



Why care about CRYPTO?



We can all do **OUR** part to keep our pools safe:

1. **CRYPTOSPORIDIUM** is a parasite that can be found in swimming pools and is NOT killed quickly by chlorine.

TRUE FALSE

2. If you swallow pool water that has **CRYPTO** in it, you (or your child) can get sick.

TRUE FALSE

3. If diapers are changed poolside, crypto can get into the pool easier.

TRUE FALSE

4. Circle 4 practical and easy ways to keep you and the pool safe:

- A. Never go swimming again.
 - B. Keep pool water out of your mouth.
 - C. Don't swim if you have diarrhea or if you had it in the past 2 weeks.
 - D. Take a good shower with soap before swimming.
 - E. Take your kids on frequent bathroom breaks and wash hands well each time.
- Waiting to hear "I have to go" may be too late.



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1. answer: **TRUE**:

CRYPTOSPORIDIUM is not killed quickly by chlorine. Chlorine will kill many bacteria and parasites quickly. Crypto, though, can tolerate chlorine for several days.

2. answer: **TRUE**:

The easiest way for Crypto to enter your body is to swallow it. Once it enters your body, this parasite can make you quite sick with diarrhea, nausea, fever and more. **Please keep pool water out of your mouth!**

3. answer: **TRUE**:

Please change diapers in the restroom, NOT by the pool.

4. answer: **B, C, D & E**

Of course we can all continue to swim and enjoy our wonderful pools. **BUT, it is important that we all do OUR part** to keep pool water safe. Please re-read answers B, C, D & E and ask yourself if you really do these things regularly.

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