Developmental Disabilities Supports Division
KNOW YOUR RIGHTS Campaign

THE IMPACT OF THE NEW HOME AND COMMUNITY BASED SERVICES (HCBS) SETTINGS REQUIREMENTS ON YOUR COMMUNITY

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NEW MEXICO DEPARTMENT OF HEALTH
Rooted in Rights
What is the Know Your Rights Campaign?

• Statewide initiative with DDSD and HSD
• Engage stakeholders
• Advocacy with and for people with IDD
• Rights and Dignity of people with IDD
• Informed choices
• Respect
• Participate in community
• Valued and equal citizens
What is the Know Your Rights Campaign?

• Opportunity to reaffirm values
• Opportunity to educate the public
• Opportunity to get involved
Why is the Know Your Rights Campaign Important?

- Social responsibility
- Community
- Rights
- Equality
- Humanity

Injustice anywhere is a threat to justice everywhere.
Martin Luther King, Jr.
Why is the Know Your Rights Campaign Important?

People have the right to:
• be treated as equals
• choose where they live
• work
• get married
• vote
• be part of their community
Why is the Know Your Rights Campaign Important?

The best way to learn how to be in the community is to be in the community with people without disabilities.
Why is NM promoting the Know Your Rights Campaign?

• Reaffirm commitment to best practice for people
• Invitation for advocates and stakeholders to take action (We Need You!)
• It’s the right thing to do!
• Supports inclusion and integration of people with disabilities in the community
• Builds on decades of disability policy
• Important step in forward in federal policy such as the CMS HCBS Final Rule
How is the Know Your Rights Campaign linked to the CMS Final Rule: HCBS Settings Requirements?

The Know Your Rights Campaign AND the CMS Final Rule: HCBS Settings Requirements provide opportunities for individuals to:

• engage in community life
• have access to the community
• control their personal resources
• seek employment and work in competitive settings
• make informed choices about their lives
What is the CMS Final Rule?

Provides impetus to move states HCBS systems closer to:

• the reality of person centered practices
• full inclusion
• integration into the community

This rule is about human and civil rights for people.
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Settings that may ISOLATE-Not allowed

- Setting is designed specifically for people with disabilities, or certain people with a certain type of disability
- People in settings are people with disabilities or staff that provides services to them
- Little or no interaction with the broader community
Know Your Rights

Person-Centered Planning

1. Person is at the center of the process and consulted throughout the process
2. Person chooses who to involve in the process
3. Person chooses the settings and timing of meetings
4. Looks at the quality of life a person can have with whatever support they need
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Person-Centered Planning
1. Emphasizes personhood, citizenship & developmental potential
2. Begins with assumption a person wants to have friends, prefers freedom to captivity, wants a decent place to live, wants a chance to contribute, and wants to be included in a community rather then be excluded from it.
3. Helps create and maintain meaningful connections with people who are not paid to help them
4. It means people with IDD don’t need to change
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Person-Centered Plans

• Result in actions about life and what is possible, not about services and what’s available
• Reflects what is important to the person, their capabilities, and what support is required
• Results in ongoing listening, learning and further action
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Together we provide information so people have knowledge about their rights.
Know Your Rights

Information + Knowledge = POWER

People have the right to INFORMED CHOICE:

• Make decisions based on their own set of values
• Ensure people have information to make their own decisions
• Emphasize doing things for themselves
• Make decisions about the actions that affect them
Voices from our community

- Kelly Wright - Community Inclusion Coordinator, DDSD
- Lisa Rossignol - Healthcare Liaison, Parents Reaching Out
- Matt Heady - Self-Advocate
- Jason Gordon - Litigation Manager, Disability Rights NM

What do you imagine life to look like for YOU if people with IDD had full community access?
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NO MORE

Only being offered disability-specific supports and services

House rules

Being grouped on agency-controlled outings

Living with people you don’t want to

Sheltered workshops

Being denied employment due to disabilities

Being denied relationships or adult activities

Being treated like a child

Being denied access to healthcare

Being labeled as a disability instead of a person
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WE WANT MORE:

Awareness
People having a voice and being heard
People being seen as people and not a disability
People talking, working, and playing alongside each other
Healthier people
Having more happiness and fulfillment in life
People being more self-sufficient and less dependent on systems and paid staff
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WE WANT MORE:

Increased values and social roles
Equal opportunity
Making your own decisions
Housing stability and independent living
Individual choice
Treated like everyone else-no more bullying, isolation and fear of people with IDD

Diverse communities create more opportunity for people to help each other directly and are better places for everyone to live.
How do you see me?
More alike than different
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Make Change Happen!!

• Get involved
• Educate yourself and your family
• Educate your community
• Share your experiences and feedback
• Help ensure NM efforts lead to positive systems change
• Be an advocate for choice and full inclusion
Know Your Rights

Resources


3. The Home and Community-Based Settings Rule: What Does it Mean for You?, http://hcbsadvocacy.org/national-resources/


Know Your Rights

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