Community Supports Waiver Design

NM Department of Health (DOH), Developmental Disabilities Supports Division (DDSD)
### Objectives

<table>
<thead>
<tr>
<th>Understand</th>
<th>HSD’s and DOH’s research on Supports Waivers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overview</td>
<td>Of other states’ Supports Waivers that were considered as possible models, and criteria used to make those selections</td>
</tr>
<tr>
<td>Understand</td>
<td>Timeline, required by CMS, to ensure this waiver is available by January 1, 2020</td>
</tr>
<tr>
<td>Review</td>
<td>Stakeholder groups identified for input and upcoming meeting dates</td>
</tr>
<tr>
<td>Review</td>
<td>Processes that need operationalization and timelines in relation to CSW-DDW and Mi Via Waiver System</td>
</tr>
</tbody>
</table>
HSD-DOH
National Research Efforts on Supports Waivers

- Consultation and technical assistance from the National Association of State Directors of Developmental Disabilities Services (NASDDDS)
- Consultation and technical assistance from Human Services Research Institute (HSRI)
- Consultation with the Centers for Medicare and Medicaid Services (CMS)
- Developed criteria and questions to guide research with other states:
  - Populations served
  - Service Plan Funding methodologies
  - Is waiver used to address the waiting list
  - 1915 C Waiver Authority
  - Tiered Waiver System
  - Services Offered
• DDSD reviewed 18 states that utilize supports waivers

• DDSD identified 8 states that would serve as useful models for NM
  ✔ Maryland
  ✔ Ohio
  ✔ Virginia
  ✔ Louisiana
  ✔ Pennsylvania
  ✔ Missouri
  ✔ Tennessee
  ✔ Washington
Research

- DDSD contacted all 8 states and discussed our criteria and questions
- Developed an information sheet of all 8 states
- Shared information with DOH/HSD leadership
- Reviewed approved support waivers in all 8 states
DDSD developed the following criteria to review supports waivers to inform the final selection of 3 models to consider:

- Populations served
- Used to address the waiting list
- 1915 c waiver authority
- Tiered system
- Flexibility
Research

✓ Promote self-determination, independence, productivity, inclusion and integration
✓ Support families
✓ Have budget allotments
✓ Allow additional funds to the budget allotments to address increased needs on a short term basis (i.e. short term exception process)
✓ Focus on transition from school to employment
3 Models chosen for consideration based on criteria

Maryland
Pennsylvania
Louisiana
<table>
<thead>
<tr>
<th>Align</th>
<th>With NM’s vision</th>
</tr>
</thead>
<tbody>
<tr>
<td>Represent</td>
<td>Promising practices to address state waiting list</td>
</tr>
<tr>
<td>Represent</td>
<td>Best practices</td>
</tr>
<tr>
<td>Represent</td>
<td>States that also operate comprehensive/other waiver programs</td>
</tr>
<tr>
<td>Represent</td>
<td>Varied service arrays and budget amounts</td>
</tr>
<tr>
<td><strong>Population</strong></td>
<td>All ages</td>
</tr>
<tr>
<td>----------------</td>
<td>---------</td>
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<tr>
<td><strong>Budget Allotment</strong></td>
<td>$25,000</td>
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<tr>
<td><strong>Temporary Budget Exceptions</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>1915 (c) waiver</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Used to address waiting list</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Tiered waiver system</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Limits to service amounts</strong></td>
<td>No</td>
</tr>
<tr>
<td><strong>Case Management inside budget</strong></td>
<td>No</td>
</tr>
<tr>
<td><strong>Provider/vendor structure</strong></td>
<td>Provider</td>
</tr>
<tr>
<td><strong>Self-directed option</strong></td>
<td>Yes</td>
</tr>
</tbody>
</table>
Model #1
Maryland

• Service array:
  • Supported Employment Services
  • Transitional Employment Services
  • Employment Discovery & Customization
  • Community Development Services
  • Day Habilitation
  • Medical Day Care
  • Support Services
  • Self-Direction Supports
<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
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<tbody>
<tr>
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<tr>
<td>1915 (c) waiver</td>
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<tr>
<td>Used to address waiting list</td>
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</tr>
<tr>
<td>Tiered waiver system</td>
<td>Yes</td>
</tr>
<tr>
<td>Limits to service amounts</td>
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<tr>
<td>Case Management inside budget</td>
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</tr>
<tr>
<td>Provider/vendor structure</td>
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<td>Self-directed option</td>
<td>Yes</td>
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</table>
Model # 2
Pennsylvania

- Service Array
  - Advanced Supported Employment
  - Assistive Technology
  - Behavioral Support
  - Benefits Counseling
  - Communication Specialist
  - Community Participation Support
  - Companion
  - Consultative Nutritional Services
  - Education Support
  - Family/Caregiver Training and Support
  - Home Accessibility Adaptations
  - Homemaker/Chore
  - Housing Transition and Tenancy Sustaining Services
  - In-Home and Community Support
Model #2
Pennsylvania

- Service Array
  - Music, Art, and Equine Assisted Therapy
  - Participant-Directed Goods and Services
  - Respite
  - Shift Nursing
  - Small Group Employment
  - Specialized Supplies
  - Supported Employment
  - Supports Broker Supports Coordination
  - Therapy – Physical, Occupational, Speech, Language, and Orientation, Mobility and Vision
  - Transportation
  - Vehicle Accessibility Adaptations
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<tr>
<td>Tiered waiver system</td>
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<tr>
<td>Case Management inside budget</td>
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<td>Provider/vendor structure</td>
<td>Provider</td>
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<td>Self-directed option</td>
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</table>
Model #3
Louisiana

- Service array
  - Support Coordination
  - Supported Employment – Individual or Group
  - Day Habilitation
  - Prevocational
  - Respite (center-based or in-home)
  - Habilitation
  - Permanent Supportive Housing Stabilization
  - Permanent Supportive Housing Stabilization Transition
  - Personal Emergency Response System (PERS)
People want to be integrated in the community

CSW will remove people from the wait list

There will be funding limits

People tend to use the maximum amount of their budget allotments

We will serve as many people as possible.

Anyone allocated can access the CSW
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<th>All ages</th>
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<td>Self-directed option</td>
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</table>
New Mexico Ideas

- Service array
  - Transportation
  - Self-Advocacy Training
  - Employment
  - Behavior Supports
  - Help with Locating Housing
  - Community Coordination
  - Technology
  - Budget and Money Management
  - Respite
  - Other Recommendations?
<table>
<thead>
<tr>
<th>Options</th>
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<td>$25,000</td>
<td>$6,940</td>
<td>$16,378,400</td>
<td></td>
</tr>
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• Covered Services
• Community Supports Coordinator
• Self-directed component: Yes, No, or a hybrid?
• Budget allotment amount
• Limits in service categories
• Exception amounts (temporary or otherwise)
• Provider/vendor network
• Tiered waiver system/entrance criteria
• Stopover/interim while waiting for DDW/MVW or end in itself
• Assessment Tool
Required Timelines 1/1/20 Implementation
Input from people in services and on Wait List
- 2016 KIT Letter response from WL
- 2017-2018 Statewide KYR and ARR Townhalls
- 2019 Waitlist Survey

Informing identified stakeholder groups and public
- SW PowerPoint (HCBS Medicaid Supports Waiver)
- Fact Sheets

Advisory meetings hosted by DOH Secretary
- DOH secretary meeting with varied stakeholder groups including ACQ, DRNM, legislators, advocates, and provider associations

DOH – HSD Task Force for decision making
- Reviews national research, data points, survey results, and CMS requirements in order to make decisions

Statewide Town Hall Meetings
- Regionally scheduled prior to formal public notification of draft application
- Provide information and accept questions or comments
Partners and Stakeholders

• People waiting for services and their families
• Disability Rights New Mexico (DRNM)
• ARC of New Mexico
• Governor’s Commission on Disability
• Developmental Disabilities Planning Council (DDPC)
• Parents Reaching Out (PRO)
• Advisory Council on Quality Services for Individuals with Developmental Disabilities and Their Families (ACQ)
• Center for Self-Advocacy
• People First
• Tribal Communities
Partners and Stakeholders

• Association of Developmental Disabilities Community Providers (ADDCP)
• Consultant Association
• Case Management Action and Advocacy Committee
• Therapy Network
• Behavior Therapy Association
• Nursing Association
• Mi Via Advisory Committee
• NM Association of Family Living Providers
Resources

- DOH website: [https://nmhealth.org/about/ddsd/pgsv/](https://nmhealth.org/about/ddsd/pgsv/)
- Office of Constituent Support tracking inquiries Lisa Storti [Lisa.Storti@state.nm.us](mailto:Lisa.Storti@state.nm.us) 505-476-8972