WHAT IS BEING DONE WITHIN THE COMMUNITY TO ADDRESS THIS HEALTH ISSUE?

• Since March 2016, the Rio Arriba (RA) Health and Human Services (HHS) department has worked with partners to assist nearly 500 seniors in applying for Medicaid, and approximately 125 seniors with enrolling in Medicaid.

• HHS purchased 40 full use and 40 limited use 27-month licenses for the Pathways Care Coordination System. This system tracks and rewards individual health outcomes and is being distributed among the Opioid Use Reduction Network members.

• During the 2016-2017 flu season, the Rio Arriba Public Health Office provided 13 schools with flu vaccinations reaching 308 children. In addition, approximately 10-15 uninsured patients go to the public health office each week to receive their flu vaccination during flu season.

ACCESS TO CARE

The RATE FOR PRIMARY CARE PHYSICIANS in Rio Arriba Co.
(43 physicians per 100,000 population) IS ALMOST HALF THE RATE OF THE STATE.

38% OF the RIO ARRIBA CO. population DID NOT HAVE A DENTAL EXAM within the past year.

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BEHAVIORAL HEALTH

Between 2014/2016, 18% of Rio Arriba County adults surveyed, reported they felt 14 or more days of depression during the past 30 days; this percentage is the 4th highest in the state.

WHAT IS BEING DONE WITHIN THE COMMUNITY TO ADDRESS THIS HEALTH ISSUE?

- Rio Arriba HHS received funding for 5 years through the Behavioral Health Investment Zone grant to increase access to services for those dealing with behavioral and mental health issues. Roughly 400 individuals per year are expected to be served once the system is fully operational.

- Starting August 2016, magistrate and district court judges with HHS committed to participate in a pre-sentence jail diversion pilot program. Individuals are referred to case-management at HHS, detox, and in-patient and out-patient rehabilitation prior to trial.

- Southwest Care Center trained roughly 40 city and county police officers in opioid overdose reversal and HHS provided these police officers with 232 Narcan kits.

- Between October 2015-October 2016, 155 patients received syringe exchange services at the public health office through the Harm Reduction Program. It is estimated that 75,610 syringes were exchanged and 77,078 syringes were collected. Approximately 198 clients were trained to use Naloxone through the Rio Arriba Public Health Office.

ACCESS TO HEALTHY FOOD

41% of the Rio Arriba Co. population has low food access, while there is a relatively high rate of fast food restaurants (50 establishments per 100,000 population).

WHAT IS BEING DONE WITHIN THE COMMUNITY TO ADDRESS THIS HEALTH ISSUE?

- The Santa Fe Food Depot has collaborated with over 20 agencies and organizations within Rio Arriba County to address food access for county residents. This has led to the formation of the Agency Relations Council where the group has explored barriers to accessing food in Rio Arriba County and ways of overcoming those barriers.

- In 2016, The Women, Infants, and Children (WIC) Program provided nutrition education and supplemental food to approximately 1,300 WIC enrollees. WIC recipients include pregnant, breastfeeding and postpartum women, infants, and children under the age of five.

Sources:
- Behavioral Risk Factor Surveillance System Survey (BRFSS) Data, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention
- US Department of Health & Human Services, Health Resources and Services Administration, Area Health Resource File (AHRF)

For more information contact: Amy Sandoval, Northeast Region Health Promotion Program Manager at Amy.Sandoval@state.nm.us or 505-476-2675