RESCUE BREATHING
2. Are they breathing? Look, listen and feel.
3. If no response, call 911.
4. Check for clear airway. If blocked, roll on side and use finger sweep to clear.
5. Roll onto back and give naloxone (1/2 in each nostril).
6. If not breathing, tilt head back, pinch nose and give 2 regular breaths.
7. Look, listen and feel. If still not breathing give 1 breath every 5 seconds.
8. If there is no response after 3 to 4 minutes give another dose of naloxone.
9. Continue breathing until help arrives or they can breathe on their own.
10. Once breathing, put person in recovery position.
11. Remember, naloxone only works for 30-90 minutes. Watch

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Things to Do With an Opiate Overdose

**Stimulation** - Are they responsive?
Shout their name, shake their foot, use a sternum rub.

**Call 911** – Tell 911 someone is unresponsive.

**Airway** – Look-Listen-Feel. Open airway and clear mouth (Mouth sweep with curved fingers if there is a blockage).

**Rescue Breathing** – Give 1 breath every 5 seconds.

**Evaluate** – Are they any better? (Look-Listen-Feel).

**Medication** – Spray ½ dose (vial) of naloxone into each nostril.

**Evaluate and support** – Is the person breathing now?

Do they need another dose of naloxone?

Naloxone lasts 30-90 minutes. Seek help and support in case the person overdoses after the naloxone wears-off!

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Thanks to Chicago Recovery Alliance for the original SCARE-ME material in 2001, changes and updates by D. Zurlo 10-28-16.