

3.0

FORMULARY LIST FOR USE IN FAMILY PLANNING: for Public Health Offices

Barrier and chemical methods

Contraceptive gel/foam with applicator
Female condom
Male condom lubricated
Vaginal spermicidal film

Emergency contraception

Levonorgestrel 1.5 mg

Fertility awareness

Cycle Beads
Ovulation Thermometer

Injected method

Depo-Provera (Medroxyprogesterone Acetate) Inj
150 mg/ml.
Depo-Provera Sub-Q 104mg/0.65mg

Inserted - Client

Vaginal Contraceptive Ring

Inserted - Clinician

Contraceptive Implant 68mg
Levonorgestrel IUD 52mg
ParaGard T380A IUD

Oral contraceptives

Listed in Substitute Table on the following pages

By Prescription

The primary purpose of a family planning clinician is to provide contraceptive services to essentially healthy people, NOT to be the primary care agent.

If a client needs treatment by a non-contraceptive medication not stocked by the PHD Pharmacy, he/she may purchase it at their own expense through a prescription written by a duly licensed clinician.

PHO clinicians may prescribe contraceptive methods that are available in the PHO formulary to insured (Medicaid) clients, or upon request. Prescriptions should only be sent to a pharmacy if this is preferable to the client. PHO clinicians may not prescribe contraceptive methods that are not available in the PHO formulary to insured clients (because filling a similar prescription would pose a barrier to uninsured clients).

The pharmacy provides single copies of current drug monographs for nurses to copy that contain client information about the drug being dispensed. They are to be given with all prescription drugs dispensed as mandated by the New Mexico Board of Pharmacy.

OCP Substitute Table

Listed by **class** and **alphabetical order** in each choice.
OCP brands may vary due to manufacturer availability and cost.

Class	First Choice	Second Choice	Third Choice
Combined Oral Contraceptive (COC)			
Class I: 20 mcg ethinyl estradiol (ee) (CI-20)	0.1 mg levonorgestrel/ 20 mcg ee <i>May include:</i> Alessa Lutera Aviane Orsythia Lessenia Sronyx Levlite Levonorgestrel 0.1mg/EE 0.02mg	1 mg. norethindrone/ 20 mcg ee <i>May include:</i> Blisovi Fe 1/20 Gildess Fe 1/20 Junel Fe 1/20 Loestrin Fe 1/20 Microgestin Fe 1/20	
Class II: 30 mcg ee (CII-30)	0.3 mg norgestrel/ 30 mcg ee <i>May include:</i> Cryselle Low-Ogestrel Lo/Ovral	0.15 mg levonorgestrel/ 30 mcg ee <i>May include:</i> Altavera 0.15/30 Camrese Levonorgestrel 0.15mg/EE 0.03mg Levora Nordette Portia Seasonale Seasonique	1.5 mg norethindrone/ 30 mcg ee <i>May include:</i> Blisovi Fe 1.5/30 Gildess Fe 1.5/30 Junel Fe 1.5/30 Loestrin Fe 1.5/30 Microgestin Fe 1.5/30
Class III: 35 mcg ee/ Norethindrone (CIII-35)	1 mg norethindrone/ 35 mcg ee <i>May include:</i> Alyacen 1/35 Cyclafem 1/35 Necon 1/35 Norinyl 1+35 Nortrel 1/35 ON 1/35	0.5 mg norethindrone/ 35 mcg ee <i>May include:</i> Aranelle Brevicon 0.5/35 Modicon Necon 0.5/35 Nortrel 0.5/35	0.4 norethindrone/ 35 mcg ee <i>May include:</i> Balziva Briellyn Ovcon 35 Vyfemla Zenchant
Class IV: 35 mcg. ee/ Norgestimate (CIV-35)	0.25 mg norgestimate/ 35 mcg ee <i>May include:</i> Estarlylla Femynor Mili MonoNessa Ortho Cyclen Previfem Sprintec		

Class	First Choice	Second Choice	Third Choice
Progestin Only Pill (POP)			
Class V: Progestin Only Pill (CV-POP)	0.35 mg norethindrone <i>May include:</i> Camila Errin Heather Nor-QD Jolivette Nora-BE Micronor Norethindrone		
Class VI: Phasic Pills (CVI-Triphasic)			
Norgestimate	7 D 0.18 mg norgestimate/ 25 mcg ee 7 D 0.215 mg nor./ 25 mcg ee 7 D 0.25 mg nor./ 25 mcg ee <i>May include:</i> Norgestimate/EE Triphasic Lo Ortho Tri-Cyclen Lo Tri-Lo-Estarylla Tri-Lo-Marzia TriNessa Lo	7 D 0.18 mg norgestimate/ 35 mcg ee 7 D 0.215 mg nor./ 35 mcg ee 7 D 0.25 mg nor./ 35 mcg ee <i>May include:</i> Ortho Tri-Cyclen TriNessa Tri-Previfem Tri-Sprintec	
Levonorgestrel	6 D 0.05 mg levonorgestrel/ 30 mcg ee 5 D 0.075 lev./ 40 mcg ee 10 D 0.125 mg lev./ 30 mcg ee <i>May include:</i> Enpresse Trivora		
Norethindrone	7 D 0.5 mg norethindrone/ 35 mcg ee 7 D 0.75 mg nor./ 35 mcg ee 7 D 1 mg nor./ 35 mcg ee <i>May include:</i> Alyacen 7/7/7 Cyclafem 7/7/7 Necon 7/7/7 Nortrel 7/7/7 ON 7/7/7	7 D 0.5 mg norethindrone/ 35 mcg ee 9 D 1 mg nor./ 35 mcg ee 5 D 0.5 mg nor./ 35 mcg ee <i>May include:</i> Leena Tri-Norinyl	5 D 1 mg norethindrone/ 20 mcg ee 7 D 1 mg nor./ 30 mcg ee 9 D 1 mg nor./ 35 mcg ee <i>May include:</i> Estrostep Fe Tilia Fe Tri-Legest Fe

Some of the OCPs listed are no longer available, but listed for reference purposes.