2009 New Mexico Youth Risk and Resiliency Survey (YRRS)
High School (Grades 9 - 12)

San Juan County

New Mexico Department of Health
New Mexico Public Education Department
University of New Mexico Prevention Research Center
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Introduction

This report contains county level results from the 2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS), a statewide survey of public school students, grades 9-12. Statewide and county level results will be available at www.YouthRisk.org and www.health.state.nm.us/ERD/HealthData/yrrs.shtml. Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and others (Appendix B).

Additionally, this report includes a section on academic measures and traits. These academic measures include getting good grades (mostly A's and B's), trying hard to do good work in school, planning to go to college, skipping or ditching school, coming to class with paper and something to write with, and completing homework.

How to Read this Report

This report has three main sections, each of which consists of a set of bar and line charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with several data charts. At the beginning of each topic area, a set of line charts gives results for multiple survey years of the YRRS (2003, 2005, 2007, and 2009). A following set of bar charts compares results for the county to results for the entire state, compares the behaviors of boys to those of girls, and makes comparisons between grade levels within the county.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there are line and bar charts presenting trends, a comparison between the state and the county, a comparison between boys and girls in the county, and a comparison of grade levels within the county. Using the same styles of charts, the third section of the report presents results for the resiliency/protective factors.

In some cases when there were very few students in a particular age or gender group, data have been suppressed to protect the anonymity of the individual respondents.

NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org.
Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. A label for each bar presents the actual percentage of students who reported each trait. For instance, the chart on page 14, Personal Safety: Injury, shows that 8.3% of students in New Mexico rarely or never wore seatbelts, while 11.4% of students in San Juan County rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are from a sample of students, and not the entire student body, the results in this report are estimates. As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin ‘I’ shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7 to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.

Current Smoking and Current Cocaine Use
Grades 9 - 12, 2005

<table>
<thead>
<tr>
<th></th>
<th>Current cocaine use</th>
<th>Current smoker</th>
</tr>
</thead>
<tbody>
<tr>
<td>NM</td>
<td>7.9</td>
<td>25.7</td>
</tr>
<tr>
<td>US</td>
<td>3.4</td>
<td>23.0</td>
</tr>
</tbody>
</table>

8
How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher bound of the US error bar (4.4%) is lower than the lower bound of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.

For some small counties, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.
Methodology

The YRRS was implemented in the fall semester of the 2009-10 school year. All public school districts in New Mexico were invited to participate in the 2009 High School YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate.* The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 10.1, a statistical software program.

Limitations of the YRRS

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2009 High School YRRS was 67%, an adequate response rate to represent the population.

In order to achieve a statewide response rate of 60% or greater, we aimed for a 75% response rate from each participating school district. Most participating school districts and counties met this target or were close to it. While the response rate was generally very good in participating schools, the overall response rate was driven down by the school districts that declined to participate.

* The Middle School YRRS was also conducted at the same time; results from that survey are published separately.
Participation in San Juan County

The response rate for San Juan County was 63%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 75% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

Profile of students surveyed

<table>
<thead>
<tr>
<th></th>
<th>Number of students</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total</strong></td>
<td>916</td>
<td>100%</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls</td>
<td>473</td>
<td>(51.6%)</td>
</tr>
<tr>
<td>Boys</td>
<td>443</td>
<td>(48.4%)</td>
</tr>
<tr>
<td><strong>Race/Ethnicity</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>American Indian</td>
<td>394</td>
<td>(43.8%)</td>
</tr>
<tr>
<td>Asian or Pacific Islander</td>
<td>44</td>
<td>(4.9%)</td>
</tr>
<tr>
<td>Black or African-American</td>
<td>27</td>
<td>(3.0%)</td>
</tr>
<tr>
<td>Hispanic</td>
<td>186</td>
<td>(20.7%)</td>
</tr>
<tr>
<td>White</td>
<td>249</td>
<td>(27.7%)</td>
</tr>
<tr>
<td><strong>Grade Level</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9th</td>
<td>274</td>
<td>(29.9%)</td>
</tr>
<tr>
<td>10th</td>
<td>259</td>
<td>(28.3%)</td>
</tr>
<tr>
<td>11th</td>
<td>187</td>
<td>(20.4%)</td>
</tr>
<tr>
<td>12th</td>
<td>192</td>
<td>(21.0%)</td>
</tr>
<tr>
<td>Other:</td>
<td>4</td>
<td>(0.4%)</td>
</tr>
</tbody>
</table>
Risk Behaviors
Personal Safety: Injury
Personal Safety: Injury
Bicycle Helmet and Seatbelt Use
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Of those who rode a bicycle in the past 12 months
Personal Safety: Injury
Carried a Gun in the Past 30 Days
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS
Personal Safety: Injury
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Among those who rode a bicycle in the past 12 months

q009. Never/rarely wore bicycle helmet

91.3% NM
90.5% San Juan

q010. Never/rarely wore seat belt

8.3% NM
11.4% San Juan

*Among those who rode a bicycle in the past 12 months
Personal Safety: Injury
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* Among those who rode a bicycle in the past 12 months

q009. Never/rarely wore bicycle helmet

Female: 86.1%
Male: 93.8%

q010. Never/rarely wore seat belt

Female: 7.0%
Male: 15.6%
**Personal Safety: Injury**

by Grade, San Juan County

Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Grade</th>
<th>q009. Never/rarely wore bicycle helmet</th>
<th>q010. Never/rarely wore seat belt</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>92.7%</td>
<td>11.0%</td>
</tr>
<tr>
<td>10th</td>
<td>88.3%</td>
<td>9.3%</td>
</tr>
<tr>
<td>11th</td>
<td>91.0%</td>
<td>14.1%</td>
</tr>
<tr>
<td>12th</td>
<td>89.7%</td>
<td>11.5%</td>
</tr>
</tbody>
</table>

*Among those who rode a bicycle in the past 12 months*
Personal Safety: Injury
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q013. Have a gun in home
- NM
- San Juan

q015. Carried a gun *
- Yes
- No
- Not Sure

* In the past 30 days
Personal Safety: Injury
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* In the past 30 days

q013. Have a gun in home

q015. Carried a gun *

Percent (%)

Female  Male

0 100

40

60

80

q10. Carried a gun *

5.6 17.9

45.1 57.6

41.7 35.4

13.2 7.0

* In the past 30 days
Personal Safety: Injury
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

q015. Carried a gun *
* In the past 30 days

q013. Have a gun in home

* Percent (%)

- 9th
- 10th
- 11th
- 12th

* In the past 30 days
Personal Safety: Behaviors and Experiences Associated with Violence
Personal Safety: Behaviors and Experiences Associated with Violence
In Physical Fight in the Past 12 Months
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)
Personal Safety: Behaviors and Experiences Associated with Violence
Carried a Weapon *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Such as a gun, knife, or club, in the past 30 days
Personal Safety: Behaviors and Experiences Associated with Violence
Hit by Boy/Girlfriend *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Hit, slapped, or physically hurt on purpose by boyfriend or girlfriend in the past 12 months
Personal Safety: Behaviors and Experiences Associated with Violence
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Behaviors and Experiences Associated with Violence
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

Female
Male

q014. Carried weapon *
13.9
41.9

q018. In a physical fight **
30.3
47.1

q020. Hit by boy/girlfriend **
9.4
10.6

q021. Ever forced to have sex
10.9
5.1

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Behaviors and Experiences Associated with Violence
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

- q014. Carried weapon *
- q018. In a physical fight **
- q020. Hit by boy/girlfriend **
- q021. Ever forced to have sex

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
Personal Safety: Schools and Violence
Personal Safety: Schools and Violence
Carried a Weapon on School Property *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Such as a gun, knife, or club, in the past 30 days
Personal Safety: Schools and Violence
Skipped School Due to Safety Issues *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 30 days
Personal Safety: Schools and Violence
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q022. Bullied at school **
q016. Carried weapon school *
q019. In physical fight on school property **
q017. Missed school due to safety issues ***

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Personal Safety: Schools and Violence
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

0 20 40 60 80 100

q022. Bullied at school **
q016. Carried weapon school *
q019. In physical fight on school property **
q017. Missed school due to safety issues ***

Female  Male

19.3 ± 5.8 17.9 ± 8.9
5.8 ± 12.2 12.2 ± 6.4
10.4 ± 19.6
8.9 ± 6.4

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Personal Safety: Schools and Violence
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

- q022. Bullied at school **
- q016. Carried weapon school *
- q019. In physical fight on school property **
- q017. Missed school due to safety issues ***

* Such as a gun, knife, or club in the past 30 days
** In the past 12 months
*** Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months
Mental Health: Suicide Attempts and Ideation
Persistent Feelings of Sadness or Hopelessness *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months
Mental Health: Suicide Attempts and Ideation
Seriously Considered Suicide in the Past 12 Months
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)

2003: 25.1
2005: 21.6
2007: 22.3
2009: 18.4
Mental Health: Suicide Attempts and Ideation
Made a Plan to Attempt Suicide in the Past 12 Months
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS
Mental Health: Suicide Attempts and Ideation
Attempted Suicide in the Past 12 Months
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS
Mental Health: Suicide Attempts and Ideation
Injured in Suicide Attempt *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Made a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months
Mental Health: Suicide Attempts and Ideation in the Past 12 Months
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

- Q023. Sad or hopeless *
- Q024. Seriously considered suicide
- Q025. Made suicide plan
- Q026. Attempted suicide
- Q027. Suicide attempt resulting in injury **

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse
Mental Health: Suicide Attempts and Ideation in the Past 12 Months by Gender, San Juan County Grades 9 - 12, 2009 NM YRRS

- q023. Sad or hopeless *
- q024. Seriously considered suicide **
- q025. Made suicide plan **
- q026. Attempted suicide **
- q027. Suicide attempt resulting in injury ***

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

Percent (%)

- Female
- Male

Percent (%)
Mental Health: Suicide Attempts and Ideation in the Past 12 Months
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities
** Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse
Tobacco
Tobacco: Cigarette Smoking
Ever Tried Cigarette Smoking *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Even one or two puffs
Tobacco: Cigarette Smoking
Current Cigarette Smoker *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Smoked cigarettes on at least one of the past 30 days
Tobacco: Cigarette Smoking
Smoked Cigarettes Before Age 13
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* First smoked a whole cigarette before age 13
Tobacco: Cigarette Smoking
Smoked Cigarettes on School Property *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* On at least one of the past 30 days
Tobacco: Other Use and Exposure
Used Any Form of Tobacco *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Smoked cigarettes, cigars, cigarillos, or little cigars, or used chewing tobacco, snuff, or dip in the past 30 days
Tobacco: Other Use and Exposure

Current Cigar Smoker *

San Juan County

Grades 9 - 12, 2003 - 2009, NM YRRS

* Smoked cigars, cigarillos, or little cigars on at least one of the past 30 days
Tobacco: Other Use and Exposure
Current Spit Tobacco Use *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Used chewing tobacco, snuff, or dip on at least one of the past 30 days
Tobacco: Cigarette Smoking
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

- **Ever tried cigarettes**, even one or two puffs
- **Smoked cigarettes on at least one of the past 30 days**
- **Current smoker**
- **Frequent smoker**
- **Heavy smoker**
- **Smoked on school property**

*Percent (%)*

- q028. Ever tried cigarettes
- q029. Smoked cigarette before age 13
- q030. Current smoker
- q030. Frequent smoker
- q031. Heavy smoker
- q033. Smoked on school property

*Ever tried cigarettes, even one or two puffs
Smoked cigarettes on at least one of the past 30 days
Smoked cigarettes on at least 20 of the past 30 days
Smoked at least 10 cigarettes per day on days that they smoked
In the past 30 days
Ever tried cigarettes, even one or two puffs

Smoked cigarettes on at least one of the past 30 days

Smoked cigarettes on at least 20 of the past 30 days

Smoked at least 10 cigarettes per day on days that they smoked

Smoked at least 10 cigarettes per day on days that they smoked

In the past 30 days
### Tobacco: Cigarette Smoking by Grade, San Juan County

Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Grade</th>
<th>* Ever tried cigarettes, even one or two puffs</th>
<th>** Smoked cigarettes on at least one of the past 30 days</th>
<th>*** Smoked cigarettes on at least 20 of the past 30 days</th>
<th>**** Smoked at least 10 cigarettes per day on days that they smoked</th>
<th>***** In the past 30 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>[50.9 ± 0.5]</td>
<td>[52.5 ± 0.5]</td>
<td>[63.6 ± 0.6]</td>
<td>[69.4 ± 0.6]</td>
<td>[0.0 ± 0.0]</td>
</tr>
<tr>
<td>10th</td>
<td>[21.8 ± 0.2]</td>
<td>[20.1 ± 0.2]</td>
<td>[17.5 ± 0.3]</td>
<td>[19.8 ± 0.3]</td>
<td>[0.0 ± 0.0]</td>
</tr>
<tr>
<td>11th</td>
<td>[16.7 ± 0.1]</td>
<td>[22.1 ± 0.1]</td>
<td>[26.0 ± 0.2]</td>
<td>[32.4 ± 0.2]</td>
<td>[0.0 ± 0.0]</td>
</tr>
<tr>
<td>12th</td>
<td>[1.5 ± 0.1]</td>
<td>[6.9 ± 0.1]</td>
<td>[6.9 ± 0.1]</td>
<td>[0.6 ± 0.0]</td>
<td>[1.8 ± 0.1]</td>
</tr>
</tbody>
</table>

#### Notes:
- * Ever tried cigarettes, even one or two puffs
- ** Smoked cigarettes on at least one of the past 30 days
- *** Smoked cigarettes on at least 20 of the past 30 days
- **** Smoked at least 10 cigarettes per day on days that they smoked
- ***** In the past 30 days
Tobacco: Behaviors of Current Cigarette Smokers
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers <18 yrs old
Tobacco: Behaviors of Current Cigarette Smokers
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

percent (%)

Female       Male

q029. Smoked cigarette before age 13
42.2          46.6

q030. Frequent smokers *
19.0          30.4

q031. Heavy smoker **
3.8           4.3

q034. Tried to quit smoking ***
61.1          57.8

q032. Got cigarettes in store ****
0.5           17.2

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers <18 yrs old
Tobacco: Behaviors of Current Cigarette Smokers
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* Among current smokers, smoked cigarettes on at least 20 of the past 30 days
** Among current smokers, smoked at least 10 cigarettes per day on days they smoked
*** In the past 12 months
**** In the past 30 days, among current smokers < 18 yrs old
**Tobacco: Other Use and Exposure**  
**New Mexico and San Juan County**  
**Grades 9 - 12, 2009 NM YRRS**

- q035. Current spit tobacco use *  
- q036. Current cigar user **  
- q036. Current use of any form of tobacco ***  
- q037. In the same room with someone smoking cigarettes ****

New Mexico: 11.8%, 18.1%, 30.8%, 51.4%  
San Juan County: 11.3%, 16.4%, 30.5%, 45.3%

---

* Chewing tobacco, snuff, or dip, in the past 30 days  
** Cigars, cigarillos, or little cigars, in the past 30 days  
*** Cigarettes, spit tobacco, or cigars, in the past 12 months  
**** In the past 7 days
Tobacco: Other Use and Exposure by Gender, San Juan County Grades 9 - 12, 2009 NM YRRS

- q035. Current spit tobacco use *
- q036. Current cigar user **
- q036. Current use of any form of tobacco ***
- q037. In the same room with someone smoking cigarettes ****

* Chewing tobacco, snuff, or dip, in the past 30 days
** Cigars, cigarillos, or little cigars, in the past 30 days
*** Cigarettes, spit tobacco, or cigars, in the past 12 months
**** In the past 7 days
Tobacco: Other Use and Exposure by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

9th 10th 11th 12th

Percent (%)

q035. Current spit tobacco use *
0 10 20 30 40

q036. Current cigar user **
15.4 14.1 15.5 20.6

q036. Current use of any form of tobacco ***
23.3 26.2 33.7 41.0

q037. In the same room with someone smoking cigarettes ****
40.7 44.8 50.6 46.5

* Chewing tobacco, snuff, or dip, in the past 30 days
** Cigars, cigarillos, or little cigars, in the past 30 days
*** Cigarettes, spit tobacco, or cigars, in the past 12 months
**** In the past 7 days
Tobacco: Parental and Student Attitudes
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q039. Great risk from smoking one+ packs/day *
q038. Parents feel cigarette smoking is "Very wrong" **

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?
** How wrong do your parents feel it would be for you to smoke cigarettes
Tobacco: Parental and Student Attitudes by Gender, San Juan County Grades 9 - 12, 2009 NM YRRS

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

** How wrong do your parents feel it would be for you to smoke cigarettes

q039. Great risk from smoking one+ packs/day *

- Female: 71.3%
- Male: 64.5%

q038. Parents feel cigarette smoking is "Very wrong" **

- Female: 70.8%
- Male: 66.1%
Tobacco: Parental and Student Attitudes by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

q039. Great risk from smoking one+ packs/day *
q038. Parents feel cigarette smoking is "Very wrong" **

* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

** How wrong do your parents feel it would be for you to smoke cigarettes
Alcohol
Alcohol Use
Current Drinker *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Had at least one drink of alcohol in the past 30 days
Alcohol Use
Binge Drinker *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Had at least five or more drinks of alcohol in a row or within a couple of hours, at least once in the past 30 days
Alcohol Use
Drank Alcohol Before Age 13
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Had first drink of alcohol, other than a few sips, before age 13
Alcohol Use
Rode With a Drinking Driver *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* In the past 30 days
Alcohol Use
Drinking and Driving *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Drove a car or other vehicle "when you had been drinking alcohol," in the past 30 days
Alcohol Use
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

- q040. First drink before age 13
- q041. Current drinker *
- q042. Binge drinker **
- q046. Drank on school property ***

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th></th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>q040. First drink before age 13</td>
<td>27.6</td>
<td>33.0</td>
</tr>
<tr>
<td>q041. Current drinker *</td>
<td>35.9</td>
<td>37.3</td>
</tr>
<tr>
<td>q042. Binge drinker **</td>
<td>23.3</td>
<td>23.0</td>
</tr>
<tr>
<td>q046. Drank on school property ***</td>
<td>8.7</td>
<td>10.6</td>
</tr>
</tbody>
</table>

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

- **q040. First drink before age 13**
  - 9th: 38.1%
  - 10th: 30.0%
  - 11th: 25.0%
  - 12th: 25.9%

- **q041. Current drinker ***
  - 9th: 29.9%
  - 10th: 33.0%
  - 11th: 41.3%
  - 12th: 44.4%

- **q042. Binge drinker **
  - 9th: 20.8%
  - 10th: 16.8%
  - 11th: 28.6%
  - 12th: 27.8%

- **q046. Drank on school property *****
  - 9th: 9.9%
  - 10th: 7.8%
  - 11th: 8.3%
  - 12th: 12.0%

---

* Had a drink of alcohol on at least one of the past 30 days
** Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days
*** Had at least one drink of alcohol on school property, on at least one of the past 30 days
Alcohol Use Associated with Injury
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

* In the past 30 days
Alcohol Use Associated with Injury by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* In the past 30 days

* Female
* Male

q011. Rode with drinking driver *
25.6 Female
24.0 Male

q012. Drinking and driving *
10.9 Female
10.2 Male

* In the past 30 days
Alcohol Use Associated with Injury
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* In the past 30 days

q011. Rode with drinking driver *
q012. Drinking and driving *

* In the past 30 days
Alcohol Use: Behaviors of Current Drinkers
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q043. During the past 30 days, what type of alcohol did you usually drink?

- No usual type
- Beer
- Malt beverages *
- Wine coolers **
- Wine
- Liquor ***
- Other

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
** Such as Bartles & James or Seagrams
*** Such as vodka, rum, scotch, bourbon, or whiskey
Among current drinkers
q043. During the past 30 days, what type of alcohol did you usually drink?

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
** Such as Bartles & James or Seagrams
*** Such as vodka, rum, scotch, bourbon, or whiskey
Alcohol Use: Behaviors of Current Drinkers
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q043. During the past 30 days, what type of alcohol did you usually drink?

* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade
** Such as Bartles & James or Seagrams
*** Such as vodka, rum, scotch, bourbon, or whiskey
Among current drinkers

q044. During the past 30 days, how did you usually get the alcohol you drank?

- **Bought it in a store**: 2.2% (21.8 ± 0.9) for NM, 9.9% (6.6 ± 0.5) for San Juan
- **Bought it at a restaurant, bar, or club**: 1.6% (0.9 ± 0.2) for NM, 6.6% (26.9 ± 0.5) for San Juan
- **Bought it at a public event**: 0.9% (21.8 ± 0.2) for NM, 26.4% (37.4 ± 0.9) for San Juan
- **Gave someone else money to buy it**: 0.5% (21.8 ± 0.2) for NM, 38.8% (38.8 ± 0.8) for San Juan
- **Someone gave it to me**: 26.9% (26.9 ± 0.9) for NM, 25.9% (25.9 ± 0.9) for San Juan
- **Took it from a store or family member**: 9.9% (9.9 ± 0.2) for NM, 6.6% (6.6 ± 0.2) for San Juan
- **Other**: 6.6% (26.9 ± 0.9) for NM, 25.9% (25.9 ± 0.9) for San Juan

* Such as a liquor store, convenience store, supermarket, discount store, or gas station
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q044. During the past 30 days, how did you usually get the alcohol you drank?

* Such as a liquor store, convenience store, supermarket, discount store, or gas station
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers by Grade, San Juan County Grades 9 - 12, 2009 NM YRRS

Among current drinkers q044. During the past 30 days, how did you usually get the alcohol you drank?

* Such as a liquor store, convenience store, supermarket, discount store, or gas station
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q044. During the past 30 days, where did you usually drink alcohol?

* Such as a park, beach, or parking lot
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q044. During the past 30 days, where did you usually drink alcohol?

* Such as a park, beach, or parking lot
** Such as a concert or sporting event
Alcohol Use: Behaviors of Current Drinkers
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

Among current drinkers
q044. During the past 30 days, where did you usually drink alcohol?

* Such as a park, beach, or parking lot
** Such as a concert or sporting even
Alcohol: Attitudes
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Question</th>
<th>NM</th>
<th>San Juan</th>
</tr>
</thead>
<tbody>
<tr>
<td>q047. Adults think youth alcohol use is very wrong *</td>
<td>46.7%</td>
<td>52.9%</td>
</tr>
<tr>
<td>q048. My parents think my alcohol use would be very wrong</td>
<td>62.9%</td>
<td>71.3%</td>
</tr>
<tr>
<td>q049. I think youth alcohol use is very wrong *</td>
<td>35.4%</td>
<td>42.3%</td>
</tr>
<tr>
<td>q050. People face great risk from daily alcohol use *</td>
<td>41.2%</td>
<td>45.8%</td>
</tr>
</tbody>
</table>

* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?*

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Alcohol: Attitudes
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

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** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Alcohol: Attitudes
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?*

** How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"
Alcohol: Access and Use by Friends
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q109. Most or all close friends drink at least once/week
q068. "Sort of easy" or "Very easy" to get alcohol
Alcohol: Access and Use by Friends by Gender, San Juan County Grades 9 - 12, 2009 NM YRRS

q109. Most or all close friends drink at least once/week

q068. "Sort of easy" or "Very easy" to get alcohol
Alcohol: Access and Use by Friends by Grade, San Juan County Grades 9 - 12, 2009 NM YRRS

q109. Most or all close friends drink at least once/week

9th Grade: 8.7%
10th Grade: 13.9%
11th Grade: 21.7%
12th Grade: 21.7%

q068. "Sort of easy" or "Very easy" to get alcohol

9th Grade: 47.6%
10th Grade: 57.4%
11th Grade: 64.2%
12th Grade: 73.9%
Drugs
Drug Use
Current Marijuana Use *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Used marijuana at least once in the past 30 days
Drug Use
Used Painkiller to Get High *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

This question not asked before 2007

* Used a pain killer to get high, like Vicodin, OxyContin, or Percocet, in the past 30 days
Drug Use
Inhalant Use *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, in the past 30 days
Drug Use
Ecstasy Use *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

This question not asked before 2007

* In the past 30 days
Drug Use
Cocaine Use *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* In the past 30 days
Drug Use
Heroin Use *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* In the past 30 days
Drug Use
Injection Drug Use *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Ever in lifetime
Marijuana Use
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

NM
San Juan

q051. Ever tried marijuana
49.2
52.4

q051. Tried marijuana before age 13
18.4
20.5

q052. Current marijuana use *
28.0
31.0

q053. Marijuana use on school property **
9.7
13.2

* Used marijuana at least once in the past 30 days
** Used marijuana on school property at least once in the past 30 days
Marijuana Use
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Question</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>q051. Ever tried marijuana</td>
<td>51.6</td>
<td>53.1</td>
</tr>
<tr>
<td>q051. Tried marijuana before age 13</td>
<td>16.9</td>
<td>23.9</td>
</tr>
<tr>
<td>q052. Current marijuana use *</td>
<td>28.4</td>
<td>33.4</td>
</tr>
<tr>
<td>q053. Marijuana use on school property **</td>
<td>10.5</td>
<td>15.7</td>
</tr>
</tbody>
</table>

* Used marijuana at least once in the past 30 days
** Used marijuana on school property at least once in the past 30 days
Marijuana Use
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* Used marijuana at least once in the past 30 days
** Used marijuana on school property at least once in the past 30 days
Marijuana: Attitudes
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?
** How wrong do your parents feel it would be for you to use marijuana?
Marijuana: Attitudes by Gender, San Juan County Grades 9 - 12, 2009 NM YRRS

* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?

** How wrong do your parents feel it would be for you to use marijuana?
Marijuana: Attitudes by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?

** How wrong do your parents feel it would be for you to use marijuana?
"Current" use refers to at least one use of a substance in the past 30 days

Note that vertical axis extends to 50% rather than 100% as in most other charts
Current Drug Use *
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

"Current" use refers to at least one use of a substance in the past 30 days
Note that vertical axis extends to 50% rather than 100% as in most other charts
Current Drug Use *
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

"Current" use refers to at least one use of a substance in the past 30 days
Note that vertical axis extends to 50% rather than 100% as in most other charts
"Current" use refers to at least one use of a substance in the past 30 days.

Note that vertical axis extends to 50% rather than 100% as in most other charts.
Lifetime Drug Use *
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

Note that vertical axis extends to 50% rather than 100% as in most other charts

"Lifetime" use refers to at least one use of a substance in during a lifetime

122
Lifetime Drug Use *  
by Grade, San Juan County  
Grades 9 - 12, 2009 NM YRRS

"Lifetime" use refers to at least one use of a substance in during a lifetime 
Note that vertical axis extends to 50% rather than 100% as in most other charts
Access to Drugs
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

<table>
<thead>
<tr>
<th>Question</th>
<th>NM</th>
<th>San Juan</th>
</tr>
</thead>
<tbody>
<tr>
<td>q067. Offered or sold illegal drugs on school property *</td>
<td>30.9</td>
<td>34.3</td>
</tr>
<tr>
<td>q068. &quot;Sort of easy&quot; or &quot;Very easy&quot; to get marijuana</td>
<td>64.2</td>
<td>63.8</td>
</tr>
<tr>
<td>q068. &quot;Sort of easy&quot; or &quot;Very easy&quot; to get illegal drug **</td>
<td>30.2</td>
<td>27.5</td>
</tr>
</tbody>
</table>

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs
Access to Drugs
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs
Access to Drugs
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

q067. Offered or sold illegal drugs on school property *
q068. "Sort of easy" or "Very easy" to get marijuana
q068. "Sort of easy" or "Very easy" to get illegal drug **

* During the past 12 months
** Such as cocaine, LSD, methamphetamine, or other illegal drugs
Drugs: Use or Dealing by Adults
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q071. Know 1+ adults who use drugs

q072. Know 1+ adults who sell drugs

 NM  San Juan

Percent (%)
Drugs: Use or Dealing by Adults by Gender, San Juan County Grades 9 - 12, 2009 NM YRRS

q071. Know 1+ adults who use drugs
- Female: 60.1%
- Male: 55.3%

q072. Know 1+ adults who sell drugs
- Female: 44.5%
- Male: 39.0%
Drugs: Use or Dealing by Adults
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

q071. Know 1+ adults who use drugs
q072. Know 1+ adults who sell drugs
Sexual Behavior
Sexual Behavior
Ever had Sexual Intercourse
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)

2003  2005  2007  2009
40.4  44.0  49.4  42.6
Sexual Behavior
Sexually Active *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* Had sexual intercourse at least once in the past 3 months

* Percent (%)

2003: 27.1
2005: 26.6
2007: 33.2
2009: 28.4
Sexual Behavior
Had Sexual Intercourse Before Age 13
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)

2003 2005 2007 2009

9.6 10.4 8.6 7.6
Sexual Behavior
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q073. Ever had sexual intercourse
q073. Had sexual intercourse before age 13
q075. Sexually active *
q074. Had sexual intercourse with 4+ people in life
q131. Taught about AIDS/HIV at school

* Had sexual intercourse at least once in the past 3 months
Sexual Behavior
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Question Description</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>q073. Ever had sexual intercourse</td>
<td>41.7</td>
<td>43.5</td>
</tr>
<tr>
<td>q073. Had sexual intercourse before age 13</td>
<td>5.1</td>
<td>9.9</td>
</tr>
<tr>
<td>q075. Sexually active *</td>
<td>28.2</td>
<td>28.6</td>
</tr>
<tr>
<td>q074. Had sexual intercourse with 4+ people in life</td>
<td>9.2</td>
<td>17.1</td>
</tr>
<tr>
<td>q131. Taught about aids/hiv @ school</td>
<td>80.1</td>
<td>74.4</td>
</tr>
</tbody>
</table>

* Had sexual intercourse at least once in the past 3 months
Sexual Behavior
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

q073. Ever had sexual intercourse
q073. Had sexual intercourse before age 13
q075. Sexually active *
q074. Had sexual intercourse with 4+ people in life
q131. Taught about aids/hiv @ school

* Had sexual intercourse at least once in the past 3 months

Percent (%)
Sexual Behaviors of Sexually Active Students
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q076. Used alcohol or drugs before sex *
q077. Used condom *
q078. Used condom & either BCP/Depo-Provera **

* Refers to the last time student had sexual intercourse
** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
Sexual Behaviors of Sexually Active Students
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
Sexual Behaviors of Sexually Active Students
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

q076. Used alcohol or drugs before sex *
q077. Used condom *
q078. Used condom & either BCP/Depo-Provera **

* Refers to the last time student had sexual intercourse
** The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)
Sexual Behaviors of Sexually Active Students: Primary Birth Control Method
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
Sexual Behaviors of Sexually Active Students: Primary Birth Control Method by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
Sexual Behaviors of Sexually Active Students: Primary Birth Control Method
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* Refers to the last time student had sexual intercourse
Body Weight, Nutrition, and Physical Activity
Body Weight
Overweight *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex
Body Weight
Obese *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese : BMI >= 95th percentile for age and sex, based on historical reference data
Body Weight
Overweight or Obese *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese: BMI >= 95th percentile for age and sex, based on historical reference data
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex
Nutrition
Five Servings of Fruit or Vegetables per Day
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS
Physical Activity
Physical Education in School at Least Once per Week
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)
Physical Activity
Daily Physical Education in School
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

Percent (%)

2003  37.8
2005  31.2
2007  35.0
2009  43.3
Body Weight
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese: BMI >= 95th percentile for age and sex, based on historical reference data
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data
Body Weight
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

Body Mass Index (BMI) calculated from self-reported height and weight.
- Obese: BMI >= 95th percentile for age and sex, based on historical reference data
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data
Body Mass Index (BMI) calculated from self-reported height and weight.

- Obese: BMI >= 95th percentile for age and sex, based on historical reference data
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data
**Weight Control**

New Mexico and San Juan County

Grades 9 - 12, 2009 NM YRRS

* Or keep from gaining weight, in the past 30 days
Weight Control
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

q116. Exercised to lose weight *
q117. Ate less to lose weight *
q118. Vomited to lose weight *

* Or keep from gaining weight, in the past 30 days
Weight Control
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Grade</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>116. Exercised to lose weight *</td>
<td>66.4</td>
<td>67.3</td>
<td>69.9</td>
<td>67.2</td>
</tr>
<tr>
<td>117. Ate less to lose weight *</td>
<td>35.6</td>
<td>37.0</td>
<td>42.7</td>
<td>42.4</td>
</tr>
<tr>
<td>118. Vomited to lose weight *</td>
<td>6.5</td>
<td>7.7</td>
<td>7.5</td>
<td>8.8</td>
</tr>
</tbody>
</table>

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

- NM
- San Juan

Percent (%)

q116. Exercised to lose weight *
72.5

q117. Ate less to lose weight *
48.5

q118. Vomited to lose weight *
11.2

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* Or keep from gaining weight, in the past 30 days
Weight Control among Obese and Overweight Students by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

- **q116. Exercised to lose weight**:
  - 9th: 73.1%
  - 10th: 77.5%
  - 11th: 67.8%
  - 12th: 76.8%

- **q117. Ate less to lose weight**: (similar percentages as above)
  - 9th: 43.0%
  - 10th: 43.3%
  - 11th: 58.3%
  - 12th: 54.3%

- **q118. Vomited to lose weight**: (lowest percentages)
  - 9th: 10.9%
  - 10th: 5.4%
  - 11th: 9.4%
  - 12th: 10.9%

* Or keep from gaining weight, in the past 30 days
**Nutrition**

**New Mexico and San Juan County**

**Grades 9 - 12, 2009 NM YRRS**

* In the past 7 days

** "By you and your family" in the past 12 months

<table>
<thead>
<tr>
<th>Question</th>
<th>NM (%)</th>
<th>San Juan (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>q119. Ate 5+ servings of fruits or vegetables daily *</td>
<td>20.9</td>
<td>25.4</td>
</tr>
<tr>
<td>q125. Drank soda once or more daily *</td>
<td>30.4</td>
<td>32.2</td>
</tr>
<tr>
<td>q126. Drank 3+ glasses milk daily *</td>
<td>12.8</td>
<td>11.3</td>
</tr>
<tr>
<td>q136. Often or sometimes not enough to eat **</td>
<td>11.3</td>
<td>11.0</td>
</tr>
</tbody>
</table>

---

162
q119. Ate 5+ servings of fruits or vegetables daily *
q125. Drank soda once or more daily *
q126. Drank 3+ glasses milk daily *
q136. Often or sometimes not enough to eat **

Nutrition
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* In the past 7 days
** "By you and your family" in the past 12 months
Nutrition
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

q119. Ate 5+ servings of fruits or vegetables daily *
q125. Drank soda once or more daily *
q126. Drank 3+ glasses milk daily *
q136. Often or sometimes not enough to eat **

* In the past 7 days
** "By you and your family" in the past 12 months

Percent (%)

<table>
<thead>
<tr>
<th>Grade</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>28.8</td>
<td>27.2</td>
<td>31.0</td>
<td>14.6</td>
</tr>
<tr>
<td>10th</td>
<td>35.9</td>
<td>27.4</td>
<td>36.2</td>
<td>29.5</td>
</tr>
<tr>
<td>11th</td>
<td>14.6</td>
<td>11.1</td>
<td>10.4</td>
<td>8.4</td>
</tr>
<tr>
<td>12th</td>
<td>10.7</td>
<td>13.9</td>
<td>11.1</td>
<td>7.5</td>
</tr>
</tbody>
</table>
Physical Activity
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

![Bar chart showing physical activity and screen time percentages for New Mexico (NM) and San Juan County.]

- **q127. Adequate physical activity**: 45.8% (NM) vs. 49.5% (San Juan)
- **q127. No days physical activity**: 15.5% (NM) vs. 14.2% (San Juan)
- **q128. Watched 3+ hours of TV daily**: 32.6% (NM) vs. 36.4% (San Juan)
- **q129. Played video games 3+ hours daily**: 21.0% (NM) vs. 22.8% (San Juan)
- **q129. Total screen time 3+ hours daily**: 52.4% (NM) vs. 55.5% (San Juan)

**Legend:**
- *: On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
- **: No days of at least 60 minutes of physical activity in the past 7 days
- ***: On an average school day
- ****: On an average school day, played video or computer games or used a computer for something that was not school work
- *****: Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th></th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>q127. Adequate physical activity *</td>
<td>42.4</td>
<td>56.4</td>
</tr>
<tr>
<td>q127. No days physical activity **</td>
<td>17.3</td>
<td>11.0</td>
</tr>
<tr>
<td>q128. Watched 3+ hours of TV daily ***</td>
<td>33.5</td>
<td>39.3</td>
</tr>
<tr>
<td>q129. Played video games 3+ hours daily ****</td>
<td>16.7</td>
<td>28.8</td>
</tr>
<tr>
<td>q129. Total screen time 3+ hours daily *****</td>
<td>48.2</td>
<td>62.7</td>
</tr>
</tbody>
</table>

* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
** No days of at least 60 minutes of physical activity in the past 7 days
*** On an average school day
**** On an average school day, played video or computer games or used a computer for something that was not school work
***** Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"
** No days of at least 60 minutes of physical activity in the past 7 days
*** On an average school day
**** On an average school day, played video or computer games or used a computer for something that was not school work
***** Either TV viewing or computer/video use unrelated to school, on an average school day
Physical Activity: PE Class
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q130. Attended PE class daily

q130. Attended PE class at least once per week

* During an average school week
Physical Activity: PE Class
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* During an average school week
Physical Activity: PE Class by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

- q130. Attended PE class daily
  - 9th: 56.9%
  - 10th: 40.8%
  - 11th: 35.2%
  - 12th: 36.2%

- q130. Attended PE class at least once per week
  - 9th: 67.9%
  - 10th: 54.6%
  - 11th: 49.0%
  - 12th: 43.1%

* During an average school week
Other Characteristics

Asthma
English as Non-Dominant Language
US Born
Asthma
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q132. Ever diagnosed with asthma
q133. Current asthma *

* Ever diagnosed with asthma AND still has asthma
Asthma
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* * *

q132. Ever diagnosed with asthma
Female: 22.1%
Male: 21.7%

q133. Current asthma *
Female: 10.1%
Male: 7.5%

* Ever diagnosed with asthma AND still has asthma
Asthma
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

q132. Ever diagnosed with asthma

q133. Current asthma *

Percent (%)

9th 10th 11th 12th

* Ever diagnosed with asthma AND still has asthma
Other Characteristics
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q134. Speaks language other than English at home > half time
q135. Foreign born

Percent (%)

NM
San Juan

16.5
14.5
9.9
7.6
Other Characteristics by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

q134. Speaks language other than English at home > half time
- Female: 15.6%
- Male: 13.5%

q135. Foreign born
- Female: 5.6%
- Male: 9.5%
Other Characteristics by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

- q134. Speaks language other than English at home > half time
  - 9th: 15.5%
  - 10th: 13.0%
  - 11th: 13.1%
  - 12th: 15.9%

- q135. Foreign born
  - 9th: 4.6%
  - 10th: 7.0%
  - 11th: 7.8%
  - 12th: 11.9%
Academic Measures
Academic Measures
Gets Mostly As and Bs
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS
Academic Measures
Tries To Do Best Work in School *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"
Academic Measures
Plans to Continue Education After High School *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
Academic Measures
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q008. Got mostly A's and B's
q100. Tries to do best work at school *
q101. Plans to continue education after high school **

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"
** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
Academic Measures by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

% Female % Male

q008. Got mostly A's and B's
68.0 60.7

q100. Tries to do best work at school *
89.0 77.0

q101. Plans to continue education after high school **
92.8 86.4

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"
** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
Academic Measures
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

<table>
<thead>
<tr>
<th>Grade</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>q008. Got mostly A's and B's</td>
<td>66.9</td>
<td>57.5</td>
<td>63.7</td>
<td>69.0</td>
</tr>
<tr>
<td>q100. Tries to do best work at school *</td>
<td>79.8</td>
<td>80.3</td>
<td>84.7</td>
<td>88.5</td>
</tr>
<tr>
<td>q101. Plans to continue education after high school **</td>
<td>88.4</td>
<td>88.2</td>
<td>91.3</td>
<td>91.0</td>
</tr>
</tbody>
</table>

* At school, I try hard to do my best work - "Very much true" or "Pretty much true"
** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"
Academic Measures
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

q113. Skipped or ditched school once a week or more
q114. Sometimes or usually comes to class unprepared to write *
q115. Sometimes or usually comes to class without homework finished

* Without paper or something to write with
**Academic Measures**
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

<table>
<thead>
<tr>
<th>Percent (%)</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>q113. Skipped once+/week (4wks)</td>
<td>10.4</td>
<td>8.1</td>
</tr>
<tr>
<td>q114. Sometimes or usually comes to class unprepared to write *</td>
<td>37.9</td>
<td>59.2</td>
</tr>
<tr>
<td>q115. Sometimes or usually comes to class without homework finished</td>
<td>84.2</td>
<td>78.8</td>
</tr>
</tbody>
</table>

* Without paper or something to write with
Academic Measures by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

- q113. Skipped once+/week (4wks)
  - 9th: 6.8%
  - 10th: 9.9%
  - 11th: 10.0%
  - 12th: 10.5%

- q114. Sometimes or usually comes to class unprepared to write *
  - 9th: 57.7%
  - 10th: 50.2%
  - 11th: 43.3%
  - 12th: 40.9%

- q115. Sometimes or usually comes to class without homework finished
  - 9th: 87.0%
  - 10th: 81.2%
  - 11th: 78.8%
  - 12th: 77.5%

* Without paper or something to write with
Protective (Resiliency) Factors
Caring and Supportive Relationships
With a Parent or Other Adult in the Home *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Caring and Supportive Relationships
With a Teacher or Other Adult in the School *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Caring and Supportive Relationships
With a Peer *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Caring and Supportive Relationships
With an Adult in the Community *
San Juan County
Grades 9 - 12, 2003 - 2009, NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
**Protective Factors in the Home**
**New Mexico and San Juan County**
**Grades 9 - 12, 2009 NM YRRS**

<table>
<thead>
<tr>
<th>q079. Caring and supportive relationship with parent/other adult</th>
<th>q083. High expectations</th>
<th>q096. Behavioral boundaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>54.1</td>
<td>71.6</td>
<td>64.3</td>
</tr>
<tr>
<td>49.5</td>
<td>70.5</td>
<td>65.7</td>
</tr>
</tbody>
</table>

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Home by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors

q079. Caring relationship with parent/other adult
Female: 53.6, Male: 45.5

q083. High expectations
Female: 74.4, Male: 66.7

q096. Behavioral boundaries
Female: 70.2, Male: 61.3

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Home by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the School
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

NM          San Juan

q084. Caring and supportive relationship with teacher or other adult
47.4        41.7

q087. High expectations
50.5        47.5

q102. Involvement in school activities
48.5        49.0

q099. Behavioral boundaries in the school
55.4        61.3

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the School by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the School by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

- q084. Caring relationship with teacher or other adult
- q087. High expectations
- q102. Involvement in school activities
- q099. Behavioral boundaries in the school

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Community
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Community
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors in the Community  
by Grade, San Juan County  
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Protective Factors: Peer Relationships
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits
New Mexico and San Juan County
Grades 9 - 12, 2009 NM YRRS

Percent (%)

q106. Impulsiveness
NM: 20.9
San Juan: 25.4

q111. Attends church/religious service once/week or more
NM: 34.1
San Juan: 29.8

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits
by Gender, San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Other Protective Factors and Related Traits
by Grade, San Juan County
Grades 9 - 12, 2009 NM YRRS

* See Appendix B for descriptions of Protective/Resiliency Factors
Appendix A

2009 NM Youth Risk and Resiliency Survey
High School Questionnaire
San Juan County

Personal Information

**Note:** Percents may not add up to 100% because of missing responses.

<table>
<thead>
<tr>
<th>Number</th>
<th>(%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How old are you?</td>
<td></td>
</tr>
<tr>
<td>A. 12 years old or younger</td>
<td>1 (0.1%)</td>
</tr>
<tr>
<td>B. 13 years old</td>
<td>7 (0.8%)</td>
</tr>
<tr>
<td>C. 14 years old</td>
<td>149 (16.3%)</td>
</tr>
<tr>
<td>D. 15 years old</td>
<td>264 (28.8%)</td>
</tr>
<tr>
<td>E. 16 years old</td>
<td>212 (23.1%)</td>
</tr>
<tr>
<td>F. 17 years old</td>
<td>214 (23.4%)</td>
</tr>
<tr>
<td>G. 18 years old or older</td>
<td>67 (7.3%)</td>
</tr>
</tbody>
</table>

| 2. What is your sex? | |
| A. Female | 473 (51.6%) |
| B. Male | 443 (48.4%) |

| 3. In what grade are you? | |
| A. 9th grade | 274 (29.9%) |
| B. 10th grade | 259 (28.3%) |
| C. 11th grade | 187 (20.4%) |
| D. 12th grade | 192 (21.0%) |
| E. Ungraded or other grade | 4 (0.4%) |

| 4. Are you Hispanic or Latino? | |
| A. Yes | 249 (27.2%) |
| B. No | 660 (72.1%) |

| 5. What is your race? (Select one or more responses.) | |
| A. American Indian or Alaska Native | 416 (45.4%) |
| B. Asian | 21 (2.3%) |
| C. Black or African American | 29 (3.2%) |
| D. Native Hawaiian or Other Pacific Islander | 24 (2.6%) |
| E. White | 356 (38.9%) |

**NOTE:** Total may add up to more or less than 100% because respondents were allowed to choose multiple responses, and many students who identified Hispanic ethnicity on question 4 did not choose a response for race.
### 6. How tall are you without your shoes on?

| Mean height in feet and inches | 5' 7"
|---|---
| Mean height in meters | 1.70 |

### 7. How much do you weigh without your shoes on?

| Mean weight in pounds | 147 |
| Mean weight in kilograms | 66.8 |

### 8. During the past 12 months, how would you describe your grades in school?  

<table>
<thead>
<tr>
<th>Grade</th>
<th>% (95% CI)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Mostly A's</td>
<td>21.6 (17.2 - 26.9)</td>
<td></td>
</tr>
<tr>
<td>B. Mostly B's</td>
<td>33.1 (30.0 - 36.4)</td>
<td></td>
</tr>
<tr>
<td>C. Mostly C's</td>
<td>22.1 (18.5 - 26.3)</td>
<td></td>
</tr>
<tr>
<td>D. Mostly D's</td>
<td>5.4 (4.0 - 7.4)</td>
<td></td>
</tr>
<tr>
<td>E. Mostly F's</td>
<td>2.9 (1.8 - 4.5)</td>
<td></td>
</tr>
<tr>
<td>F. None of these grades</td>
<td>0.5 (0.2 - 1.6)</td>
<td></td>
</tr>
<tr>
<td>G. Not sure</td>
<td>14.4 (11.1 - 18.4)</td>
<td></td>
</tr>
</tbody>
</table>

### Personal Safety

The next 4 questions ask about personal safety.

### 9. When you rode a bicycle during the past 12 months, how often did you wear a helmet?

<table>
<thead>
<tr>
<th>How often</th>
<th>% (95% CI)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not ride a bicycle during the past 12 months</td>
<td>35.1 (32.2 - 38.0)</td>
<td></td>
</tr>
<tr>
<td>B. Never wore a helmet</td>
<td>54.6 (50.6 - 58.6)</td>
<td></td>
</tr>
<tr>
<td>C. Rarely wore a helmet</td>
<td>4.2 (2.9 - 6.0)</td>
<td></td>
</tr>
<tr>
<td>D. Sometimes wore a helmet</td>
<td>2.9 (1.9 - 4.5)</td>
<td></td>
</tr>
<tr>
<td>E. Most of the time wore a helmet</td>
<td>1.5 (0.8 - 2.9)</td>
<td></td>
</tr>
<tr>
<td>F. Always wore a helmet</td>
<td>1.7 (0.9 - 3.1)</td>
<td></td>
</tr>
</tbody>
</table>

### 10. How often do you wear a seat belt when riding in a car driven by someone else?

<table>
<thead>
<tr>
<th>How often</th>
<th>% (95% CI)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Never</td>
<td>4.8 (3.2 - 7.2)</td>
<td></td>
</tr>
<tr>
<td>B. Rarely</td>
<td>6.6 (4.7 - 9.2)</td>
<td></td>
</tr>
<tr>
<td>C. Sometimes</td>
<td>11.2 (8.8 - 14.1)</td>
<td></td>
</tr>
<tr>
<td>D. Most of the time</td>
<td>24.5 (21.5 - 27.8)</td>
<td></td>
</tr>
<tr>
<td>E. Always</td>
<td>52.9 (48.4 - 57.4)</td>
<td></td>
</tr>
</tbody>
</table>

### 11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

<table>
<thead>
<tr>
<th>How often</th>
<th>% (95% CI)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>75.2 (71.7 - 78.4)</td>
<td></td>
</tr>
<tr>
<td>B. 1 time</td>
<td>8.7 (6.9 - 10.8)</td>
<td></td>
</tr>
<tr>
<td>C. 2 or 3 times</td>
<td>8.2 (6.3 - 10.7)</td>
<td></td>
</tr>
<tr>
<td>D. 4 or 5 times</td>
<td>2.3 (1.4 - 3.8)</td>
<td></td>
</tr>
<tr>
<td>E. 6 or more times</td>
<td>5.6 (4.2 - 7.5)</td>
<td></td>
</tr>
</tbody>
</table>
12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>89.5</td>
<td>(87.2 - 91.4)</td>
</tr>
<tr>
<td>1 time</td>
<td>4.9</td>
<td>(3.4 - 7.0)</td>
</tr>
<tr>
<td>2 or 3 times</td>
<td>1.9</td>
<td>(0.9 - 3.9)</td>
</tr>
<tr>
<td>4 or 5 times</td>
<td>1.3</td>
<td>(0.7 - 2.6)</td>
</tr>
<tr>
<td>6 or more times</td>
<td>2.4</td>
<td>(1.5 - 3.7)</td>
</tr>
</tbody>
</table>

Violence-Related Behaviors

The next 9 questions ask about violence-related behaviors.

13. Is there a gun in your home?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>51.5</td>
<td>(46.1 - 56.9)</td>
</tr>
<tr>
<td>No</td>
<td>38.4</td>
<td>(33.6 - 43.5)</td>
</tr>
<tr>
<td>Not sure</td>
<td>10.0</td>
<td>(8.0 - 12.5)</td>
</tr>
</tbody>
</table>

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>71.9</td>
<td>(69.0 - 74.7)</td>
</tr>
<tr>
<td>1 day</td>
<td>4.4</td>
<td>(3.1 - 6.0)</td>
</tr>
<tr>
<td>2 or 3 days</td>
<td>7.7</td>
<td>(5.9 - 9.9)</td>
</tr>
<tr>
<td>4 or 5 days</td>
<td>2.6</td>
<td>(1.5 - 4.3)</td>
</tr>
<tr>
<td>6 or more days</td>
<td>13.5</td>
<td>(11.4 - 15.9)</td>
</tr>
</tbody>
</table>

15. During the past 30 days, on how many days did you carry a gun?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>88.2</td>
<td>(85.5 - 90.4)</td>
</tr>
<tr>
<td>1 day</td>
<td>3.1</td>
<td>(2.0 - 4.6)</td>
</tr>
<tr>
<td>2 or 3 days</td>
<td>4.0</td>
<td>(2.6 - 6.1)</td>
</tr>
<tr>
<td>4 or 5 days</td>
<td>1.0</td>
<td>(0.5 - 2.2)</td>
</tr>
<tr>
<td>6 or more days</td>
<td>3.7</td>
<td>(2.0 - 6.6)</td>
</tr>
</tbody>
</table>

16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>91.0</td>
<td>(88.3 - 93.1)</td>
</tr>
<tr>
<td>1 day</td>
<td>2.4</td>
<td>(1.5 - 4.0)</td>
</tr>
<tr>
<td>2 or 3 days</td>
<td>1.4</td>
<td>(0.7 - 2.8)</td>
</tr>
<tr>
<td>4 or 5 days</td>
<td>0.9</td>
<td>(0.4 - 2.1)</td>
</tr>
<tr>
<td>6 or more days</td>
<td>4.3</td>
<td>(2.7 - 6.8)</td>
</tr>
</tbody>
</table>

17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>92.4</td>
<td>(89.7 - 94.4)</td>
</tr>
<tr>
<td>1 day</td>
<td>3.9</td>
<td>(2.8 - 5.3)</td>
</tr>
<tr>
<td>2 or 3 days</td>
<td>1.6</td>
<td>(0.8 - 2.9)</td>
</tr>
<tr>
<td>4 or 5 days</td>
<td>0.6</td>
<td>(0.2 - 1.5)</td>
</tr>
<tr>
<td>6 or more days</td>
<td>1.7</td>
<td>(0.9 - 3.0)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

18. During the past 12 months, how many times were you in a physical fight?

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>61.1</td>
<td>(57.2 - 64.8)</td>
</tr>
<tr>
<td>B. 1 time</td>
<td>14.0</td>
<td>(11.5 - 17.0)</td>
</tr>
<tr>
<td>C. 2 or 3 times</td>
<td>12.6</td>
<td>(10.1 - 15.5)</td>
</tr>
<tr>
<td>D. 4 or 5 times</td>
<td>3.7</td>
<td>(2.7 - 5.0)</td>
</tr>
<tr>
<td>E. 6 or 7 times</td>
<td>2.0</td>
<td>(1.2 - 3.2)</td>
</tr>
<tr>
<td>F. 8 or 9 times</td>
<td>1.9</td>
<td>(1.0 - 3.3)</td>
</tr>
<tr>
<td>G. 10 or 11 times</td>
<td>0.4</td>
<td>(0.1 - 1.5)</td>
</tr>
<tr>
<td>H. 12 or more times</td>
<td>4.4</td>
<td>(2.9 - 6.8)</td>
</tr>
</tbody>
</table>

19. During the past 12 months, how many times were you in a physical fight on school property?

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 times</td>
<td>84.9</td>
<td>(81.9 - 87.5)</td>
</tr>
<tr>
<td>B. 1 time</td>
<td>7.8</td>
<td>(5.7 - 10.6)</td>
</tr>
<tr>
<td>C. 2 or 3 times</td>
<td>4.4</td>
<td>(3.4 - 5.8)</td>
</tr>
<tr>
<td>D. 4 or 5 times</td>
<td>0.8</td>
<td>(0.4 - 1.7)</td>
</tr>
<tr>
<td>E. 6 or 7 times</td>
<td>0.8</td>
<td>(0.3 - 2.1)</td>
</tr>
<tr>
<td>F. 8 or 9 times</td>
<td>0.2</td>
<td>(0.0 - 1.1)</td>
</tr>
<tr>
<td>G. 10 or 11 times</td>
<td>0.1</td>
<td>(0.0 - 0.8)</td>
</tr>
<tr>
<td>H. 12 or more times</td>
<td>1.1</td>
<td>(0.5 - 2.1)</td>
</tr>
</tbody>
</table>

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Yes</td>
<td>10.0</td>
<td>(7.7 - 13.0)</td>
</tr>
<tr>
<td>B. No</td>
<td>90.0</td>
<td>(87.0 - 92.3)</td>
</tr>
</tbody>
</table>

21. Have you ever been physically forced to have sexual intercourse when you did not want to?

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Yes</td>
<td>8.0</td>
<td>(5.9 - 10.7)</td>
</tr>
<tr>
<td>B. No</td>
<td>92.0</td>
<td>(89.3 - 94.1)</td>
</tr>
</tbody>
</table>

The next question asks about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

22. During the past 12 months, have you ever been bullied on school property?

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Yes</td>
<td>18.6</td>
<td>(15.8 - 21.8)</td>
</tr>
<tr>
<td>B. No</td>
<td>81.4</td>
<td>(78.2 - 84.2)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

Sadness and Attempted Suicide

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own lives.

23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
   A. Yes 28.4 (24.8 - 32.4)
   B. No 71.6 (67.6 - 75.2)

24. During the past 12 months, did you ever seriously consider attempting suicide?
   A. Yes 18.4 (15.6 - 21.7)
   B. No 81.6 (78.3 - 84.4)

25. During the past 12 months, did you make a plan about how you would attempt suicide?
   A. Yes 16.6 (13.7 - 19.9)
   B. No 83.4 (80.1 - 86.3)

26. During the past 12 months, how many times did you actually attempt suicide?
   A. 0 times 86.6 (82.6 - 89.9)
   B. 1 time 6.0 (3.8 - 9.2)
   C. 2 or 3 times 4.3 (3.0 - 6.2)
   D. 4 or 5 times 1.2 (0.6 - 2.4)
   E. 6 or more times 1.8 (1.0 - 3.2)

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
   A. I did not attempt suicide during the past 12 months 86.5 (82.4 - 89.7)
   B. Yes 3.3 (2.1 - 5.1)
   C. No 10.3 (7.8 - 13.4)

Tobacco Use

The next 12 questions ask about tobacco use.

28. Have you ever tried cigarette smoking, even one or two puffs?
   A. Yes 58.4 (52.5 - 64.1)
   B. No 41.6 (35.9 - 47.5)
29. How old were you when you smoked a whole cigarette for the first time?  
<table>
<thead>
<tr>
<th>Age Group</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never smoked a whole cigarette</td>
<td>51.5</td>
<td>(45.9 - 57.1)</td>
</tr>
<tr>
<td>8 years old or younger</td>
<td>5.7</td>
<td>(4.1 - 8.0)</td>
</tr>
<tr>
<td>9 or 10 years old</td>
<td>5.1</td>
<td>(3.7 - 7.0)</td>
</tr>
<tr>
<td>11 or 12 years old</td>
<td>9.3</td>
<td>(7.3 - 11.9)</td>
</tr>
<tr>
<td>13 or 14 years old</td>
<td>16.0</td>
<td>(13.5 - 18.9)</td>
</tr>
<tr>
<td>15 or 16 years old</td>
<td>9.8</td>
<td>(7.2 - 13.1)</td>
</tr>
<tr>
<td>17 years old or older</td>
<td>2.6</td>
<td>(1.4 - 4.7)</td>
</tr>
</tbody>
</table>

30. During the past 30 days, on how many days did you smoke cigarettes?  
<table>
<thead>
<tr>
<th>Days per week</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>76.0</td>
<td>(70.8 - 80.6)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>8.0</td>
<td>(5.7 - 11.0)</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>3.0</td>
<td>(2.2 - 4.2)</td>
</tr>
<tr>
<td>6 to 9 days</td>
<td>4.0</td>
<td>(2.6 - 6.1)</td>
</tr>
<tr>
<td>10 to 19 days</td>
<td>2.9</td>
<td>(1.8 - 4.6)</td>
</tr>
<tr>
<td>20 to 29 days</td>
<td>2.1</td>
<td>(1.2 - 3.6)</td>
</tr>
<tr>
<td>All 30 days</td>
<td>4.1</td>
<td>(2.5 - 6.7)</td>
</tr>
</tbody>
</table>

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?  
<table>
<thead>
<tr>
<th>Cigarettes per day</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I did not smoke cigarettes during the past 30 days</td>
<td>75.2</td>
<td>(69.3 - 80.2)</td>
</tr>
<tr>
<td>Less than 1 cigarette per day</td>
<td>8.6</td>
<td>(6.0 - 12.3)</td>
</tr>
<tr>
<td>1 cigarette per day</td>
<td>5.3</td>
<td>(3.8 - 7.1)</td>
</tr>
<tr>
<td>2 to 5 cigarettes per day</td>
<td>7.3</td>
<td>(5.3 - 10.0)</td>
</tr>
<tr>
<td>6 to 10 cigarettes per day</td>
<td>2.7</td>
<td>(1.3 - 5.5)</td>
</tr>
<tr>
<td>11 to 20 cigarettes per day</td>
<td>0.0</td>
<td>(0.0 - 0.3)</td>
</tr>
<tr>
<td>More than 20 cigarettes per day</td>
<td>0.9</td>
<td>(0.3 - 2.4)</td>
</tr>
</tbody>
</table>

32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)  
<table>
<thead>
<tr>
<th>Source</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I did not smoke cigarettes during the past 30 days</td>
<td>75.0</td>
<td>(69.2 - 80.0)</td>
</tr>
<tr>
<td>I bought them in a store such as a convenience store, supermarket, discount store, or gas station</td>
<td>5.8</td>
<td>(3.4 - 9.7)</td>
</tr>
<tr>
<td>I bought them from a vending machine</td>
<td>0.3</td>
<td>(0.1 - 1.0)</td>
</tr>
<tr>
<td>I gave someone else money to buy them for me</td>
<td>4.6</td>
<td>(3.2 - 6.6)</td>
</tr>
<tr>
<td>I borrowed (or bummed) them from someone else</td>
<td>5.6</td>
<td>(3.8 - 8.3)</td>
</tr>
<tr>
<td>A person 18 years old or older gave them to me</td>
<td>3.1</td>
<td>(1.9 - 4.9)</td>
</tr>
<tr>
<td>I took them from a store or family member</td>
<td>1.2</td>
<td>(0.6 - 2.4)</td>
</tr>
<tr>
<td>I got them some other way</td>
<td>4.4</td>
<td>(3.2 - 6.1)</td>
</tr>
</tbody>
</table>
33. During the past 30 days, on how many days did you smoke cigarettes on school property?  

<table>
<thead>
<tr>
<th>Days of Smoking</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>91.7</td>
<td>(88.5 - 94.1)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>2.9</td>
<td>(1.8 - 4.7)</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>1.2</td>
<td>(0.6 - 2.4)</td>
</tr>
<tr>
<td>6 to 9 days</td>
<td>0.5</td>
<td>(0.2 - 1.4)</td>
</tr>
<tr>
<td>10 to 19 days</td>
<td>1.3</td>
<td>(0.7 - 2.5)</td>
</tr>
<tr>
<td>20 to 29 days</td>
<td>0.3</td>
<td>(0.0 - 1.8)</td>
</tr>
<tr>
<td>All 30 days</td>
<td>2.1</td>
<td>(0.9 - 4.8)</td>
</tr>
</tbody>
</table>

34. During the past 12 months, did you ever try to quit smoking cigarettes?  

<table>
<thead>
<tr>
<th>Attempted Quitting</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I did not smoke</td>
<td>65.1</td>
<td>(60.0 - 69.9)</td>
</tr>
<tr>
<td>Yes</td>
<td>20.2</td>
<td>(16.3 - 24.8)</td>
</tr>
<tr>
<td>No</td>
<td>14.6</td>
<td>(12.2 - 17.5)</td>
</tr>
</tbody>
</table>

35. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?  

<table>
<thead>
<tr>
<th>Days of Using</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>88.7</td>
<td>(85.6 - 91.2)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>3.8</td>
<td>(2.7 - 5.3)</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>1.5</td>
<td>(0.8 - 2.8)</td>
</tr>
<tr>
<td>6 to 9 days</td>
<td>1.2</td>
<td>(0.4 - 3.8)</td>
</tr>
<tr>
<td>10 to 19 days</td>
<td>2.0</td>
<td>(1.0 - 4.1)</td>
</tr>
<tr>
<td>20 to 29 days</td>
<td>1.0</td>
<td>(0.4 - 2.4)</td>
</tr>
<tr>
<td>All 30 days</td>
<td>1.8</td>
<td>(1.0 - 3.3)</td>
</tr>
</tbody>
</table>

36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?  

<table>
<thead>
<tr>
<th>Days of Smoking</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>83.6</td>
<td>(79.3 - 87.1)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>7.9</td>
<td>(6.2 - 10.2)</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>3.2</td>
<td>(1.8 - 5.6)</td>
</tr>
<tr>
<td>6 to 9 days</td>
<td>2.4</td>
<td>(1.4 - 4.1)</td>
</tr>
<tr>
<td>10 to 19 days</td>
<td>1.4</td>
<td>(0.6 - 3.1)</td>
</tr>
<tr>
<td>20 to 29 days</td>
<td>0.2</td>
<td>(0.1 - 1.0)</td>
</tr>
<tr>
<td>All 30 days</td>
<td>1.3</td>
<td>(0.7 - 2.5)</td>
</tr>
</tbody>
</table>

37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?  

<table>
<thead>
<tr>
<th>Days of Smoking</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>54.7</td>
<td>(50.7 - 58.5)</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>19.1</td>
<td>(15.9 - 22.8)</td>
</tr>
<tr>
<td>3 or 4 days</td>
<td>9.4</td>
<td>(7.4 - 11.8)</td>
</tr>
<tr>
<td>5 or 6 days</td>
<td>3.3</td>
<td>(2.2 - 5.0)</td>
</tr>
<tr>
<td>7 days</td>
<td>13.5</td>
<td>(10.7 - 16.8)</td>
</tr>
</tbody>
</table>
38. How wrong do your parents feel it would be for you to smoke cigarettes? % (95% CI)
   A. Very wrong 68.4 (63.7 - 72.8)
   B. Wrong 19.2 (15.9 - 23.0)
   C. A little bit wrong 9.2 (7.3 - 11.6)
   D. Not wrong at all 3.1 (2.0 - 5.0)

39. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?
   A. No risk 6.8 (4.3 - 10.6)
   B. Slight risk 8.2 (6.4 - 10.5)
   C. Moderate risk 17.2 (14.7 - 19.9)
   D. Great risk 67.8 (64.3 - 71.1)

Alcohol
The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

40. How old were you when you had your first drink of alcohol other than a few sips?
   A. I have never had a drink of alcohol other than a few sips 34.5 (29.9 - 39.4)
   B. 8 years old or younger 8.6 (6.7 - 11.1)
   C. 9 or 10 years old 7.1 (5.5 - 9.2)
   D. 11 or 12 years old 14.6 (11.4 - 18.6)
   E. 13 or 14 years old 20.5 (18.0 - 23.3)
   F. 15 or 16 years old 12.5 (9.4 - 16.4)
   G. 17 years old or older 2.1 (1.2 - 3.6)

41. During the past 30 days, on how many days did you have at least one drink of alcohol?
   A. 0 days 63.4 (58.0 - 68.4)
   B. 1 or 2 days 16.9 (13.7 - 20.8)
   C. 3 to 5 days 8.2 (6.0 - 11.1)
   D. 6 to 9 days 5.9 (3.7 - 9.3)
   E. 10 to 19 days 3.4 (2.1 - 5.5)
   F. 20 to 29 days 0.9 (0.3 - 2.2)
   G. All 30 days 1.4 (0.7 - 2.8)
### Appendix A: Questionnaire

#### 42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

<table>
<thead>
<tr>
<th>Days</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>76.9</td>
<td>(72.5 - 80.8)</td>
</tr>
<tr>
<td>B. 1 day</td>
<td>7.9</td>
<td>(6.1 - 10.0)</td>
</tr>
<tr>
<td>C. 2 days</td>
<td>6.0</td>
<td>(3.7 - 9.5)</td>
</tr>
<tr>
<td>D. 3 to 5 days</td>
<td>5.4</td>
<td>(3.6 - 8.0)</td>
</tr>
<tr>
<td>E. 6 to 9 days</td>
<td>1.5</td>
<td>(0.8 - 2.8)</td>
</tr>
<tr>
<td>F. 10 to 19 days</td>
<td>1.4</td>
<td>(0.7 - 2.6)</td>
</tr>
<tr>
<td>G. 20 or more days</td>
<td>1.0</td>
<td>(0.5 - 1.9)</td>
</tr>
</tbody>
</table>

#### 43. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)

<table>
<thead>
<tr>
<th>Type</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink alcohol during the past 30 days</td>
<td>61.6</td>
<td>(56.6 - 66.3)</td>
</tr>
<tr>
<td>B. I do not have a usual type</td>
<td>4.4</td>
<td>(2.4 - 7.9)</td>
</tr>
<tr>
<td>C. Beer</td>
<td>6.3</td>
<td>(4.5 - 8.7)</td>
</tr>
<tr>
<td>D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade</td>
<td>4.3</td>
<td>(2.7 - 6.9)</td>
</tr>
<tr>
<td>E. Wine coolers, such as Bartles &amp; James or Seagram</td>
<td>0.8</td>
<td>(0.4 - 1.6)</td>
</tr>
<tr>
<td>F. Wine</td>
<td>1.4</td>
<td>(0.6 - 3.2)</td>
</tr>
<tr>
<td>G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey</td>
<td>18.4</td>
<td>(15.8 - 21.3)</td>
</tr>
<tr>
<td>H. Some other type</td>
<td>2.9</td>
<td>(1.9 - 4.5)</td>
</tr>
</tbody>
</table>

#### 44. During the past 30 days, how did you usually get the alcohol you drank?

<table>
<thead>
<tr>
<th>Source</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink alcohol during the past 30 days</td>
<td>62.0</td>
<td>(56.8 - 67.0)</td>
</tr>
<tr>
<td>B. I bought it in a store such as a liquor store, convenience store,</td>
<td>0.9</td>
<td>(0.4 - 1.9)</td>
</tr>
<tr>
<td>supermarket, discount store, or gas station</td>
<td>0.1</td>
<td>(0.0 - 0.4)</td>
</tr>
<tr>
<td>C. I bought it at a restaurant, bar, or club</td>
<td>0.2</td>
<td>(0.0 - 1.3)</td>
</tr>
<tr>
<td>D. I bought it at a public event such as a concert or sporting event</td>
<td>9.6</td>
<td>(7.5 - 12.3)</td>
</tr>
<tr>
<td>E. I gave someone else money to buy it for me</td>
<td>14.5</td>
<td>(11.2 - 18.7)</td>
</tr>
<tr>
<td>F. Someone gave it to me</td>
<td>2.4</td>
<td>(1.5 - 3.9)</td>
</tr>
<tr>
<td>G. I took it from a store or family member</td>
<td>10.3</td>
<td>(8.1 - 13.0)</td>
</tr>
</tbody>
</table>

#### 45. During the past 30 days, where did you usually drink alcohol? (Select only one response.)

<table>
<thead>
<tr>
<th>Location</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink alcohol during the past 30 days</td>
<td>61.8</td>
<td>(56.7 - 66.6)</td>
</tr>
<tr>
<td>B. At my home</td>
<td>8.7</td>
<td>(6.4 - 11.7)</td>
</tr>
<tr>
<td>C. At another person's home</td>
<td>22.4</td>
<td>(18.1 - 27.4)</td>
</tr>
<tr>
<td>D. While riding in or driving a car</td>
<td>1.3</td>
<td>(0.6 - 2.8)</td>
</tr>
<tr>
<td>E. At a restaurant, bar, or club</td>
<td>0.2</td>
<td>(0.0 - 1.2)</td>
</tr>
<tr>
<td>F. At a public place such as a park, beach, or parking lot</td>
<td>1.9</td>
<td>(1.3 - 3.0)</td>
</tr>
<tr>
<td>G. At a public event such as a concert or sporting event</td>
<td>1.3</td>
<td>(0.7 - 2.3)</td>
</tr>
<tr>
<td>H. On school property</td>
<td>2.4</td>
<td>(1.4 - 3.9)</td>
</tr>
</tbody>
</table>
46. During the past 30 days, on how many days did you have at least one drink of alcohol on school property? 

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. 0 days</td>
<td>90.3</td>
<td>(87.7 - 92.4)</td>
</tr>
<tr>
<td>B. 1 or 2 days</td>
<td>6.7</td>
<td>(5.0 - 9.0)</td>
</tr>
<tr>
<td>C. 3 to 5 days</td>
<td>1.5</td>
<td>(0.8 - 2.9)</td>
</tr>
<tr>
<td>D. 6 to 9 days</td>
<td>0.6</td>
<td>(0.2 - 1.7)</td>
</tr>
<tr>
<td>E. 10 to 19 days</td>
<td>0.0</td>
<td>(0.0 - 0.3)</td>
</tr>
<tr>
<td>F. 20 to 29 days</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>G. All 30 days</td>
<td>0.9</td>
<td>(0.4 - 2.1)</td>
</tr>
</tbody>
</table>

47. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>52.9</td>
<td>(48.2 - 57.6)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>30.2</td>
<td>(27.3 - 33.3)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>13.4</td>
<td>(11.0 - 16.2)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>3.5</td>
<td>(2.3 - 5.1)</td>
</tr>
</tbody>
</table>

48. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>71.3</td>
<td>(67.1 - 75.1)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>17.5</td>
<td>(14.2 - 21.4)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>8.0</td>
<td>(5.9 - 10.7)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>3.2</td>
<td>(1.9 - 5.5)</td>
</tr>
</tbody>
</table>

49. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Very wrong</td>
<td>42.3</td>
<td>(36.1 - 48.7)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>25.0</td>
<td>(21.0 - 29.4)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>22.1</td>
<td>(17.8 - 27.0)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>10.7</td>
<td>(8.1 - 14.0)</td>
</tr>
</tbody>
</table>

50. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. No risk</td>
<td>9.4</td>
<td>(7.2 - 12.2)</td>
</tr>
<tr>
<td>B. Slight risk</td>
<td>14.4</td>
<td>(12.0 - 17.3)</td>
</tr>
<tr>
<td>C. Moderate risk</td>
<td>30.4</td>
<td>(27.3 - 33.7)</td>
</tr>
<tr>
<td>D. Great risk</td>
<td>45.8</td>
<td>(41.4 - 50.2)</td>
</tr>
</tbody>
</table>
Marijuana Use
The next 5 questions ask about marijuana use. Marijuana also is called grass or pot.

<table>
<thead>
<tr>
<th>Question</th>
<th>Percentage</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>51. How old were you when you tried marijuana for the first time?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. I have never tried marijuana</td>
<td>47.6</td>
<td>(41.7 - 53.6)</td>
</tr>
<tr>
<td>B. 8 years old or younger</td>
<td>6.1</td>
<td>(4.3 - 8.7)</td>
</tr>
<tr>
<td>C. 9 or 10 years old</td>
<td>4.6</td>
<td>(3.2 - 6.6)</td>
</tr>
<tr>
<td>D. 11 or 12 years old</td>
<td>9.7</td>
<td>(7.3 - 12.9)</td>
</tr>
<tr>
<td>E. 13 or 14 years old</td>
<td>17.0</td>
<td>(13.3 - 21.6)</td>
</tr>
<tr>
<td>F. 15 or 16 years old</td>
<td>12.7</td>
<td>(9.2 - 17.3)</td>
</tr>
<tr>
<td>G. 17 years old or older</td>
<td>2.2</td>
<td>(1.1 - 4.2)</td>
</tr>
<tr>
<td>52. During the past 30 days, how many times did you use marijuana?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. 0 times</td>
<td>69.0</td>
<td>(64.3 - 73.4)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>8.7</td>
<td>(6.6 - 11.5)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>8.2</td>
<td>(6.4 - 10.5)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>4.0</td>
<td>(2.9 - 5.4)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>3.2</td>
<td>(2.1 - 5.1)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>6.8</td>
<td>(5.0 - 9.3)</td>
</tr>
<tr>
<td>53. During the past 30 days, how many times did you use marijuana on school property?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. 0 times</td>
<td>86.8</td>
<td>(83.9 - 89.3)</td>
</tr>
<tr>
<td>B. 1 or 2 times</td>
<td>5.6</td>
<td>(4.2 - 7.4)</td>
</tr>
<tr>
<td>C. 3 to 9 times</td>
<td>3.4</td>
<td>(2.3 - 4.9)</td>
</tr>
<tr>
<td>D. 10 to 19 times</td>
<td>1.8</td>
<td>(1.0 - 3.2)</td>
</tr>
<tr>
<td>E. 20 to 39 times</td>
<td>1.0</td>
<td>(0.4 - 2.1)</td>
</tr>
<tr>
<td>F. 40 or more times</td>
<td>1.5</td>
<td>(0.8 - 2.8)</td>
</tr>
<tr>
<td>54. How wrong do your parents feel it would be for you to use marijuana?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Very wrong</td>
<td>77.0</td>
<td>(72.5 - 81.0)</td>
</tr>
<tr>
<td>B. Wrong</td>
<td>13.3</td>
<td>(10.4 - 16.8)</td>
</tr>
<tr>
<td>C. A little bit wrong</td>
<td>6.3</td>
<td>(4.9 - 8.0)</td>
</tr>
<tr>
<td>D. Not wrong at all</td>
<td>3.4</td>
<td>(2.2 - 5.4)</td>
</tr>
<tr>
<td>55. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. No risk</td>
<td>19.6</td>
<td>(15.4 - 24.5)</td>
</tr>
<tr>
<td>B. Slight risk</td>
<td>20.3</td>
<td>(17.5 - 23.4)</td>
</tr>
<tr>
<td>C. Moderate risk</td>
<td>21.7</td>
<td>(18.8 - 24.9)</td>
</tr>
<tr>
<td>D. Great risk</td>
<td>38.5</td>
<td>(34.0 - 43.1)</td>
</tr>
</tbody>
</table>
## Other Drugs

The next 12 questions ask about other drugs.

### 56. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>88.5</td>
<td>(85.6 - 91.0)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>4.6</td>
<td>(3.3 - 6.2)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>3.7</td>
<td>(2.3 - 6.0)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.8</td>
<td>(0.3 - 1.6)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.9</td>
<td>(0.4 - 2.1)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.5</td>
<td>(0.7 - 3.0)</td>
</tr>
</tbody>
</table>

### 57. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>95.0</td>
<td>(92.6 - 96.6)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>3.1</td>
<td>(2.1 - 4.6)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.1</td>
<td>(0.4 - 2.9)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.1</td>
<td>(0.0 - 0.6)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.3</td>
<td>(0.1 - 1.0)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>0.4</td>
<td>(0.2 - 1.2)</td>
</tr>
</tbody>
</table>

### 58. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>91.8</td>
<td>(89.5 - 93.7)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>4.2</td>
<td>(2.8 - 6.3)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.7</td>
<td>(0.9 - 2.9)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.9</td>
<td>(1.1 - 3.2)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.2</td>
<td>(0.0 - 0.7)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>0.3</td>
<td>(0.1 - 1.0)</td>
</tr>
</tbody>
</table>

### 59. During your life, how many times have you used heroin (also called smack, junk, or China White)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>95.1</td>
<td>(92.9 - 96.7)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>2.8</td>
<td>(1.8 - 4.3)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>0.9</td>
<td>(0.4 - 1.9)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.3</td>
<td>(0.1 - 1.4)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>0.8</td>
<td>(0.4 - 1.9)</td>
</tr>
</tbody>
</table>

### 60. During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>96.7</td>
<td>(94.2 - 98.1)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>1.5</td>
<td>(0.7 - 3.1)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.1</td>
<td>(0.5 - 2.6)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.2</td>
<td>(0.0 - 1.6)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.1</td>
<td>(0.0 - 0.7)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>0.4</td>
<td>(0.1 - 2.0)</td>
</tr>
</tbody>
</table>
### Appendix A: Questionnaire

**61. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?**

<table>
<thead>
<tr>
<th>Frequency</th>
<th>% (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>93.9 (91.3 - 95.7)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>2.6 (1.7 - 3.9)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.6 (0.8 - 3.1)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>1.0 (0.3 - 2.9)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.4 (0.1 - 0.9)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>0.6 (0.2 - 1.6)</td>
</tr>
</tbody>
</table>

**62. During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?**

<table>
<thead>
<tr>
<th>Frequency</th>
<th>% (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>96.0 (93.7 - 97.5)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>1.9 (0.9 - 4.0)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>0.7 (0.3 - 1.7)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.4 (0.1 - 1.4)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.6 (0.2 - 1.8)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>0.3 (0.0 - 2.2)</td>
</tr>
</tbody>
</table>

**63. During your life, how many times have you used ecstasy (also called MDMA)?**

<table>
<thead>
<tr>
<th>Frequency</th>
<th>% (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>89.7 (87.2 - 91.8)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>5.3 (4.1 - 7.0)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>2.4 (1.5 - 3.7)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.5 (0.2 - 1.3)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.5 (0.1 - 3.0)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.5 (0.7 - 3.2)</td>
</tr>
</tbody>
</table>

**64. During the past 30 days, how many times have you used ecstasy (also called MDMA)?**

<table>
<thead>
<tr>
<th>Frequency</th>
<th>% (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>93.3 (90.3 - 95.4)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>3.5 (2.4 - 5.3)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>1.8 (0.9 - 3.2)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>0.3 (0.0 - 2.1)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.1 (0.0 - 0.8)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.0 (0.4 - 2.3)</td>
</tr>
</tbody>
</table>

**65. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?**

<table>
<thead>
<tr>
<th>Frequency</th>
<th>% (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 times</td>
<td>84.3 (81.2 - 86.9)</td>
</tr>
<tr>
<td>1 or 2 times</td>
<td>5.1 (3.8 - 6.8)</td>
</tr>
<tr>
<td>3 to 9 times</td>
<td>6.0 (4.1 - 8.8)</td>
</tr>
<tr>
<td>10 to 19 times</td>
<td>2.5 (1.6 - 3.9)</td>
</tr>
<tr>
<td>20 to 39 times</td>
<td>0.7 (0.2 - 1.8)</td>
</tr>
<tr>
<td>40 or more times</td>
<td>1.4 (0.8 - 2.6)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

66. During your life, how many times have you used a needle to inject any illegal drug into your body? % (95% CI)
   A. 0 times  95.9 (93.4 - 97.5)
   B. 1 time   2.6 (1.3 - 5.4)
   C. 2 or more times  1.5 (0.7 - 2.9)

67. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?
   A. Yes  34.3 (31.4 - 37.4)
   B. No   65.7 (62.6 - 68.6)

Obtaining Drugs and Alcohol

If you wanted to, how hard or easy would each of the following be to get?

68. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?
   A. Very hard  20.0 (16.1 - 24.6)
   B. Sort of hard 20.0 (17.2 - 23.0)
   C. Sort of easy 27.8 (24.5 - 31.5)
   D. Very easy  32.2 (27.7 - 37.0)

69. Marijuana?
   A. Very hard  23.1 (20.0 - 26.4)
   B. Sort of hard 13.2 (11.1 - 15.7)
   C. Sort of easy 19.5 (16.8 - 22.6)
   D. Very easy  44.2 (39.5 - 49.1)

70. Cocaine, LSD, methamphetamines, or other illegal drug?
   A. Very hard  51.8 (47.3 - 56.3)
   B. Sort of hard 20.7 (16.7 - 25.2)
   C. Sort of easy 14.5 (11.8 - 17.6)
   D. Very easy  13.1 (10.4 - 16.3)

71. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?
   A. 0 adults  42.4 (38.6 - 46.3)
   B. 1 adult   14.2 (11.6 - 17.4)
   C. 2 adults  13.0 (10.4 - 16.0)
   D. 3 or 4 adults  9.2 (7.5 - 11.3)
   E. 5 or more adults  21.2 (18.0 - 24.8)

72. How many adults have you known personally who, in the past year, have sold or dealt drugs?
   A. 0 adults  58.3 (54.6 - 61.9)
   B. 1 adult  12.8 (10.9 - 15.1)
   C. 2 adults  9.8 (7.8 - 12.3)
   D. 3 or 4 adults  8.7 (6.9 - 10.9)
   E. 5 or more adults  10.4 (8.2 - 13.0)
Sexual Behavior

The next 6 questions ask about sexual behavior.

73. How old were you when you had sexual intercourse for the first time? % (95% CI)
   A. I have never had sexual intercourse 57.4 (51.2 - 63.4)
   B. 11 years old or younger 4.1 (2.9 - 5.9)
   C. 12 years old 3.4 (2.4 - 5.0)
   D. 13 years old 6.6 (5.2 - 8.5)
   E. 14 years old 8.6 (6.6 - 11.1)
   F. 15 years old 9.9 (7.6 - 12.7)
   G. 16 years old 7.3 (4.6 - 11.6)
   H. 17 years old or older 2.6 (1.7 - 4.0)

74. During your life, with how many people have you had sexual intercourse?
   A. I have never had sexual intercourse 57.3 (51.1 - 63.2)
   B. 1 person 16.0 (13.3 - 19.2)
   C. 2 people 8.7 (6.2 - 12.1)
   D. 3 people 4.8 (3.3 - 6.8)
   E. 4 people 4.3 (2.9 - 6.3)
   F. 5 people 2.3 (1.1 - 5.0)
   G. 6 or more people 6.6 (4.3 - 10.0)

75. During the past 3 months, with how many people did you have sexual intercourse?
   A. I have never had sexual intercourse 57.3 (51.1 - 63.3)
   B. I have had sexual intercourse, but not during the past 3 months 14.3 (12.0 - 17.0)
   C. 1 person 21.3 (16.6 - 26.9)
   D. 2 people 3.2 (2.0 - 5.1)
   E. 3 people 1.1 (0.6 - 2.2)
   F. 4 people 1.1 (0.6 - 2.1)
   G. 5 people 0.1 (0.0 - 0.7)
   H. 6 or more people 1.6 (0.8 - 3.3)

76. Did you drink alcohol or use drugs before you had sexual intercourse the last time?
   A. I have never had sexual intercourse 57.3 (51.1 - 63.3)
   B. Yes 11.0 (8.4 - 14.3)
   C. No 31.7 (26.7 - 37.0)

77. The last time you had sexual intercourse, did you or your partner use a condom?
   A. I have never had sexual intercourse 57.7 (51.5 - 63.7)
   B. Yes 24.9 (20.8 - 29.6)
   C. No 17.4 (14.0 - 21.4)
78. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)

<table>
<thead>
<tr>
<th>Method</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I have never had sexual intercourse</td>
<td>57.8</td>
<td>(51.6 - 63.8)</td>
</tr>
<tr>
<td>B. No method was used to prevent pregnancy</td>
<td>8.1</td>
<td>(6.1 - 10.6)</td>
</tr>
<tr>
<td>C. Birth control pills</td>
<td>5.1</td>
<td>(2.8 - 9.2)</td>
</tr>
<tr>
<td>D. Condoms</td>
<td>19.7</td>
<td>(16.2 - 23.8)</td>
</tr>
<tr>
<td>E. Depo-Provera (injectable birth control)</td>
<td>0.5</td>
<td>(0.2 - 1.2)</td>
</tr>
<tr>
<td>F. Withdrawal</td>
<td>4.5</td>
<td>(3.0 - 6.6)</td>
</tr>
<tr>
<td>G. Some other method</td>
<td>1.7</td>
<td>(0.9 - 2.9)</td>
</tr>
<tr>
<td>H. Not sure</td>
<td>2.6</td>
<td>(1.7 - 4.1)</td>
</tr>
</tbody>
</table>

Resiliency Factors
The next questions ask about your family, your school, other adults, your friends, and yourself.

In my home, there is a parent or some other adult...
79. ...who is interested in my school work.

<table>
<thead>
<tr>
<th>Description</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>5.3</td>
<td>(3.8 - 7.5)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>12.4</td>
<td>(10.0 - 15.3)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>24.1</td>
<td>(20.0 - 28.7)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>58.2</td>
<td>(54.0 - 62.2)</td>
</tr>
</tbody>
</table>

80. ...who talks with me about my problems.

<table>
<thead>
<tr>
<th>Description</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>16.6</td>
<td>(13.5 - 20.2)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>23.8</td>
<td>(20.9 - 27.0)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>27.1</td>
<td>(23.9 - 30.6)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>32.5</td>
<td>(28.9 - 36.3)</td>
</tr>
</tbody>
</table>

81. ...who listens to me when I have something to say.

<table>
<thead>
<tr>
<th>Description</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>12.0</td>
<td>(9.0 - 15.9)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>18.5</td>
<td>(16.0 - 21.3)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>25.8</td>
<td>(22.1 - 29.8)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>43.7</td>
<td>(39.1 - 48.4)</td>
</tr>
</tbody>
</table>

82. ...who expects me to follow the rules.

<table>
<thead>
<tr>
<th>Description</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>5.6</td>
<td>(3.8 - 8.0)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>8.8</td>
<td>(6.9 - 11.1)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>23.3</td>
<td>(19.2 - 27.9)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>62.4</td>
<td>(57.3 - 67.1)</td>
</tr>
</tbody>
</table>

83. ...who believes that I will be a success.

<table>
<thead>
<tr>
<th>Description</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>6.4</td>
<td>(4.5 - 9.0)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>9.3</td>
<td>(7.2 - 12.0)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>18.3</td>
<td>(15.7 - 21.2)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>66.0</td>
<td>(62.0 - 69.8)</td>
</tr>
</tbody>
</table>
Appendix A: Questionnaire

At my school, there is a teacher or some other adult...

<table>
<thead>
<tr>
<th>84. ...who really cares about me.</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>13.5</td>
<td>(10.1 - 17.7)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>20.5</td>
<td>(18.0 - 23.3)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>23.0</td>
<td>(19.4 - 27.0)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>43.0</td>
<td>(37.9 - 48.3)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>85. ...who notices when I'm not there.</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>15.8</td>
<td>(12.3 - 19.9)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>20.3</td>
<td>(16.8 - 24.2)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>27.1</td>
<td>(22.9 - 31.7)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>36.9</td>
<td>(32.3 - 41.8)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>86. ...who listens to me when I have something to say.</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>14.8</td>
<td>(11.3 - 19.2)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>23.2</td>
<td>(20.0 - 26.8)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>28.1</td>
<td>(24.7 - 31.7)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>33.9</td>
<td>(29.6 - 38.4)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>87. ...who tells me when I do a good job.</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>12.0</td>
<td>(9.3 - 15.2)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>16.7</td>
<td>(13.4 - 20.5)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>32.2</td>
<td>(28.4 - 36.2)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>39.2</td>
<td>(35.2 - 43.3)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>88. ...who believes that I will be a success.</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>9.8</td>
<td>(7.4 - 12.8)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>13.9</td>
<td>(11.7 - 16.5)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>27.3</td>
<td>(24.1 - 30.7)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>49.0</td>
<td>(45.2 - 52.9)</td>
</tr>
</tbody>
</table>

Outside of my home and school, there is an adult...

<table>
<thead>
<tr>
<th>89. ...who really cares about me.</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>10.2</td>
<td>(7.6 - 13.6)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>9.9</td>
<td>(7.9 - 12.3)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>19.2</td>
<td>(16.5 - 22.2)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>60.7</td>
<td>(56.9 - 64.4)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>90. ...who notices when I am upset about something.</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>11.2</td>
<td>(8.8 - 14.2)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>17.2</td>
<td>(14.6 - 20.1)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>21.8</td>
<td>(18.9 - 25.0)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>49.8</td>
<td>(45.9 - 53.7)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>91. ...whom I trust.</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Not true at all</td>
<td>12.9</td>
<td>(10.5 - 15.8)</td>
</tr>
<tr>
<td>B. A little true</td>
<td>12.3</td>
<td>(10.0 - 15.0)</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td>20.2</td>
<td>(17.5 - 23.4)</td>
</tr>
<tr>
<td>D. Very much true</td>
<td>54.6</td>
<td>(51.2 - 57.9)</td>
</tr>
<tr>
<td>Question</td>
<td>Scale</td>
<td>Percentage</td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
<td>-------</td>
<td>------------</td>
</tr>
<tr>
<td>92. ...who tells me when I do a good job.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td>10.0</td>
</tr>
<tr>
<td>B. A little true</td>
<td></td>
<td>15.3</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td></td>
<td>24.5</td>
</tr>
<tr>
<td>D. Very much true</td>
<td></td>
<td>50.2</td>
</tr>
<tr>
<td>I have a friend about my own age...</td>
<td></td>
<td></td>
</tr>
<tr>
<td>93. ...who really cares about me.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td>6.4</td>
</tr>
<tr>
<td>B. A little true</td>
<td></td>
<td>11.9</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td></td>
<td>15.8</td>
</tr>
<tr>
<td>D. Very much true</td>
<td></td>
<td>65.9</td>
</tr>
<tr>
<td>94. ...who talks with me about my problems.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td>12.3</td>
</tr>
<tr>
<td>B. A little true</td>
<td></td>
<td>12.2</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td></td>
<td>18.2</td>
</tr>
<tr>
<td>D. Very much true</td>
<td></td>
<td>57.4</td>
</tr>
<tr>
<td>95. ...who helps me when I'm having a hard time.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td>11.9</td>
</tr>
<tr>
<td>B. A little true</td>
<td></td>
<td>12.4</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td></td>
<td>19.8</td>
</tr>
<tr>
<td>D. Very much true</td>
<td></td>
<td>56.0</td>
</tr>
<tr>
<td>How true do you feel these statements are for you?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>96. When I am not at home, one of my parents/guardians knows where I am</td>
<td></td>
<td></td>
</tr>
<tr>
<td>and who I am with.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td>8.7</td>
</tr>
<tr>
<td>B. A little true</td>
<td></td>
<td>10.7</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td></td>
<td>31.8</td>
</tr>
<tr>
<td>D. Very much true</td>
<td></td>
<td>48.8</td>
</tr>
<tr>
<td>97. My family has clear rules about drug and alcohol use.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td>7.9</td>
</tr>
<tr>
<td>B. A little true</td>
<td></td>
<td>9.5</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td></td>
<td>19.0</td>
</tr>
<tr>
<td>D. Very much true</td>
<td></td>
<td>63.6</td>
</tr>
<tr>
<td>98. My family has clear rules and standards for my behavior.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Not true at all</td>
<td></td>
<td>6.3</td>
</tr>
<tr>
<td>B. A little true</td>
<td></td>
<td>11.8</td>
</tr>
<tr>
<td>C. Pretty much true</td>
<td></td>
<td>27.2</td>
</tr>
<tr>
<td>D. Very much true</td>
<td></td>
<td>54.8</td>
</tr>
</tbody>
</table>
99. In my school, there are clear rules about what students can and cannot do. % (95% CI)
   A. Not true at all 4.8 (3.1 - 7.3)
   B. A little true 8.6 (6.5 - 11.4)
   C. Pretty much true 25.3 (21.6 - 29.4)
   D. Very much true 61.3 (56.9 - 65.5)

100. At school, I try hard to do my best work. % (95% CI)
   A. Not true at all 3.9 (2.3 - 6.5)
   B. A little true 13.1 (10.5 - 16.3)
   C. Pretty much true 35.1 (31.0 - 39.4)
   D. Very much true 47.9 (43.7 - 52.1)

101. I plan to go to college or some other school after high school. % (95% CI)
   A. Not true at all 3.9 (2.3 - 6.4)
   B. A little true 6.5 (4.8 - 8.8)
   C. Pretty much true 13.9 (11.7 - 16.4)
   D. Very much true 75.7 (72.0 - 79.0)

102. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council). % (95% CI)
   A. Not true at all 30.1 (25.7 - 34.9)
   B. A little true 7.7 (6.0 - 9.8)
   C. Pretty much true 13.3 (11.1 - 15.7)
   D. Very much true 49.0 (43.2 - 54.8)

103. Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities. % (95% CI)
   A. Not true at all 38.8 (33.0 - 44.8)
   B. A little true 11.5 (9.4 - 13.9)
   C. Pretty much true 11.0 (9.3 - 13.1)
   D. Very much true 38.7 (33.2 - 44.6)

104. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby. % (95% CI)
   A. Not true at all 25.7 (21.9 - 29.8)
   B. A little true 14.1 (11.4 - 17.3)
   C. Pretty much true 16.4 (13.6 - 19.6)
   D. Very much true 43.8 (38.9 - 49.0)

105. Outside of my home and school, I help other people. % (95% CI)
   A. Not true at all 11.2 (8.6 - 14.4)
   B. A little true 24.5 (20.9 - 28.4)
   C. Pretty much true 32.0 (28.4 - 35.8)
   D. Very much true 32.4 (29.2 - 35.8)
106. I often do things without thinking about what will happen.
   A. Not true at all 19.4 (16.9 - 22.2)
   B. A little true 32.7 (28.4 - 37.3)
   C. Pretty much true 22.5 (19.5 - 26.0)
   D. Very much true 25.4 (22.0 - 29.0)

107. My friends get into a lot of trouble.
   A. Not true at all 28.0 (23.9 - 32.5)
   B. A little true 45.3 (41.6 - 49.0)
   C. Pretty much true 15.4 (13.5 - 17.6)
   D. Very much true 11.2 (8.9 - 14.1)

108. My friends do well in school.
   A. Not true at all 5.6 (3.8 - 8.3)
   B. A little true 24.4 (22.0 - 26.8)
   C. Pretty much true 45.4 (42.1 - 48.7)
   D. Very much true 24.6 (21.8 - 27.7)

Among the people you consider to be your closest friends, how many would you say do the following?

109. Drink alcohol once a week or more?
   A. None 43.1 (38.2 - 48.1)
   B. A few 29.6 (25.4 - 34.1)
   C. Some 13.9 (11.0 - 17.2)
   D. Most 9.5 (7.5 - 12.0)
   E. All 4.0 (2.7 - 5.9)

110. Have used drugs such as marijuana or cocaine?
   A. None 34.0 (29.6 - 38.7)
   B. A few 30.3 (27.4 - 33.4)
   C. Some 13.1 (10.3 - 16.4)
   D. Most 14.3 (12.0 - 17.0)
   E. All 8.3 (6.3 - 10.8)

Activities
The next 5 questions ask about how many times you have done the following things.

111. How often do you attend religious or spiritual services?
   A. Every day 6.4 (4.2 - 9.6)
   B. 1 to 6 times a week 23.4 (18.6 - 29.1)
   C. 1 to 3 times a month 13.3 (10.7 - 16.4)
   D. 3 to 11 times a year 11.9 (9.5 - 14.9)
   E. Only once or twice a year 15.5 (13.5 - 17.7)
   F. Never 29.5 (25.6 - 33.8)
Appendix A: Questionnaire

112. During the school year, how many hours a week do you work at a job? % (95% CI)
   A. I do not work 75.9 (71.3 - 79.9)
   B. 1 to 4 hours per week 7.1 (5.3 - 9.5)
   C. 5 to 9 hours per week 4.5 (3.2 - 6.2)
   D. 10 to 20 hours per week 5.9 (4.2 - 8.2)
   E. Over 20 hours per week 6.6 (4.3 - 9.9)

113. During the last four weeks, how many days of school have you missed because you skipped or ditched?
   A. None 66.9 (61.7 - 71.7)
   B. 1 day 10.3 (8.2 - 12.8)
   C. 2 days 9.2 (6.8 - 12.3)
   D. 3 days 4.5 (3.1 - 6.4)
   E. 4 to 5 days 4.4 (3.1 - 6.3)
   F. 6 to 10 days 2.1 (1.3 - 3.4)
   G. 11 or more days 2.7 (1.5 - 4.7)

114. How often do you come to classes without bringing paper or something to write with?
   A. Never 51.3 (46.9 - 55.7)
   B. Sometimes 40.5 (35.8 - 45.4)
   C. Usually 8.2 (6.3 - 10.6)

115. How often do you come to classes without your homework finished?
   A. Never 18.6 (15.9 - 21.5)
   B. Sometimes 62.2 (58.6 - 65.6)
   C. Usually 19.3 (16.8 - 22.0)

Body Weight
The next 3 questions ask about body weight.

116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?
   A. Yes 67.5 (64.3 - 70.5)
   B. No 32.5 (29.5 - 35.7)

117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?
   A. Yes 39.1 (35.6 - 42.7)
   B. No 60.9 (57.3 - 64.4)

118. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?
   A. Yes 7.6 (5.4 - 10.4)
   B. No 92.4 (89.6 - 94.6)
Appendix A: Questionnaire

Food

The next 8 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

119. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink 100% fruit juice during the past 7 days</td>
<td>20.6</td>
<td>(18.5 - 22.9)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>34.8</td>
<td>(31.4 - 38.3)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>17.1</td>
<td>(14.0 - 20.7)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>8.5</td>
<td>(6.8 - 10.7)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>7.3</td>
<td>(5.6 - 9.6)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>5.3</td>
<td>(3.6 - 7.7)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>6.4</td>
<td>(4.7 - 8.7)</td>
</tr>
</tbody>
</table>

120. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat fruit during the past 7 days</td>
<td>11.3</td>
<td>(8.9 - 14.4)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>34.8</td>
<td>(31.4 - 38.3)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>20.9</td>
<td>(18.3 - 23.6)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>10.8</td>
<td>(8.6 - 13.6)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>9.1</td>
<td>(7.2 - 11.4)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>6.7</td>
<td>(5.1 - 8.7)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>6.5</td>
<td>(4.7 - 8.8)</td>
</tr>
</tbody>
</table>

121. During the past 7 days, how many times did you eat green salad?

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat green salad during the past 7 days</td>
<td>36.1</td>
<td>(33.3 - 39.0)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>38.2</td>
<td>(34.7 - 41.9)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>10.0</td>
<td>(7.9 - 12.5)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>8.0</td>
<td>(6.1 - 10.4)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>3.9</td>
<td>(2.6 - 5.9)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>1.3</td>
<td>(0.7 - 2.5)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>2.6</td>
<td>(1.7 - 3.9)</td>
</tr>
</tbody>
</table>

122. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

<table>
<thead>
<tr>
<th>Response</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat potatoes during the past 7 days</td>
<td>20.4</td>
<td>(17.7 - 23.3)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>47.1</td>
<td>(43.5 - 50.7)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>16.9</td>
<td>(13.8 - 20.4)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>7.2</td>
<td>(5.3 - 9.7)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>2.8</td>
<td>(2.0 - 3.9)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>2.0</td>
<td>(1.3 - 3.1)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>3.7</td>
<td>(2.3 - 6.0)</td>
</tr>
</tbody>
</table>
123. During the past 7 days, how many times did you eat carrots?

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat carrots during the past 7 days</td>
<td>46.4</td>
<td>(42.2 - 50.6)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>32.5</td>
<td>(28.9 - 36.3)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>8.5</td>
<td>(6.3 - 11.3)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>4.6</td>
<td>(2.8 - 7.3)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>3.8</td>
<td>(2.4 - 5.9)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>1.2</td>
<td>(0.5 - 2.6)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>3.1</td>
<td>(2.0 - 4.9)</td>
</tr>
</tbody>
</table>

124. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not eat other vegetables during the past 7 days</td>
<td>15.7</td>
<td>(13.5 - 18.3)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>35.4</td>
<td>(31.9 - 39.0)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>23.4</td>
<td>(20.1 - 27.1)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>11.2</td>
<td>(8.9 - 14.0)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>6.5</td>
<td>(4.7 - 9.0)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>3.1</td>
<td>(2.0 - 4.7)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>4.7</td>
<td>(3.4 - 6.6)</td>
</tr>
</tbody>
</table>

125. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink soda or pop during the past 7 days</td>
<td>15.2</td>
<td>(12.2 - 18.8)</td>
</tr>
<tr>
<td>B. 1 to 3 times during the past 7 days</td>
<td>31.2</td>
<td>(27.7 - 34.9)</td>
</tr>
<tr>
<td>C. 4 to 6 times during the past 7 days</td>
<td>21.3</td>
<td>(18.6 - 24.4)</td>
</tr>
<tr>
<td>D. 1 time per day</td>
<td>12.2</td>
<td>(9.5 - 15.5)</td>
</tr>
<tr>
<td>E. 2 times per day</td>
<td>9.0</td>
<td>(7.3 - 11.1)</td>
</tr>
<tr>
<td>F. 3 times per day</td>
<td>4.3</td>
<td>(2.8 - 6.6)</td>
</tr>
<tr>
<td>G. 4 or more times per day</td>
<td>6.7</td>
<td>(5.2 - 8.6)</td>
</tr>
</tbody>
</table>

126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

<table>
<thead>
<tr>
<th>Option</th>
<th>%</th>
<th>(95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. I did not drink milk during the past 7 days</td>
<td>24.8</td>
<td>(21.3 - 28.6)</td>
</tr>
<tr>
<td>B. 1 to 3 glasses during the past 7 days</td>
<td>23.7</td>
<td>(20.2 - 27.6)</td>
</tr>
<tr>
<td>C. 4 to 6 glasses during the past 7 days</td>
<td>14.7</td>
<td>(12.8 - 17.0)</td>
</tr>
<tr>
<td>D. 1 glass per day</td>
<td>14.1</td>
<td>(11.8 - 16.8)</td>
</tr>
<tr>
<td>E. 2 glasses per day</td>
<td>11.4</td>
<td>(8.5 - 15.2)</td>
</tr>
<tr>
<td>F. 3 glasses per day</td>
<td>4.8</td>
<td>(3.5 - 6.6)</td>
</tr>
<tr>
<td>G. 4 or more glasses per day</td>
<td>6.5</td>
<td>(5.0 - 8.4)</td>
</tr>
</tbody>
</table>
Physical Activity
The next 4 questions ask about physical activity.

127. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and makes you breathe hard some of the time)
   A. 0 days 14.2 (11.0 - 18.0)
   B. 1 day 8.8 (7.0 - 11.1)
   C. 2 days 11.1 (9.3 - 13.2)
   D. 3 days 10.4 (8.6 - 12.5)
   E. 4 days 6.1 (4.1 - 8.8)
   F. 5 days 17.3 (15.1 - 19.8)
   G. 6 days 7.9 (6.1 - 10.1)
   H. 7 days 24.3 (21.4 - 27.4)

128. On an average school day, how many hours do you watch TV?
   A. I do not watch TV on an average school day 12.5 (9.6 - 16.1)
   B. Less than 1 hour per day 19.3 (16.3 - 22.6)
   C. 1 hour per day 13.6 (11.1 - 16.5)
   D. 2 hours per day 18.2 (15.8 - 20.8)
   E. 3 hours per day 19.2 (15.5 - 23.5)
   F. 4 hours per day 7.1 (5.4 - 9.3)
   G. 5 or more hours per day 10.2 (8.0 - 12.8)

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)
   A. I do not play video or computer games or use a computer for something that is not school work 25.1 (21.8 - 28.7)
   B. Less than 1 hour per day 23.9 (20.4 - 27.7)
   C. 1 hour per day 15.2 (12.1 - 18.9)
   D. 2 hours per day 13.0 (10.7 - 15.7)
   E. 3 hours per day 9.9 (8.0 - 12.1)
   F. 4 hours per day 4.1 (2.7 - 6.0)
   G. 5 or more hours per day 8.8 (6.4 - 12.1)

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?
   A. 0 days 45.4 (40.0 - 50.9)
   B. 1 day 4.2 (3.1 - 5.8)
   C. 2 days 2.7 (1.8 - 4.2)
   D. 3 days 1.9 (1.0 - 3.5)
   E. 4 days 2.6 (1.5 - 4.3)
   F. 5 days 43.3 (38.3 - 48.3)
Appendix A: Questionnaire

Health-Related Topics
The next 3 questions ask about other health-related topics.

131. Have you ever been taught about AIDS or HIV infection in school?  
   A. Yes  77.2  (95% CI) 71.8 - 81.9  
   B. No   14.6  (10.6 - 19.7)  
   C. Not sure  8.2  (6.5 - 10.4)

132. Has a doctor or nurse ever told you that you have asthma?  
   A. Yes  21.9  (18.7 - 25.4)  
   B. No   71.2  (67.2 - 74.9)  
   C. Not sure  6.9  (5.1 - 9.3)

133. Do you still have asthma?  
   A. I have never had asthma  59.2  (54.2 - 64.1)  
   B. Yes  14.6  (12.2 - 17.5)  
   C. No  17.7  (14.8 - 20.9)  
   D. Not sure  8.5  (6.4 - 11.1)

You and Your Family

These last 3 questions ask for some information about you and your family.

134. How often do you speak a language other than English at home?  
   A. Never  44.8  (39.0 - 50.7)  
   B. Less than half the time  27.4  (24.1 - 30.9)  
   C. About half the time  13.3  (10.4 - 16.9)  
   D. More than half the time but not all of the time  5.8  (4.0 - 8.3)  
   E. All of the time  8.8  (6.6 - 11.5)

135. Were you born in the USA?  
   A. Yes  92.4  (89.8 - 94.4)  
   B. No  7.6  (5.6 - 10.2)

136. During the past 12 months, which of the following statements best describes the food eaten by you and your family?  
   A. Enough food to eat  89.0  (85.9 - 91.6)  
   B. Sometimes not enough food to eat  7.8  (5.7 - 10.6)  
   C. Often not enough food to eat  3.1  (2.0 - 4.9)

This is the end of the survey.  
Thank you very much for your help.
Appendix B: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

Caring and Supportive Relationships
Caring and supportive relationships refer to the interactions between youth and parents, peers, and adults in the school and community that convey love, acceptance, and affirmation. These resiliency factors are constructed from responses to the following survey questions.

Parent or other adult in the family
How true do you feel these statements are for you?
In my home, there is a parent or some other adult...
...who is interested in my school work.
...who talks with me about my problems.
...who listens to me when I have something to say.

Teacher or other adult in the school
How true do you feel these statements are for you?
At my school, there is a teacher or some other adult...
...who really cares about me.
...who notices when I'm not there.
...who listens to me when I have something to say.

Adult in the community
How true do you feel these statements are for you?
Outside of my home and school, there is an adult...
...who really cares about me.
...who notices when I am upset about something.
...whom I trust.

Peers
How true do you feel these statements are for you?
I have a friend about my own age...
...who really cares about me.
...who talks with me about my problems.
...who helps me when I'm having a hard time.

Behavioral Boundaries
Behavioral Boundaries refer to interactions with parents and the school that convey standards for acceptable and appropriate behavior.

Family
How true do you feel these statements are for you?
When I am not at home, one of my parents/guardians knows where I am and who I am with.
My family has clear rules about drug and alcohol use.
My family has clear rules and standards for my behavior.

School
How true do you feel these statements are for you?
In my school, there are clear rules about what students can and cannot do.
High Expectations

Home
   In my home, there is a parent or some other adult …
   …who expects me to follow the rules.
   …who believes that I will be a success.

School
   At my school, there is a teacher or some other adult…
   …who tells me when I do a good job.
   …who believes that I will be a success.

Adult in the community
   Outside of my home and school, there is an adult…
   who tells me when I do a good job.

Other

Positive peer influence
   Youth standards for acceptable behavior are influenced by their peers and close friends.
   How true do you feel these statements are for you?
   My friends get into a lot of trouble.
   My friends do well in school.

Positive peer influence related to substance use
   Among the people you consider to be your closest friends, how many would you say do the following?
   Drink alcohol once a week or more?
   Have used drugs such as marijuana or cocaine?

Involvement in school activities
   At school I am involved in sports, clubs, or other extra-curricular activities (such as band,
   cheerleading, or student council).

Impulsiveness
   I often do things without thinking about what will happen.

Religiosity: goes to church/religious service
   How often do you attend religious or spiritual services?
Appendix C: Academic Performance and Related Behaviors

Academic performance and motivation measures included the following:

Gets mostly A's and B's (good grades)
   Answered "Mostly A's" or "Mostly B's" to the question,
   During the past 12 months, how would you describe your grades in school?

Do my best work at school
   Answered "Very much true" or "Pretty much true" to the statement,
   At school, I try hard to do my best work

Plans to continue education after high school
   Answered "Very much true" or "Pretty much true" to the statement,
   I plan to go to college or some other school after high school.

Skipped school once a week or more on average
   Answered 4 or more days to the question,
   During the last four weeks, how many days of school have you missed because you skipped or ditched?

Sometimes or usually comes to class w/out paper/pencil
   Answered "Sometimes" or "Usually" to the question,
   How often do you come to classes without bringing paper or something to write with?

Sometimes or usually comes to class w/out homework finished
   Answered "Sometimes" or "Usually" to the question,
   How often do you come to classes without your homework finished?
NM YRRS reports can be found at:
www.YouthRisk.org and
http://www.health.state.nm.us/epi/yrrs.html

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