates


Source: NMDOH, Bureau of Vital Records and Health Statistics; NCHS
Infant Mortality Rates by Health Region

New Mexico, 2020

<table>
<thead>
<tr>
<th>Health Region</th>
<th>Infant Deaths per 1,000 live births</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>6.4</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>4.3</td>
</tr>
<tr>
<td>Metro Region</td>
<td>5.2</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>5.4</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>5.2</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics
Infant Mortality Rates by Urban and Rural Counties

New Mexico, 2018-2020

- **Rural Counties**: 7.6 infant deaths per 1,000 live births
- **Mixed Urban/Rural Counties**: 6.3 infant deaths per 1,000 live births
- **Small Metro Counties**: 4.6 infant deaths per 1,000 live births
- **Metropolitan Counties**: 5.4 infant deaths per 1,000 live births

*Source: NMDOH, Bureau of Vital Records and Health Statistics*
Infant Mortality Rates by Race/Ethnicity

New Mexico, 2020

- American Indian, Alaska Native: 5.8
- Asian, Pacific Islander: 9.9
- Black, African American: 13.8
- Hispanic: 5.7
- White: 3.1

Source: NMDOH, Bureau of Vital Records and Health Statistics
Total Death Rates
New Mexico, 2005-2020 and U.S., 2005-2018

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Total Death Rates by Health Region

New Mexico, 2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Total Death Rates by Urban and Rural Counties

New Mexico, 2018-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Total Death Rates by Race/Ethnicity and Sex

New Mexico, 2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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nmhealth.org
Total Death Rates by Race/Ethnicity, Ages 0-24 Years

New Mexico, 2020

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>103.0</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>91.8</td>
</tr>
<tr>
<td>Black, African American</td>
<td>122.1</td>
</tr>
<tr>
<td>Hispanic</td>
<td>74.0</td>
</tr>
<tr>
<td>White</td>
<td>60.5</td>
</tr>
</tbody>
</table>

Source: NMDOH, Bureau of Vital Records and Health Statistics
Total Death Rates by Race/Ethnicity, Ages 25-64 Years

New Mexico, 2020

- American Indian, Alaska Native: 1401.7
- Asian, Pacific Islander: 215.8
- Black, African American: 746.8
- Hispanic: 579.7
- White: 565.6

Deaths per 100,000 Population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Total Death Rates by Race/Ethnicity, Ages 65 and Older

New Mexico, 2020

Deaths per 100,000 Population

- American Indian, Alaska Native: 3,595.1
- Asian, Pacific Islander: 2,065.7
- Black, African American: 3,503.9
- Hispanic: 3,480.9
- White: 3,645.7

Source: NMDOH, Bureau of Vital Records and Health Statistics
## Top 10 Leading Causes of Death

New Mexico, 2020 and U.S., 2020

<table>
<thead>
<tr>
<th>New Mexico</th>
<th>Rank</th>
<th>United States</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart disease</td>
<td>1</td>
<td>Heart disease</td>
</tr>
<tr>
<td>Cancer</td>
<td>2</td>
<td>Cancer</td>
</tr>
<tr>
<td>COVID-19</td>
<td>3</td>
<td>COVID-19</td>
</tr>
<tr>
<td>Unintentional injuries</td>
<td>4</td>
<td>Unintentional injuries</td>
</tr>
<tr>
<td>Chronic lower respiratory diseases</td>
<td>5</td>
<td>Cerebrovascular disease (stroke)</td>
</tr>
<tr>
<td>Cerebrovascular disease (stroke)</td>
<td>6</td>
<td>Chronic lower respiratory diseases</td>
</tr>
<tr>
<td>Diabetes</td>
<td>7</td>
<td>Alzheimer's disease</td>
</tr>
<tr>
<td>Chronic liver diseases and cirrhosis</td>
<td>8</td>
<td>Diabetes</td>
</tr>
<tr>
<td>Alzheimer's disease</td>
<td>9</td>
<td>Influenza and pneumonia</td>
</tr>
<tr>
<td>Suicide</td>
<td>10</td>
<td>Kidney disease</td>
</tr>
</tbody>
</table>

Sources: New Mexico - Vital Records and Health Statistics. United States - National Center for Health Statistics (NCHS)

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Rates of 5 Leading Causes of Death

New Mexico, 2020 and U.S., 2020

- Heart Disease: New Mexico - 152.0; United States - 168.2
- Cancer: New Mexico - 129.1; United States - 144.1
- COVID-19: New Mexico - 105.8; United States - 85.0
- Unintentional Injuries: New Mexico - 86.0; United States - 57.6
- Stroke: New Mexico - 34.4; United States - 38.8

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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nmhealth.org
Rates of 5 Leading Causes of Death

Northwest Region, New Mexico, 2020

<table>
<thead>
<tr>
<th>Cause</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart Disease</td>
<td>115.8</td>
</tr>
<tr>
<td>Cancer</td>
<td>113.8</td>
</tr>
<tr>
<td>COVID-19</td>
<td>50.1</td>
</tr>
<tr>
<td>Unintentional Injury</td>
<td>94.9</td>
</tr>
<tr>
<td>Chronic Lower Respiratory Disease</td>
<td>34.1</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Rates of 5 Leading Causes of Death

Northeast Region, New Mexico, 2020

Deaths per 100,000 Population

<table>
<thead>
<tr>
<th>Cause</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart disease</td>
<td>115.8</td>
</tr>
<tr>
<td>Cancer</td>
<td>113.8</td>
</tr>
<tr>
<td>COVID-19</td>
<td>50.1</td>
</tr>
<tr>
<td>Unintentional Injury</td>
<td>94.9</td>
</tr>
<tr>
<td>Chronic Lower Respiratory Disease</td>
<td>34.1</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Rates of 5 Leading Causes of Death

Metro Region, New Mexico, 2020

Deaths per 100,000 Population

<table>
<thead>
<tr>
<th>Cause</th>
<th>Rate per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart Disease</td>
<td>155.1</td>
</tr>
<tr>
<td>Cancer</td>
<td>127.8</td>
</tr>
<tr>
<td>COVID-19</td>
<td>73.5</td>
</tr>
<tr>
<td>Unintentional Injury</td>
<td>90.3</td>
</tr>
<tr>
<td>Chronic Lower Respiratory Disease</td>
<td>41.7</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Rates of 5 Leading Causes of Death

Southeast Region, New Mexico, 2020

- Heart disease: 189.7
- Cancer: 132.6
- COVID-19: 131.8
- Unintentional Injury: 72.5
- Chronic Lower Respiratory Disease: 48.8

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Rates of 5 Leading Causes of Death
Southwest Region, New Mexico, 2020

Deaths per 100,000 Population

<table>
<thead>
<tr>
<th>Cause</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart disease</td>
<td>164.0</td>
</tr>
<tr>
<td>Cancer</td>
<td>147.7</td>
</tr>
<tr>
<td>COVID-19</td>
<td>111.5</td>
</tr>
<tr>
<td>Unintentional Injury</td>
<td>64.2</td>
</tr>
<tr>
<td>Chronic Lower Respiratory Disease</td>
<td>44.2</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Heart Disease Death Rates
New Mexico, 2005-2020 and U.S., 2005-2020

Deaths per 100,000 Population


New Mexico U.S.

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Heart Disease Death Rates by Race/Ethnicity

New Mexico, 2020

- **American Indian, Alaska Native**: 121.4
- **Asian, Pacific Islander**: 89.9
- **Black, African American**: 223.0
- **Hispanic**: 142.5
- **White**: 159.7

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Heart Disease Death Rates by Health Region

New Mexico, 2020

<table>
<thead>
<tr>
<th>Health Region</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>138.1</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>115.8</td>
</tr>
<tr>
<td>Metro Region</td>
<td>155.1</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>189.7</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>164.0</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Heart Disease Death Rates by Urban and Rural Counties

New Mexico, 2018-2020

- Rural Counties: 165.2 deaths per 100,000 population
- Mixed Urban/Rural Counties: 169.8 deaths per 100,000 population
- Small Metro Counties: 123.0 deaths per 100,000 population
- Metropolitan Counties: 156.9 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Cancer Death Rates

New Mexico, 2005-2020 and U.S., 2005-2020

Death per 100,000 population

New Mexico • U.S.


Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Cancer Death Rates by Race/Ethnicity

New Mexico, 2020

- American Indian, Alaska Native: 121.3
- Asian, Pacific Islander: 80.1
- Black, African American: 142.1
- Hispanic: 125.4
- White: 134.1

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Cancer Death Rates by Health Region

New Mexico, 2020

Deaths per 100,000 Population

Northwest Region: 128.4
Northeast Region: 113.8
Metro Region: 127.8
Southeast Region: 132.6
Southwest Region: 147.7

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Cancer Death Rates by Urban and Rural Counties

New Mexico, 2018-2020

Deaths per 100,000 Population

- Rural Counties: 133.0
- Mixed Urban/Rural Counties: 140.8
- Small Metro Counties: 123.6
- Metropolitan Counties: 131.4

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Chronic Lower Respiratory Disease Death Rates


Deaths per 100,000 Population


Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Chronic Lower Respiratory Disease Death Rates by Health Region

New Mexico, 2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Chronic Lower Respiratory Disease Death Rates by Urban and Rural Counties

New Mexico, 2018-2020

- **Rural Counties**: 50.8
- **Mixed Urban/Rural Counties**: 43.5
- **Small Metro Counties**: 36.1
- **Metropolitan Counties**: 41.6

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Cerebrovascular Disease Death Rates


Death per 100,000 population

New Mexico
U.S.

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Cerebrovascular Disease Death Rates by Health Region

New Mexico, 2020

Deaths per 100,000 Population

<table>
<thead>
<tr>
<th>Region</th>
<th>Death Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>36.9</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>21.8</td>
</tr>
<tr>
<td>Metro Region</td>
<td>40.1</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>30.6</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>35.6</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Cerebrovascular Disease Death Rates by Urban and Rural Counties

New Mexico, 2018-2020

- Rural Counties: 33.7 deaths per 100,000 population
- Mixed Urban/Rural Counties: 28.4 deaths per 100,000 population
- Small Metro Counties: 32.3 deaths per 100,000 population
- Metropolitan Counties: 36.9 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Diabetes Death Rates


Death per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Diabetes Death Rates by Health Region

New Mexico, 2020

Deaths per 100,000 Population

- Northwest Region: 51.1
- Northeast Region: 19.3
- Metro Region: 23.6
- Southeast Region: 40.0
- Southwest Region: 33.2

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Diabetes Death Rates by Urban and Rural Counties

New Mexico, 2018-2020

- Rural Counties: 26 deaths per 100,000 population
- Mixed Urban/Rural Counties: 36 deaths per 100,000 population
- Small Metro Counties: 27.9 deaths per 100,000 population
- Metropolitan Counties: 20.6 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Unintentional Injury Death Rates by Health Region

New Mexico, 2020

Deaths per 100,000 Population

- Northwest Region: 112.7
- Northeast Region: 94.9
- Metro Region: 90.3
- Southeast Region: 72.5
- Southwest Region: 64.2

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Unintentional Injury Death Rates by Urban and Rural Counties

New Mexico, 2018-2020

- Rural Counties: 81.5
- Mixed Urban/Rural Counties: 87
- Small Metro Counties: 67.6
- Metropolitan Counties: 76.9

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Fall-related Death Rates Among Older Adults by Age Group

New Mexico, 2005-2020

Source: NMDOH, Bureau of Vital Records and Health Statistics
Fall-related Death Rates Among Older Adults 65+, by Race/Ethnicity

New Mexico, 2016-2020

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian, Alaska Native</td>
<td>80.9</td>
</tr>
<tr>
<td>Asian, Pacific Islander</td>
<td>62.5*</td>
</tr>
<tr>
<td>Black, African American</td>
<td>29.7*</td>
</tr>
<tr>
<td>Hispanic</td>
<td>84.9</td>
</tr>
<tr>
<td>White</td>
<td>97.4</td>
</tr>
</tbody>
</table>

* indicates rates with less than 20 cases and are considered unreliable for comparisons

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Fall-related Death Rates Among Older Adults 65+ by Health Region

New Mexico, 2016-2020

Deaths per 100,000 Population

- Northwest Region: 77.8
- Northeast Region: 69.9
- Metro Region: 101.5
- Southeast Region: 90.7
- Southwest Region: 83.9

Source: NMDOH, Bureau of Vital Records and Health Statistics
Fall-related Death Rates Among Older Adults 65+ by Urban and Rural Counties

New Mexico, 2018-2020

- Rural Counties: 66.2 deaths per 100,000 population
- Mixed Urban/Rural Counties: 84.6 deaths per 100,000 population
- Small Metro Counties: 78.4 deaths per 100,000 population
- Metropolitan Counties: 101.5 deaths per 100,000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Violent Death Rates*
New Mexico, 2005-2020 and U.S., 2005-2020

Deaths per 100,000 Population


* Note: Violent Deaths are defined as deaths from homicides, suicides, and legal interventions. Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER
Violent Death Rates by Health Region

New Mexico, 2018-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Violent Death Rates by Selected Mechanisms/Means
New Mexico and U.S., 2018-2020

Rates have been age-adjusted to the standard U.S. 2000 population
Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Suicide Death Rates

New Mexico, 2005-2020 and U.S., 2005-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Suicide Death Rates by Age Group
New Mexico, 2020

Note: * indicates rates with less than 20 cases and are considered unreliable for comparisons

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Suicide Death Rates by Urban and Rural Counties

New Mexico, 2018-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Youth (Ages 15-19) Suicide Death Rates

New Mexico, 2005-2020 and U.S., 2005-2020

Source: NMDOH, Bureau of Vital Records and Health Statistics
Youth (Ages 15-19) Suicide Death Rates by Health Region

New Mexico, 2016-2020

Source: NMDOH, Bureau of Vital Records and Health Statistics
Firearm Injury Death Rates

New Mexico, 2005-2020 and U.S., 2005-2020

Deaths per 100,000 Population

New Mexico U.S.


Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Firearm Injury Death Rates by Race/Ethnicity

New Mexico, 2020

- American Indian, Alaska Native: 14.1
- Asian, Pacific Islander: 2.0* (Note: * indicates rates with less than 20 cases and are considered unreliable for comparisons)
- Black, African American: 53.3
- Hispanic: 21.2
- White: 27.0

Deaths per 100,000 Population

Source: NMDOH, Bureau of Vital Records and Health Statistics

Note: Rates have been age-adjusted to the standard U.S. 2000 population
Firearm Injury Death Rates by Health Region

New Mexico, 2020

Deaths per 100,000 Population

<table>
<thead>
<tr>
<th>Region</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest Region</td>
<td>20</td>
</tr>
<tr>
<td>Northeast Region</td>
<td>15.5</td>
</tr>
<tr>
<td>Metro Region</td>
<td>25.7</td>
</tr>
<tr>
<td>Southeast Region</td>
<td>25.4</td>
</tr>
<tr>
<td>Southwest Region</td>
<td>19.3</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Firearm Injury Death Rates by Urban and Rural Counties

New Mexico, 2020

<table>
<thead>
<tr>
<th>Category</th>
<th>Deaths per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td>24.5</td>
</tr>
<tr>
<td>Mixed Urban/Rural Counties</td>
<td>20.9</td>
</tr>
<tr>
<td>Small Metro Counties</td>
<td>18.4</td>
</tr>
<tr>
<td>Metropolitan Counties</td>
<td>25.7</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

Investing for tomorrow, delivering today.
Chronic Liver Disease Death Rates

New Mexico, 2005-2019 and U.S., 2005-2018

Deaths per 100,000 Population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER

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Chronic Liver Disease Death Rates by Race/Ethnicity
New Mexico, 2017 - 2019

- American Indian, Alaska Native: 90.7 deaths per 100,000 population
- Asian or Pacific Islander: 0.0 deaths per 100,000 population
- Black, African American: 6.2 deaths per 100,000 population
- Hispanic: 28.1 deaths per 100,000 population
- White: 13.7 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Chronic Liver Disease Death Rates by Health Region

New Mexico, 2019

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics

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Chronic Liver Disease Death Rates by Urban and Rural Counties

New Mexico, 2017-2019

- Rural Counties: 23.5 deaths per 100,000 population
- Mixed Urban/Rural Counties: 34.8 deaths per 100,000 population
- Small Metro Counties: 26.7 deaths per 100,000 population
- Metropolitan Counties: 20.8 deaths per 100,000 population

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics
Drug Overdose Death Rates
New Mexico and U.S., 1990-2020

Rates have been age-adjusted to the standard U.S. 2000 population.
ICD-10 codes include X40-X44, X60-X64, X85, and Y10-Y14.

Source: NMDOH, Bureau of Vital Records and Health Statistics; CDC WONDER
Drug Overdose Death Rates by Health Region

New Mexico, 2016-2020

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; UNM-GPS; IBEB SAES

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Drug Overdose Death Rates by Urban and Rural Counties

New Mexico, 2016-2020

<table>
<thead>
<tr>
<th>Category</th>
<th>Deaths per 100,000 population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metropolitan</td>
<td>32.1</td>
</tr>
<tr>
<td>Small Metropolitan</td>
<td>24.0</td>
</tr>
<tr>
<td>Mixed Urban-Rural</td>
<td>28.4</td>
</tr>
<tr>
<td>Rural</td>
<td>32.1</td>
</tr>
<tr>
<td>New Mexico</td>
<td>29.2</td>
</tr>
</tbody>
</table>

Rates have been age-adjusted to the standard U.S. 2000 population

Source: NMDOH, Bureau of Vital Records and Health Statistics; UNM-GPS; IBEB SAES

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Years of Potential Life Lost (YPLL) Before Age 75

New Mexico, 2019

- Unintentional Injury: 40,753
- Malignant Neoplasm: 24,406
- Heart Disease: 20,168
- Suicide: 15,584
- Chronic Liver Disease: 11,955
- Homicide: 9,201
- Diabetes Mellitus: 5,052
- Chronic Lower Respiratory: 3,916
- Cerebrovascular (Stroke): 3,088
- Influenza and Pneumonia: 2,756
- All Others: 48,066

Source: NMDOH, Bureau of Vital Records and Health Statistics; UNM-GPS; IBEB SAES
Years of Potential Life Lost (YPLL) Before Age 75

New Mexico, 2020

- Unintentional Injury: 48,080
- Malignant Neoplasm: 23,425
- Heart Disease: 19,451
- Suicide: 15,900
- Chronic Liver Disease: 15,792
- Homicide: 7,980
- Diabetes Mellitus: 6,542
- Chronic Lower Respiratory: 3,711
- Cerebrovascular (Stroke): 3,953
- Influenza and Pneumonia: 2,769
- All Others: 48,066

Source: NMDOH, Bureau of Vital Records and Health Statistics; UNM-GPS; IBEB SAES
Disability-Adjusted Life Years (DALYs)

NM vs. U.S. Age-standardized Total DALYs, 1999-2019

Source: University of Washington, Institute for Health Metrics and Evaluation, Global Burden of Disease 2019
DALYs: NM vs. U.S., Age 70+

Total DALYs, 1999-2019

Source: University of Washington, Institute for Health Metrics and Evaluation, Global Burden of Disease 2019

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DALYs: Top 10 Conditions Age-Standardized

New Mexico vs. U.S., 2018

- Drug use disorders
- Low back pain
- Ischemic heart disease
- Other musculoskeletal disorders
- Road injuries
- Diabetes mellitus
- Depressive disorders
- Chronic obstructive pulmonary disease
- Self-harm
- Cirrhosis and other chronic liver diseases

Source: University of Washington, Institute for Health Metrics and Evaluation, Global Burden of Disease 2019
DALYs: Top 10 Conditions Age-Standardized

New Mexico vs. U.S., 2019

- Drug use disorders
- Low back pain
- Ischemic heart disease
- Diabetes mellitus
- Other musculoskeletal disorders
- Road injuries
- Depressive disorders
- Chronic obstructive pulmonary disease
- Self-harm
- Cirrhosis and other chronic liver diseases

DALYs per 100,000 Population

United States  New Mexico

Source: University of Washington, Institute for Health Metrics and Evaluation, Global Burden of Disease 2019
DALYs: Top 10 Conditions Age 70+

New Mexico vs. U.S., 2018

- Ischemic heart disease
- Chronic obstructive pulmonary disease
- Stroke
- Alzheimer's disease and other dementias
- Diabetes mellitus
- Falls
- Tracheal, bronchus, and lung cancer
- Low back pain
- Chronic kidney disease
- Age-related and other hearing loss

DALYs per 100,000 Population

Source: University of Washington, Institute for Health Metrics and Evaluation, Global Burden of Disease 2019
DALYs: Top 10 Conditions Age 70+

New Mexico vs. U.S., 2019

- Ischemic heart disease
- Chronic obstructive pulmonary disease
- Stroke
- Diabetes mellitus
- Alzheimer's disease and other dementias
- Falls
- Tracheal, bronchus, and lung cancer
- Low back pain
- Chronic kidney disease
- Age-related and other hearing loss

DALYs per 100,000 Population

Source: University of Washington, Institute for Health Metrics and Evaluation, Global Burden of Disease 2019
Highlights

General Conclusions

• Health status is inversely associated with poverty at the community level.

• Indicators with greater than twice the risk for persons living in high poverty areas include: teen birth, deaths due to chronic liver disease, diabetes, influenza and pneumonia.

• Chronic disease mortality rates continue to decrease in New Mexico.

• Injury and substance abuse death rates are stable or increasing.

• The infant mortality rate reduction in NM is a success story but disparities remain.

• Geographic, socioeconomic and racial/ethnic disparities persist in NM, particularly in rural areas.
Data Sources

- **ABCs**: CDC Active Bacterial Core Surveillance Program
- **BRFSS**: NM Behavioral Risk Factor Surveillance System
- CDC FluView
- CDC Summary of Notifiable Diseases
- CDC Wonder
- **ED**: NMDOH Emergency Department Data
- **eHARS**: New Mexico Enhanced HIV/AIDS Reporting System
- FluServ-NET
- **HCUP**: Healthcare Cost and Utilization Project, Agency for Healthcare Research and Quality (AHRQ)
- **HIDD**: NMDOH Hospital Inpatient Discharge Data
- IHME Global Burden of Disease
- **ILI Net**
- NM Childhood Obesity Surveillance System
- **NM-EDSS**: NM Electronic Disease Surveillance System
- **NM-IBIS**: NM Indicator-Based Information System
- NMDOH Healthcare-associated Infections Program
- **PRAMS**: NM Pregnancy Risk Assessment Monitoring System
- **PRISM**: Patient Reporting Investigation Surveillance Manager
- Sentinel Site Surveillance Influenza Like Illness (ILI) Net
- **US Census of Fatal Injury**
- **VRHS**: NMDOH Vital Records Health Statistics
- **YRRS**: NM Youth Risk and Resiliency Survey
NM Health Status Resources

NM IBIS (Indicator Based Information System)
https://ibis.doh.nm.gov/

NM Environmental Public Health Tracking System
https://nmtracking.doh.nm.gov/

NM DOH health data presentations
https://nmhealth.org/about/erd/hdps/

NM DOH health data resources and publications
https://nmhealth.org/data/

NM DOH health data subscriber information
HealthData.NM@state.nm.us