

IMPORTANT REMINDERS

You may find all laws and regulations for the Medical Cannabis Program at www.nmhealth.org/go/mcp.

Listed below are some quick "Do's and Don'ts".

DO:

Track the effects of medical cannabis.

Keep cannabis secure.

Purchase cannabis from legal sources.

DON'T:

Transfer cannabis across state lines or into federal areas or federal offices.

Use in public areas.

Sell product to any person or entity.

Drive while impaired.

Medical cannabis may be purchased from any licensed dispensary and is tax-free up to the 425-unit rolling 90-day supply for patients. Patients may purchase cannabis in addition to the 90-day rolling supply but will not receive the tax-free benefit on these additional purchases.

NOTE: Take your patient ID card and your state ID to every visit. New Mexico residents can apply to be medical patients, regardless of age, however, anyone under the age of 18 must have a caregiver.



SAFETY



- Keep cannabis, and all other medications, away from children and pets.
- It is important that you buy your medical cannabis from a licensed dispensary in New Mexico. Dispensaries are required to test cannabis products.
- Transport and store your medical cannabis in the original dispensary packages.
- Keep your cannabis secure.
- Consume medical cannabis products someplace you feel safe and where you will not have to drive.
- If you use a courier to deliver your medical cannabis, ask for their ID and have your patient ID card ready to show them.
- New Mexico residents under 21 cannot purchase cannabis unless they are medical patients.
- Having a card may not protect you if your workplace has a drug-free policy and considers you to be in a safety sensitive position. Ask your employer to be sure.

CONTACT US

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NMDOH

NEW MEXICO DEPARTMENT OF HEALTH

PATIENT GUIDE

IN THIS GUIDE YOU WILL FIND:

- Benefits to enrollment
- How to check units
- Annual verification and recertification info
- Safety & legal info
- Your card enclosed

WELCOME TO THE MEDICAL CANNABIS PROGRAM



- **Please check your patient ID card to make sure it is correct.** If there are any mistakes, contact the office immediately at **505-827-2321**.
- Your card's expiration date is in the lower, right-hand corner. **There are also two annual verification dates.** Your card remains active until the expiration date as long as you submit an application by the annual verification date. **You are required to submit an application every year to keep your card active.**
- If you move to a different mailing address, or if your patient card is lost or stolen, fill out and send in an "Information Change/Card Replacement Form." Your original card will be deactivated.
- Patients who need extra help can select a Primary Caregiver. Your Primary Caregiver will need to fill out a "Primary Caregiver Application" and get it signed by your doctor.
- The patient application and card replacement form are available on the Medical Cannabis Program website: **www.nmhealth.org/about/mcp/svcs**
- There is an Online Patient Portal where individuals can apply online, view their application status, and see their units purchased. To find out more, visit: **mcppatient-tracking.nmhealth.org**

How do I know what works for me?



There are many types of products on the market with different uses and effects. The best way to keep track of what is working or not working for you is to write it down. If you try something that doesn't feel right for you, stop using it. Write it down in your tracker then talk to your medical provider and the dispensary.

It's a good idea to track all the products you use over at least a one-month period and take it with you to your next medical appointment. This will allow you to talk to your medical provider about how specific products are working for you.

Tracker Example

Date	Units	Product	How it worked	Would use again
05/24/21	2	Flower: OG Kush	Good, relieved pain	Yes
06/05/21	1.5	Chocolate Bar	Helped with sleep	Yes

HOW MUCH/WHEN CAN I BUY?

Patients in the program can buy up to **425 units of cannabis and/or cannabis products over a rolling three-month period** (or 90 days). Patients can buy dried flower and many other products like edibles, tinctures, and topicals.

WHAT IS A "UNIT"?

For dried flower, **1 unit equals 1 gram**. 425 units is about 15 ounces of dried flower product.

For edibles, tinctures, and topicals, **1 unit is 200 milligrams** (or 0.2 grams) of THC

WHAT IS A "ROLLING THREE-MONTH PERIOD"?

The total cannabis units you can buy is 425 over the course of 90 days. It can include different items. For example, in a 90-day period, you might buy 80 units of dried flower, 75 units of tinctures, 55 units of chocolate bars and still have 215 units left. **Your units are tracked every time you buy products from a dispensary. Units that you buy today will fall off your total unit count and return after 90 days.**

HOW DO I KNOW HOW MANY UNITS I HAVE AVAILABLE?

You can register online at: **mcp-patient-tracking.nmhealth.org** Just follow the directions and you will be able to see your sales history from the last 90 days.