Healthy Eating Opportunities in School (SY 2017-18)

Healthy Kids Healthy Communities (HKHC)* implementation strategies for expanding children’s healthy eating opportunities during the school day include weekly or monthly fruit & vegetable tastings in the classroom and regular salad bars, premade salads, and fruits & vegetables offered as snacks. These numbers represent the 2017-18 school year and only include those elementary schools that have established healthy eating practices on an ongoing and regular basis (note: several HKHC schools are still working on environmental and systems changes to increase frequency of tastings or salad bars/pre-made salads and are not taken into account here).

### How much did we do?

**Healthy Kids Healthy Communities (HKHC)**
- 91 HKHC public elementary schools have increased healthy eating opportunities
- 44 HKHC public elementary schools have classroom fruit & vegetable tastings
- 55 HKHC public elementary schools have salad bars and/or premade salads
- 32 HKHC public elementary schools have a school garden
- Provided training & technical assistance to schools to participate in the federal Fresh Fruit and Vegetable School Snack program (FFVP)

### How well did we do it?

**Healthy Kids Healthy Communities**
- 90% of HKHC public elementary schools have increased healthy eating opportunities
- 44% of HKHC public elementary schools have classroom fruit & vegetable tastings
- 54% of HKHC public elementary schools have salad bars and/or premade salads
- 32% of HKHC public elementary schools have a school garden
- The number of schools participating in the FFVP increased from 29 schools in 2010 to 55 schools in SY 2017-18

### Is anyone better off?

**Healthy Kids Healthy Communities**
- 29,781 students in HKHC public elementary schools have increased healthy eating opportunities
- 6,659 students in HKHC public elementary schools have access to classroom fruit & vegetable tastings
- 11,528 students in HKHC public elementary schools have access to salad bars and/or premade salads
- 10,626 students in HKHC public elementary schools have access to a school garden

**Healthy Kids Healthy Communities**
- 89% of students in HKHC public elementary schools have increased healthy eating opportunities
- 20% of students in HKHC public elementary schools have access to classroom fruit & vegetable tastings
- 34% of students in HKHC public elementary schools have access to salad bars and/or premade salads
- 32% of students in HKHC public elementary schools have access to a school garden

* HKHC represents 22% of students in the NM elementary school-age population (SY 2017-18)