

Asthma Rescue Checklist
Insert School Name and Logo
Insert School Year

Student Name: _____

DOB: _____

Grade: _____

Student verbalizes correct dose and medication?

Yes No

Student verbalizes signs and symptoms of asthma, verbalizes principles in the safe use of inhaler and triggers? Yes No

Student demonstrates proper technique for use of asthma rescue inhaler?

Yes No

Student aware and verbalizes the use of a asthma control test

Yes No

Student has a signed (provider and parent/guardian) asthma action plan on file?

Yes No

Asthma Rescue Inhaler Instructions

- Call 911 or call for help, if appropriate
- Shake the inhaler well 3 to 5 times
- Remove cap from inhaler, make sure the canister is inserted fully into the plastic holder
- Place spacer on tip of inhaler if available
- Prime the inhaler before using if inhaler has not been used for more than 2 weeks or first time by releasing 3 test sprays into the air
- Breath out fully through the mouth, expel air from lungs,
- Place the mouthpiece into your mouth; keep inhaler in its upright position and close lips around inhaler
- Breath in slow and deep through the mouth, depress inhaler as breath is being taken
- Hold breath for a slow count of 5 to 10 seconds,
- Allow breath to release after holding
- Remove inhaler from mouth
- Wait one full minute and repeat cycle per medical orders.
- Remove from mouth and recap
- Rinse mouth

Witness: _____

Date: _____

Comment: _____