

PUBLIC HEALTH IN SANTA FE COUNTY

PRESCRIPTION OPIOID MISUSE

During 2014-2016, Santa Fe County was ranked as having the **7TH HIGHEST DRUG OVERDOSE DEATH RATE** among New Mexico's 33 counties. During this time, there were **138 DRUG OVERDOSE DEATHS.**

WHAT IS BEING DONE WITHIN THE COMMUNITY TO ADDRESS THIS HEALTH ISSUE?

- The Santa Fe Public Health Office provides the overdose reversal drug naloxone, syringe exchange services, and disease prevention education. In 2016, 179,800 syringes were collected and 154,372 syringes were distributed to clients out of this public health office.
- The Mountain Center (MC) has one of the largest harm reduction programs in New Mexico. Through Street Outreach and Overdose Prevention programs, MC provides clients with syringe exchange, harm reduction counseling, and many other services. Over the past 18 months, MC has collected 2,391,292 syringes and distributed 2,341,430 syringes to their clients. In that same 18-month period, 2,108 clients received 5,328 doses of naloxone.
- With Santa Fe County support, La Familia Medical Center provides Medication-Assisted Treatment (MAT) for pregnant women who are addicted to opioids. MAT uses medications in combination with counseling and behavioral therapies to treat substance use disorders. In 2016, there were 230 active and compliant patients participating in the MAT program at La Familia.



ALCOHOL USE

During 2014-2016, **6.3%** of Santa Fe County adults report having habits of **CHRONIC DRINKERS. 14.5%** of Santa Fe Co. adults **BINGE DRINK.** In Santa Fe County, **ALCOHOL-RELATED DEATHS INCREASED 3%** from 2011 to 2016.

CHRONIC DRINKING
MEN WOMEN

more than
2

more than
1

DRINKS PER DAY

BINGE DRINKING
MEN WOMEN

more than
5

more than
4

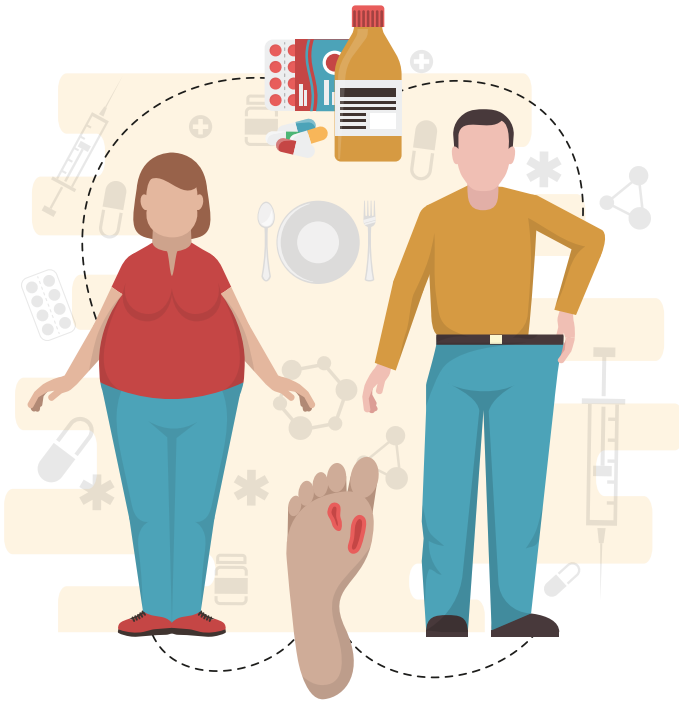
DRINKS PER DAY

WHAT IS BEING DONE WITHIN THE COMMUNITY TO ADDRESS THIS HEALTH ISSUE?

- The Santa Fe Prevention Alliance Policy Committee is working to reduce the alcohol outlet density in the city by working on a Municipal Alcohol Policy (MAP) for the City of Santa Fe. Currently, Santa Fe is 200% over capacity for sites that sell alcohol. Creating a MAP for the city is an effective way to use policy to address the harms caused by binge drinking.
- The Santa Fe DWI Council has launched public awareness campaigns for various audiences (immigrants, young adults, etc.) to increase knowledge about the consequences of binge drinking and DWI.



DIABETES & OBESITY



In 2016, the percentage of Santa Fe County **ADULTS** diagnosed **WITH PRE-DIABETES WAS 9.9%** and **ADULTS** diagnosed **WITH DIABETES WAS 8.4%**. The percentage of those with **PRE-DIABETES INCREASED BY 12.0%**.

WHAT IS BEING DONE WITHIN THE COMMUNITY TO ADDRESS THIS HEALTH ISSUE?

- The Santa Fe Public Health Office is collaborating with MoGro, an organization that sells fresh produce and other groceries from local farms, to become a pick-up site for customers in Santa Fe County. Expanding this service to the public health office increases access to fresh fruits and vegetables.
- The Children's Medical Services Nutritionist in the Santa Fe Public Health Office provides ongoing nutrition services to approximately 30 Santa Fe children and youth with special healthcare needs and their family members.
- Approximately 73% of children being served by the Women Infant Children (WIC) program in Santa Fe are maintaining a healthy weight. The Santa Fe WIC office promotes healthy lifestyle choices by providing clients with individual and group nutrition education.

ACCESS TO CARE



In Santa Fe County, the percentage of adults **WHO COULD NOT GET HEALTH CARE** due to the cost **DECREASED** from **18.9%** in 2011 to **10.9%** in 2016. In 2013 **76.5%** of Santa Fe County adults **HAD HEALTH INSURANCE**. This percentage **INCREASED TO 81.5** in 2015

WHAT IS BEING DONE WITHIN THE COMMUNITY TO ADDRESS THIS HEALTH ISSUE?

- NMDOH's Children's Medical Services Program (CMS) addresses access to health care by bringing medical specialists and other providers to Santa Fe to see clients and their families. The children seen through the CMS program may not otherwise get the care they need since specialist care for youth is centered in Albuquerque.
- Santa Fe County is working to enroll community members in Centennial Care and Medicaid. The county intends on increasing the percentage of residents with health insurance and is raising awareness via information blasts in English and Spanish, working with non-profit organizations and businesses, and tracking issues community members may face while connecting to the New Mexico Health Insurance Exchange. Santa Fe County intends to address and follow up on any identified issues with the enrollment process.

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Sources:

- Bureau of Vital Records and Health Statistics, New Mexico Department of Health
- Behavioral Risk Factor Surveillance System Survey data, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention
- National Center for Education Statistics
- Centers for Disease Control and Prevention, Division of Nutrition, Physical Activity, and Obesity
- U.S. Census Bureau
- US Department of Health and Human Services, Health Resources and Services Administration