New Mexico Good Samaritan Law: You are legally protected, barring a warrant, probation, or parole, when you call 911 seeking help for a friend or family member experiencing an overdose.

Avoid using alone and go slow - Take turns using when you're with other people so there is someone to provide rescue breathing if someone overdoses.

Know the symptoms of overdose and how to provide first aid - If someone overdoses, give them naloxone, call 911 immediately, and provide rescue breathing until they can breathe on their own.

Consider medication assisted treatment with prescribed medication like buprenorphine or methadone.

Always carry naloxone with you - You can contact your county Public Health Office, Harm Reduction programs, and substance use treatment offices to get naloxone (Narcan).

Talk to your health care provider or pharmacist about obtaining naloxone. To get Narcan anywhere in NM from the Human Services Department call: 505-270-5943.

Talk with your health care provider and pharmacist about all prescription and non-prescription medications.

Do not mix opioids with alcohol, benzodiazepines, or other substances.

Do not take opioids more often or in higher quantities than prescribed.

Find your local harm reduction program.