

Help Stop the Spread of **Hepatitis A**



Wash Your Hands

New Mexico is experiencing a hepatitis A outbreak.

Protect yourself and others from hepatitis A:

- Wash your hands **with soap and water.**
- If soap and water aren't available, use alcohol-based hand sanitizer.
- Get vaccinated against hep A.
- Find more resources at nmhivguide.org



Adapted from the Michigan Department of Health and Human Services: www.michigan.gov/mdhhs