PRESCRIPTION MONITORING PROGRAM

PRESCRIPTION DRUGS were involved in 75% of DRUG OVERDOSE DEATHS in New Mexico.
- Source: NMDOH, Substance Abuse Epi Profile 2010-2014

2 out of 3 providers in New Mexico DO NOT CHECK the PMP before prescribing controlled substances.
- Source: NMDOH, PDMP

MANDATING PMP CHECKS

Several states, including New Mexico, have required PMP checks. Below are some results of this action.

- NEW YORK
  75% reduction in the number of individuals seeing multiple providers for the same drugs

- KENTUCKY
  90% increase in prescriptions for opioid dependence treatment medication

- TENNESSEE
  36% reduction in the number of individuals seeing multiple providers for the same drugs

Source: PDMP Center for Excellence at Brandeis University, “Mandating PDMP participation by medical providers,” February 2014
WHAT IS THE PRESCRIPTION DRUG MONITORING PROGRAM (PMP)?
The Prescription Drug Monitoring Program (PMP) is a state-wide electronic database administered by the New Mexico Board of Pharmacy that tracks the dispensing and prescribing of controlled substances.

WHO REPORTS PRESCRIPTION INFORMATION TO THE NEW MEXICO PMP?
Pharmacies who fill prescriptions for controlled substances report to the PMP within 24 hours of filling a prescription.

WHO CAN ACCESS DATA ENTERED INTO THE NEW MEXICO PMP?
All licensed New Mexico providers who prescribe and/or dispense controlled substances have access to information about their patients in the PMP. Health care providers can also arrange for delegates to have access so that the delegate can check a patient's record in busy health care settings. Health care providers and their delegates have access 24 hours a day, seven days a week.

All data entered in the PMP is subject to the Health Insurance Portability and Accountability Act (HIPAA) which protects patients’ medical records and personal health information.

WHAT IS A CONTROLLED SUBSTANCE?
A controlled substance is any drug or chemical that is regulated by the government. Most controlled substances have useful and legitimate medical purposes, such as treating pain. However, they can also have dangerous side effects, such as a high risk of misuse and abuse.

Prescription opioids such as OxyContin, Percocet, and Vicodin are examples of controlled substances.

ADDITIONAL RESOURCES AND INFORMATION ABOUT PMPs

The Centers for Disease Control and Prevention: Prescription Drug Monitoring Programs (PDMPs)
www.cdc.gov/drugoverdose/pdmp/

Drug Enforcement Agency: State Prescription Drug Monitoring Programs Questions and Answers
www.deadiversion.usdoj.gov/faq/rx_monitor.htm

New Mexico Prescription Drug Monitoring Program
www.nmpmp.org