Hepatitis A is a serious, highly contagious liver disease caused by the hepatitis A virus (HAV). HAV is found in the feces of people with hepatitis A.

Here are some general disinfection steps to follow to reduce the spread of illness.

**HEPATITIS A OUTBREAK**

**DISINFECTION GUIDELINES**

1. **WIPE UP SURFACES**
   - Wear personal protective equipment (PPE) and two layers of gloves
   - Use disposable paper towel to wipe up contaminated area
   - Dispose of paper towel and first set of gloves into trash bag

2. **DISINFECT SURFACES**
   - Mix \( \frac{1}{3} \) cup of regular bleach with 1 gallon of water
   - Wipe contaminated area with bleach solution
   - Leave wet for 1 minute then rinse area with clean water

3. **CLEAN SOILED ITEMS**
   - Dispose of contaminated PPE into trash bag
   - Seal and dispose of trash bag
   - Wash clothing in hot water and add bleach according to laundering instructions

4. **WASH YOUR HANDS**
   - Use warm water and soap
   - Rub hands together for 20 seconds
   - Rinse hands in warm water

Adapted with permission of Michigan Department of Health and Human Services