The SAFE Clinic is located at:
7905 Marble NE
Albuquerque NM 87110
in the Department of Health (DOH) Dental and Seating Clinic building. The Clinic phone is 505-232-5726.

From Lomas, take Pennsylvania north for one block, turn right on Marble. You will see the parking lot and DOH Clinic signs. Handicapped parking is available.

For information or to schedule an appointment at the Adult SAFE Clinic, contact:
1-505-841-6188 or 1-800-283-8415
What is the Adult SAFE Clinic?

Do you know an adult with intellectual and developmental disabilities (I/DD) who is experiencing challenges related to oral eating and or tube feeding? The SAFE clinic team of experts provides free eating/feeding, nutritional and associated medical assessments with recommendations to support health, safety and independence. This clinic focuses on aspiration risk management support and development of specific strategies to assist with:

- Oral-motor function and swallowing
- Positioning
- Nutrition and overall health.

Who can Refer?

It is as Simple as a Phone Call

Phone call referrals can be made to the SAFE program by:

- Family members
- Nutritionists
- Physicians and nurses
- Physical therapists and occupational therapists
- Speech and language pathologists
- Behavior support consultants
- Teachers
- Direct support personnel (DSP)
- Residential support staff
- Case managers
- Guardians
- Self-referrals/individuals with I/DD

How Does it Work?

A phone call referral made to the SAFE Clinic intake nurse is all it takes. Tel # 1-505-841-6188

- The individual’s IDT will be invited to schedule a clinic-based collaborative assessment with the SAFE Clinic team.
- Throughout the assessment, the IDT, family members or DSP will be present and collaborating with the SAFE Clinic team.
- A follow-up consultation maybe arranged within one to six months of the assessment if requested.
- This is a free service.

Training & Technical Assistance:

- Pre-service education for undergraduate and graduate students regarding eating and aspiration risk management with a focus on health, safety and independence for adults with I/DD.
- Technical assistance to DD Waiver IDT’s regarding collaborative assessment techniques and strategies for intervention.

Who we Serve?

We welcome adults with I/DD who have difficulty managing any of the following:

- Aspiration risk
- Gastroesophageal reflux (GERD)
- Oral-motor function
- Swallowing
- Positioning for health & safety during intake
- Tube feeding
- Transitioning from tube feeding to oral eating or oral to tube feeding
- Sensory issues
- Chewing
- Drinking liquids
- Risky eating behaviors
- Self-feeding
- Undesirable weight
- Menu planning
- Supportive eating and drinking dishes, cups and utensils

Children from birth to age 17 continue to be served by the Pediatric SAFE clinic at the Center for Development and Disability (CDD) at 2300 Menaul NE, Albuquerque NM 87107. Please call 1-505-272-3000 for information about an appointment for your child.