2009 New Mexico Youth Risk and Resiliency Survey (YRRS) High School (Grades 9 - 12)

Sierra County

New Mexico Department of Health

New Mexico Public Education Department

University of New Mexico Prevention Research Center
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(Individuals who served on the NM-YRRS 2009 Steering Committee are identified by an *.)
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Introduction

This report contains county level results from the 2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS), a statewide survey of public school students, grades 9-12. Statewide and county level results will be available at www.YouthRisk.org and www.health.state.nm.us/ERD/HealthData/yrrs.shtml. Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and others (Appendix B).

Additionally, this report includes a section on academic measures and traits. These academic measures include getting good grades (mostly A's and B's), trying hard to do good work in school, planning to go to college, skipping or ditching school, coming to class with paper and something to write with, and completing homework.

How to Read this Report

This report has three main sections, each of which consists of a set of bar and line charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with several data charts. At the beginning of each topic area, a set of line charts gives results for multiple survey years of the YRRS (2003, 2005, 2007, and 2009). A following set of bar charts compares results for the county to results for the entire state, compares the behaviors of boys to those of girls, and makes comparisons between grade levels within the county.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there are line and bar charts presenting trends, a comparison between the state and the county, a comparison between boys and girls in the county, and a comparison of grade levels within the county. Using the same styles of charts, the third section of the report presents results for the resiliency/protective factors.

In some cases when there were very few students in a particular age or gender group, data have been suppressed to protect the anonymity of the individual respondents.

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NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org.
Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. A label for each bar presents the actual percentage of students who reported each trait. For instance, the chart on page 14, Personal Safety: Injury, shows that 8.3% of students in New Mexico rarely or never wore seatbelts, while 15.4% of students in Sierra County rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are from a sample of students, and not the entire student body, the results in this report are estimates. As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin 'I' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7% to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.
How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher bound of the US error bar (4.4%) is lower than the lower bound of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.

For some small counties, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.

<table>
<thead>
<tr>
<th>Current cocaine use</th>
<th>Current smoker</th>
</tr>
</thead>
<tbody>
<tr>
<td>NM</td>
<td>7.9</td>
</tr>
<tr>
<td>US</td>
<td>3.4</td>
</tr>
<tr>
<td></td>
<td>25.7</td>
</tr>
<tr>
<td></td>
<td>23.0</td>
</tr>
</tbody>
</table>

**Error bars DO overlap**

No statistically significant difference.
Methodology

The YRRS was implemented in the fall semester of the 2009-10 school year. All public school districts in New Mexico were invited to participate in the 2009 High School YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate.* The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 10.1, a statistical software program.

Limitations of the YRRS

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a usable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2009 High School YRRS was 67%, an adequate response rate to represent the population.

In order to achieve a statewide response rate of 60% or greater, we aimed for a 75% response rate from each participating school district. Most participating school districts and counties met this target or were close to it. While the response rate was generally very good in participating schools, the overall response rate was driven down by the school districts that declined to participate.

* The Middle School YRRS was also conducted at the same time; results from that survey are published separately.
Participation in Sierra County

The response rate for Sierra County was 82%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 75% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

### Profile of students surveyed

<table>
<thead>
<tr>
<th></th>
<th>Number of students</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total</strong></td>
<td>164</td>
<td>100%</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls</td>
<td>74</td>
<td>(45.1%)</td>
</tr>
<tr>
<td>Boys</td>
<td>90</td>
<td>(54.9%)</td>
</tr>
<tr>
<td><strong>Race/Ethnicity</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>American Indian</td>
<td>11</td>
<td>(6.8%)</td>
</tr>
<tr>
<td>Asian or Pacific Islander</td>
<td>5</td>
<td>(3.1%)</td>
</tr>
<tr>
<td>Black or African-American</td>
<td>6</td>
<td>(3.7%)</td>
</tr>
<tr>
<td>Hispanic</td>
<td>68</td>
<td>(42.0%)</td>
</tr>
<tr>
<td>White</td>
<td>72</td>
<td>(44.4%)</td>
</tr>
<tr>
<td><strong>Grade Level</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9th</td>
<td>47</td>
<td>(28.7%)</td>
</tr>
<tr>
<td>10th</td>
<td>43</td>
<td>(26.2%)</td>
</tr>
<tr>
<td>11th</td>
<td>41</td>
<td>(25.0%)</td>
</tr>
<tr>
<td>12th</td>
<td>33</td>
<td>(20.1%)</td>
</tr>
<tr>
<td>Other:</td>
<td>0</td>
<td>(0.0%)</td>
</tr>
</tbody>
</table>
Risk Behaviors
Personal Safety: Injury
Personal Safety: Injury
Bicycle Helmet and Seatbelt Use
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Of those who rode a bicycle in the past 12 months
Personal Safety: Injury
Carried a Gun in the Past 30 Days
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS
Personal Safety: Injury
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

q009. Never/rarely wore bicycle helmet
q010. Never/rarely wore seat belt

* Among those who rode a bicycle in the past 12 months
Personal Safety: Injury
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

*Among those who rode a bicycle in the past 12 months*
Personal Safety: Injury
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Among those who rode a bicycle in the past 12 months

q009. Never/rarely wore bicycle helmet
q010. Never/rarely wore seat belt

*Among those who rode a bicycle in the past 12 months*
q015. Carried a gun * Yes No Not Sure

q013. Have a gun in home

* In the past 30 days

Personal Safety: Injury
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

NM Sierra
**Personal Safety: Injury by Gender, Sierra County**

*Grades 9 - 12, 2009 NM YRRS*

**q015. Carried a gun**

- **Yes**: 61.0% Female, 71.2% Male
- **No**: 33.4% Female, 18.6% Male
- **Not Sure**: 5.6% Female, 10.2% Male

*In the past 30 days*
Personal Safety: Injury
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

q015. Carried a gun *

Percent (%)

<table>
<thead>
<tr>
<th>Grade</th>
<th>Yes</th>
<th>No</th>
<th>Not Sure</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>8.5</td>
<td>59.9</td>
<td>31.8</td>
</tr>
<tr>
<td>10th</td>
<td>18.1</td>
<td>65.6</td>
<td>23.0</td>
</tr>
<tr>
<td>11th</td>
<td>16.7</td>
<td>75.7</td>
<td>16.0</td>
</tr>
<tr>
<td>12th</td>
<td>21.4</td>
<td>66.4</td>
<td>8.2</td>
</tr>
</tbody>
</table>

q013. Have a gun in home

* In the past 30 days
Personal Safety: Behaviors and Experiences Associated with Violence
Personal Safety: Behaviors and Experiences Associated with Violence
In Physical Fight in the Past 12 Months
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS
Personal Safety: Behaviors and Experiences Associated with Violence
Carried a Weapon *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Such as a gun, knife, or club, in the past 30 days
* Hit, slapped, or physically hurt on purpose by boyfriend or girlfriend in the past 12 months
Personal Safety: Behaviors and Experiences Associated with Violence

New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q014. Carried weapon *
q018. In a physical fight **
q020. Hit by boy/girlfriend **
q021. Ever forced to have sex

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Behaviors and Experiences Associated with Violence by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q014. Carried weapon *
  - Female: 23.8%
  - Male: 51.6%

- q018. In a physical fight **
  - Female: 40.6%
  - Male: 35.1%

- q020. Hit by boy/girlfriend **
  - Female: 20.4%
  - Male: 17.7%

- q021. Ever forced to have sex
  - Female: 14.9%
  - Male: 8.7%

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Behaviors and Experiences Associated with Violence
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Schools and Violence
Personal Safety: Schools and Violence
Carried a Weapon on School Property *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Such as a gun, knife, or club, in the past 30 days
Personal Safety: Schools and Violence
Skipped School Due to Safety Issues *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 30 days
Personal Safety: Schools and Violence
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Personal Safety: Schools and Violence
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Personal Safety: Schools and Violence
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Mental Health
Mental Health: Suicide Attempts and Ideation
Persistent Feelings of Sadness or Hopelessness *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months
Mental Health: Suicide Attempts and Ideation
Seriously Considered Suicide in the Past 12 Months
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS
Mental Health: Suicide Attempts and Ideation
Made a Plan to Attempt Suicide in the Past 12 Months
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)

2003 2005 2007 2009

19.4 19.5 24.6 15.8

15.8
Mental Health: Suicide Attempts and Ideation
Attempted Suicide in the Past 12 Months
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

![Graph showing attempted suicide rates in Sierra County from 2003 to 2009. The rates range from 14.6% in 2003 to 9.5% in 2009.](image-url)
Mental Health: Suicide Attempts and Ideation

Injured in Suicide Attempt *

Sierra County

Grades 9 - 12, 2003 - 2009, NM YRRS

* Made a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months
Mental Health: Suicide Attempts and Ideation in the Past 12 Months
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

NM - Sierra

Percent (%)

q023. Sad or hopeless * 29.7 40.6
q024. Seriously considered suicide 15.9 20.2
q025. Made suicide plan 13.1 15.8
q026. Attempted suicide 9.7 9.5
q027. Suicide attempt resulting in injury ** 3.2 4.3

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse
Mental Health: Suicide Attempts and Ideation in the Past 12 Months by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse
Mental Health: Suicide Attempts and Ideation in the Past 12 Months by Grade, Sierra County

Grades 9 - 12, 2009 NM YRRS

- q023. Sad or hopeless *
- q024. Seriously considered suicide **
- q025. Made suicide plan **
- q026. Attempted suicide **
- q027. Suicide attempt resulting in injury ***

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse
*** Suicide attempt resulting in injury.
Tobacco
Tobacco: Cigarette Smoking
Even Tried Cigarette Smoking *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Even one or two puffs
Tobacco: Cigarette Smoking
Current Cigarette Smoker *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Smoked cigarettes on at least one of the past 30 days
Tobacco: Cigarette Smoking
Smoked Cigarettes Before Age 13
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* First smoked a whole cigarette before age 13
Tobacco: Cigarette Smoking
Smoked Cigarettes on School Property *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* On at least one of the past 30 days
Tobacco: Other Use and Exposure
Used Any Form of Tobacco *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Smoked cigarettes, cigars, cigarillos, or little cigars, or used chewing tobacco, snuff, or dip in the past 30 days
Tobacco: Other Use and Exposure
Current Cigar Smoker *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Smoked cigars, cigarillos, or little cigars on at least one of the past 30 days
Tobacco: Other Use and Exposure
Current Spit Tobacco Use *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Used chewing tobacco, snuff, or dip on at least one of the past 30 days
**Ever tried cigarettes, even one or two puffs**

*Smoked cigarettes on at least one of the past 30 days*

***Smoked cigarettes on at least 20 of the past 30 days***

****Smoked at least 10 cigarettes per day on days that they smoked****

*****In the past 30 days*****
Tobacco: Cigarette Smoking
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Ever tried cigarettes, even one or two puffs
** Smoked cigarettes on at least one of the past 30 days
*** Smoked cigarettes on at least 20 of the past 30 days
**** Smoked at least 10 cigarettes per day on days that they smoked
***** In the past 30 days
Tobacco: Cigarette Smoking
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q028. Ever tried cigarettes *
- q029. Smoked cigarette before age 13
- q030. Current smoker **
- q030. Frequent smoker ***
- q031. Heavy smoker ****
- q033. Smoked on school property

* Ever tried cigarettes, even one or two puffs
** Smoked cigarettes on at least one of the past 30 days
*** Smoked cigarettes on at least 20 of the past 30 days
**** Smoked at least 10 cigarettes per day on days that they smoked
***** In the past 30 days
Tobacco: Behaviors of Current Cigarette Smokers
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

- q029. Smoked cigarette before age 13
- q030. Frequent smokers *
- q031. Heavy smoker **
- q034. Tried to quit smoking ***
- q032. Got cigarettes in store ****

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers <18 yrs old
Tobacco: Behaviors of Current Cigarette Smokers by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers <18 yrs old
Tobacco: Behaviors of Current Cigarette Smokers
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers < 18 yrs old
Tobacco: Other Use and Exposure
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

* Chewing tobacco, snuff, or dip, in the past 30 days
** Cigars, cigarillos, or little cigars, in the past 30 days
*** Cigarettes, spit tobacco, or cigars, in the past 12 months
**** In the past 7 days

q035. Current spit tobacco use *
q036. Current cigar user **
q036. Current use of any form of tobacco ***
q037. In the same room with someone smoking cigarettes ****
Tobacco: Other Use and Exposure by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q035. Current spit tobacco use *
- q036. Current cigar user **
- q036. Current use of any form of tobacco ***
- q037. In the same room with someone smoking cigarettes ****

* Chewing tobacco, snuff, or dip, in the past 30 days
** Cigars, cigarillos, or little cigars, in the past 30 days
*** Cigarettes, spit tobacco, or cigars, in the past 12 months
**** In the past 7 days
Tobacco: Other Use and Exposure
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

q035. Current spit tobacco use *
q036. Current cigar user **
q036. Current use of any form of tobacco ***
q037. In the same room with someone smoking cigarettes ****

* Chewing tobacco, snuff, or dip, in the past 30 days
** Cigars, cigarillos, or little cigars, in the past 30 days
*** Cigarettes, spit tobacco, or cigars, in the past 12 months
**** In the past 7 days

Percent (%)
Tobacco: Parental and Student Attitudes
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

** How wrong do your parents feel it would be for you to smoke cigarettes

q039. Great risk from smoking one+ packs/day *

Percentage:
- NM: 66.2%
- Sierra: 59.2%

q038. Parents feel cigarette smoking is "Very wrong" **

Percentage:
- NM: 68.0%
- Sierra: 59.8%
Tobacco: Parental and Student Attitudes
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?
** How wrong do your parents feel it would be for you to smoke cigarettes
Tobacco: Parental and Student Attitudes by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

q039. Great risk from smoking one+ packs/day *
q038. Parents feel cigarette smoking is "Very wrong" **

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?
** How wrong do your parents feel it would be for you to smoke cigarettes
Alcohol
Alcohol Use
Current Drinker *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Had at least one drink of alcohol in the past 30 days
Alcohol Use
Binge Drinker *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Had at least five or more drinks of alcohol in a row or within a couple of hours, at least once in the past 30 days
Alcohol Use
Drank Alcohol Before Age 13
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Had first drink of alcohol, other than a few sips, before age 13
Alcohol Use
Rode With a Drinking Driver *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* In the past 30 days
Alcohol Use
Drinking and Driving *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Drove a car or other vehicle "when you had been drinking alcohol," in the past 30 days
Alcohol Use
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q040. First drink before age 13
q041. Current drinker *
q042. Binge drinker **
q046. Drank on school property ***

29.4 34.8 40.5 52.1 25.0 38.6 8.0 9.8

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

Female  Male

q040. First drink before age 13
34.1  35.5

q041. Current drinker *
60.8  44.3

q042. Binge drinker **
45.6  32.3

q046. Drank on school property ***
12.0  7.7

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q040. First drink before age 13
- q041. Current drinker *
- q042. Binge drinker **
- q046. Drank on school property ***

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use Associated with Injury
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q011. Rode with drinking driver *
26.4

q012. Drinking and driving *
9.7

* In the past 30 days
Alcohol Use Associated with Injury
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* In the past 30 days
Alcohol Use Associated with Injury by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* In the past 30 days
Alcohol Use: Behaviors of Current Drinkers
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q043. During the past 30 days, what type of alcohol did you usually drink?

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
** Such as Bartles & James or Seagrams
*** Such as vodka, rum, scotch, bourbon, or whiskey
Among current drinkers
q043. During the past 30 days, what type of alcohol did you usually drink?

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
** Such as Bartles & James or Seagrams
*** Such as vodka, rum, scotch, bourbon, or whiskey
### Alcohol Use: Behaviors of Current Drinkers

**by Grade, Sierra County**

**Grades 9 - 12, 2009 NM YRRS**

Among current drinkers

q043. During the past 30 days, what type of alcohol did you usually drink?

<table>
<thead>
<tr>
<th>Alcohol Type</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>No usual type</td>
<td>17.0</td>
<td>12.4</td>
<td>11.3</td>
<td>11.3</td>
</tr>
<tr>
<td>Beer</td>
<td>15.9</td>
<td>29.0</td>
<td>29.0</td>
<td>21.0</td>
</tr>
<tr>
<td>Malt beverages *</td>
<td>11.1</td>
<td>12.2</td>
<td>6.6</td>
<td>0.0</td>
</tr>
<tr>
<td>Wine coolers **</td>
<td>6.2</td>
<td>4.2</td>
<td>4.4</td>
<td>9.1</td>
</tr>
<tr>
<td>Wine</td>
<td>6.7</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>Liquor ***</td>
<td>38%</td>
<td>39%</td>
<td>41%</td>
<td>41%</td>
</tr>
<tr>
<td>Other</td>
<td>11%</td>
<td>10%</td>
<td>10%</td>
<td>9.2</td>
</tr>
</tbody>
</table>

---

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

** Such as Bartles & James or Seagrams

*** Such as vodka, rum, scotch, bourbon, or whiskey
Among current drinkers

q044. During the past 30 days, how did you usually get the alcohol you drank?

- Bought it in a store*
- Bought it at a restaurant, bar, or club
- Bought it at a public event**
- Gave someone else money to buy it
- Someone gave it to you
- Took it from a store or family member
- Other

* Such as a liquor store, convenience store, supermarket, discount store, or gas station
** Such as a concert or sporting event
Among current drinkers
q044. During the past 30 days, how did you usually get the alcohol you drank?

Among current drinkers
q044. During the past 30 days, how did you usually get the alcohol you drank?

* Such as a liquor store, convenience store, supermarket, discount store, or gas station
** Such as a concert or sporting event
Among current drinkers
q044. During the past 30 days, how did you usually get the alcohol you drank?

* Such as a liquor store, convenience store, supermarket, discount store, or gas station
** Such as a concert or sporting event
## Alcohol Use: Behaviors of Current Drinkers

### New Mexico and Sierra County

#### Grades 9 - 12, 2009 NM YRRS

**Alcohol Use: Behaviors of Current Drinkers**

Among current drinkers

q044. During the past 30 days, where did you usually drink alcohol?

<table>
<thead>
<tr>
<th>Location</th>
<th>NM</th>
<th>Sierra</th>
</tr>
</thead>
<tbody>
<tr>
<td>My home</td>
<td>24.4</td>
<td>17.9</td>
</tr>
<tr>
<td>Another person's home</td>
<td>60.3</td>
<td>52.9</td>
</tr>
<tr>
<td>While riding in or driving a car</td>
<td>3.8</td>
<td>6.8</td>
</tr>
<tr>
<td>Restaurant, bar, or club</td>
<td>1.1</td>
<td>4.5</td>
</tr>
<tr>
<td>Public place *</td>
<td>4.7</td>
<td>11.4</td>
</tr>
<tr>
<td>Public event **</td>
<td>2.2</td>
<td>3.4</td>
</tr>
<tr>
<td>On school property</td>
<td>3.6</td>
<td>3.0</td>
</tr>
</tbody>
</table>

*Such as a park, beach, or parking lot

**Such as a concert or sporting event
Among current drinkers
q044. During the past 30 days, where did you usually drink alcohol?

* Such as a park, beach, or parking lot
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q044. During the past 30 days, where did you usually drink alcohol?

* Such as a park, beach, or parking lot
** Such as a concert or sporting even
Alcohol: Attitudes
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?*

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Alcohol: Attitudes by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?*

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Alcohol: Attitudes
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?*

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Alcohol: Access and Use by Friends
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

q109. Most or all close friends drink at least once/week
q068. "Sort of easy" or "Very easy" to get alcohol

Percent (%)

- NM
- Sierra

12.4
19.3
64.6
68.0
Alcohol: Access and Use by Friends
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

q109. Most or all close friends drink at least once/week
Female: 19.0, Male: 19.6

q068. "Sort of easy" or "Very easy" to get alcohol
Female: 70.4, Male: 65.8
Alcohol: Access and Use by Friends by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

q109. Most or all close friends drink at least once/week
q068. "Sort of easy" or "Very easy" to get alcohol

<table>
<thead>
<tr>
<th>Grade</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>15.9</td>
<td>20.5</td>
<td>23.5</td>
<td>18.3</td>
</tr>
<tr>
<td>10th</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11th</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12th</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Percent (%)
Drugs
Drug Use
Current Marijuana Use *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)

* Used marijuana at least once in the past 30 days
Drug Use
Used Painkiller to Get High *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Used a pain killer to get high, like Vicodin, OxyContin, or Percocet, in the past 30 days
Drug Use
Inhalant Use *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, in the past 30 days
Drug Use
Ecstasy Use *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

This question not asked before 2007

* In the past 30 days
Drug Use
Cocaine Use *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* In the past 30 days
Drug Use
Heroin Use *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* In the past 30 days
Drug Use
Injection Drug Use *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Ever in lifetime
Marijuana Use
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q051. Ever tried marijuana
49.2
55.7

q051. Tried marijuana before age 13
18.4
23.8

q052. Current marijuana use *
28.0
37.3

q053. Marijuana use on school property **
9.7
15.1

* Used marijuana at least once in the past 30 days
** Used marijuana on school property at least once in the past 30 days
Marijuana Use
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q051. Ever tried marijuana
60.7 51.0

q051. Tried marijuana before age 13
21.3 26.1

q052. Current marijuana use *
42.3 32.7

q053. Marijuana use on school property **
14.9 15.2

* Used marijuana at least once in the past 30 days
** Used marijuana on school property at least once in the past 30 days
**Marijuana Use**

by Grade, Sierra County

Grades 9 - 12, 2009 NM YRRS

- q051. Ever tried marijuana
- q051. Tried marijuana before age 13
- q052. Current marijuana use *
- q053. Marijuana use on school property **

* Used marijuana at least once in the past 30 days

** Used marijuana on school property at least once in the past 30 days

Percent (%)
* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?
** How wrong do your parents feel it would be for you to use marijuana?
Marijuana: Attitudes
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?

How wrong do your parents feel it would be for you to use marijuana?

* q054. My parents think my marijuana use would be very wrong

** q055. People face great risk from regular marijuana use

61.3 Female
71.4 Male

25.3 Female
29.6 Male
Marijuana: Attitudes by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

q054. My parents think my marijuana use would be very wrong
q055. People face great risk from regular marijuana use

* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?
** How wrong do your parents feel it would be for you to use marijuana?
"Current" use refers to at least one use of a substance in the past 30 days
Note that vertical axis extends to 50% rather than 100% as in most other charts
“Current” use refers to at least one use of a substance in the past 30 days

Note that vertical axis extends to 50% rather than 100% as in most other charts
"Current" use refers to at least one use of a substance in the past 30 days
Note that vertical axis extends to 50% rather than 100% as in most other charts
Lifetime Drug Use *
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

"Current" use refers to at least one use of a substance in the past 30 days
Note that vertical axis extends to 50% rather than 100% as in most other charts
Lifetime Drug Use *
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

"Lifetime" use refers to at least one use of a substance in during a lifetime
Note that vertical axis extends to 50% rather than 100% as in most other charts
"Lifetime" use refers to at least one use of a substance in during a lifetime
Note that vertical axis extends to 50% rather than 100% as in most other charts
q067. Offered or sold illegal drugs on school property *

q068. "Sort of easy" or "Very easy" to get marijuana

q068. "Sort of easy" or "Very easy" to get illegal drug **

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs
Access to Drugs
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

q067. Offered or sold illegal drugs on school property *

q068. "Sort of easy" or "Very easy" to get marijuana

q068. "Sort of easy" or "Very easy" to get illegal drug **

Percent (%)

Female
Male

Grades 9 - 12, 2009 NM YRRS

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs
q067. Offered or sold illegal drugs on school property *
q068. "Sort of easy" or "Very easy" to get marijuana
q068. "Sort of easy" or "Very easy" to get illegal drug **

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs

Grades 9 - 12, 2009 NM YRRS

Access to Drugs by Grade, Sierra County
Drugs: Use or Dealing by Adults
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

- q071. Know 1+ adults who use drugs
  - NM: 60.7%
  - Sierra: 68.3%

- q072. Know 1+ adults who sell drugs
  - NM: 42.6%
  - Sierra: 55.4%
Drugs: Use or Dealing by Adults by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

q071. Know 1+ adults who use drugs
- Female: 73.4%
- Male: 63.6%

q072. Know 1+ adults who sell drugs
- Female: 59.8%
- Male: 51.2%
Drugs: Use or Dealing by Adults by Grade, Sierra County Grades 9 - 12, 2009 NM YRRS

q071. Know 1+ adults who use drugs
65.3 53.2 78.2 81.2

q072. Know 1+ adults who sell drugs
41.1 54.8 60.1 71.7
Sexual Behavior
Sexual Behavior
Ever had Sexual Intercourse
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)
Sexual Behavior
Sexually Active *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Had sexual intercourse at least once in the past 3 months
Sexual Behavior
Had Sexual Intercourse Before Age 13
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)
q073. Ever had sexual intercourse
q073. Had sexual intercourse before age 13
q075. Sexually active *
q074. Had sexual intercourse with 4+ people in life
q131. Taught about AIDS/HIV at school

* Had sexual intercourse at least once in the past 3 months
**Sexual Behavior**

by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

![Chart showing sexual behavior by gender.]

- **q073. Ever had sexual intercourse**: 58.2% Female, 55.6% Male
- **q073. Had sexual intercourse before age 13**: 7.8% Female, 16.1% Male
- **q075. Sexually active ***: 46.9% Female, 23.6% Male
- **q074. Had sexual intercourse with 4+ people in life**: 19.9% Female, 21.2% Male
- **q131. Taught about aids/hiv @ school**: 76.9% Female, 72.5% Male

*Had sexual intercourse at least once in the past 3 months*
Sexual Behavior
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Had sexual intercourse at least once in the past 3 months
Sexual Behaviors of Sexually Active Students
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q076. Used alcohol or drugs before sex *
23.1
q077. Used condom *
57.5
q078. Used condom & either BCP/Depo-Provera **
5.5

New Mexico and Sierra County

* Refers to the last time student had sexual intercourse
** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
Sexual Behaviors of Sexually Active Students 
by Gender, Sierra County 
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse

** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
Sexual Behaviors of Sexually Active Students
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q076. Used alcohol or drugs before sex *
- q077. Used condom *
- q078. Used condom & either BCP/Depo-Provera **

* Refers to the last time student had sexual intercourse
** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
Sexual Behaviors of Sexually Active Students: Primary Birth Control Method
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
Sexual Behaviors of Sexually Active Students: Primary Birth Control Method by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
Sexual Behaviors of Sexually Active Students: Primary Birth Control Method by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
Body Weight, Nutrition, and Physical Activity
Body Weight
Overweight *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex
Body Weight
Obese *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese : BMI >= 95th percentile for age and sex, based on historical reference data
Body Weight
Overweight or Obese *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese: BMI >= 95th percentile for age and sex, based on historical reference data
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex
Nutrition

Five Servings of Fruit or Vegetables per Day
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)

<table>
<thead>
<tr>
<th>Year</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>2003</td>
<td>15.7</td>
</tr>
<tr>
<td>2005</td>
<td>18.4</td>
</tr>
<tr>
<td>2007</td>
<td>17.8</td>
</tr>
<tr>
<td>2009</td>
<td>26.6</td>
</tr>
</tbody>
</table>
Physical Activity
Physical Education in School at Least Once per Week
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)
Physical Activity
Daily Physical Education in School
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)
Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese: BMI $\geq$ 95th percentile for age and sex, based on historical reference data
- Overweight: BMI $\geq$ 85th percentile and $< 95$th percentile for age and sex, based on historical reference data
Body Weight
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese: BMI >= 95th percentile for age and sex, based on historical reference data
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data
Body Weight
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese: BMI >= 95th percentile for age and sex, based on historical reference data
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data
Weight Control
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q116. Exercised to lose weight *
q117. Ate less to lose weight *
q118. Vomited to lose weight *

* Or keep from gaining weight, in the past 30 days

New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)
Weight Control
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

$q_{116}$. Exercised to lose weight *
$q_{117}$. Ate less to lose weight *
$q_{118}$. Vomited to lose weight *

* Or keep from gaining weight, in the past 30 days
Weight Control
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

- q116. Exercised to lose weight *
- q117. Ate less to lose weight *
- q118. Vomited to lose weight *

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Or keep from gaining weight, in the past 30 days
Nutrition
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

- q119. Ate 5+ servings of fruits or vegetables daily *
- q125. Drank soda once or more daily *
- q126. Drank 3+ glasses milk daily *
- q136. Often or sometimes not enough to eat **

* In the past 7 days
** "By you and your family" in the past 12 months
q119. Ate 5+ servings of fruits or vegetables daily *
q125. Drank sodas once or more daily *
q126. Drank 3+ glasses milk daily *
q136. Often or sometimes not enough to eat **

* In the past 7 days
** "By you and your family" in the past 12 months
Nutrition by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q119. Ate 5+ servings of fruits or vegetables daily *
- q125. Drank soda once or more daily *
- q126. Drank 3+ glasses milk daily *
- q136. Often or sometimes not enough to eat **

* In the past 7 days
** "By you and your family" in the past 12 months
Physical Activity
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q127. Adequate physical activity *
q127. No days physical activity **
q128. Watched 3+ hours of TV daily ***
q129. Played video games 3+ hours daily ****
q129. Total screen time 3+ hours daily *****

NM
Sierra

45.8
46.0
15.5
14.8
32.6
24.7
21.0
24.7
52.4
49.8

* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
** No days of at least 60 minutes of physical activity in the past 7 days
*** On an average school day
**** On an average school day, played video or computer games or used a computer for something that was not school work
***** Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
** No days of at least 60 minutes of physical activity in the past 7 days
*** On an average school day
**** On an average school day, played video or computer games or used a computer for something that was not school work
***** Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q127. Adequate physical activity *
  - 9th: 58.1
  - 10th: 30.6
  - 11th: 45.1
  - 12th: 49.0

- q127. No days physical activity **
  - 9th: 6.5
  - 10th: 21.7
  - 11th: 19.9
  - 12th: 12.5

- q128. Watched 3+ hours of TV daily ***
  - 9th: 22.7
  - 10th: 20.8
  - 11th: 27.0
  - 12th: 30.4

- q129. Played video games 3+ hours daily ****
  - 9th: 25.4
  - 10th: 32.5
  - 11th: 10.0
  - 12th: 29.1

- q129. Total screen time 3+ hours daily *****
  - 9th: 48.7
  - 10th: 55.4
  - 11th: 39.7
  - 12th: 54.8

---

* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

** No days of at least 60 minutes of physical activity in the past 7 days

*** On an average school day

**** On an average school day, played video or computer games or used a computer for something that was not school work

***** Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity: PE Class
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

* During an average school week
Physical Activity: PE Class
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

During an average school week

q130. Attended PE class daily
Female: 37.0
Male: 31.4

q130. Attended PE class at least once per week
Female: 48.8
Male: 44.7

* During an average school week
Physical Activity: PE Class by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

q130. Attended PE class daily

- 9th: 61.1%
- 10th: 27.5%
- 11th: 33.5%
- 12th: 38.7%

q130. Attended PE class at least once per week

- 9th: 70.0%
- 10th: 33.0%
- 11th: 38.7%
- 12th: 38.7%

*During an average school week*
Other Characteristics

Asthma
English as Non-Dominant Language
US Born
Asthma
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

q132. Ever diagnosed with asthma
q133. Current asthma *

* Ever diagnosed with asthma AND still has asthma
Asthma
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Ever diagnosed with asthma AND still has asthma
Asthma by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

q132. Ever diagnosed with asthma

q133. Current asthma *

* Ever diagnosed with asthma AND still has asthma
Other Characteristics
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

q134. Speaks language other than English at home > half time
q135. Foreign born

Percent (%)

<table>
<thead>
<tr>
<th></th>
<th>NM</th>
<th>Sierra</th>
</tr>
</thead>
<tbody>
<tr>
<td>q134</td>
<td>16.5</td>
<td></td>
</tr>
<tr>
<td>q135</td>
<td>9.9</td>
<td>15.1</td>
</tr>
</tbody>
</table>
Other Characteristics by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q134. Speaks language other than English at home > half time
  - Female: 14.0%
  - Male: 24.6%

- q135. Foreign born
  - Female: 18.0%
  - Male: 12.4%

Percent (%)
Academic Measures
Academic Measures
Gets Mostly As and Bs
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)

2003 2005 2007 2009

68.0 68.3 64.1 62.0

Grades 9 - 12, 2003 - 2009, NM YRRS

gets mostly As and Bs
Academic Measures  
Tries To Do Best Work in School *  
Sierra County  
Grades 9 - 12, 2003 - 2009, NM YRRS  

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"
Plans to Continue Education After High School *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
ACADEMIC MEASURES
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

- NM
- Sierra

<table>
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<tr>
<th>Measure</th>
<th>NM</th>
<th>Sierra</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q008. Got mostly A's and B's</td>
<td>71.0</td>
<td>62.0</td>
<td></td>
</tr>
<tr>
<td>q100. Tries to do best work at school *</td>
<td>83.5</td>
<td>78.6</td>
<td></td>
</tr>
<tr>
<td>q101. Plans to continue education after high school **</td>
<td>86.9</td>
<td>83.3</td>
<td></td>
</tr>
</tbody>
</table>

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"
** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
**Academic Measures by Gender, Sierra County**

**Grades 9 - 12, 2009 NM YRRS**

- **q008. Got mostly A's and B's**
  - Female: 58.9%
  - Male: 65.0%

- **q100. Tries to do best work at school**
  - *At school, I try hard to do my best work* - "Very much true" or "Pretty much true"
  - Female: 78.9%
  - Male: 78.4%

- **q101. Plans to continue education after high school**
  - **I plan to go to college or some other school after high school** - "Very much true" or "Pretty much true"
  - Female: 86.4%
  - Male: 80.3%

---

*At school, I try hard to do my best work* - "Very much true" or "Pretty much true"

**I plan to go to college or some other school after high school** - "Very much true" or "Pretty much true"
q008. Got mostly A's and B's

q100. Tries to do best work at school *

q101. Plans to continue education after high school **

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
Academic Measures
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

- q113. Skipped or ditched school once a week or more
- q114. Sometimes or usually comes to class unprepared to write *
- q115. Sometimes or usually comes to class without homework finished

* Without paper or something to write with
Academic Measures by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* Without paper or something to write with
Academic Measures
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

q113. Skipped once+/week (4wks)
q114. Sometimes or usually comes to class unprepared to write *
q115. Sometimes or usually comes to class without homework finished

* Without paper or something to write with
Protective (Resiliency) Factors
Caring and Supportive Relationships
With a Parent or Other Adult in the Home *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Caring and Supportive Relationships
With a Teacher or Other Adult in the School *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors

* Percent (%)

2003 2005 2007 2009

42.7 44.4 45.5 48.3

* See Appendix B for descriptions of Protective/Resiliency Factors
Caring and Supportive Relationships
With a Peer *
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Caring and Supportive Relationships
With an Adult in the Community*
Sierra County
Grades 9 - 12, 2003 - 2009, NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Home
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Factor</th>
<th>NM</th>
<th>Sierra</th>
</tr>
</thead>
<tbody>
<tr>
<td>q079. Caring and supportive relationship with parent/other adult</td>
<td>54.1</td>
<td>44.6</td>
</tr>
<tr>
<td>q083. High expectations</td>
<td>71.6</td>
<td>60.7</td>
</tr>
<tr>
<td>q096. Behavioral boundaries</td>
<td>64.3</td>
<td>56.5</td>
</tr>
</tbody>
</table>

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Home by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Home by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the School
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

-q084. Caring and supportive relationship with teacher or other adult
-q087. High expectations
-q102. Involvement in school activities
-q099. Behavioral boundaries in the school

*See Appendix B for descriptions of Protective/Resiliency Factors*
Protective Factors in the School
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the School by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

- q084. Caring relationship with teacher or other adult
- q087. High expectations
- q102. Involvement in school activities
- q099. Behavioral boundaries in the school

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Community
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Community by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
## Protective Factors in the Community

### by Grade, Sierra County

**Grades 9 - 12, 2009 NM YRRS**

<table>
<thead>
<tr>
<th>Qno.</th>
<th>Description</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>q089</td>
<td>Caring relationship w/adult in community</td>
<td>52.3</td>
<td>52.5</td>
<td>59.3</td>
<td>77.4</td>
</tr>
<tr>
<td>q092</td>
<td>High expectations w/adult in community</td>
<td>40.9</td>
<td>45.0</td>
<td>52.2</td>
<td>61.4</td>
</tr>
<tr>
<td>q103</td>
<td>Meaningful participation in community</td>
<td>33.3</td>
<td>21.3</td>
<td>29.0</td>
<td>48.9</td>
</tr>
</tbody>
</table>

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships
by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits
New Mexico and Sierra County
Grades 9 - 12, 2009 NM YRRS

q106. Impulsiveness
q111. Attends church/religious service once/week or more

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits by Gender, Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits
by Grade, Sierra County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Appendices
Appendix A
2009 NM Youth Risk and Resiliency Survey
High School Questionnaire
Sierra County

Personal Information

**Note:** Percents may not add up to 100% because of missing responses.

<table>
<thead>
<tr>
<th>Number</th>
<th>(%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How old are you?</td>
<td></td>
</tr>
<tr>
<td>A. 12 years old or younger</td>
<td>0 (0.0%)</td>
</tr>
<tr>
<td>B. 13 years old</td>
<td>0 (0.0%)</td>
</tr>
<tr>
<td>C. 14 years old</td>
<td>29 (17.7%)</td>
</tr>
<tr>
<td>D. 15 years old</td>
<td>36 (22.0%)</td>
</tr>
<tr>
<td>E. 16 years old</td>
<td>46 (28.0%)</td>
</tr>
<tr>
<td>F. 17 years old</td>
<td>34 (20.7%)</td>
</tr>
<tr>
<td>G. 18 years old or older</td>
<td>18 (11.0%)</td>
</tr>
<tr>
<td>2. What is your sex?</td>
<td></td>
</tr>
<tr>
<td>A. Female</td>
<td>74 (45.1%)</td>
</tr>
<tr>
<td>B. Male</td>
<td>90 (54.9%)</td>
</tr>
<tr>
<td>3. In what grade are you?</td>
<td></td>
</tr>
<tr>
<td>A. 9th grade</td>
<td>47 (28.7%)</td>
</tr>
<tr>
<td>B. 10th grade</td>
<td>43 (26.2%)</td>
</tr>
<tr>
<td>C. 11th grade</td>
<td>41 (25.0%)</td>
</tr>
<tr>
<td>D. 12th grade</td>
<td>33 (20.1%)</td>
</tr>
<tr>
<td>E. Ungraded or other grade</td>
<td>0 (0.0%)</td>
</tr>
<tr>
<td>4. Are you Hispanic or Latino?</td>
<td></td>
</tr>
<tr>
<td>A. Yes</td>
<td>86 (52.4%)</td>
</tr>
<tr>
<td>B. No</td>
<td>77 (47.0%)</td>
</tr>
<tr>
<td>5. What is your race? (Select one or more responses.)</td>
<td></td>
</tr>
<tr>
<td>A. American Indian or Alaska Native</td>
<td>11 (6.7%)</td>
</tr>
<tr>
<td>B. Asian</td>
<td>1 (0.6%)</td>
</tr>
<tr>
<td>C. Black or African American</td>
<td>7 (4.3%)</td>
</tr>
<tr>
<td>D. Native Hawaiian or Other Pacific Islander</td>
<td>4 (2.4%)</td>
</tr>
<tr>
<td>E. White</td>
<td>92 (56.1%)</td>
</tr>
</tbody>
</table>

**NOTE:** Total may add up to more or less than 100% because respondents were allowed to choose multiple responses, and many students who identified Hispanic ethnicity on question 4 did not choose a response for race.
Appendix A: Questionnaire

6. How tall are you without your shoes on?
   Mean height in feet and inches  5' 6"
   Mean height in meters  1.71

7. How much do you weigh without your shoes on?
   Mean weight in pounds  146
   Mean weight in kilograms  66.1

8. During the past 12 months, how would you describe your grades in school? %  (95% CI)
   A. Mostly A’s  21.0  (14.1 - 30.1)
   B. Mostly B’s  32.6  (26.3 - 39.5)
   C. Mostly C’s  21.0  (16.7 - 26.1)
   D. Mostly D’s  11.1  (5.8 - 20.1)
   E. Mostly F’s  0.8  (0.1 - 5.6)
   F. None of these grades  0.6  (0.1 - 4.1)
   G. Not sure  13.0  (8.6 - 19.2)

Personal Safety
The next 4 questions ask about personal safety.

9. When you rode a bicycle during the past 12 months, how often did you wear a helmet?
   A. I did not ride a bicycle during the past 12 months  24.1  (16.1 - 34.3)
   B. Never wore a helmet  67.4  (56.3 - 76.8)
   C. Rarely wore a helmet  3.6  (2.4 - 5.5)
   D. Sometimes wore a helmet  0.6  (0.1 - 4.4)
   E. Most of the time wore a helmet  2.8  (1.0 - 7.4)
   F. Always wore a helmet  1.5  (0.3 - 6.0)

10. How often do you wear a seat belt when riding in a car driven by someone else?
    A. Never  5.4  (2.6 - 11.0)
    B. Rarely  10.0  (5.4 - 18.0)
    C. Sometimes  13.3  (7.6 - 22.4)
    D. Most of the time  25.0  (19.6 - 31.2)
    E. Always  46.3  (38.0 - 54.8)

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?
    A. 0 times  64.6  (58.4 - 70.3)
    B. 1 time  9.0  (5.0 - 15.6)
    C. 2 or 3 times  9.5  (6.9 - 12.8)
    D. 4 or 5 times  4.0  (1.9 - 8.4)
    E. 6 or more times  13.0  (8.1 - 20.1)
Appendix A: Questionnaire

12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? % (95% CI)
   A. 0 times 82.8 (77.0 - 87.4)
   B. 1 time 7.1 (3.7 - 13.1)
   C. 2 or 3 times 5.4 (3.1 - 9.2)
   D. 4 or 5 times 2.0 (0.8 - 5.1)
   E. 6 or more times 2.7 (1.1 - 6.6)

Violence-Related Behaviors
The next 9 questions ask about violence-related behaviors.

13. Is there a gun in your home?
   A. Yes 66.3 (61.9 - 70.5)
   B. No 25.7 (20.7 - 31.3)
   C. Not sure 8.0 (4.5 - 13.9)

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?
   A. 0 days 61.8 (48.3 - 73.7)
   B. 1 day 2.7 (1.0 - 7.3)
   C. 2 or 3 days 8.4 (5.2 - 13.3)
   D. 4 or 5 days 8.0 (4.6 - 13.5)
   E. 6 or more days 19.1 (11.1 - 30.8)

15. During the past 30 days, on how many days did you carry a gun?
   A. 0 days 84.4 (75.8 - 90.4)
   B. 1 day 4.9 (3.0 - 8.1)
   C. 2 or 3 days 2.0 (0.7 - 5.3)
   D. 4 or 5 days 2.1 (0.5 - 7.8)
   E. 6 or more days 6.6 (3.8 - 11.2)

16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?
   A. 0 days 87.0 (77.6 - 92.8)
   B. 1 day 2.5 (0.8 - 7.8)
   C. 2 or 3 days 3.5 (1.5 - 7.9)
   D. 4 or 5 days 1.1 (0.3 - 4.3)
   E. 6 or more days 5.9 (2.2 - 14.9)

17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?
   A. 0 days 88.4 (81.9 - 92.7)
   B. 1 day 5.6 (3.2 - 9.5)
   C. 2 or 3 days 2.5 (0.9 - 7.3)
   D. 4 or 5 days 1.8 (0.4 - 7.8)
   E. 6 or more days 1.7 (0.6 - 4.8)
Appendix A: Questionnaire

18. During the past 12 months, how many times were you in a physical fight?
   A. 0 times  
   B. 1 time  
   C. 2 or 3 times  
   D. 4 or 5 times  
   E. 6 or 7 times  
   F. 8 or 9 times  
   G. 10 or 11 times  
   H. 12 or more times  
   \(95\%\) CI 
   62.3 (54.4 - 69.6)  
   11.9 (6.0 - 22.2)  
   15.1 (9.9 - 22.3)  
   4.6 (3.0 - 7.1)  
   0.6 (0.1 - 4.7)  
   1.4 (0.2 - 8.5)  
   1.9 (0.5 - 7.6)  
   2.2 (0.9 - 5.1)

19. During the past 12 months, how many times were you in a physical fight on school property?
   A. 0 times  
   B. 1 time  
   C. 2 or 3 times  
   D. 4 or 5 times  
   E. 6 or 7 times  
   F. 8 or 9 times  
   G. 10 or 11 times  
   H. 12 or more times  
   \(95\%\) CI 
   86.5 (79.0 - 91.6)  
   5.5 (3.2 - 9.4)  
   5.5 (1.6 - 17.2)  
   0.0  
   0.8 (0.1 - 5.0)  
   0.0  
   1.2 (0.1 - 8.7)  
   0.5 (0.1 - 3.8)

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?
   A. Yes  
   B. No  
   \(95\%\) CI 
   19.0 (13.1 - 26.7)  
   81.0 (73.3 - 86.9)

21. Have you ever been physically forced to have sexual intercourse when you did not want to?
   A. Yes  
   B. No  
   \(95\%\) CI 
   11.7 (6.0 - 21.6)  
   88.3 (78.4 - 94.0)

The next question asks about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

22. During the past 12 months, have you ever been bullied on school property?
   A. Yes  
   B. No  
   \(95\%\) CI 
   28.6 (21.2 - 37.4)  
   71.4 (62.6 - 78.8)
# Appendix A: Questionnaire

## Sadness and Attempted Suicide

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own lives.

### 23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
- **A. Yes** 40.6 (36.1 - 45.2)
- **B. No** 59.4 (54.8 - 63.9)

### 24. During the past 12 months, did you ever seriously consider attempting suicide?
- **A. Yes** 20.2 (14.2 - 28.1)
- **B. No** 79.8 (71.9 - 85.8)

### 25. During the past 12 months, did you make a plan about how you would attempt suicide?
- **A. Yes** 15.8 (10.1 - 23.8)
- **B. No** 84.2 (76.2 - 89.9)

### 26. During the past 12 months, how many times did you actually attempt suicide?
- **A. 0 times** 90.5 (84.3 - 94.4)
- **B. 1 time** 5.5 (2.8 - 10.9)
- **C. 2 or 3 times** 1.4 (0.4 - 5.2)
- **D. 4 or 5 times** 2.5 (1.1 - 5.8)
- **E. 6 or more times** 0.0

### 27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
- **A. I did not attempt suicide during the past 12 months** 90.5 (84.3 - 94.4)
- **B. Yes** 4.3 (1.8 - 9.6)
- **C. No** 5.3 (2.1 - 12.4)

## Tobacco Use

The next 12 questions ask about tobacco use.

### 28. Have you ever tried cigarette smoking, even one or two puffs?
- **A. Yes** 61.5 (53.9 - 68.5)
- **B. No** 38.5 (31.5 - 46.1)
29. How old were you when you smoked a whole cigarette for the first time? % (95% CI)
   A. I have never smoked a whole cigarette 51.4 (43.8 - 59.0)
   B. 8 years old or younger 4.1 (2.5 - 6.6)
   C. 9 or 10 years old 7.3 (4.8 - 11.0)
   D. 11 or 12 years old 10.5 (7.2 - 15.1)
   E. 13 or 14 years old 16.9 (10.7 - 25.6)
   F. 15 or 16 years old 7.4 (2.6 - 19.2)
   G. 17 years old or older 2.4 (0.5 - 10.4)

30. During the past 30 days, on how many days did you smoke cigarettes?
   A. 0 days 70.4 (62.8 - 77.0)
   B. 1 or 2 days 2.0 (0.8 - 5.2)
   C. 3 to 5 days 2.4 (0.7 - 8.3)
   D. 6 to 9 days 0.5 (0.1 - 4.0)
   E. 10 to 19 days 3.5 (1.7 - 7.2)
   F. 20 to 29 days 5.1 (2.2 - 11.2)
   G. All 30 days 16.0 (11.7 - 21.5)

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?
   A. I did not smoke cigarettes during the past 30 days 69.8 (62.2 - 76.5)
   B. Less than 1 cigarette per day 1.2 (0.4 - 3.9)
   C. 1 cigarette per day 3.5 (1.3 - 8.7)
   D. 2 to 5 cigarettes per day 16.9 (11.9 - 23.4)
   E. 6 to 10 cigarettes per day 4.8 (2.5 - 8.8)
   F. 11 to 20 cigarettes per day 2.4 (1.0 - 5.6)
   G. More than 20 cigarettes per day 1.4 (0.4 - 5.0)

32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)
   A. I did not smoke cigarettes during the past 30 days 69.8 (62.2 - 76.5)
   B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station 4.5 (1.6 - 12.2)
   C. I bought them from a vending machine 0.6 (0.1 - 3.8)
   D. I gave someone else money to buy them for me 10.5 (5.7 - 18.6)
   E. I borrowed (or bummed) them from someone else 7.2 (3.6 - 13.8)
   F. A person 18 years old or older gave them to me 3.8 (2.0 - 7.1)
   G. I took them from a store or family member 1.3 (0.4 - 4.0)
   H. I got them some other way 2.3 (0.9 - 5.7)
33. During the past 30 days, on how many days did you smoke cigarettes on school property?  
<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>86.9</td>
<td>(79.8 - 91.8)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>1.4</td>
<td>(0.4 - 5.3)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>0.6</td>
<td>(0.1 - 4.0)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>2.1</td>
<td>(0.8 - 5.7)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>2.0</td>
<td>(0.9 - 4.5)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>2.2</td>
<td>(0.8 - 5.6)</td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>4.8</td>
<td>(2.3 - 9.8)</td>
</tr>
</tbody>
</table>

34. During the past 12 months, did you ever try to quit smoking cigarettes?  
<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not smoke during the past 12 months</td>
<td>60.9</td>
<td>(53.1 - 68.2)</td>
</tr>
<tr>
<td>B. Yes</td>
<td>21.7</td>
<td>(16.8 - 27.7)</td>
</tr>
<tr>
<td>C. No</td>
<td>17.4</td>
<td>(11.1 - 26.1)</td>
</tr>
</tbody>
</table>

35. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?  
<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>87.9</td>
<td>(80.3 - 92.8)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>5.2</td>
<td>(3.0 - 8.7)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>2.1</td>
<td>(0.9 - 5.2)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>0.7</td>
<td>(0.1 - 5.0)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>2.0</td>
<td>(0.3 - 12.3)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.5</td>
<td>(0.1 - 3.7)</td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>1.7</td>
<td>(0.6 - 4.5)</td>
</tr>
</tbody>
</table>

36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?  
<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>75.8</td>
<td>(68.2 - 82.1)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>10.0</td>
<td>(5.7 - 16.9)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>6.1</td>
<td>(3.6 - 10.2)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>3.6</td>
<td>(1.9 - 6.8)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>2.0</td>
<td>(0.4 - 8.2)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>2.6</td>
<td>(0.9 - 7.4)</td>
</tr>
</tbody>
</table>

37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?  
<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>30.8</td>
<td>(23.6 - 38.9)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>17.5</td>
<td>(11.4 - 25.8)</td>
</tr>
<tr>
<td>C. 3 or 4 days</td>
<td>6.8</td>
<td>(3.3 - 13.5)</td>
</tr>
<tr>
<td>D. 5 or 6 days</td>
<td>8.0</td>
<td>(5.2 - 12.2)</td>
</tr>
<tr>
<td>E. 7 days</td>
<td>36.9</td>
<td>(30.9 - 43.3)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

38. How wrong do your parents feel it would be for you to smoke cigarettes?  
   %  (95% CI)
   A. Very wrong  59.8  (49.3 - 69.3)
   B. Wrong  18.6  (13.7 - 24.8)
   C. A little bit wrong  16.0  (10.4 - 23.7)
   D. Not wrong at all  5.7  (4.2 - 7.6)

39. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?  
   %  (95% CI)
   A. No risk  12.3  (7.7 - 19.1)
   B. Slight risk  7.9  (4.5 - 13.3)
   C. Moderate risk  20.6  (16.7 - 25.1)
   D. Great risk  59.2  (51.0 - 67.0)

Alcohol
   The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

40. How old were you when you had your first drink of alcohol other than a few sips?  
   %  (95% CI)
   A. I have never had a drink of alcohol other than a few sips  26.4  (19.1 - 35.1)
   B. 8 years old or younger  14.0  (7.7 - 24.1)
   C. 9 or 10 years old  8.5  (5.1 - 13.8)
   D. 11 or 12 years old  12.4  (7.6 - 19.5)
   E. 13 or 14 years old  21.8  (15.9 - 29.1)
   F. 15 or 16 years old  14.2  (7.2 - 26.0)
   G. 17 years old or older  2.8  (1.0 - 7.8)

41. During the past 30 days, on how many days did you have at least one drink of alcohol?  
   %  (95% CI)
   A. 0 days  47.9  (43.3 - 52.6)
   B. 1 or 2 days  19.6  (14.5 - 26.0)
   C. 3 to 5 days  7.8  (4.4 - 13.6)
   D. 6 to 9 days  10.7  (6.0 - 18.4)
   E. 10 to 19 days  8.7  (5.3 - 14.0)
   F. 20 to 29 days  2.6  (1.2 - 5.5)
   G. All 30 days  2.7  (0.8 - 8.5)
42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?  

<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>61.4</td>
<td>(53.6 - 68.7)</td>
</tr>
<tr>
<td>B. 1 day</td>
<td>10.0</td>
<td>(5.9 - 16.6)</td>
</tr>
<tr>
<td>C. 2 days</td>
<td>7.3</td>
<td>(3.8 - 13.5)</td>
</tr>
<tr>
<td>D. 3 to 5 days</td>
<td>7.4</td>
<td>(3.6 - 14.5)</td>
</tr>
<tr>
<td>E. 6 to 9 days</td>
<td>9.3</td>
<td>(6.0 - 14.2)</td>
</tr>
<tr>
<td>F. 10 to 19 days</td>
<td>3.9</td>
<td>(1.2 - 11.9)</td>
</tr>
<tr>
<td>G. 20 or more days</td>
<td>0.6</td>
<td>(0.1 - 4.2)</td>
</tr>
</tbody>
</table>

43. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)  

<table>
<thead>
<tr>
<th>Type</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink alcohol during the past 30 days</td>
<td>47.2</td>
<td>(42.8 - 51.6)</td>
</tr>
<tr>
<td>B. I do not have a usual type</td>
<td>6.3</td>
<td>(3.7 - 10.6)</td>
</tr>
<tr>
<td>C. Beer</td>
<td>12.2</td>
<td>(7.3 - 19.6)</td>
</tr>
<tr>
<td>D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade</td>
<td>5.8</td>
<td>(3.2 - 10.1)</td>
</tr>
<tr>
<td>E. Wine coolers, such as Bartles &amp; James or Seagrams</td>
<td>2.6</td>
<td>(1.2 - 5.6)</td>
</tr>
<tr>
<td>F. Wine</td>
<td>0.8</td>
<td>(0.1 - 5.2)</td>
</tr>
<tr>
<td>G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey</td>
<td>21.0</td>
<td>(17.2 - 25.3)</td>
</tr>
<tr>
<td>H. Some other type</td>
<td>4.2</td>
<td>(2.1 - 8.4)</td>
</tr>
</tbody>
</table>

44. During the past 30 days, how did you usually get the alcohol you drank?  

<table>
<thead>
<tr>
<th>How</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink alcohol during the past 30 days</td>
<td>46.3</td>
<td>(41.9 - 50.7)</td>
</tr>
<tr>
<td>B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station</td>
<td>0.7</td>
<td>(0.1 - 4.8)</td>
</tr>
<tr>
<td>C. I bought it at a restaurant, bar, or club</td>
<td>1.1</td>
<td>(0.3 - 4.2)</td>
</tr>
<tr>
<td>D. I bought it at a public event such as a concert or sporting event</td>
<td>1.3</td>
<td>(0.4 - 4.7)</td>
</tr>
<tr>
<td>E. I gave someone else money to buy it for me</td>
<td>12.0</td>
<td>(6.2 - 22.0)</td>
</tr>
<tr>
<td>F. Someone gave it to me</td>
<td>19.8</td>
<td>(15.9 - 24.3)</td>
</tr>
<tr>
<td>G. I took it from a store or family member</td>
<td>3.4</td>
<td>(1.7 - 6.7)</td>
</tr>
<tr>
<td>H. I got it some other way</td>
<td>15.5</td>
<td>(9.2 - 25.0)</td>
</tr>
</tbody>
</table>

45. During the past 30 days, where did you usually drink alcohol? (Select only one response.)  

<table>
<thead>
<tr>
<th>Where</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink alcohol during the past 30 days</td>
<td>47.0</td>
<td>(42.9 - 51.1)</td>
</tr>
<tr>
<td>B. At my home</td>
<td>9.3</td>
<td>(5.7 - 14.9)</td>
</tr>
<tr>
<td>C. At another person's home</td>
<td>29.0</td>
<td>(23.3 - 35.3)</td>
</tr>
<tr>
<td>D. While riding in or driving a car</td>
<td>3.6</td>
<td>(1.4 - 8.7)</td>
</tr>
<tr>
<td>E. At a restaurant, bar, or club</td>
<td>2.0</td>
<td>(0.8 - 4.9)</td>
</tr>
<tr>
<td>F. At a public place such as a park, beach, or parking lot</td>
<td>5.6</td>
<td>(2.4 - 12.6)</td>
</tr>
<tr>
<td>G. At a public event such as a concert or sporting event</td>
<td>2.2</td>
<td>(0.8 - 6.0)</td>
</tr>
<tr>
<td>H. On school property</td>
<td>1.3</td>
<td>(0.3 - 5.3)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

46. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>90.2</td>
<td>(84.6 - 94.0)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>7.4</td>
<td>(4.0 - 13.4)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>0.8</td>
<td>(0.1 - 5.1)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>1.0</td>
<td>(0.2 - 4.1)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>0.6</td>
<td>(0.1 - 4.2)</td>
</tr>
</tbody>
</table>

47. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Wrongness</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>33.6</td>
<td>(22.2 - 47.3)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>34.2</td>
<td>(27.5 - 41.5)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>22.5</td>
<td>(13.6 - 34.8)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>9.7</td>
<td>(4.9 - 18.4)</td>
</tr>
</tbody>
</table>

48. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Wrongness</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>50.3</td>
<td>(39.1 - 61.5)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>25.2</td>
<td>(17.6 - 34.8)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>14.1</td>
<td>(8.3 - 22.8)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>10.4</td>
<td>(5.5 - 19.0)</td>
</tr>
</tbody>
</table>

49. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Wrongness</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>34.0</td>
<td>(27.5 - 41.0)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>21.9</td>
<td>(16.3 - 28.6)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>25.7</td>
<td>(18.2 - 34.9)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>18.5</td>
<td>(12.7 - 26.2)</td>
</tr>
</tbody>
</table>

50. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?

<table>
<thead>
<tr>
<th>Risk</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. No risk</td>
<td>11.5</td>
<td>(7.6 - 17.1)</td>
</tr>
<tr>
<td>B. Slight risk</td>
<td>23.3</td>
<td>(16.7 - 31.5)</td>
</tr>
<tr>
<td>C. Moderate risk</td>
<td>33.4</td>
<td>(25.4 - 42.6)</td>
</tr>
<tr>
<td>D. Great risk</td>
<td>31.8</td>
<td>(24.3 - 40.3)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

Marijuana Use
The next 5 questions ask about marijuana use. Marijuana also is called grass or pot.

### 51. How old were you when you tried marijuana for the first time?

<table>
<thead>
<tr>
<th>Age Range</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never tried</td>
<td>44.3</td>
<td>(34.4 - 54.7)</td>
</tr>
<tr>
<td>8 years old or younger</td>
<td>7.3</td>
<td>(5.2 - 10.1)</td>
</tr>
<tr>
<td>9 or 10 years old</td>
<td>6.5</td>
<td>(3.5 - 11.9)</td>
</tr>
<tr>
<td>11 or 12 years old</td>
<td>10.0</td>
<td>(4.9 - 19.4)</td>
</tr>
<tr>
<td>13 or 14 years old</td>
<td>18.0</td>
<td>(12.1 - 26.0)</td>
</tr>
<tr>
<td>15 or 16 years old</td>
<td>11.2</td>
<td>(6.5 - 18.6)</td>
</tr>
<tr>
<td>17 years old or older</td>
<td>2.7</td>
<td>(0.8 - 8.3)</td>
</tr>
</tbody>
</table>

### 52. During the past 30 days, how many times did you use marijuana?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>62.7</td>
<td>(51.9 - 72.3)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>7.0</td>
<td>(4.1 - 11.7)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>5.1</td>
<td>(2.6 - 9.9)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>9.6</td>
<td>(5.7 - 15.8)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>6.9</td>
<td>(3.1 - 14.6)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>8.7</td>
<td>(4.5 - 16.1)</td>
</tr>
</tbody>
</table>

### 53. During the past 30 days, how many times did you use marijuana on school property?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>84.9</td>
<td>(77.7 - 90.1)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>3.7</td>
<td>(1.6 - 8.0)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>5.1</td>
<td>(2.8 - 9.1)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>2.6</td>
<td>(1.0 - 6.7)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>1.9</td>
<td>(0.5 - 7.5)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.8</td>
<td>(0.7 - 4.3)</td>
</tr>
</tbody>
</table>

### 54. How wrong do your parents feel it would be for you to use marijuana?

<table>
<thead>
<tr>
<th>Wrongness</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very wrong</td>
<td>66.5</td>
<td>(58.5 - 73.6)</td>
</tr>
<tr>
<td>Wrong</td>
<td>11.3</td>
<td>(7.1 - 17.5)</td>
</tr>
<tr>
<td>A little bit wrong</td>
<td>10.4</td>
<td>(7.9 - 13.5)</td>
</tr>
<tr>
<td>Not wrong at all</td>
<td>11.9</td>
<td>(7.1 - 19.1)</td>
</tr>
</tbody>
</table>

### 55. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly?

<table>
<thead>
<tr>
<th>Risk Level</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No risk</td>
<td>33.2</td>
<td>(25.2 - 42.3)</td>
</tr>
<tr>
<td>Slight risk</td>
<td>26.8</td>
<td>(18.1 - 37.9)</td>
</tr>
<tr>
<td>Moderate risk</td>
<td>12.4</td>
<td>(7.6 - 19.5)</td>
</tr>
<tr>
<td>Great risk</td>
<td>27.6</td>
<td>(19.4 - 37.6)</td>
</tr>
</tbody>
</table>
### Other Drugs

The next 12 questions ask about other drugs.

56. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>85.4</td>
<td>(79.6 - 89.8)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>7.0</td>
<td>(4.3 - 11.2)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>3.8</td>
<td>(1.8 - 8.1)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>1.4</td>
<td>(0.3 - 5.1)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>2.4</td>
<td>(0.9 - 6.5)</td>
</tr>
</tbody>
</table>

57. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>95.5</td>
<td>(92.1 - 97.5)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>2.0</td>
<td>(0.6 - 5.8)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>0.6</td>
<td>(0.1 - 4.1)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.5</td>
<td>(0.1 - 3.9)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.4</td>
<td>(0.4 - 4.9)</td>
</tr>
</tbody>
</table>

58. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>89.4</td>
<td>(83.8 - 93.3)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>5.6</td>
<td>(2.5 - 12.2)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.3</td>
<td>(0.4 - 4.7)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.2</td>
<td>(0.3 - 4.8)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.8</td>
<td>(0.1 - 5.0)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.7</td>
<td>(0.4 - 7.3)</td>
</tr>
</tbody>
</table>

59. During your life, how many times have you used heroin (also called smack, junk, or China White)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>93.3</td>
<td>(85.1 - 97.2)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>1.9</td>
<td>(0.7 - 4.7)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>0.7</td>
<td>(0.1 - 4.9)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.2</td>
<td>(0.3 - 4.6)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.7</td>
<td>(0.1 - 5.0)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>2.3</td>
<td>(0.8 - 6.8)</td>
</tr>
</tbody>
</table>

60. During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>94.1</td>
<td>(84.8 - 97.8)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>0.5</td>
<td>(0.1 - 3.8)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.2</td>
<td>(0.3 - 4.1)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.8</td>
<td>(0.2 - 12.9)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.7</td>
<td>(0.1 - 4.9)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.8</td>
<td>(0.6 - 5.0)</td>
</tr>
</tbody>
</table>
## Appendix A: Questionnaire

### 61. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>90.1</td>
<td>(82.1 - 94.8)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>3.7</td>
<td>(1.6 - 8.2)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>0.7</td>
<td>(0.1 - 4.8)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>3.7</td>
<td>(1.2 - 11.2)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.8</td>
<td>(0.4 - 8.0)</td>
</tr>
</tbody>
</table>

### 62. During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>94.2</td>
<td>(85.9 - 97.7)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>0.6</td>
<td>(0.1 - 4.0)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.3</td>
<td>(0.2 - 9.2)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.4</td>
<td>(0.4 - 4.9)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.6</td>
<td>(0.1 - 4.0)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>2.0</td>
<td>(0.3 - 13.5)</td>
</tr>
</tbody>
</table>

### 63. During your life, how many times have you used ecstasy (also called MDMA)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>85.9</td>
<td>(79.8 - 90.5)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>4.5</td>
<td>(2.2 - 8.9)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.2</td>
<td>(0.4 - 4.3)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.7</td>
<td>(0.6 - 4.4)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>40 or more times</td>
<td>6.6</td>
<td>(4.3 - 10.0)</td>
</tr>
</tbody>
</table>

### 64. During the past 30 days, how many times have you used ecstasy (also called MDMA)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>91.6</td>
<td>(86.3 - 95.0)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>0.7</td>
<td>(0.1 - 4.4)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.6</td>
<td>(0.6 - 4.3)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.1</td>
<td>(0.3 - 4.0)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>1.3</td>
<td>(0.4 - 4.4)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>3.6</td>
<td>(1.4 - 8.9)</td>
</tr>
</tbody>
</table>

### 65. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>75.9</td>
<td>(70.1 - 80.9)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>12.5</td>
<td>(8.5 - 17.9)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>5.8</td>
<td>(3.1 - 10.8)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.2</td>
<td>(0.2 - 7.7)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>1.5</td>
<td>(0.2 - 9.6)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>3.0</td>
<td>(1.0 - 8.9)</td>
</tr>
</tbody>
</table>
66. During your life, how many times have you used a needle to inject any illegal drug into your body? 

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>92.2</td>
<td>(85.9 - 95.8)</td>
</tr>
<tr>
<td>B. 1 time</td>
<td>3.4</td>
<td>(1.3 - 9.0)</td>
</tr>
<tr>
<td>C. 2 or more times</td>
<td>4.4</td>
<td>(1.5 - 12.1)</td>
</tr>
</tbody>
</table>

67. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Yes</td>
<td>34.4</td>
<td>(25.2 - 44.9)</td>
</tr>
<tr>
<td>B. No</td>
<td>65.6</td>
<td>(55.1 - 74.8)</td>
</tr>
</tbody>
</table>

Obtaining Drugs and Alcohol

If you wanted to, how hard or easy would each of the following be to get?

68. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very hard</td>
<td>16.0</td>
<td>(11.0 - 22.7)</td>
</tr>
<tr>
<td>B. Sort of hard</td>
<td>16.0</td>
<td>(10.3 - 24.1)</td>
</tr>
<tr>
<td>C. Sort of easy</td>
<td>24.5</td>
<td>(19.9 - 29.7)</td>
</tr>
<tr>
<td>D. Very easy</td>
<td>43.5</td>
<td>(33.2 - 54.5)</td>
</tr>
</tbody>
</table>

69. Marijuana?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very hard</td>
<td>18.8</td>
<td>(12.7 - 26.9)</td>
</tr>
<tr>
<td>B. Sort of hard</td>
<td>17.3</td>
<td>(11.2 - 25.9)</td>
</tr>
<tr>
<td>C. Sort of easy</td>
<td>15.0</td>
<td>(11.3 - 19.7)</td>
</tr>
<tr>
<td>D. Very easy</td>
<td>48.9</td>
<td>(36.1 - 61.8)</td>
</tr>
</tbody>
</table>

70. Cocaine, LSD, methamphetamines, or other illegal drug?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very hard</td>
<td>46.2</td>
<td>(38.1 - 54.6)</td>
</tr>
<tr>
<td>B. Sort of hard</td>
<td>17.7</td>
<td>(13.0 - 23.6)</td>
</tr>
<tr>
<td>C. Sort of easy</td>
<td>17.8</td>
<td>(12.7 - 24.5)</td>
</tr>
<tr>
<td>D. Very easy</td>
<td>18.2</td>
<td>(13.5 - 24.2)</td>
</tr>
</tbody>
</table>

71. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 adults</td>
<td>31.7</td>
<td>(24.7 - 39.6)</td>
</tr>
<tr>
<td>B. 1 adult</td>
<td>11.5</td>
<td>(6.6 - 19.1)</td>
</tr>
<tr>
<td>C. 2 adults</td>
<td>6.0</td>
<td>(3.3 - 10.7)</td>
</tr>
<tr>
<td>D. 3 or 4 adults</td>
<td>14.5</td>
<td>(11.0 - 18.8)</td>
</tr>
<tr>
<td>E. 5 or more adults</td>
<td>36.3</td>
<td>(29.5 - 43.7)</td>
</tr>
</tbody>
</table>

72. How many adults have you known personally who, in the past year, have sold or dealt drugs?

<table>
<thead>
<tr>
<th>Choice</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 adults</td>
<td>44.6</td>
<td>(37.6 - 51.9)</td>
</tr>
<tr>
<td>B. 1 adult</td>
<td>13.7</td>
<td>(9.7 - 19.1)</td>
</tr>
<tr>
<td>C. 2 adults</td>
<td>10.3</td>
<td>(7.3 - 14.5)</td>
</tr>
<tr>
<td>D. 3 or 4 adults</td>
<td>10.7</td>
<td>(7.0 - 15.9)</td>
</tr>
<tr>
<td>E. 5 or more adults</td>
<td>20.6</td>
<td>(13.3 - 30.6)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

Sexual Behavior
The next 6 questions ask about sexual behavior.

73. How old were you when you had sexual intercourse for the first time?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have never had sexual intercourse</td>
<td>43.1</td>
<td>(34.2 - 52.5)</td>
</tr>
<tr>
<td>B. 11 years old or younger</td>
<td>5.9</td>
<td>(2.4 - 14.1)</td>
</tr>
<tr>
<td>C. 12 years old</td>
<td>6.0</td>
<td>(3.4 - 10.4)</td>
</tr>
<tr>
<td>D. 13 years old</td>
<td>8.4</td>
<td>(5.8 - 12.1)</td>
</tr>
<tr>
<td>E. 14 years old</td>
<td>12.8</td>
<td>(7.9 - 20.0)</td>
</tr>
<tr>
<td>F. 15 years old</td>
<td>11.4</td>
<td>(5.8 - 21.0)</td>
</tr>
<tr>
<td>G. 16 years old</td>
<td>9.7</td>
<td>(5.4 - 16.8)</td>
</tr>
<tr>
<td>H. 17 years old or older</td>
<td>2.7</td>
<td>(1.3 - 5.3)</td>
</tr>
</tbody>
</table>

74. During your life, with how many people have you had sexual intercourse?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have never had sexual intercourse</td>
<td>45.0</td>
<td>(35.1 - 55.3)</td>
</tr>
<tr>
<td>B. 1 person</td>
<td>13.9</td>
<td>(9.7 - 19.6)</td>
</tr>
<tr>
<td>C. 2 people</td>
<td>9.8</td>
<td>(5.5 - 16.8)</td>
</tr>
<tr>
<td>D. 3 people</td>
<td>10.7</td>
<td>(6.2 - 17.9)</td>
</tr>
<tr>
<td>E. 4 people</td>
<td>8.0</td>
<td>(4.1 - 15.0)</td>
</tr>
<tr>
<td>F. 5 people</td>
<td>3.1</td>
<td>(1.4 - 6.8)</td>
</tr>
<tr>
<td>G. 6 or more people</td>
<td>9.4</td>
<td>(6.2 - 14.1)</td>
</tr>
</tbody>
</table>

75. During the past 3 months, with how many people did you have sexual intercourse?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have never had sexual intercourse</td>
<td>45.0</td>
<td>(35.1 - 55.3)</td>
</tr>
<tr>
<td>B. I have had sexual intercourse, but not during the past 3 months</td>
<td>19.6</td>
<td>(14.5 - 26.0)</td>
</tr>
<tr>
<td>C. 1 person</td>
<td>24.5</td>
<td>(17.6 - 32.9)</td>
</tr>
<tr>
<td>D. 2 people</td>
<td>4.2</td>
<td>(2.5 - 6.8)</td>
</tr>
<tr>
<td>E. 3 people</td>
<td>2.2</td>
<td>(0.9 - 5.1)</td>
</tr>
<tr>
<td>F. 4 people</td>
<td>0.9</td>
<td>(0.1 - 6.5)</td>
</tr>
<tr>
<td>G. 5 people</td>
<td>1.6</td>
<td>(0.4 - 5.7)</td>
</tr>
<tr>
<td>H. 6 or more people</td>
<td>2.1</td>
<td>(0.8 - 5.7)</td>
</tr>
</tbody>
</table>

76. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have never had sexual intercourse</td>
<td>43.4</td>
<td>(34.8 - 52.5)</td>
</tr>
<tr>
<td>B. Yes</td>
<td>18.5</td>
<td>(10.9 - 29.5)</td>
</tr>
<tr>
<td>C. No</td>
<td>38.1</td>
<td>(29.2 - 47.9)</td>
</tr>
</tbody>
</table>

77. The last time you had sexual intercourse, did you or your partner use a condom?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have never had sexual intercourse</td>
<td>43.1</td>
<td>(34.2 - 52.5)</td>
</tr>
<tr>
<td>B. Yes</td>
<td>37.0</td>
<td>(30.1 - 44.6)</td>
</tr>
<tr>
<td>C. No</td>
<td>19.8</td>
<td>(14.3 - 26.8)</td>
</tr>
</tbody>
</table>
### Appendix A: Questionnaire

78. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)

<table>
<thead>
<tr>
<th>Method</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have never had sexual intercourse</td>
<td>43.4</td>
<td>(34.7 - 52.5)</td>
</tr>
<tr>
<td>B. No method was used to prevent pregnancy</td>
<td>5.0</td>
<td>(2.8 - 8.8)</td>
</tr>
<tr>
<td>C. Birth control pills</td>
<td>5.3</td>
<td>(2.3 - 11.7)</td>
</tr>
<tr>
<td>D. Condoms</td>
<td>29.2</td>
<td>(21.7 - 37.9)</td>
</tr>
<tr>
<td>E. Depo-Provera (injectable birth control)</td>
<td>3.2</td>
<td>(1.3 - 7.9)</td>
</tr>
<tr>
<td>F. Withdrawal</td>
<td>2.9</td>
<td>(1.3 - 6.5)</td>
</tr>
<tr>
<td>G. Some other method</td>
<td>5.2</td>
<td>(2.2 - 11.5)</td>
</tr>
<tr>
<td>H. Not sure</td>
<td>5.7</td>
<td>(3.1 - 10.3)</td>
</tr>
</tbody>
</table>

### Resiliency Factors

The next questions ask about your family, your school, other adults, your friends, and yourself.

In my home, there is a parent or some other adult...

79. ...who is interested in my school work.

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>8.8</td>
<td>(5.7 - 13.3)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>16.9</td>
<td>(10.8 - 25.4)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>23.2</td>
<td>(18.4 - 28.8)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>51.2</td>
<td>(44.3 - 57.9)</td>
</tr>
</tbody>
</table>

80. ...who talks with me about my problems.

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>20.9</td>
<td>(14.9 - 28.4)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>24.0</td>
<td>(16.2 - 34.2)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>21.6</td>
<td>(16.4 - 27.9)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>33.5</td>
<td>(26.7 - 41.0)</td>
</tr>
</tbody>
</table>

81. ...who listens to me when I have something to say.

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>12.0</td>
<td>(8.1 - 17.5)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>19.7</td>
<td>(14.6 - 26.1)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>27.9</td>
<td>(20.9 - 36.2)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>40.3</td>
<td>(31.9 - 49.3)</td>
</tr>
</tbody>
</table>

82. ...who expects me to follow the rules.

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>8.0</td>
<td>(5.3 - 12.0)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>10.9</td>
<td>(7.4 - 15.7)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>21.3</td>
<td>(17.3 - 26.0)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>59.7</td>
<td>(51.7 - 67.3)</td>
</tr>
</tbody>
</table>

83. ...who believes that I will be a success.

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>9.3</td>
<td>(5.9 - 14.3)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>13.3</td>
<td>(8.8 - 19.4)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>21.0</td>
<td>(15.8 - 27.3)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>56.5</td>
<td>(49.4 - 63.4)</td>
</tr>
</tbody>
</table>
## Appendix A: Questionnaire

At my school, there is a teacher or some other adult...

<table>
<thead>
<tr>
<th>Question</th>
<th>Percentage</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>84. ...who really cares about me.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td>16.1</td>
<td>(12.2 - 21.0)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>13.4</td>
<td>(9.0 - 19.6)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>26.7</td>
<td>(21.9 - 32.0)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>43.8</td>
<td>(38.4 - 49.4)</td>
</tr>
<tr>
<td>85. ...who notices when I'm not there.</td>
<td>10.8</td>
<td>(6.8 - 16.7)</td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B. A little true</td>
<td>19.3</td>
<td>(14.5 - 25.1)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>24.5</td>
<td>(20.5 - 29.0)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>45.5</td>
<td>(38.5 - 52.6)</td>
</tr>
<tr>
<td>86. ...who listens to me when I have something to say.</td>
<td>12.5</td>
<td>(9.7 - 15.8)</td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B. A little true</td>
<td>23.1</td>
<td>(18.2 - 28.8)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>30.1</td>
<td>(25.6 - 35.0)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>34.4</td>
<td>(26.9 - 42.7)</td>
</tr>
<tr>
<td>87. ...who tells me when I do a good job.</td>
<td>14.7</td>
<td>(10.3 - 20.7)</td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B. A little true</td>
<td>17.7</td>
<td>(13.4 - 22.9)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>31.8</td>
<td>(26.1 - 38.1)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>35.8</td>
<td>(27.2 - 45.5)</td>
</tr>
<tr>
<td>88. ...who believes that I will be a success.</td>
<td>14.4</td>
<td>(10.8 - 19.0)</td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B. A little true</td>
<td>17.8</td>
<td>(11.3 - 27.0)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>21.6</td>
<td>(16.5 - 27.8)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>46.2</td>
<td>(39.0 - 53.5)</td>
</tr>
</tbody>
</table>

Outside of my home and school, there is an adult...

<table>
<thead>
<tr>
<th>Question</th>
<th>Percentage</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>89. ...who really cares about me.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td>11.0</td>
<td>(8.2 - 14.4)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>8.5</td>
<td>(4.7 - 14.9)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>25.4</td>
<td>(18.8 - 33.5)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>55.1</td>
<td>(47.4 - 62.5)</td>
</tr>
<tr>
<td>90. ...who notices when I am upset about something.</td>
<td>8.4</td>
<td>(5.3 - 13.1)</td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B. A little true</td>
<td>14.9</td>
<td>(9.3 - 22.8)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>29.0</td>
<td>(25.7 - 32.5)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>47.8</td>
<td>(41.0 - 54.6)</td>
</tr>
<tr>
<td>91. ...whom I trust.</td>
<td>9.5</td>
<td>(7.1 - 12.6)</td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B. A little true</td>
<td>14.9</td>
<td>(10.5 - 20.8)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>16.4</td>
<td>(11.6 - 22.6)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>59.2</td>
<td>(53.0 - 65.1)</td>
</tr>
</tbody>
</table>
92. ...who tells me when I do a good job.  
   A. Not true at all 11.6  (7.6 - 17.4)  
   B. A little true 17.6  (12.4 - 24.5)  
   C. Pretty much true 21.9  (15.8 - 29.6)  
   D. Very much true 48.8  (42.1 - 55.6)  

I have a friend about my own age...  
93. ...who really cares about me.  
   A. Not true at all 7.0  (3.2 - 14.9)  
   B. A little true 14.5  (9.7 - 21.0)  
   C. Pretty much true 18.8  (12.8 - 26.7)  
   D. Very much true 59.7  (51.4 - 67.6)  

94. ...who talks with me about my problems.  
   A. Not true at all 17.1  (12.9 - 22.4)  
   B. A little true 9.2  (5.6 - 14.8)  
   C. Pretty much true 21.9  (16.6 - 28.3)  
   D. Very much true 51.8  (44.2 - 59.3)  

95. ...who helps me when I'm having a hard time.  
   A. Not true at all 8.2  (4.1 - 15.5)  
   B. A little true 15.9  (9.6 - 25.0)  
   C. Pretty much true 20.0  (15.6 - 25.1)  
   D. Very much true 56.0  (49.2 - 62.6)  

How true do you feel these statements are for you?  
96. When I am not at home, one of my parents/guardians knows where I am and who I am with.  
   A. Not true at all 8.5  (5.0 - 13.9)  
   B. A little true 15.0  (10.2 - 21.4)  
   C. Pretty much true 27.8  (20.8 - 36.2)  
   D. Very much true 48.7  (37.8 - 59.7)  

97. My family has clear rules about drug and alcohol use.  
   A. Not true at all 9.8  (6.8 - 13.8)  
   B. A little true 16.3  (11.0 - 23.4)  
   C. Pretty much true 21.1  (16.5 - 26.5)  
   D. Very much true 52.8  (46.6 - 59.0)  

98. My family has clear rules and standards for my behavior.  
   A. Not true at all 9.3  (4.3 - 18.8)  
   B. A little true 13.9  (8.7 - 21.5)  
   C. Pretty much true 25.3  (17.5 - 35.1)  
   D. Very much true 51.5  (42.6 - 60.3)
### Appendix A: Questionnaire

99. In my school, there are clear rules about what students can and cannot do.

<table>
<thead>
<tr>
<th></th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A. Not true at all</strong></td>
<td>5.7</td>
<td>(2.9 - 10.8)</td>
</tr>
<tr>
<td><strong>B. A little true</strong></td>
<td>14.4</td>
<td>(10.0 - 20.5)</td>
</tr>
<tr>
<td><strong>C. Pretty much true</strong></td>
<td>25.8</td>
<td>(22.2 - 29.8)</td>
</tr>
<tr>
<td><strong>D. Very much true</strong></td>
<td>54.1</td>
<td>(47.8 - 60.3)</td>
</tr>
</tbody>
</table>

100. At school, I try hard to do my best work.

<table>
<thead>
<tr>
<th></th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A. Not true at all</strong></td>
<td>5.8</td>
<td>(3.0 - 10.8)</td>
</tr>
<tr>
<td><strong>B. A little true</strong></td>
<td>15.6</td>
<td>(11.2 - 21.3)</td>
</tr>
<tr>
<td><strong>C. Pretty much true</strong></td>
<td>35.7</td>
<td>(30.7 - 41.0)</td>
</tr>
<tr>
<td><strong>D. Very much true</strong></td>
<td>42.9</td>
<td>(33.8 - 52.6)</td>
</tr>
</tbody>
</table>

101. I plan to go to college or some other school after high school.

<table>
<thead>
<tr>
<th></th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A. Not true at all</strong></td>
<td>9.3</td>
<td>(6.0 - 14.3)</td>
</tr>
<tr>
<td><strong>B. A little true</strong></td>
<td>7.4</td>
<td>(4.2 - 12.7)</td>
</tr>
<tr>
<td><strong>C. Pretty much true</strong></td>
<td>15.2</td>
<td>(10.3 - 22.0)</td>
</tr>
<tr>
<td><strong>D. Very much true</strong></td>
<td>68.0</td>
<td>(57.6 - 76.9)</td>
</tr>
</tbody>
</table>

102. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

<table>
<thead>
<tr>
<th></th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A. Not true at all</strong></td>
<td>35.7</td>
<td>(27.6 - 44.7)</td>
</tr>
<tr>
<td><strong>B. A little true</strong></td>
<td>8.5</td>
<td>(4.1 - 16.9)</td>
</tr>
<tr>
<td><strong>C. Pretty much true</strong></td>
<td>14.5</td>
<td>(9.8 - 20.9)</td>
</tr>
<tr>
<td><strong>D. Very much true</strong></td>
<td>41.3</td>
<td>(35.9 - 46.9)</td>
</tr>
</tbody>
</table>

103. Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities.

<table>
<thead>
<tr>
<th></th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A. Not true at all</strong></td>
<td>35.7</td>
<td>(29.0 - 42.9)</td>
</tr>
<tr>
<td><strong>B. A little true</strong></td>
<td>14.2</td>
<td>(11.8 - 17.0)</td>
</tr>
<tr>
<td><strong>C. Pretty much true</strong></td>
<td>17.5</td>
<td>(11.0 - 26.5)</td>
</tr>
<tr>
<td><strong>D. Very much true</strong></td>
<td>32.7</td>
<td>(25.3 - 41.0)</td>
</tr>
</tbody>
</table>

104. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.

<table>
<thead>
<tr>
<th></th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A. Not true at all</strong></td>
<td>26.5</td>
<td>(20.8 - 33.1)</td>
</tr>
<tr>
<td><strong>B. A little true</strong></td>
<td>17.6</td>
<td>(10.6 - 27.7)</td>
</tr>
<tr>
<td><strong>C. Pretty much true</strong></td>
<td>18.2</td>
<td>(11.4 - 27.7)</td>
</tr>
<tr>
<td><strong>D. Very much true</strong></td>
<td>37.7</td>
<td>(30.7 - 45.3)</td>
</tr>
</tbody>
</table>

105. Outside of my home and school, I help other people.

<table>
<thead>
<tr>
<th></th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A. Not true at all</strong></td>
<td>10.1</td>
<td>(5.9 - 16.7)</td>
</tr>
<tr>
<td><strong>B. A little true</strong></td>
<td>21.9</td>
<td>(14.6 - 31.5)</td>
</tr>
<tr>
<td><strong>C. Pretty much true</strong></td>
<td>35.6</td>
<td>(28.3 - 43.8)</td>
</tr>
<tr>
<td><strong>D. Very much true</strong></td>
<td>32.4</td>
<td>(25.9 - 39.6)</td>
</tr>
</tbody>
</table>
### Appendix A: Questionnaire

106. I often do things without thinking about what will happen.
   - A. Not true at all: 15.5% (95% CI: 8.3 - 27.1)
   - B. A little true: 29.8% (23.9 - 36.5)
   - C. Pretty much true: 23.5% (16.9 - 31.7)
   - D. Very much true: 31.3% (24.2 - 39.3)

107. My friends get into a lot of trouble.
   - A. Not true at all: 26.2% (19.2 - 34.7)
   - B. A little true: 37.5% (30.8 - 44.6)
   - C. Pretty much true: 23.3% (18.2 - 29.2)
   - D. Very much true: 13.1% (7.6 - 21.5)

108. My friends do well in school.
   - A. Not true at all: 7.5% (4.7 - 11.7)
   - B. A little true: 34.4% (28.0 - 41.4)
   - C. Pretty much true: 36.4% (29.9 - 43.3)
   - D. Very much true: 21.8% (17.6 - 26.6)

Among the people you consider to be your closest friends, how many would you say do the following?

109. Drink alcohol once a week or more?
   - A. None: 28.2% (20.1 - 38.0)
   - B. A few: 33.6% (24.4 - 44.3)
   - C. Some: 18.8% (13.9 - 25.1)
   - D. Most: 12.5% (7.8 - 19.6)
   - E. All: 6.8% (4.5 - 10.0)

110. Have used drugs such as marijuana or cocaine?
   - A. None: 32.9% (26.2 - 40.5)
   - B. A few: 23.3% (17.4 - 30.6)
   - C. Some: 13.6% (9.2 - 19.6)
   - D. Most: 16.3% (11.3 - 22.9)
   - E. All: 13.9% (9.4 - 19.9)

Activities

The next 5 questions ask about how many times you have done the following things.

111. How often do you attend religious or spiritual services?
   - A. Every day: 5.3% (3.5 - 8.0)
   - B. 1 to 6 times a week: 20.1% (14.7 - 27.0)
   - C. 1 to 3 times a month: 14.6% (9.1 - 22.7)
   - D. 3 to 11 times a year: 11.9% (7.8 - 17.8)
   - E. Only once or twice a year: 18.5% (14.0 - 24.0)
   - F. Never: 29.5% (25.2 - 34.3)
112. During the school year, how many hours a week do you work at a job? % (95% CI)
   A. I do not work 66.7 (61.3 - 71.8)
   B. 1 to 4 hours per week 7.7 (4.2 - 13.6)
   C. 5 to 9 hours per week 8.3 (6.0 - 11.4)
   D. 10 to 20 hours per week 11.7 (6.9 - 19.0)
   E. Over 20 hours per week 5.6 (3.0 - 10.1)

113. During the last four weeks, how many days of school have you missed because you skipped or ditched?
   A. None 61.2 (50.7 - 70.8)
   B. 1 day 13.7 (8.6 - 21.1)
   C. 2 days 8.7 (4.7 - 15.4)
   D. 3 days 8.4 (4.9 - 14.1)
   E. 4 to 5 days 4.2 (2.6 - 6.7)
   F. 6 to 10 days 1.9 (0.7 - 5.3)
   G. 11 or more days 1.9 (0.6 - 5.4)

114. How often do you come to classes without bringing paper or something to write with?
   A. Never 62.7 (56.9 - 68.1)
   B. Sometimes 28.3 (22.9 - 34.4)
   C. Usually 9.0 (5.2 - 15.0)

115. How often do you come to classes without your homework finished?
   A. Never 22.5 (18.1 - 27.6)
   B. Sometimes 60.2 (54.6 - 65.5)
   C. Usually 17.3 (13.4 - 22.1)

Body Weight
The next 3 questions ask about body weight.
116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?
   A. Yes 65.0 (55.9 - 73.1)
   B. No 35.0 (26.9 - 44.1)

117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?
   A. Yes 38.0 (30.1 - 46.6)
   B. No 62.0 (53.4 - 69.9)

118. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?
   A. Yes 12.3 (9.5 - 15.9)
   B. No 87.7 (84.1 - 90.5)
Appendix A: Questionnaire

Food
The next 8 questions ask about food you ate or drank during the past 7 days.
Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

119. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
   A. I did not drink 100% fruit juice during the past 7 days 28.9 (20.2 - 39.6)
   B. 1 to 3 times during the past 7 days 39.2 (34.4 - 44.2)
   C. 4 to 6 times during the past 7 days 13.0 (7.5 - 21.7)
   D. 1 time per day 3.6 (1.8 - 7.3)
   E. 2 times per day 6.0 (3.4 - 10.3)
   F. 3 times per day 3.0 (1.5 - 6.0)
   G. 4 or more times per day 6.2 (3.5 - 10.6)

120. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)
   A. I did not eat fruit during the past 7 days 11.9 (7.6 - 18.1)
   B. 1 to 3 times during the past 7 days 40.9 (34.0 - 48.2)
   C. 4 to 6 times during the past 7 days 19.8 (14.0 - 27.2)
   D. 1 time per day 8.2 (4.2 - 15.3)
   E. 2 times per day 8.8 (4.8 - 15.8)
   F. 3 times per day 4.2 (1.7 - 10.3)
   G. 4 or more times per day 6.2 (4.0 - 9.5)

121. During the past 7 days, how many times did you eat green salad?
   A. I did not eat green salad during the past 7 days 34.3 (29.6 - 39.4)
   B. 1 to 3 times during the past 7 days 32.1 (26.7 - 38.0)
   C. 4 to 6 times during the past 7 days 11.9 (9.1 - 15.4)
   D. 1 time per day 13.1 (9.3 - 18.0)
   E. 2 times per day 4.8 (1.9 - 11.6)
   F. 3 times per day 1.3 (0.4 - 4.4)
   G. 4 or more times per day 2.4 (0.9 - 6.1)

122. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)
   A. I did not eat potatoes during the past 7 days 29.3 (24.3 - 34.9)
   B. 1 to 3 times during the past 7 days 35.2 (31.4 - 39.2)
   C. 4 to 6 times during the past 7 days 13.6 (10.0 - 18.1)
   D. 1 time per day 11.4 (7.2 - 17.4)
   E. 2 times per day 5.1 (2.6 - 9.7)
   F. 3 times per day 1.2 (0.3 - 4.4)
   G. 4 or more times per day 4.3 (2.1 - 8.4)
### 123. During the past 7 days, how many times did you eat carrots?

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat carrots during the past 7 days</td>
<td>55.1</td>
<td>(48.4 - 61.7)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>24.2</td>
<td>(19.5 - 29.5)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>10.6</td>
<td>(7.0 - 15.7)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>3.4</td>
<td>(1.1 - 10.4)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>2.6</td>
<td>(1.3 - 5.1)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>1.2</td>
<td>(0.4 - 3.9)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>2.9</td>
<td>(1.1 - 7.6)</td>
</tr>
</tbody>
</table>

### 124. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat other vegetables during the past 7 days</td>
<td>24.7</td>
<td>(18.0 - 32.8)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>30.8</td>
<td>(27.4 - 34.4)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>19.9</td>
<td>(13.9 - 27.7)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>7.7</td>
<td>(4.9 - 12.0)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>6.1</td>
<td>(3.5 - 10.6)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>3.1</td>
<td>(0.9 - 10.1)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>7.6</td>
<td>(4.2 - 13.3)</td>
</tr>
</tbody>
</table>

### 125. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink soda or pop during the past 7 days</td>
<td>18.5</td>
<td>(14.1 - 23.9)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>24.4</td>
<td>(17.8 - 32.5)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>13.8</td>
<td>(9.1 - 20.3)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>13.8</td>
<td>(11.1 - 17.0)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>11.8</td>
<td>(8.4 - 16.4)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>8.0</td>
<td>(4.3 - 14.3)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>9.7</td>
<td>(7.4 - 12.5)</td>
</tr>
</tbody>
</table>

### 126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink milk during the past 7 days</td>
<td>19.9</td>
<td>(15.3 - 25.5)</td>
</tr>
<tr>
<td>B. 1 to 3 glasses during the past 7 days</td>
<td>23.3</td>
<td>(17.3 - 30.6)</td>
</tr>
<tr>
<td>C. 4 to 6 glasses during the past 7 days</td>
<td>17.6</td>
<td>(12.1 - 24.9)</td>
</tr>
<tr>
<td>D. 1 glass per day</td>
<td>11.5</td>
<td>(7.7 - 16.7)</td>
</tr>
<tr>
<td>E. 2 glasses per day</td>
<td>14.8</td>
<td>(11.6 - 18.7)</td>
</tr>
<tr>
<td>F. 3 glasses per day</td>
<td>6.5</td>
<td>(3.4 - 12.0)</td>
</tr>
<tr>
<td>G. 4 or more glasses per day</td>
<td>6.4</td>
<td>(2.7 - 14.5)</td>
</tr>
</tbody>
</table>
Physical Activity

The next 4 questions ask about physical activity.

127. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and makes you breathe hard some of the time)

- A. 0 days
  - 14.8 (10.7 - 20.0)
- B. 1 day
  - 10.8 (5.4 - 20.4)
- C. 2 days
  - 8.6 (3.9 - 17.7)
- D. 3 days
  - 11.4 (6.3 - 19.9)
- E. 4 days
  - 8.4 (5.3 - 13.2)
- F. 5 days
  - 8.8 (3.2 - 21.9)
- G. 6 days
  - 9.5 (6.2 - 14.2)
- H. 7 days
  - 27.7 (23.2 - 32.7)

128. On an average school day, how many hours do you watch TV?

- A. I do not watch TV on an average school day
  - 14.4 (10.4 - 19.7)
- B. Less than 1 hour per day
  - 21.3 (13.7 - 31.6)
- C. 1 hour per day
  - 18.2 (11.0 - 28.5)
- D. 2 hours per day
  - 21.3 (12.7 - 33.5)
- E. 3 hours per day
  - 11.5 (7.8 - 16.6)
- F. 4 hours per day
  - 7.4 (4.0 - 13.3)
- G. 5 or more hours per day
  - 5.9 (4.0 - 8.5)

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

- A. I do not play video or computer games or use a computer for something that is not school work
  - 24.0 (16.8 - 32.9)
- B. Less than 1 hour per day
  - 21.9 (15.1 - 30.7)
- C. 1 hour per day
  - 17.6 (10.7 - 27.6)
- D. 2 hours per day
  - 11.9 (8.4 - 16.5)
- E. 3 hours per day
  - 11.9 (7.9 - 17.5)
- F. 4 hours per day
  - 4.1 (1.3 - 12.3)
- G. 5 or more hours per day
  - 8.8 (4.9 - 15.1)

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

- A. 0 days
  - 53.3 (34.7 - 71.1)
- B. 1 day
  - 2.7 (0.9 - 7.8)
- C. 2 days
  - 5.6 (2.5 - 11.8)
- D. 3 days
  - 3.0 (1.1 - 7.6)
- E. 4 days
  - 1.4 (0.2 - 8.8)
- F. 5 days
  - 34.1 (15.2 - 59.8)
Appendix A: Questionnaire

Health-Related Topics
The next 3 questions ask about other health-related topics.

131. Have you ever been taught about AIDS or HIV infection in school?
   A. Yes 74.6 (65.1 - 82.2)
   B. No 15.6 (10.2 - 23.1)
   C. Not sure 9.8 (5.8 - 15.9)

132. Has a doctor or nurse ever told you that you have asthma?
   A. Yes 24.8 (20.9 - 29.2)
   B. No 67.0 (63.0 - 70.8)
   C. Not sure 8.2 (4.8 - 13.8)

133. Do you still have asthma?
   A. I have never had asthma 60.6 (51.2 - 69.4)
   B. Yes 13.6 (8.9 - 20.4)
   C. No 17.8 (11.7 - 26.1)
   D. Not sure 8.0 (4.0 - 15.4)

You and Your Family

These last 3 questions ask for some information about you and your family.

134. How often do you speak a language other than English at home?
   A. Never 47.7 (36.2 - 59.5)
   B. Less than half the time 20.7 (14.8 - 28.1)
   C. About half the time 12.1 (8.2 - 17.6)
   D. More than half the time but not all of the time 5.3 (2.8 - 9.8)
   E. All of the time 14.1 (8.4 - 22.9)

135. Were you born in the USA?
   A. Yes 84.9 (78.3 - 89.8)
   B. No 15.1 (10.2 - 21.7)

136. During the past 12 months, which of the following statements best describes
    the food eaten by you and your family?
   A. Enough food to eat 85.3 (77.6 - 90.7)
   B. Sometimes not enough food to eat 11.1 (6.7 - 17.8)
   C. Often not enough food to eat 3.6 (1.2 - 10.0)

This is the end of the survey.
Thank you very much for your help.
Appendix B: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

Caring and Supportive Relationships
Caring and supportive relationships refer to the interactions between youth and parents, peers, and adults in the school and community that convey love, acceptance, and affirmation. These resiliency factors are constructed from responses to the following survey questions.

Parent or other adult in the family
How true do you feel these statements are for you?
In my home, there is a parent or some other adult...
...who is interested in my school work.
...who talks with me about my problems.
...who listens to me when I have something to say.

Teacher or other adult in the school
How true do you feel these statements are for you?
At my school, there is a teacher or some other adult...
...who really cares about me.
...who notices when I’m not there.
...who listens to me when I have something to say.

Adult in the community
How true do you feel these statements are for you?
Outside of my home and school, there is an adult...
...who really cares about me.
...who notices when I am upset about something.
...whom I trust.

Peers
How true do you feel these statements are for you?
I have a friend about my own age...
...who really cares about me.
...who talks with me about my problems.
...who helps me when I’m having a hard time.

Behavioral Boundaries
Behavioral Boundaries refer to interactions with parents and the school that convey standards for acceptable and appropriate behavior.

Family
How true do you feel these statements are for you?
When I am not at home, one of my parents/guardians knows where I am and who I am with.
My family has clear rules about drug and alcohol use.
My family has clear rules and standards for my behavior.

School
How true do you feel these statements are for you?
In my school, there are clear rules about what students can and cannot do.
High Expectations

Home
   In my home, there is a parent or some other adult …
   …who expects me to follow the rules.
   …who believes that I will be a success.

School
   At my school, there is a teacher or some other adult…
   …who tells me when I do a good job.
   …who believes that I will be a success.

Adult in the community
   Outside of my home and school, there is an adult…
   who tells me when I do a good job.

Other

Positive peer influence
   Youth standards for acceptable behavior are influenced by their peers and close friends.
   How true do you feel these statements are for you?
   My friends get into a lot of trouble.
   My friends do well in school.

Positive peer influence related to substance use
   Among the people you consider to be your closest friends, how many would you say do the following?
   Drink alcohol once a week or more?
   Have used drugs such as marijuana or cocaine?

Involvement in school activities
   At school I am involved in sports, clubs, or other extra-curricular activities (such as band,
   cheerleading, or student council).

Impulsiveness
   I often do things without thinking about what will happen.

Religiosity: goes to church/religious service
   How often do you attend religious or spiritual services?
Appendix C: Academic Performance and Related Behaviors

Academic performance and motivation measures included the following:

- Gets mostly A's and B's (good grades)
  Answered "Mostly A's" or "Mostly B's" to the question,
  During the past 12 months, how would you describe your grades in school?

- Do my best work at school
  Answered "Very much true" or "Pretty much true" to the statement,
  At school, I try hard to do my best work

- Plans to continue education after high school
  Answered "Very much true" or "Pretty much true" to the statement,
  I plan to go to college or some other school after high school.

- Skipped school once a week or more on average
  Answered 4 or more days to the question,
  During the last four weeks, how many days of school have you missed because you skipped or ditched?

- Sometimes or usually comes to class w/out paper/pencil
  Answered "Sometimes" or "Usually" to the question,
  How often do you come to classes without bringing paper or something to write with?

- Sometimes or usually comes to class w/out homework finished
  Answered "Sometimes" or "Usually" to the question,
  How often do you come to classes without your homework finished?
NM YRRS reports can be found at:
www.YouthRisk.org and
http://www.health.state.nm.us/epi/yrrs.html

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