Accessing a Zoom Meeting From An Email
When you open the Zoom invite Email, you will see something like this.

In the Email, use the mouse to click on the link. It should only need one click, but if it doesn’t work, try double clicking on the link.

(Your name) is inviting you to a scheduled Zoom meeting.

Topic: My Meeting
Time: Apr 29, 2021 10:00 AM Mountain Time (US and Canada)

Join Zoom Meeting
https://zoom.us/j/92801216121?pwd=TkfnYVM5OW1YMz1LjybZ2pdfF5xTUVuZz09

Meeting ID: 928 0121 6121
Passcode: vOr8IL

If just clicking on the link doesn’t work, you may need to press Ctrl on the keyboard and at the same time use the mouse to click the link.
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Click on Join with Computer Audio
Once you are in the meeting, you will see a screen like this.

Your video should show up at the top.

If you just see your name at the top, click on Start Video.

To start the video so the other person can see you, click on Start Video.

If there is a red line over the Mute or Start Video, that means it is off.

This will be the person you are going to talk to.
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This is what you will see on your screen