

Sample Smartphone Apps
(free except those with a price notation)

OPTIONAL COUNSELING TOOL

Updated 6/18

Feature	Android Program (available at Android Market)	iPhone (available through iTunes and online sites)
Ovulation and fertile days	PT = Period Tracker 🌸 PP = Pink Pad 🍷 WL = Woman Log 🌸 MD = My Days 🌸 LC = Lady Cycle 🌸 FF = Fertility Friend 📅 LoC= Love Cycle 📅	MC = MyCycles 🌸 PT = Period Tracker 🌸 PP = Pink Pad 🍷 PeP = Period Plus 🌸
Fertility awareness methods (FAM)	OvuView – 14 FAM incl Standard days 🌸 iC = iCycleBeads - Standard days 📅 Cost: \$2.99	iC = iCycleBeads - Standard days 📅 Cost: \$2.99
Body temp tracking	WL 🌸, MD 🌸, FF 📅, LoC 📅	NFP = NFP Manager –Sympto 📅 MC 🌸
Cervical mucus tracking	FF 📅 TwoDay Method 🌸	NFP 📅, MC 🌸
Notifications (period, fertile)	PP 🍷, WL 🌸, iC 📅 Cost: \$2.99	PP 🍷, iC 📅 Cost: \$2.99
Languages other than English (incl Spanish)	WL 🌸, MD 🌸	
Logs of dates and calculates average days of past menstrual cycles	PP 🍷, PT 🌸, WL 🌸, FF 📅 iC 📅 Cost: \$2.99, LoC 📅	PP 🍷, PT 🌸, MC 🌸 iC 📅 Cost: \$2.99
Shows future period dates	PP 🍷, PT 🌸, WL 🌸, MD 🌸, LC 🌸, FF 📅, LoC 📅	PP 🍷, PT 🌸, PeP 🌸, MC 🌸
Privacy feature (e.g., password protection)	PT 🌸, WL 🌸, LC 🌸, FF 📅, LoC 📅	PT 🌸, PeP 🌸
Weight tracking	PP 🍷, WL 🌸, LoC 📅	PP 🍷, PeP 🌸
Provide education/hints	OV 🌸, LC 🌸	
Birth Control Method	Android Program (available at Android Market)	iPhone (available through iTunes and online sites)
Birth Control Pill	PillReminder 📅 ContraceptivePill 🐼	myPill 📅 MyReminder 📅 Cost: \$0.99
Birth Control Ring	Contraceptive ring 🐼	RingRemind 📅
Birth Control Patch	Contraceptive Patch 🐼	