

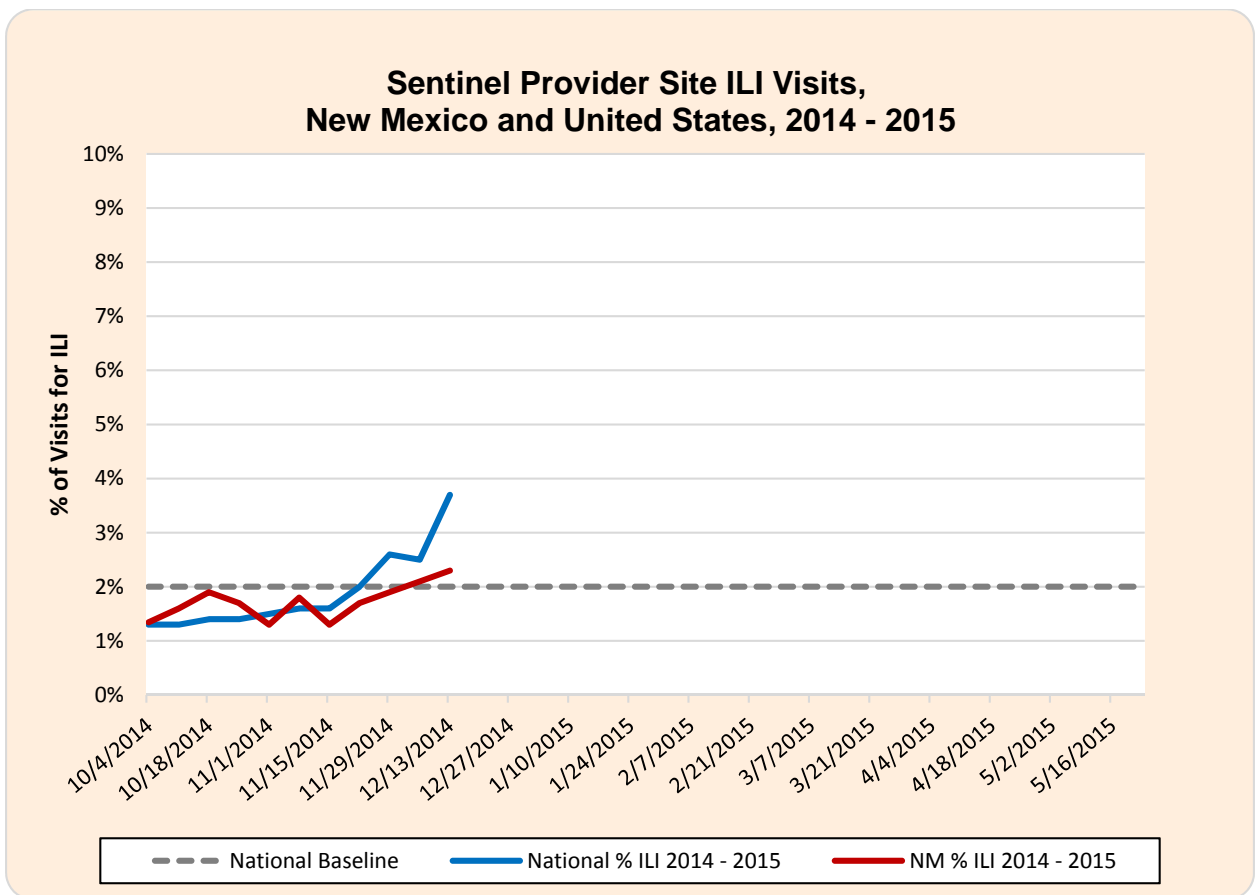
NEW MEXICO INFLUENZA SURVEILLANCE UPDATE 2014 - 2015 Influenza Season

Epidemiology and Response Division, New Mexico Department of Health (NMDOH)

Influenza Activity in New Mexico for **Week Ending December 13, 2014 (MMWR Week 50)**

Influenza in the state was at low activity by several indicators¹:

- Outpatient visits for influenza-like illness (ILI):** Twenty-four of the 28 sentinel outpatient provider sites reported a total of 10,973 patient visits, of which 254 (2.3%) were identified as visits for ILI²; which is above national baseline and an increase from last week (2.1%). Nationally, the percentage of ILI visits increased to 3.7%; which is also above baseline (see graph below).

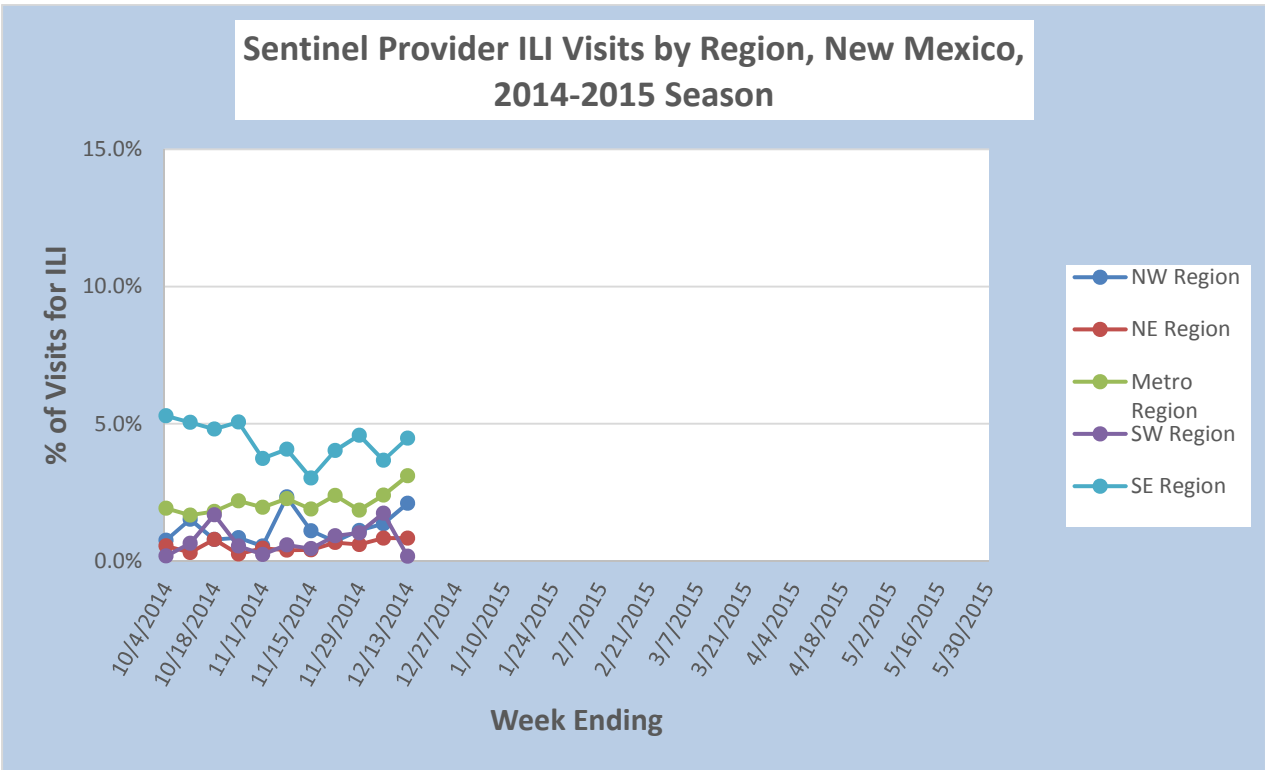


¹ Weekly ILI and lab data may change as additional reports are compiled.

² Influenza-like Activity (ILI) is defined as Fever ($\geq 100^{\circ}\text{F}$ [37.8°C], oral or equivalent) AND cough and/or sore throat in the absence of a KNOWN cause other than influenza.

EPIDEMIOLOGY AND RESPONSE

- ILI Activity by State Health Regions: by NMDOH regions within the state (refer to page 4 table footnote defining the regions by county). Weekly ILI ranged from 0.2% (SE Region) to 4.5% (SE Region). Increases in ILI were seen in the SE, Metro, and NW Regions; while a decrease was seen in the SW Region and the NE Region remained the same as last week. See graph below for the current season’s weekly ILI by region.



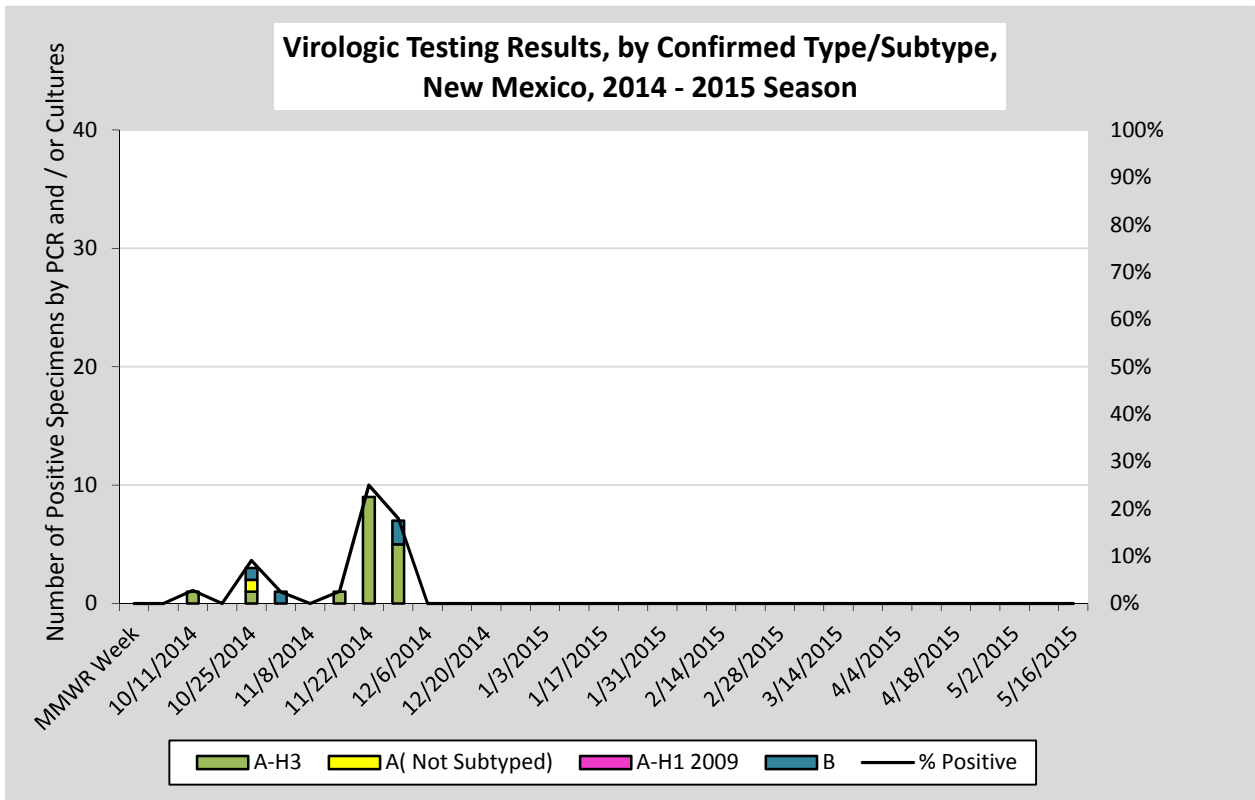
Sentinel Outpatient Reporting Sites by Region:

| | |
|--------------|---|
| NW Region | San Juan Regional Medical Center, Farmington and Acoma-Canoncito-Laguna Indian Health Hospital, Acoma |
| NE Region | Raton Family Practice Associates, Raton; Taos-Picuris Indian Health Clinic, Taos; Pecos Valley Medical Center, Pecos; La Familia Medical Clinic, Santa Fe; Los Alamos Family Care Clinic, Los Alamos; Jicarilla Apache Indian Health Clinic, Dulce; Children’s Clinic PA, Los Alamos |
| Metro Region | Lovelace Downtown Medical Center, Albuquerque; University of New Mexico Student Health Clinic, Albuquerque; Presbyterian Medical Group-Atrisco, Northside, Pediatric Urgent Care; Albuquerque Health Partners Urgent Care, Rio Rancho |
| SE Region | Carlsbad Medical Center, Carlsbad; Lea Regional Medical Center, Hobbs; Eastern New Mexico Medical Center, Roswell; Ruidoso Medical Associates, Ruidoso; Roosevelt General Hospital Clinic, Portales |
| SW Region | Gila Regional Medical Center, Silver City; Hidalgo Medical Services Clinic, Lordsburg; Ben Archer Health Center, Deming, Columbus, and Dona Ana; La Clinica de Familia, Sunland Park; Mescalero Apache Indian Health Hospital, Mescalero; New Mexico Mining and Technology Institute, Socorro |

- **Laboratory tests for influenza:** The New Mexico Scientific Laboratory Division has tested 337 respiratory specimens for influenza, of which 22 (6.5%) were positive for influenza. Eighteen (81.8%) of the positive influenza specimens were influenza A and 4 (18.2%) were influenza B. Seventeen (94.4%) of the influenza A specimens were subtyped and all subtyped influenza A specimens were A (H3). Influenza A (H1) has yet to be detected this

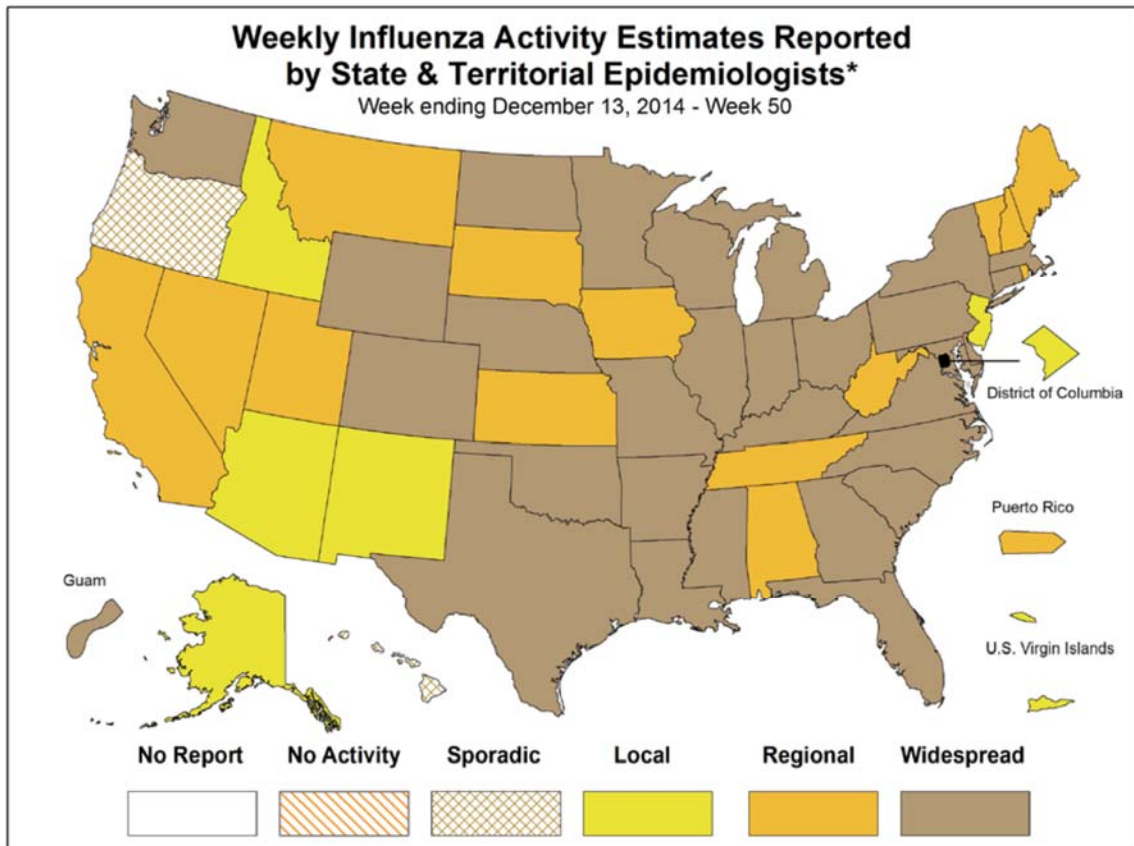
year in New Mexico. The graph below illustrates the circulating influenza types and subtypes and the weekly percent of positive specimens by week/data of collection during the 2014-2015 season.

The Centers for Disease Control and Prevention (CDC) has characterized the first New Mexico influenza positive of the season, which was identified in a Bernallilo County resident, as A/Switzerland/9715293/2013-like. Of the H3N2 viruses that have been characterized nationally by the CDC, 69.4% are different (or “drifted”) from the 2014-2015 Northern Hemisphere A (H3N2) vaccine component.



- **Influenza-related deaths:** There have been no laboratory confirmed influenza-related deaths, adult or pediatric, among New Mexico residents during the week ending December 13, 2014.

- Geographic Spread of Influenza in the State:** NMDOH reported the state influenza activity level as ‘**Local**’ to the Centers for Disease Control and Prevention (CDC). See the table on page 5 for the activity level definitions. The map below displays New Mexico activity in comparison to influenza activity in bordering states, regions, and nationally for the week ending December 13, 2014.



* This map indicates geographic spread & does not measure the severity of influenza activity

 This information is collected by the Infectious Disease Epidemiology Bureau, Epidemiology Response Division, New Mexico Department of Health.

For questions, please call 505-827-0006.
 For more information on influenza go to the NMDOH web page: <http://www.health.state.nm.us/flu/>
 or the CDC web page: <http://www.cdc.gov/flu/about/disease/>

TABLE OF INFLUENZA ACTIVITY LEVELS

| Activity Level | ILI activity*/Outbreaks | | Laboratory data |
|-----------------------|--|--|--|
| No activity | Low | And | No lab confirmed cases [†] |
| Sporadic | Not increased | And | Isolated lab-confirmed cases |
| | OR | | |
| Local | Not increased | And | Lab confirmed outbreak in one institution [‡] |
| | Increased ILI in 1 region**; ILI activity in other regions is not increased | And | Recent (within the past 3 weeks) lab evidence of influenza in region with increased ILI |
| Local | OR | | |
| | 2 or more institutional outbreaks (ILI or lab confirmed) in 1 region; ILI activity in other regions is not increased | And | Recent (within the past 3 weeks) lab evidence of influenza in region with the outbreaks; virus activity is no greater than sporadic in other regions |
| Regional | Increased ILI in less than half of the regions (2 or less) | And | Recent (within the past 3 weeks) lab confirmed influenza in the affected regions |
| | OR | | |
| Regional | Institutional outbreaks (ILI or lab confirmed) in less than half of the regions (2 or less) | And | Recent (within the past 3 weeks) lab confirmed influenza in the affected regions |
| | Widespread | Increased ILI and/or institutional outbreaks (ILI or lab confirmed) in at least 3 of the 5 regions | And |

Influenza-like illness: Fever ($\geq 100^{\circ}\text{F}$ [37.8°C], oral or equivalent) and cough and/or sore throat (in the absence of a known cause other than influenza).

[†] Lab confirmed case = case confirmed by rapid diagnostic test, antigen detection, culture, or PCR. Care should be given when relying on results of point of care rapid diagnostic test kits during times when influenza is not circulating widely. The sensitivity and specificity of these tests vary and the predicative value positive may be low outside the time of peak influenza activity. Therefore, at the start of the season, NMDOH uses lab confirmation by PCR or culture to declare the presence of lab-confirmed influenza in the state. Positivity by other lab methods is recognized and tracked as another influenza activity indicator as the season progresses.

[‡] Institution includes nursing home, hospital, prison, school, etc.

Region: population under surveillance in a defined geographical subdivision of a state. A region could be comprised of 1 or more counties and would be based on each state's specific circumstances. In New Mexico, the NMDOH regions are: **Northwest Region: San Juan, McKinley, and Cibola counties; **Northeast Region:** Los Alamos, Rio Arriba, Taos, Colfax, Union, Mora, Harding, Santa Fe, San Miguel and Guadalupe counties; **Metro Region:** Bernalillo, Sandoval, Torrance and Valencia counties; **Southeast Region:** Quay, Curry, DeBaca, Lincoln, Roosevelt, Chaves, Eddy and Lea counties, and **Southwest Region:** Socorro, Catron, Grant, Sierra, Otero, Dona Ana, Luna and Hidalgo counties.