

BBS Buzz

February 2017

Chief's Corner– Cheryl L. Frazine

Welcome to our first edition of BBS Buzz!

This has been a long time coming! I began working with the Office of Behavioral Services in 1998 as the combined Southwest / Southeast Regional Behavior Specialist. There have been many changes since; for example, I became the Director of OBS in 2006. An entity born of the Jackson Lawsuit, OBS disengaged from our Jackson responsibilities for Behavior, Crisis and Sexuality in 2009. In 2013, we became a Bureau rather than an office, and I became its Chief.

One constant has been Chris Heimerl, our Positive Behavior Supports Consultant. Chris' vision for persons with intellectual/developmental disabilities has resulted in the design & implementation of Positive Behavioral Support used here in New Mexico. Our services are, and continue to be, on the cutting edge of waiver programs in these United States.

This monthly publication will offer updates on current BBS initiatives, procedural guidance, clinical information, and other news pertinent to behavior support consultants, case managers, agency personnel, individuals, and other team members. ENJOY!

BBS Guru

Q: Does health and safety always override human rights?

A: No, it is situational; the IDT should talk about other options before any restrictions requiring Human Rights Committee review are put into place! Teams may contact their BBS or regional office staff for training and/or any specific situations.



In This Issue

- Preliminary Risk Screening & Consultation
- OR Support
- Upcoming Training offered by our Bureau for BSCs, providers,



“Take the road less traveled”

Let's help people live their lives!

Preliminary Risk Screening & Consultation (PRSC)

BBS is actively transitioning individuals needing this service to trained New Mexico Risk Screeners/ PRSC providers. Jim Haaven, the DDSD/BBS Sexuality Consultant who originated the ARMADILLO-S screening tool and the PRSC process, is assisting with this transition. He will continue to be an integral part of the PRSC process within the state. To ensure timely services to individuals needing this service, it is vital that Case Managers have PRSC approved on the budget for individuals who may need preliminary risk screening during ISP budget year.

For those of you who may be unclear about the PRSC service, it provides the following outcomes (through a structured risk screening process):

- A. Identification of individual level and type of risk for inappropriate sexual behavior;
- B. Strategies for risk management under the least restrictive supervision conditions; and
- C. Technical assistance related to the management of risk.

In order to qualify for PRSC services, the following criteria must be met (please access the Clinical Criteria found at):

<http://www.actnewmexico.org/downloads/IntroClinicalReviewServiceCriteria.pdf>

- A. Individuals of any age may utilize the PRSC system to assess potential systems of supports; and
- B. Interdisciplinary Team (IDT) member (s) reports (s) presence of sexually inappropriate and/ or sexually offending behavior and/ or a history or particular risk factors that may relate to increased potential for harm to self or others.

As is true of all DDW services, service requests must be justified. Examples of some documents that may indicate that a person has a need for a preliminary risk screening are:

- A Positive Behavior Support Assessment/Plan (PBSA/ PBSP) that reflects the need for the preliminary risk screening,
- PRSC notes from the Risk Screener (if the individual has already been screened)
- An ISP that reflects a need for the screening in the Health and Safety section,
- A Risk Management Plan to address inappropriate/ offending sexual behavior (s),
- Or IDT meeting minutes that demonstrate that the team discussed and agreed that a preliminary risk screening was needed.

Outside Review (OR) Support

The Bureau of Behavioral Supports has a liaison with the Outside Reviewer for the Imminent Review process!!

Who is this liaison?

The **Statewide Crisis Coordinator/Administrator- Sabrina James**

What cases is she able to assist on?

Cases where the individual is in crisis, and the BBS has been previously involved.

Criteria to meet the need for imminent review includes?

Behavioral changes that require an increase in BSC units (units have been exhausted) and clinical criteria (complexity factors have changed since initial/previous BSCPAR) for an increase in units is available.

New allocations- an individual who has complex and/or dangerous behavior, BSC has completed the PBSA, needs to receive the ongoing units to complete training with DSP and waiting the 30 day time frame would risk health and safety.

An individual in a behavioral or medical crisis who has been approved for Crisis Supports-When a change in support has been approved by the BBS and it is not clinically nor medically sound for the support change to wait for approval from the CORE.

Expedited Allocation situations where an individual on the Central Registry and approved for an Expedited Allocation is in a crisis situation and facing homelessness, loss of a caregiver or abuse, neglect or exploitation.

Questions or requests for assistance can be directed to Sabrina at 505-841-6633 or SabrinaA.James@state.nm.us.



Clinician's Corner

Jim Haaven will be in New Mexico January 23-26th 2017. He will be conducting PRSC's in NE, NW and Metro Regions.

11 drugs that may cause Low sexual libido

1. Selective Serotonin Reuptake Inhibitors (SSRIs) Antidepressants
2. Tricyclic Antidepressants
3. Birth Control Pills
4. Proscar
5. Baldness Drug Propecia
6. Antihistamines
7. Medical Marijuana
8. Anti-Seizure Drugs
9. Opioids
10. Beta Blockers
11. Benzodiazepines

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Crisis Corner

Requests for crisis funding can be directed to your Regional Crisis Specialist or the Statewide Crisis Coordinator/Administrator during normal office hours. Outside of normal office hours and on Holidays, these calls can be directed to the Crisis hotline at 505-250-4292.

Agencies that are contracted to provide Crisis Supports in New Mexico are:

Links of Life-Las Cruces

Campo-Las Cruces

Los Lunas Community Programs-Los Lunas

The New Beginnings-Albuquerque

Optihealth-Albuquerque

Dungarvin-Albuquerque

Benchmark Human Services-Santa Fe

Training Opportunities

Statewide Services:

BBS trains **Sexuality for Persons with Intellectual/Developmental Disabilities** in all regions at least once each calendar quarter. We also offer Human Rights Committee training as needed, and individual-specific trainings as requested. To register for Sexuality training, or other trainings offered by BBS in February in the Metro or other regions, go to www.trainnewmexico.org, or contact Ron Smith, Statewide Crisis & Behavioral Training Coordinator at 505-841-5516.



Contacts

BBS Statewide:

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Vacant – Acting Clinical Director- Cheryl Frazine

Rita Hayes, BBS Receptionist/Administrative Assistant 505-841-5532

BBS Metro Regional Office:

Wanda Durant- Metro Behavioral Specialist 505-841-6455

Vacant– NW/Metro Behavior Specialist 505-841-5586

Caroline Chavez- Metro Crisis Specialist 505-841-6638

BBS Southwest Regional Office:

Lynn Winters-SW Behavior Specialist 575-528-5179

Isabel Casaus-SW Crisis Specialist 575-528-5183

BBS Southeast Regional Office:

John Sisneros- SE Behavior Specialist 575-624-6100 X 116

G. Gabriel Vigil- SE Crisis Specialist 575-624-6100 X 112

BBS Northwest Regional Office:

Vacant- Acting NW Behavior Specialist Cheryl Frazine
505-841-6510

Vacant-Acting NW Crisis Specialist Ron Smith 505-841-5516

BBS Northeast Regional Office:

Joe Montoya- NE Crisis Specialist 575-758-5934

Rita Santistevan- NE Behavior Specialist 575-758-5934

24 hour Crisis Line-Statewide:

505-250-4292