1 out of 9.7 babies were born prematurely in New Mexico in 2017-2019

*Reflects singleton births

In 2019, New Mexico ranked #24 in the nation in premature births

A baby is born premature when they are born before 37 weeks of gestation

Risk Factors
- Smoking tobacco
- Inadequate Prenatal Care
- Stress
- Prior Preterm Birth
- Physical Violence

Age is strongly associated with preterm birth, and nearly twice as many birthing persons 35 years and up had a preterm infant, compared to those ages 15-34 years (2017-2019, p-value <.0001).

Among NM people who smoked cigarettes during pregnancy, 14.6% had a premature infant

March of Dimes Resource

NM PRAMS
More information:
https://ibis.health.state.nm.us/query/selection/prams/_PRAMSSelection.html

*Reflects singleton births