If checked, give epinephrine immediately for ANY symptoms (mild or severe) if the allergen was likely eaten.

For severe symptoms below, give epinephrine:

1. INJECT EPINEPHRINE IMMEDIATELY (note time):
   Epinephrine Brand: Epi Pen / Auvi Q
   Adrenaclick
   Epinephrine Dose: 0.15 mg IM / 0.3 mg IM

2. Call 911. Request ambulance with epinephrine.
3. Don’t hang up and do not leave the student.
4. Give additional medications (followed or with the epinephrine)
   - Antihistamine _____________ _____ mg by mouth
   - Other: ____________________________
5. Lay the student flat and raise legs. If breathing is difficult or they are vomiting, let them sit up or lie on their side.
6. If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.
7. Alert parents and/or emergency contacts.
8. Transport student to ER even if symptoms resolve. Student should remain in ER for 4+ hours because symptoms may return.
9. Notify the school nurse and student’s physician.

1. GIVE ANTIHISTAMINE:
   • ______________ _____ mg by mouth.
2. Stay with student; alert emergency contacts.
3. Watch student closely for changes.
   - If symptoms worsen, GIVE EPINEPHRINE (see above).
   - For mild symptoms from more than one body area GIVE EPINEPHRINE (see above).

If in doubt give epinephrine!
EPIPEN® (EPINEPHRINE) AUTO-INJECTOR DIRECTIONS
1. Remove the EpiPen Auto-Injector from the plastic carrying case.
2. Pull off the blue safety release cap.
3. Swing and firmly push orange tip against mid-outer thigh.
4. Hold for approximately 10 seconds.
5. Remove and massage the area for 10 seconds.

AUVI-Q™ (EPINEPHRINE INJECTION, USP) DIRECTIONS
1. Remove the outer case of Auvi-Q. This will automatically activate the voice instructions.
2. Pull off red safety guard.
3. Place black end against mid-outer thigh.
4. Press firmly and hold for 5 seconds.
5. Remove from thigh.

ADRENACLICK®/ADRENACLICK® GENERIC DIRECTIONS
1. Remove the outer case.
2. Remove grey caps labeled “1” and “2”.
3. Place red rounded tip against mid-outer thigh.
4. Press down hard until needle penetrates.
5. Hold for 10 seconds. Remove from thigh.

OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

TRAINED STAFF
1. _________________________________________________________________ ROOM _____________
2. _________________________________________________________________ ROOM _____________
3. _________________________________________________________________ ROOM _____________

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