About Side Effects

The pills you are taking have hormones (chemicals) that are like the ones your body makes naturally.

Taking these pills changes the amount of hormones in your body.

It might take a while to get used to the change.

Most people don't have side effects. These are the most common normal side effects:

- Mood swings
- Feeling sick to your stomach
- Bleeding or spotting between periods
- Weight changes
- Sore breasts