3.0

FORMULARY LIST FOR USE IN FAMILY PLANNING
Barrier and chemical methods
Contraceptive foam with applicator
Female condom
Male condom lubricated
Vaginal spermicidal film

Drugs
Prenatal Vitamins

Emergency contraception
Levonorgestrel 1.5 mg

Fertility awareness
Cycle Beads
Ovulation Thermometer

Injected method
Depo-Provera (Medroxyprogesterone Acetate) Inj 150 mg/ml.

Inserted - Client
Vaginal Contraceptive Ring

Inserted - Clinician
Contraceptive Implant 68mg
Levonorgestrel IUD 52mg
ParaGard T380A IUD

Oral contraceptives
Listed in Substitute Table on the following pages

By Prescription
The primary purpose of a family planning clinician is to provide contraceptive services to essentially healthy people, NOT to be the primary care agent.

If a client needs treatment by a medication not stocked by the PHD Pharmacy, he/she may purchase it at their own expense through a prescription written by a duly licensed clinician.

To maximize Title X supplies, PHO clinicians may prescribe contraceptive methods that are available in the PHO formulary to insured (Medicaid) clients. PHO clinicians may not prescribe contraceptive methods that are not available in the PHO formulary to insured clients (because filling a similar prescription would pose a barrier to uninsured clients).

The pharmacy provides single copies of current drug monographs for nurses to copy that contain client information about the drug being dispensed. They are to be given with all prescription drugs dispensed as mandated by the New Mexico Board of Pharmacy.
## OCP Substitute Table

Listed by **class** and **alphabetical order** in each choice.

OCP brands may vary due to manufacturer availability and cost.

<table>
<thead>
<tr>
<th><strong>Class</strong></th>
<th><strong>First Choice</strong></th>
<th><strong>Second Choice</strong></th>
<th><strong>Third Choice</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>Combined Oral Contraceptive (COC)</strong></td>
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</tbody>
</table>
| **Class I:**  
20 mcg ethinyl estradiol (ee)  
(CI-20) | 1 mg levonorgestrel/20 mcg ee  
*May include:*  
Aviane  
Orsypia  
Lessina  
Sronyx  
Lutera | 1 mg norethindrone/20 mcg ee  
*May include:*  
Gildess Fe 1/20*  
Junel Fe 1/20  
Loestrin Fe 1/20  
Microgestin Fe 1/20 |                  |
| **Class II:**  
30 mcg ee  
(CII-30) | 0.15 mg levonorgestrel/30 mcg ee  
*May include:*  
Cryselle  
Low-Ogestrel  
Lo/Ovral* | 0.3 mg norgestrel/30 mcg ee  
*May include:*  
Altavera 0.15/30  
Levora  
Nordette*  
Portia  
Seasonale*  
Seasonique | 1.5 mg norethindrone/30 mcg ee  
*May include:*  
Gildess Fe 1.5/30*  
Junel Fe 1.5/30  
Loestrin Fe 1.5/30  
Microgestin Fe 1.5/30 |
| **Class III:**  
35 mcg ee/ Norethindrone  
(CIII-35) | 1 mg norethindrone/35 mcg ee  
*May include:*  
Alyacen 1/35  
Cyclafem 1/35  
Necon 1/35  
Norinyl 1+35  
Nortrel 1/35  
ON 1/35 | 0.5 mg norethindrone/35 mcg ee  
*May include:*  
Aranelle  
Brevicon 0.5/35*  
Modicon*  
Necon 0.5/35  
Nortrel 0.5/35 | 0.4 norethindrone/35 mcg ee  
*May include:*  
Balziva  
Briellyn  
Ovcon 35  
Zenchent |
| **Class IV:**  
35 mcg. ee/ Norgestimate  
(CIV-35) | 0.25 mg norgestimate/35 mcg ee  
*May include:*  
Femynor  
Mili  
MonoNessa  
Ortho Cyclen  
Previem  
Sprintec |                  |                  |
<table>
<thead>
<tr>
<th>Class</th>
<th>First Choice</th>
<th>Second Choice</th>
<th>Third Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Progestin Only Pill (POP)</strong></td>
<td>0.35 mg norethindrone</td>
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<tr>
<td><strong>Class V: Progestin Only Pill (CV-POP)</strong></td>
<td><em>May include:</em> Camila, Errin, Heather, Nor-QD, Jolivette, Nora-BE, Micronor</td>
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<tr>
<td><strong>Class VI: Phasic Pills (CVI-Triphasic)</strong></td>
<td>7 D 0.18 mg norgestimate/ 25 mcg ee</td>
<td>7 D 0.18 mg norgestimate/ 35 mcg ee</td>
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<tr>
<td></td>
<td>7 D 0.215 mg nor./ 25 mcg ee</td>
<td>7 D 0.215 mg nor./ 35 mcg ee</td>
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</tr>
<tr>
<td></td>
<td>7 D 0.25 mg nor./ 25 mcg ee</td>
<td>7 D 0.25 mg nor./ 35 mcg ee</td>
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<tr>
<td></td>
<td><em>May include:</em> Ortho Tri-Cyclen Lo, Tri-Lo-Estarylla, Tri-Lo-Marzia</td>
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<tr>
<td>Norgestimate</td>
<td>6 D 0.05 mg levonorgestrel/ 30 mcg ee</td>
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<tr>
<td></td>
<td>5 D 0.075 lev./ 40 mcg ee</td>
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<td>10 D 0.125 mg lev./ 30 mcg ee</td>
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<td></td>
<td><em>May include:</em> Enpresse, Trivora</td>
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<tr>
<td>Levonorgestrel</td>
<td>7 D 0.5 mg norethindrone/ 35 mcg ee</td>
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<td></td>
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<tr>
<td></td>
<td>7 D 0.75 mg nor./ 35 mcg ee</td>
<td>7 D 1 mg nor./ 35 mcg ee</td>
<td></td>
</tr>
<tr>
<td></td>
<td>7 D 1 mg nor./ 35 mcg ee</td>
<td>5 D 0.5 mg nor./ 35 mcg ee</td>
<td></td>
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<tr>
<td></td>
<td><em>May include:</em> Alyacen 7/7/7, Cyclafem 7/7/7, Necon 7/7/7, Nortrel 7/7/7, ON 7/7/7</td>
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<td></td>
</tr>
<tr>
<td>Norethindrone</td>
<td>5 D 1 mg norethindrone/ 20 mcg ee</td>
<td>9 D 1 mg nor./ 30 mcg ee</td>
<td></td>
</tr>
<tr>
<td></td>
<td>7 D 1 mg nor./ 30 mcg ee</td>
<td>9 D 1 mg nor./ 35 mcg ee</td>
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</tr>
<tr>
<td></td>
<td>5 D 0.5 mg nor./ 35 mcg ee</td>
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<tr>
<td></td>
<td><em>May include:</em> May include: Leena, Tri-Norinyl</td>
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<tr>
<td></td>
<td><em>May include:</em> Estrostep Fe, Tilia Fe, Tri-Legest Fe</td>
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*These OCPs are included for reference purposes only, they are currently not available.

Reference: