Why is the work important?

Healthy eating and physical activity are two main lifestyle behaviors that can help prevent obesity and reduce the burden of chronic disease. Our HKHC strategies are crucial to making sustainable policy, systems, and environmental changes to support healthy eating and physical activity in Cibola County.

Key Success of HKHC Cibola County:
Introduced 521O and Eat Smart to Play Hard initiatives into elementary schools to promote healthy eating and physical activity.

Key Partners: Grants-Cibola Schools, City of Grants, Cibola County, Cibola General Hospital, PMS, NMSU-Grants

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