The goal of this training is to improve knowledge, skills and understanding among Community Health Workers of the basic educational concepts of asthma and asthma self-management so they are able to teach children and adults with asthma and their families how to effectively manage their disease using evidence-based asthma self-management practices.

The course will be a combination of 5 virtual meetings consisting of 1.5 hours and 5 hours guided self-paced learning. There is no cost to the participant for the training. The class will be capped at 25 participants to provide a meaningful learning environment.

**Dates and Times:**
- Thursday February 10, 2022 from 4:00 to 5:30 pm
- Tuesday February 15, 2022 from 4:00-5:30 pm
- Thursday February 17, 2022 from 4:00 to 5:30 pm
- Tuesday February 22, 2022 from 4:00 to 5:30 pm
- Thursday February 24, 2022 from 4:00 to 5:30 pm
- Tuesday March 1, 2022 from 4:00 to 5:30 pm

For registration and requirements go to the New Mexico Council on Asthma Website home page, [https://www.nmasthma.org/](https://www.nmasthma.org/)

**Registration Closes on February 4, 2022**

**Contact:** Norma Vazquez, norma.vazquezdehoud@state.nm.us, 505-490-7322

CEU’s provided by the Office of Community Health Workers New Mexico Department of Health