

Date: February 15, 2022
To: All DD Waiver Providers
From: Jason Cornwell, Director 
Developmental Disabilities Supports Division

DDSD - DDW Numbered Memo 2022-4

Subject: Revisions to Comprehensive Aspiration Risk Management Plan Documents

The New Mexico DDSD template for the Comprehensive Aspiration Risk Management Plan (CARMP) has been updated. The February 2022 CARMP Template, Instructional Guide, and upcoming CARMP Training dates are included with this mailing. These documents will be made available on the DDSD website including the CSB pages.

The CARMP Template and Instructions have been slightly edited after the late January version was distributed. The edits were based on provider feedback and internal review. Edits were done to address malfunctioning checkboxes and to provide additional clarity for users. *Please discard the January 2022* version and only use the CARMP template dated 2/10/2022.

For those teams who have initiated the January 2022 version of the CARMP, it is not necessary to revise any CARMPs that have been completed.

However, for all subsequent CARMPs, including any required updates and the next upcoming annual CARMP teams must transition to the 2/10/2022 version. The Standards citation is listed on page 2.

This allows for a one-year transition period for all CARMPs that do not require an update. All DD Waiver IDTs must migrate all CARMPs to the February 10, 2022, CARMP Template by March 1, 2023.

CSB recommends that IDTs transition to the 2.10.22 version of the CARMP when preparing for the annual ISP, creating an initial CARMP, or when a major revision to the CARMP is needed (e.g., changed risk level, new tube placement, etc.) Refer to Standards 5.5.6.2.1.

As a reminder, the 2022 edits to the CARMP are based on feedback from IDTs and support implementation of the International Dysphagia Diet Standardization Initiative (IDDSI) within the Developmental Disabilities Waiver (DDW). The IDDSI Framework identifies specific syringe and fork sizes to be used for testing to ensure the appropriate texture and consistencies required by the different IDDSI Levels. IDDSI specific syringes may be obtained by using the person's AT Fund. A limited supply of 'official' syringes will be available to therapists for initial training purposes. Final information will be announced later. Guidance for testing methods and other resources are available on the IDDSI website at iddsi.org. DDSD resources regarding IDDSI implementation will soon be finalized and posted on the DDSD-CSB Therapy website.

Additional CARMP revisions include guidance to align with the DDW Standards released in November 2021. This version also includes updates regarding oral hygiene, supporting hydration and access to fluids. Other areas have been updated with specific directions about needed content. The overall goal is to reduce duplication and support effective DSP implementation of the CARMP to minimize the risk of aspiration or other complications.

The revised 2022 CARMP Template Instructional Guide addresses all changes and common questions. If the Decision Consultation Process (DCP) is requested by the healthcare decision maker, refer to the 2022 CARMP Instructional Guide and the current DDW Standards for details about documenting this on the CARMP.

IDT's must collaborate to update the CARMP by using the 'CARMP Draft in Therap' process according to the 2021 DDW Standards.

CARMP Template trainings and Help sessions began this month and will continue through March. A calendar for the remainder of February and early March is attached and will be updated soon.

If you have any questions, problems, or need an additional copy of the 2022 CARMP Template, please contact Kotie Viljoen, Aspiration Risk Coordinator, or one of the Therapy Consultants, at any time.

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2022 February CARMP Attachments:

Template

Instructional Guide

Feb/March Trainings