Making an Overdose Response Plan
These questions can help make an overdose plan. Having a plan in advance with other people will help everyone be prepared and know how to act in the case of an overdose.

Questions to ask:
1. What substances were used? Did you do anything different?
2. When is it an overdose? Is the person responsive? How slow is their breathing? Are they turning blue?
3. When to take action? When to call 911 and say someone is unresponsive? Try Rescue Breathing, naloxone, or other things first?

For contact information and a list of programs and service times, please visit www.nmhivguide.org
(Continued on other side of Card)
4. When should naloxone be used?
   Where is the naloxone located?
   How much - one or more doses?
   What if it is not working?

5. How long should Rescue Breathing be used?
   Are they breathing on their own?
   Were they placed into the rescue position?
   Did help arrive?

6. What’s the plan when the naloxone wears off?
   How should support be given?
   Has 911 arrived?
   Go to the Emergency Room/Hospital?
   Who will stay with the person?
   What if the person is dope-sick or in withdrawal?

7. Should identification be removed if they have outstanding warrants?
   Is there anything else to be removed?

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