## ASSESSMENTS

<table>
<thead>
<tr>
<th>Assessment Type</th>
<th>Description of Assessment</th>
</tr>
</thead>
</table>
| **(VAP) Vocational Assessment Profile** | The Vocational Assessment Profile is:  
- A person-centered assessment process  
- Designed to support each person to get a career he/she wants  
- Used to identify the unique employment interests, gifts and strengths of the individual  
- Also used to identify the supports to assist an individual currently employed to retain employment and to experience career growth  
- Leads to a Career Development Plan, that specifies steps necessary towards a successful employment outcome:   
  1. Identifies the people (including the individual) who will complete specific tasks |
| **(MAPS) Making Action Plans** (Includes Solution Circles) | MAPs are tools designed to assist individuals, organizations, and families figure out how to move into the future effectively, inclusively and creatively.  
- MAPs are tools held in the hand of a creative facilitator who can truly listen to individual’s desires.  
- The tool focuses on the positives, the gifts, and the strengths of the individual. |
| **(PATHs) Planning Alternative Tomorrows with Hope** (Includes Solution Circles) | PATHs evolved from the MAPs process. It offers the opportunity to extend the MAPs steps and to put into place a plan of action.  
- PATH is a self-sustaining planning process  
- It is another tool to address long range and short term planning and involves 8 short steps.  
- It is co-facilitated by 2 trained facilitators.  
Video Short: [http://cddunm.adobeconnect.com/p3nws2y1uae/](http://cddunm.adobeconnect.com/p3nws2y1uae/) |
| **My Star** | My Star is used to identify opportunities for a better quality of life and develop a plan to accomplish significant life outcomes. The My Star planning tool was designed by a group of people at ARCA to promote the full participation of people with disabilities. The tool borrows from several principles and concepts including Person-Centered Planning, Circles of Support, PATH, MAPS, Inclusion, and Graphic Facilitation.  
| Discovery Process/Customized Employment/ other discovery or employment assistance | **Discovery** is a process used to get to know an individual. Information is discovered about the individual’s interests, strengths, environments or activities. It identifies where individuals are at their best, supports that are most effective for them, and their present levels of performance. This information is all gathered through a series of activities, interviews and observations. Information gathered through the **Discovery** process is then captured in a written format for the purpose of sharing the information for job development. This information and picture of who the individual is, guides the selection or creation of community-based jobs. It is offered as an alternative strategy to more traditional or standardized forms of vocational evaluation. |