New Mexico had the 11th* HIGHEST DRUG OVERDOSE DEATH RATE IN THE US in 2020.

*rate is based off the CDC ranking and is subject to change as final rates adjust
(CDC, National Center for Health Statistics site last updated March 1, 2022)

About 2 of 3 Drug overdose deaths in NM in 2020 involved an opioid (prescription opioids, heroin, or fentanyl).

In 2020 in NM, about 86% of drug overdose deaths that involved benzodiazepines (drugs like valium or Xanax) also involved opioids.

In 2020 in NM, the fentanyl-involved death rate was 7x the rate in 2016.

In 2020 in NM, the methamphetamine-involved death rate was 2.8x the rate in 2015.

In 2020 in NM, there were 801 deaths due to drug overdose in New Mexico.

To put that in context, ONE NEW MEXICAN DIED from drug overdose about EVERY 11 HOURS.

PEOPLE WITH PRESCRIPTION OPIOIDS ARE AT RISK OF OVERDOSE, NOT JUST NONMEDICAL USERS*.

* Non-medical use of prescription opioids (NMUPO) is defined as taking an opioid in a manner or dose other than prescribed, taking someone else's prescription opioid, even if for a legitimate medical reason, or taking prescription opioids for the feelings that it produces (National Institute on Drug Abuse 2019). Jul 19, 2021
Things You Can Do to Prevent Drug Overdose

- Never take a medicine not prescribed for you, or other than as prescribed.
- Never share prescriptions.
- Confirm all medicines that you take with your healthcare provider at every visit.
- Get naloxone! Naloxone is a drug that can reverse an opioid overdose.
- Naloxone can be requested at any pharmacy and does not require a prescription.
- To learn more about where you can get naloxone, go to https://doseofreality.com/naloxone/
- If you are concerned about your use of controlled substances (medications) or illicit substances, see your healthcare provider and ask for help!
- Your healthcare provider can help you determine the appropriate treatment.
- Medication-assisted treatment (MAT) is available to treat opioid use disorder.

For more information please contact Alisha Campbell at Alisha.Campbell@state.nm.us