



## AT-A-GLANCE



# Gatekeeper for Suicide Prevention

**Question Persuade Refer (QPR) Gatekeeper Training** is an evidence-based method for suicide prevention for teens and adults to use in their communities and workplaces.

This training teaches participants to:

- Question, Persuade and Refer someone who may be suicidal
- Get help for themselves and learn more about preventing suicide
- Identify the common causes of suicidal behavior
- Recognize the warning signs of suicide
- Get help for someone in crisis

### Is this training for me?

**QPR Gatekeeper Training** is for adults and teens who are ready to help prevent suicide in their community.

**Size** Min. 10 and Max. 25

**Cost** \$30/participant (*Scholarships are available for all*)

**Location** Virtual and in-person (*pending public health orders and trainer availability*)

**Length** 90 min. – 2 hours

**Scholarship Requirements** Complete an evaluation for the course  
Pass the certification test (*virtual only*)  
Complete follow up evaluations

**Materials** Training materials will be available to download through the QPR portal.

Apply for the Mental Health Awareness Month QPR Gatekeeper Trainings using the link below.

<https://tinyurl.com/mhmonthqpr>