

<b>Department of Health (DOH) Developmental Disabilities Supports Division (DDSD) Policy</b>	<b>Policy Number: T-002</b>
	<b>Supersedes:</b> Policy Governing the Training Requirements for Case Management Staff Serving Individuals With Developmental Disabilities, July 1, 1998
<b>Policy Title:</b> Training Requirements for Case Management Agency Staff Policy	
<b>Effective Date:</b> March 1, 2007	
<b>Approved: Signature on File</b>	<b>Date:</b> 2/23/07

## I. PURPOSE

- A. The purpose of this policy is to establish minimum training requirements for case management agency staff that support:
  1. Individuals receiving services through the Developmental Disabilities Waiver.
  2. Adults receiving residential or day services through the State General Fund.
  
- B. This policy affirms the following values:
  1. Training promotes health, safety, person-centered practices, and meaningful outcomes for individuals receiving services.
  2. Case management personnel are interested in and should have access to training that promotes competence and career development.
  3. Best practices in adult learning and developmental disabilities continue to change; therefore, training methodology and specific skill competencies should be reviewed and revised on a regular basis.

## II. POLICY STATEMENTS:

- A. Individuals shall receive services from competent and qualified case managers.
- B. Case management staff shall complete individual-specific (formerly known as “Addendum B”) training requirements in accordance with the specifications described in the individual service plan (ISP) of each individual served.
- C. Case management staff shall complete training on DOH-approved incident reporting procedures in accordance with 7 NMAC 1.13.
- D. In addition to the applicable requirements described in policy statements B – C (above), case managers and case management supervisors shall complete DDSD-approved core curriculum training. Attachment A to this policy identifies the specific competency requirements for the following levels of core curriculum training:
  1. Introductory Level – must be completed within thirty (30) days of assignment to his/her position with the agency.
  2. Orientation – must be completed within ninety (90) days of assignment to his/her position with the agency.
  3. Level I – must be completed within one (1) year of assignment to his/her position with the agency.
  4. Level II – must be completed within two (2) years of assignment to his/her position with the agency.
  5. Level III – must be completed within three (3) years of assignment to his/her position with the agency.
- E. Substitutes shall comply with the training requirements of the staff for whom they are substituting.

- F. To complete a core curriculum-training course, trainees shall achieve 100% competency rating during the competency verification process.
- G. The DDSO or its designee shall approve core curriculum training modules.
- H. Only certified trainers and mentors shall facilitate core curriculum training courses.
- I. Certified trainers and mentors shall agree to and adhere to the DDSO Training Code of Ethics (Attachment B).

### III. APPLICABILITY:

This policy applies to the following:

- A. Case managers and case management supervisors of DD Waiver services,
- B. Trainers and mentors of courses addressing DDSO training requirements, and
- C. Substitutes.

**Note:** Service coordinators, otherwise referred to as internal case managers, are required to complete the DDSO requirements specified in the policy entitled "Training Requirements for Direct Service Agency Staff."

**Note:** Developmental Disabilities Waiver and the State General Funded Service descriptions and standards can be accessed on the DDSO website at [www.health.state.nm.us/ddso/](http://www.health.state.nm.us/ddso/).

### IV. DEFINITIONS:

- A. *Certified Mentor*: means a person who has completed the DDSO mentorship certification process, which includes, but may not be limited to, the following: attending DDSO's mentorship course, demonstrating mastery of the course content, and demonstrating ability to mentor a potential trainer effectively.
- B. *Certified Trainer*: means a person who has completed the DDSO trainer certification process, which includes, but may not be limited to, the following: attending DDSO's trainer certification course, attending a train-the-trainer session, and demonstrating ability to facilitate the course effectively.
- C. *Core Curriculum Training*: means a training that was developed to address one or more set(s) of DDSO competency statements published in the attachment to this policy.
- D. *Individual Service Plan (ISP)*: means a plan developed for an individual with a developmental disability, as set forth in 7 NMAC 26.5.
- E. *Staff*: means employees, contractors, or subcontractors of case management agencies that provide and/or supervise case management services.
- F. *Substitute*: means a staff member who, on an interim/temporary basis, performs the duties of a case manager and/or case management supervisor.
- G. *Training*: means a systematic and organized presentation of information that promotes on-the-job application of targeted competencies (i.e., applicable awareness, knowledge, and skills). Training, by definition, is not limited to a classroom environment. It can also consist of self-study training manuals, computer-based training programs, etc. To be effective, training needs to be applied to the job with the support of the agency.

### V. REFERENCE:

Developmental Disability Act [28 –16A-13. (C) (2)].

## **Attachment A**

Attachment A is the core curriculum training requirements for Case Managers and Case Management Supervisors. Specific competency requirements are identified for three levels of training: the introductory level, the orientation level and level one.

**ATTACHMENT A:  
CORE CURRICULUM TRAINING REQUIREMENTS FOR  
CASE MANAGERS AND CASE MANAGEMENT SUPERVISORS**

**Policy Reference: Training Requirements for Case Management Agency Staff Policy**

**Core Curriculum Training for Case Managers and Case Management Supervisors is Designed to Promote the Following Outcomes:**

**ADVOCACY AND RIGHTS**

Individuals served shall be supported to exercise their rights; be respected; be afforded due process; have time, space and opportunity for privacy; have and keep personal possessions; decide when to share personal information; and be free from abuse and neglect.

**HEALTH**

Individuals served shall be supported to receive adequate/comprehensive health care services, receive safe assistance with medication, learn to self-administer medications, and make informed health care decisions.

**BEHAVIORAL SUPPORTS**

Individuals with challenging behaviors shall be supported to engage in meaningful life opportunities, environments and relationships.

**INDIVIDUAL SERVICE PLANNING**

Individuals shall be supported to have an individual service plan (ISP) that reflects and supports their chosen personal vision and cultural preferences, as well as assures choice in:

- where and with whom they live,
- where they work,
- how to use their free time,
- services received,
- daily routine,
- desired relationships, and
- things they want to learn,

while, at the same time, complies with ISP regulations and Utilization Review guidelines.

**NATURAL SUPPORTS AND RELATIONSHIPS**

Individuals shall be supported to participate in the life of their community and culture in a manner that promotes maximum independence/interdependence, interaction with other members of the community, and opportunities to perform meaningful social roles.

**COMMUNICATION**

Individuals shall be supported to receive and express information necessary to:

- express wants, needs and concerns,
- develop and maintain meaningful relationships,
- enhance educational/vocational opportunities,
- perform self-advocacy,
- access inclusive community resources, and
- understand others.

## **QUALITY ASSURANCE**

Individuals shall be supported to be safe and to determine the extent to which they:

- are satisfied with services,
- are satisfied with their personal life situations,
- experience continuity and security, and
- achieve progress toward their personal vision.

## **FUNDING AND ELIGIBILITY**

Individuals shall be supported to have economic resources and necessary supports and services.

## **TEAM FACILITATION/PARTICIPATION**

Individuals shall be supported by interdisciplinary teams (IDTs) that are effective in all phases of the ISP process (assessment, planning, implementation and improvement) through meaningful participation in the process.

## **SPECIFIC INTRODUCTORY, ORIENTATION, AND LEVEL ONE-COMPETENCY REQUIREMENTS TO SUPPORT MEANINGFUL OUTCOMES:**

*NOTE: Except where noted, trainers and agencies shall be allowed to develop training courses to address competency requirements. Training modules shall meet the expectations of the Department of Health and shall be formally approved by the Developmental Disabilities Supports Division Training Unit or its designee.*

## **INTRODUCTORY LEVEL**

### ***PRE-SERVICE MANUAL***

Case managers and case management supervisors shall complete a self-study introductory course that addresses the following competency statements:

- PSM01 Explain why using “people first” language is important.
- PSM02 Demonstrate use of person-centered language when speaking to or about an individual, and also in written reports and assessments.
- PSM03 Give one example for each of the following to explain how a disability can affect an individual’s quality of life: financial equality, access to relationships, community involvement, and work/educational opportunities.
- PSM04 Explain the code of ethics for case manager conduct.
- PSM05 Describe legal/regulatory responsibilities related to confidentiality.
- PSM06 Identify three possible violations of confidentiality.
- PSM07 Identify the rights about which case managers must inform individuals and their families/guardians.
- PSM08 Explain the rights (human, civil, and legal) that people with disabilities have to a person and/or family member/guardian.
- PSM09 Explain informed consent in your own words.
- PSM10 Explain the Dispute Resolution Process outlined by the Department of Health, Developmental Disabilities Supports Division.
- PSM11 Describe your agency’s grievance procedure for individuals served.
- PSM12 Identify factors which indicate when guardianship may be needed.

- PSM13 Identify types of guardianship.
- PSM14 Define neglect.
- PSM15 Define exploitation.
- PSM16 Define abuse.
- PSM17 Explain what you should do if you suspect abuse, neglect and/or misappropriation (i.e., exploitation).
- PSM18 Explain how to obtain a medical history and why it is important.
- PSM19 Identify where to obtain information regarding various chronic health conditions.
- PSM20 Identify two sources of information about specific developmental disabilities.
- PSM21 Correctly completes a Health Assessment Tool (HAT) and identifies circumstances in which it is the Case Manager's role to do so.
- PSM22 Identify where to obtain information on a person's medications, their purpose, and side effects.
- PSM23 List two things to look for when reviewing the medication administration record (MAR) each month for each individual served.
- PSM24 Define the terms: advance directive, power of attorney for healthcare, and surrogate healthcare decision maker.
- PSM25 Explain who has authority to make healthcare decisions.
- PSM26 Identify two resources that can assist individuals and their families/guardians in making difficult healthcare decisions.
- PSM27 List three examples of what a person may communicate through his/her behavior.
- PSM28 Give one example for each area of a factor that may negatively affect an individual's behavior: physical health, mental health, environmental, and sensory.
- PSM29 Describe the purpose of the person-centered individual service planning process.
- PSM30 Explain the importance of networking with a variety of local resources.
- PSM31 Describe the concept of inclusion and why it is important.
- PSM32 Given an individual assessment, identify two appropriate natural supports and describe how you would go about linking the individual.
- PSM33 Identify two common community access barriers and solutions to address each.
- PSM34 Identify two resources for educating individuals served regarding appropriate and safe expression of their sexuality.
- PSM35 Describe a strategy for identifying important relationships in the individual's life.
- PSM36 Describe two strategies for assisting individuals to build new relationships.
- PSM37 Describe the concept of participatory approach to enhancing communication, as defined in the assistive technology policy of the Division, and why it is important.
- PSM38 Explain the purpose and expected results of augmentative communication devices.
- PSM39 Identify the components of ongoing contact notes.
- PSM40 List all components of a complete client record.
- PSM41 State the components of complete quarterly reports related to the individual service plan.
- PSM42 List key medical information that must be kept in the case manager's record for each individual.
- PSM43 State key elements to look for when monitoring service delivery.
- PSM44 Identify one situation when it is appropriate to contact each of the following with a quality concern: Developmental Disabilities Supports Division Regional Offices, Developmental Disabilities Supports Division Central Office, Division of Health Improvement, PASARR, Utilization Review, Developmental Disabilities Planning Council, Protective Services (CPS/APS).
- PSM45 Identify the key components of a developmental disability.

- PSM46 Explain the financial and clinical eligibility process for the Developmental Disabilities Waiver.
- PSM47 Explain the required components of a level of care (LOC) packet and why each is important.
- PSM48 Identify where to look for current information about DD Waiver Service Standards and rates.
- PSM49 Explain what needs to occur regarding the LOC packet before an individual is discharged from the hospital.
- PSM50 Complete one LOC packet, including relevant assessments.
- PSM51 Explain how the LOC packet is processed.
- PSM52 Identify where to get information about benefits available to individuals on the DD Waiver through their Medicaid card.
- PSM53 Explain the parameters for Annual Resource Allotments (ARA) for: adults age 22 and older and young adults (age 18-21) receiving residential services through the DD Waiver; for adults age 22 and older and young adults (18-21) who are not receiving residential services; and for children/youths age birth to 18.
- PSM54 Indicate case managers' authority in approving individual service plans under the ARA system; circumstances that require prior authorization from Medicaid Utilization Review or Developmental Disabilities Supports Division at DOH; and relevant timelines, and required forms.
- PSM55 Correctly complete a MAD 046 for a sample plan.
- PSM56 Identify where to find the legal policies and procedures of the Department of Health Developmental Disabilities Supports Division.
- PSM57 Prepare for team meeting in order to assure efficient use of meeting time
- PSM58 Develop an ISP meeting agenda with time frames.
- PSM59 List meeting preparation activities necessary to assure the effective participation of all team members, including medical practitioners.
- PSM60 If providing service coordination for individuals who receive services through state general funds, facilitate a person-centered individual service plan meeting with supervision.

*NOTE: Trainers and agencies shall not be allowed to develop their own training modules to address the competency statements listed above. Therefore, agencies/trainers are required to use the Department of Health's approved Pre-Service Manual for Case Managers and Service Coordinators*

### **ORIENTATION LEVEL**

#### ***PERSON-CENTERED PLANNING IN NEW MEXICO (TWO-DAY)***

Case managers and case management supervisors shall complete an orientation course that addresses the following competency statements:

- PC01 Distinguish between program-centered and person-centered services.
- PC02 List three benefits of person-centered planning.
- PC03 Describe the importance of using person-centered language.
- PC04 Identify four person-centered outcomes.
- PC05 Explain why it is important to understand and honor the cultural background of the person and his/her family.
- PC06 Describe how the following can influence the supports and services provided to a person: age, gender, values, spirituality, geographic area, food, and language.

- PC07 Describe three benefits of having natural supports
- PC08 Describe three benefits of having community supports
- PC09 Describe typical roles and responsibilities of specialized support providers.
- PC10 Identify the core members of an interdisciplinary team (IDT).
- PC11 List two benefits of using teamwork principles.
- PC12 Describe the four parts of the planning process (i.e., assess, plan, implement, and review/revise).
- PC13 Describe two benefits of assessment.
- PC14 List three things that should occur before an ISP meeting.
- PC15 Identify three ways to prepare a person to communicate effectively and make choices during a meeting.
- PC16 Identify each section of an ISP.
- PC17 Describe two strategies for successful completion of the narrative section of the ISP.
- PC18 Describe three characteristics of meaningful long-term vision statements.
- PC19 Identify three strategies for creating meaningful desired outcome statements.
- PC20 Describe the purpose of establishing action plans for desired outcome statements.
- PC21 Identify three considerations when developing individual-specific training requirements.
- PC22 List two examples of support plans.
- PC23 Describe what should be included in teaching and support strategies.
- PC24 Explain team roles in regards to the coordination of assessments.
- PC25 Describe three basic facilitation techniques to promote participation.
- PC26 Explain what type of information should be included in the following sections of the ISP: life experiences; school, work, and/or volunteer history; relationships; health and safety; and strengths, gifts, preferences, and hobbies.
- PC27 Describe five techniques for gathering information to include in the narrative section of the ISP.
- PC28 List two pitfalls to avoid when supporting an individual to develop his/her long-term vision statement.
- PC29 Demonstrate your ability to complete the “progress towards reaching the vision” section of the ISP.
- PC30 Explain how to develop desired outcome statements.
- PC31 Describe how to create a meaningful action plan.
- PC32 Describe how to complete the individual-specific training requirement pages in the ISP form.
- PC33 Explain the importance of developing detailed teaching and support strategies.
- PC34 Describe how to collaborate with other team members to develop integrated teaching and support strategies.
- PC35 Explain what needs to be included in quarterly reports.
- PC36 Identify five situations that require a team meeting.
- PC37 Explain how to revise each section of the ISP.
- PC38 List four resources to contact when the team needs to access technical assistance.
- PC39 Describe the dispute resolution process.

*NOTE: Trainers and agencies shall not be allowed to develop their own training modules to address the competency statements listed above. Therefore, agencies/trainers are required to use the Department of Health’s Person-Centered Planning in New Mexico (Two-Day) training module.*

## ***PROMOTING EFFECTIVE TEAMWORK***

Case managers and case management supervisors shall complete an orientation course that addresses the following competency statements:

- TF01 Identify three benefits associated with providing positive feedback to others.
- TF02 Demonstrate active listening techniques.
- TF03 Demonstrate your ability to receive difficult feedback in a constructive manner.
- TF04 Demonstrate your ability to give constructive feedback about an issue or concern.
- TF05 Identify four factors that affect team functioning.
- TF06 Explain the following stages of team development: forming, storming, norming, and performing.
- TF07 Describe the responsibilities of a facilitator, scribe, and timekeeper.
- TF08 Identify two benefits of co-facilitation.
- TF09 List two characteristics of effective meetings and two characteristics of ineffective meetings.
- TF10 Explain how to prepare for a successful meeting.
- TF11 Describe two ways to ensure that individuals receiving services are prepared for team meetings.
- TF12 List three reasons for using an agenda during team meetings.
- TF13 Demonstrate your ability to develop an agenda for a team meeting.
- TF14 Explain why it is important to do the following at the beginning of a team meeting: share the desired outcomes of the meeting, obtain consensus on the agenda, and develop ground rules.
- TF15 Describe four strategies for facilitating a focused team meeting.
- TF16 Describe three techniques for getting people involved during team meetings.
- TF17 List three ways to maximize the involvement of individuals receiving services during team meetings.
- TF18 Describe two brainstorming techniques.
- TF19 Identify five facilitation techniques to use when completing the narrative section of an ISP meeting.
- TF20 Describe two reasons to use a parking lot during a discussion.
- TF21 Identify three effective ways to deal with disruptions during team meetings.
- TF22 Describe two differences between false consensus and true consensus.
- TF23 Demonstrate your ability to develop an action plan.

*NOTE: Trainers and agencies shall not be allowed to develop their own training modules to address the competency statements listed above. Therefore, agencies/trainers are required to use the Department of Health's Promoting Effective Teamwork training module.*

## **LEVEL ONE**

### ***POSITIVE BEHAVIOR SUPPORT STRATEGIES***

Case managers and case management supervisors shall complete a level one course that addresses the following competency statements:

- B01 Describe the difference between behavior control, behavior management and behavior support techniques.
- B02 Identify three interventions that are aversive.
- B03 Explain why aversive interventions are prohibited.
- B04 Describe your role in completing a "holistic" assessment of an individual's behavior.

- B05 Explain why the team must always assess for pain when there are changes in an individual's behavior.
- B06 Describe the relationship between psychoactive medications and challenging behavior.
- B07 Give one example of culture specific or language related behavior that might be misunderstood as challenging behavior.
- B08 Participate in a holistic, culturally appropriate, assessment process with an IDT, to identify possible factors that may contribute to an individual's challenging behaviors.
- B09 Give one example of a factor that may affect an individual's behavior for each of the following: physical health, mental health, culture, sexuality, and environment.
- B10 List one logical support an IDT would provide when each of the following is identified as a contributing factor to the individual's challenging behavior: physical health, mental health, culture, sexuality, and environment.
- B11 Identify three proactive strategies that decrease the likelihood that an individual will demonstrate challenging behavior.
- B12 Give three examples of support strategies that help a person you support feel comfortable and safe.
- B13 Give one example each of how a staff person's behavior can positively or negatively affect an individual's behavior.
- B14 Describe how staff interactions and interventions can inadvertently add to an individual's distress and subsequent escalation of behavior.
- B15 Describe how your body positioning in relation to another person can affect his/her behavior.
- B16 Identify when it is appropriate to use physical intervention strategies to assist a person who is in crisis.
- B17 Identify when it is the appropriate to access emergency services (e.g., police) to resolve a behavioral crisis.
- B18 Describe when it is appropriate to obtain input from a human rights committee regarding behavioral interventions.
- B19 Describe how to incorporate behavioral supports into an individual service plan to address factors that are contributing to an individual's challenging behavior.
- B20 Describe team member responsibilities with regard to implementation and monitoring of behavior supports.

***PARTICIPATORY COMMUNICATION AND CHOICE-MAKING***

Case managers and case management supervisors shall complete a level one course that addresses the following competency statements:

- C32 In your own words, explain your understanding of the concept that "all people communicate."
- C14 State four purposes served by communication.
- SC06 List five ways you can design or modify a person's environment or use adaptations to support communication and choice-making.
- C18 Describe two possible messages shown by the body language of a person you support and explain how you came to understand their meaning.
- C30 Give one example of each low tech and high tech augmentative communication devices an individual may use to communicate.
- C07 Identify at least three ways to support a person who uses augmentative or alternative communication or Assistive Technology.
- C34 Explain your role in supporting an individual's right to communicate.

- C33 Describe how you could integrate communication strategies into at least one informal and one formal daily routine to enhance on-going opportunities for being involved
- SC12 Describe how you would promote choice-making during a “naturally occurring” opportunity for one person you support.
- C21 Explain how to communicate with a person you support.
- CS13 Demonstrate active listening techniques.
- AT07 Describe the potential benefits of Assistive Technology for individuals with developmental disabilities.
- AT10 Identify three resources for Assistive Technology services.
- CS40 Explain the purpose and expected results of Assistive Technology evaluation and devices.

*NOTE: Trainers and agencies shall not be allowed to develop their own training modules to address the competency statements listed above. Therefore, agencies/trainers are required to use the Department of Health’s Participatory Communication and Choice-Making training module.*

### **ADVOCACY STRATEGIES**

Case managers and case management supervisors shall complete a level one course that addresses the following competency statements:

- S25 Given a scenario, identify one community resource to access for assistance to resolve a guardianship issue.
- AP16 Demonstrate problem solving techniques.
- PF27 Explain why it is important to develop a relationship with and get to know the individuals you support.
- PF07 List three strategies for promoting self-advocacy.
- CS10 Define full (plenary) guardianship, limited guardianship, durable power of attorney, and conservatorship.
- CS17 List two community resources available to individuals with developmental disabilities who are involved with the criminal justice system.
- CS18 Identify the process for assisting individuals who are involved with the criminal justice system.
- CS11 List three resources on estate planning for individuals with developmental disabilities and their families.
- PF13 Explain informed consent.
- CS68 Describe one situation in which it would be appropriate to access each of the following: Dispute Resolution Process, Client Complaint Procedure, and Technical Assistance.
- QA25 Describe two functions of a human rights committee.
- CS9 Identify individual rights as they relate to advanced medical directives.
- FP11 List three ways to encourage creative thinking during the ISP planning process.
- CS67 List three strategies for assisting individuals to maintain positive relationships with their natural support networks during team conflicts.
- CS71 Demonstrate two basic techniques to resolve conflicts.
- CS16 Demonstrate two strategies to promote self-advocacy.

### **ISP CRITIQUE**

Case managers and case management supervisors shall complete a level one course that addresses the following competency statements:

- QI01 Explain how assessment information should be integrated into the ISP.
- QI02 Describe how to support an individual to develop meaningful social roles through the person-centered planning process.
- QI03 Explain how to identify and avoid potential readiness traps.
- QI04 Describe five strategies for improving the quality of an ISP.
- QI05 Explain how to conduct quality reviews of an ISP.
- QI06 Demonstrate ability to review and critique an individual service plan, including the following components: narrative section, action plans, individual-specific training requirements, and teaching and support strategies.
- QI07 Demonstrate ability to formulate quality improvement recommendations related to an ISP.

*NOTE: Trainers and agencies shall not be allowed to develop their own training modules to address the competency statements listed above. Therefore, agencies/trainers are required to use the Department of Health's ISP Critique training module.*

### ***SEXUALITY FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES***

Case managers and case management supervisors shall complete a level one course that addresses the following competency statements:

- IS01 Define sexuality.
- IS02 List three myths about sexuality and individuals with developmental disabilities.
- IS03 Explain an adult's rights and responsibilities related to sexuality.
- IS04 Identify two sources of sexuality training for people with developmental disabilities.
- IS05 Identify three factors that make a person especially vulnerable to sexual abuse.
- IS06 List three ways to prevent sexual victimization.
- IS07 Explain the importance of developing agency policies related to sexuality and socialization.
- IS08 Identify three ways to support an individual's informed choice about social and sexual matters.
- IS09 Describe the team's role in determining an individual's ability to give informed consent.
- IS10 Explain the team's role in conducting risk assessments for individuals who are at risk of engaging in illegal sexual acts.

*NOTE: Trainers and agencies shall not be allowed to develop their own training modules to address the competency statements listed above. Therefore, agencies/trainers are required to use the Department of Health's Sexuality for People with Developmental Disabilities training module.*

### ***LEVEL ONE HEALTH FOR CASE MANAGERS AND SERVICE COORDINATORS***

Case managers and case management supervisors shall complete a level one course that addresses the following competency statements:

- CH45 Identify four ways that case managers and service coordinators can assist with maintaining the health of individuals served.
- CS20 List three ways to access medical experts to assist the IDT in designing appropriate supports to address health issues.
- CH29 Describe the IDT's responsibilities to ensure appropriate action is taken for illnesses and health maintenance concerns (e.g., annual check-ups).

- CH31 Identify factors which indicate that emergency procedures are the appropriate response to a seizure.
- CH32 List two ways that case managers can ensure that teams are prepared to respond appropriately to health emergencies involving individuals being served.
- CC01 Identify the health conditions that indicate the need for a crisis prevention plan and the key elements that plans must include.
- CC02 List five indicators case managers and service coordinators can use to identify individuals who may be at risk for aspiration.
- CC03 Describe at least one step case managers and service coordinators can take, if risk is suspected, to obtain appropriate evaluation for aspiration.
- CC04 Name at least one action that case managers should take to ensure that individuals consume the appropriate amount of fluids.
- PS07 Name three common behaviors you can observe in IDT members, which may indicate a high level of stress.
- PS05 List at least four ways to support individuals served to manage their stress.
- CS26 Name two things case managers can do if an individual demonstrates a pattern of refusing to take his/her medication.
- CC05 Identify three health related issues that must be addressed through individual-specific training.
- CC06 State what case managers and service coordinators can do if they discover that health related individual-specific training has not occurred in a timely fashion.

### **LEVEL TWO**

Competency requirements for level two have not yet been established.

### **LEVEL THREE**

Competency requirements for level three have not yet been established.

## **Attachment B**

Attachment B is the Training Code of Ethics.

**NEW MEXICO DEPARTMENT OF HEALTH  
DEVELOPMENTAL DISABILITIES SUPPORTS DIVISION**

**TRAINING CODE OF ETHICS**

As a trainer/mentor of core curriculum modules addressing DDS-D-required competencies, I shall:

- Follow the DDS-D training policies, procedures, and standards.
- Promote person-centered values.
- Adhere to my scope of certification.
- Train only courses for which I am certified.
- Mentor only courses for which I am certified.
- Present the course content in accordance with the specifications in each approved module.
- Ensure course content is presented within a timeframe that allows participants to successfully complete the required competency measures.
- Promote positive relationships among people, organizations, agencies, and system supports.
- Treat trainees with dignity and respect.
- Ensure that trainees complete competency verification forms individually and without the aid of module/supplemental materials (unless otherwise specified in the approved module).
- Participate fully in training audits conducted by the DDS-D and/or its designees, which may include but not be limited to the following: training record reviews, trainee interviews, and in-class monitoring.

By signing this document, I am declaring that I understand and agree to follow this Training Code of Ethics. I understand that failure to comply may result in a temporary suspension of trainer/mentor certification (pending the completion of specified actions) or a loss of trainer/mentor certification.

\_\_\_\_\_  
FULL NAME (PRINT)

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE