

**DATE:** 10/2019

**TO:** All holders of Title X Family Planning Protocol

**FROM:** Christopher Novak, MD, MPH, Medical Director Family Planning Program

**RE:** 2019-02 Summary of Family Planning Program (FPP) Protocol Revisions

Access at <https://nmhealth.org/about/phd/fhb/fpp/pvdr>. Changes or new material are highlighted in yellow. Please ensure that each clinician and public health nurse reviews the protocol revisions and signs the "Acknowledgment and Receipt of New/Revised Protocol Form" found on page ii of the "Approval Page 2019-02" file. The Nurse Manager retains a signed copy of this sheet at the clinic and forwards the original(s) to the DNS.

**Highlights of changes include:**

**Section 1: General Protocols**

**Section 1, page 26:**

*b. Pregnancy Testing and Counseling Services: Gateway to Other FP Services-Added directions for test results.*

**Section 1, page 27**

*#3 PHN Standing Order: urine hCG for Pregnancy Testing-Removed reference to prenatal vitamins from title and from page.*

**Section 1, page 28**

*#3 PHN Standing Order: 4. If She Wants to be Pregnant-Added dispensing instructions for non-Title X prenatal vitamins.*

*#3 PHN Standing Order: Counseling if the Test is Positive-Added 2019 Title X Regulations for nondirective counseling, definitions (nondirective pregnancy options, advanced practice providers, etc) and options for reaching a clinician.*

**Section 1, page 29**

*#3PHN Standing Order: Adoptions-Added information regarding DOH resource list*

*#3PHN Standing Order: Abortion/Termination-Added 2019 Title X Regulations regarding abortion*

**Section 1, page 41**

*Referral Services: Added 2019 Title X Regulations regarding prenatal care and medical necessity*

**Section 2: Contraceptive Methods**

**PUBLIC HEALTH DIVISION**

1190 St. Francis Dr., Suite 1050 • P.O. Box 26110 • Santa Fe, New Mexico • 87502  
(505) 827-2389 • FAX: (505) 827-2329 • [www.nmhealth.org](http://www.nmhealth.org)



**Section 2, pages 5, 14**

*F. Consent:* Added counseling clarification for counselor/clinician signature.

**Section 2, page 7**

*K. Broken Implants:* Updated process for broken Nexplanon implants

**Section 2, page 10**

*Contraceptive Implant Consent Form Spanish:* Corrected the Spanish translation

**Section 2, pages 9, 10, 23, 24, 25, 26**

*Device Consent Forms:* Added Clinician Signature

**Section 2, page 16**

*H. Post-Insertion:* Removal of pulse for pre and post insertion with exception of vasovagal episode.

**Section 2, page 30**

*What is the Mirena or Liletta:* Corrected the Spanish translation

**Section 2, pages 38, 39**

*I. Visit Schedule for Method:* Update prescribing order for DMPA reinjection interval and contraindication usage of UPA with DMPA.

**APPENDICES**

**Appendix B:** Fee Collection – updated Federal Poverty Guidelines to current version dated 01/25/2019

**Appendix F:** Resources: Pregnancy Options, Infertility, Tubal Ligation and Vasectomy-Added DOH county resource list for Pregnant clients and revised wording to comply with 2019 Title X Regulations

**Appendix G:** Replaced 2016 version on the FPP website with the 2017 version